

MEMORY, MOOD, HEALTH and VITALITY

Rediscovered with the Basic Building Block of All Hormones

DHEA (dehydroepiandrosterone) is the most abundant circulating pro-hormone in the body. It is the base building block for more than 50 hormones. Countless articles have been published on the abundance of research that has been, and continues to be done on the significance of proper levels of DHEA in our bodies.

Maintaining normal DHEA levels reduces risks of depression, improves memory, energy, vascular health, bone density, immune response, stamina, sex drive and also allows better sleep.

mind. Unfortunately DHEA production typically peaks by the time we reach 25 years of age and, as time passes, those levels drop at about 10 percent every 10 years resulting in the changes we associate with age. As we age, decreasing hormones trigger “menopause” in women and “andropause” in men – a loss of energy, motivation, sexual drive, muscle tone, skin integrity and hydration with increased fat, age spots and more.

Maintaining youthful DHEA levels is a safe and effective way to maintain an active life-

of DHEA depletion. Twist 25 was developed by a physician to naturally restore youthful vigor to his patients. This safe and effective cream provides pharmaceutical grade bioidentical DHEA that is absorbed through the skin; otherwise most DHEA is metabolized anyway. It is the highest quality DHEA supplement cream available.



Supplement DHEA the right way after age 35 with Twist 25 bioidentical DHEA Cream. You can look and feel your best by providing your body with DHEA. Twist 25 feels like the fountain of youth from a daily skin cream.

Get Twist 25 today in Houston at Georgia's Farm to Market or Med-cure Anti-aging Clinics. Order online at www.twist25.com.



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One exciting discovery done by a team of physicians at the University of California, San Francisco, School of Medicine (Owen Wolkowitz, MD and Victor Reus, MD), showed that DHEA may have antidepressant and promemory effects. The article by Dr. Wolkowitz, Dehydroepiandrosterone (DHEA) Treatment of Depression, states that:

Depression ratings, as well as aspects of memory performance significantly improved. One treatment-resistant patient received extended treatment with DHEA for six months: her depression ratings improved 48-72% and her semantic memory performance improved 63%. These measures returned to baseline after treatment ended.

Additional research done by a team of physicians at the University of Wisconsin showed that DHEA boosts growth rates of human neural stem cells. One article from this study (by Terry Devitt), DHEA Boosts Growth Rate of Human Neural Stem Cells states that:

Human neural stem cells, exposed in a lab dish to the steroid DHEA, exhibit a remarkable uptick in growth rates, suggesting that the hormone may play a role in helping the brain produce new cells, according to a new study published this week in the online editions of the Proceedings of the National Academy of Sciences (PNAS).

The new work, conducted by a team of scientists at UW-Madison, provides some of the first direct evidence of the biological effects of DHEA on the human nervous system, according to Clive Svendsen, the study's senior author and an authority on brain stem cells.

DHEA has also been shown to act as a survival factor for vascular endothelial cells and the heart. A recent circulation published by the American Heart Association indicates that as DHEA levels rise, risks of heart failure decline. The article suggests that low DHEA levels have been associated with other cardiovascular events as well, while increased DHEA levels may be linked to delayed coronary disease and beneficial to the entire vascular system.

For many reasons that research continues to discover, DHEA plays an important role in maintaining youthful qualities of body and

style and look and feel better too. Now available from Health2Go, Inc. Twist 25 DHEA Supplement Cream helps reduce the effects