



LeClaire Tug Run

August 15, 2009

5K RUN & 1 MILE FUN RUN

CHALLENGING COURSE ON PAVED ROADS

WATER ON COURSE

FOOD AND REFRESHMENTS AT POST-RACE PARTY

AWARDS FOR TOP FINISHERS

MORE AGE CATEGORIES

RACE STARTS AND ENDS AT SLAGLE'S FOOD PRIDE
1301 EAGLE RIDGE ROAD, LECLAIRE

8:00AM 1 MILE FUN RUN
TROPHY FOR 1ST & 2ND
BOY AND GIRL 12 & UNDER
MEDALS FOR ALL FINISHERS

8:30AM 5 KILOMETER TUG RUN
TROPHY FOR 1ST & 2ND MEN &
WOMEN OVERALL
MEDALS FOR FIRST 3 IN EACH
AGE DIVISION (UNDER 15, 16-19,
20-24, 25-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59,
60-65, AND OVER 65.

ENTRY FEE (INCLUDES T-SHIRT)

FUN RUN: \$10.00

AFTER AUGUST 8 \$15.00

5 K: \$15.00

\$20.00

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NAME: _____ **AGE:** ____
ADDRESS: _____ **SEX: M F**
CITY: _____ **STATE:** _____ **ZIP:** _____
SHIRT SIZE: YOUTH, ADULT SMALL, MEDIUM, LARGE, XL, XLL (CIRCLE ONE)
EMAIL (FOR NEXT YEAR'S FORM): _____

I know that a running/walking road race is a potentially hazardous activity. I know that I should not enter and run/walk the Tug Fest Run/Walk unless I am medically able and properly trained. All risks associated with running/walking the Tug Fest Run/Walk including but not limited to falls, contact with other participants, effects of weather, traffic, road conditions are known and appreciated by me. I agree to abide by any decision of a race official relative to my ability to safely complete the Tug Fest Run/Walk. I grant my permission to use my photograph, motion pictures, recordings or any other record for the Tug Fest Run/Walk. Having read this waiver, knowing these facts and in consideration for accepting my application and nonrefundable entry fee, I, for myself and any one entitled to act in my behalf waive the Tug Fest Run/Walk, their representatives and successors, including the City of LeClaire from any and all rights, claims, demands, and actions and any and every nature whatsoever that I may have or any and all loss, damage, or injuries sustained by me, before and after the Tug Fest Run/Walk, including travel to and from the Tug Fest Run/Walk.

SIGNATURE: _____

PARENT OR GUARDIAN SIGNATURE IF UNDER 18

MAIL TO: LECLAIRE TUG RUN/P.O. BOX 559/LECLAIRE, IA 52753

FOR MORE INFORMATION: CALL 563-289-3008 OR VISIT

WWW.TUGFEST.COM

PACKET PICK-UP FRIDAY 8/14/2009 -8:30 AM - 4 PM

FIRST CENTRAL STATE BANK/1291 EAGLE RIDGE ROAD/LECLAIRE/563-289-2265

