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Emissary of Divine Light

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RELEASING THE STRUGGLE

Divine Mother Channeled through Sol'Ara An

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Dear Divine Mother, would you please tell us the way to release the struggle's we find ourselves in these days. How does one remain centered in today's transitioning and sometimes explosive world view?

My dear children of light, I greet you this day with a happy heart. May you find yourself within this happiness as well. For in truth, that is the place to be. Happiness in its most pure form is found within the inner heart of Love. In that you find yourself in struggle more than you would wish, we will speak of this today.

It is inherent in the human experience to find oneself caught up in the world view. As you see from your families, friends, and media there is a common fear amongst all that things are not going well. As one participates in these beliefs and dramas, one actually helps the energy increase in the world. Therefore again, where you put your energy, your thoughts, and your feelings - that is the energy you create.

Each one of you becomes responsible then for the "struggle" you believe comes from outside of you. Isn't that good news! If you know that you are creating something which you consider pain, would it not be informed to release and create a new energy? But, it would seem that it is not that simple. And it is simple, but not easily understood or manifested. The "difficulty" is that you have believed for so long in what others tell you is right, and even when you don't believe them you may feel they might be right, and this color's your own decision. When you can stand in your heart of truth, and look at a situation or belief from this place of purity, you will make better decisions. Once the decision is made to see the positive outcome in any circumstance, the struggle is released. Know too that "struggle" is only because you are unwilling to believe in your truth, and unwilling to make changes to your way of being that continues to hurt yourself and others. When one releases struggle, the pain releases. Therefore, it is your unwillingness to make the choice that brings you the greatest joy that keeps the struggle in place.

Many ask how it is that one can look at the world where there are wars, feminine, and all kinds of human atrocities in the world and still be happy. It may be said that in the perspective your answer is found. But, we will break this down for clarity. If you are to look at the world through your news media and televisions you would believe that murder, war, and death are

common in your world. However, when one looks through the eye's of the heart and puts ones focus upon the whole picture such as: when did you look at a beautiful sunset last? Or the smile of a new baby? Or the cool fresh running water along your springs... watching as a beautiful fawn is sipping for health the water of life? When last did you look into your beloved's eyes and realize the wealth of Love that was contained there and the way your heart blossoms every time you look there? And when was the last time you focused on the beauty of your Oceans, Mountains, Skies, and the skylights of the clear night in your city? If you have done none of this, you do not yet know the wholeness of your world. I would say, go out and look with better eyes! The beauty of life is abundant on this planet!

You all have been told by your teachers that where you place your focus, there you shall find yourself. It may be that within your own mind you do not see the truth in this. It may be that believing even for a moment that you have created your world is too much responsibility for you to take upon yourself. I understand this resistance, and I can honor your inner ability to do that which you believe keeps you safe. It is not, in the long run, going to continue to work for you however. And you are now seeing this truth in your own life. Everyone that resides on this planet is now experiencing the height of the lifting up of the "bottom of the barrel" energies that have yet to be dealt with and released. Through our blessings of divine intervention the energy of the planet has been lifted, and in this year of your 2009 you have seen the so called "bottom" drop out of many institutions and ways of being in a global way. This is the time of the highest transition of human consciousness you have yet experienced. It took great courage for you to be here at this particular time. Now, this moment, is the time you were born for. If you did not have the courage to change the way of your shadow's and your struggles, and of your dishonor to one another, you would not have been born here now.

What can be done that proves your life is more than you believe it to be. Many of you want a new life, want to be teachers and healers and yet still you deny yourself that healing within the heart and releasing of that which you believed was "you"; but you see now it cannot be true. Any belief in struggle is a belief that say's - you are not the grand creator and One with your Creator of All That Is, in any way. Any thought that tells you that you cannot survive in such a hostile world, belies the truth of Who you are!

Have you noticed that when in the most tough times of your life, when you truly thought all was lost, something happens and it all works out just fine? Did you notice how your "worst case scenarios" never happened. Or if they did happen, as you are such a great and powerful creator, you were able to overcome the hardship and find the true gift - turning it all around for your greatest achievement and success? Indeed many have had these experiences. For those of you still young in your journey, it would serve you well to allow this knowing. That no matter what you are given to work with, no matter the challenge, you will overcome all adversity! And, what helps is calling upon your guardian Angels and those of the Ascended ones who love you, allowing them to prepare the way every day for you.

If you will go into your hearts each day, before stepping a foot out of bed, and pray for the Light of God's holy love to bless and fill you, to go before you and prepare the way. Asking your Angels to guide and protect and watch over you. Asking for inner guidance throughout your day, and listening to the gentle nudges within . . . you will find that you may have stepped ever so

lightly upon the path of divine love! This is the path to happiness and peace. And it can be that simple. When you realize within your own inner knowing that there is nothing that can harm you, when you, the "true you", is in alignment with spirit in every way, your path is now a golden path of Love. It only happens because you have asked, and you have believed, and you have allowed that knowing that all will be given to you with ease and effortlessness as you allow your Soul, your spirit, to walk you through all of life's journey! It is the gift that you may have believed in your mind, but you must now know it in your heart! It is always your choice. And in the highest truth: you can never be harmed! Our love will not truly allow that which you are to be lost!

Within the heart of the Divine, there is only Love. If you as a human have free-will, and you do, then who are we to take away your chosen experience? We cannot. Therefore, you must ask for our guidance and assistance, you must be willing to listen, and allow the truth and the assistance to show you the path forward. If you do not know, you must stop, wait, and listen more intently. . . and let the knowing within you move you forward.

Know too that anything you do, or say, or agree to in fear will only bring your pain. Releasing the struggle is releasing the concept of pain. In truth only Love exists, and so when you find yourself in pain, ask why you have stopped loving yourself. And begin the forgiveness within, and allow the healing process to move you forward.

We come to you each day, waiting for your questions, waiting for your prayers that we may assist. We are very patient, Divine Father and I, the One within the Oneness. It is our glad heart that comes to you this day because you have asked. If you had not asked for this information, we could not provide it here and you would not be reading these words. It is the truth of our agreement prior to creating this "hologram" as it were, of this Earth experience. It is all in the experience, that is the purpose. Nothing greater is to be known, than to allow your experience to teach you. As you allow this energy to move you forward in a positive way, with a positive attitude and new found perspective on a positive life. . . you begin to sing the song of the Universe "The Universe is a friendly and loving place to be. . . and All is Well. . .La La La La!"

Music, dear ones, is a healer unto itself. . . do not deny yourself the fun in this! All is well! May your days be joyous! Know my love is with you always! My blessing to each of you this day: Great Joy!

I am Divine Mother

Channeled through Sol'Ara An

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