

HEALTH RECOVERY PROGRAM for Arthritis & Joint Issues

This handout will assist you in determining the best supplements to address your specific health challenge. I also recommend you *consider adding* the Cellular Health Program that provides your body with over-all health benefits that has helped so many others!

ARTHRITIS / JOINT ISSUES

- JOINT HEALTH COMPLEX –This product provides the nutrients necessary to help the body rebuild and repair cartilage. It is effective in reducing inflammation, less joint tenderness and improved mobility. Some people see results in a few weeks. This product can stop destruction of osteoarthritis and aids in eliminating pain in your body.

RHEUMATOID ARTHRITIS

- OMEGAGUARD (omega-3 complex) - This product helps reduce inflammation, helps with joint pain and has been shown to be beneficial for people with arthritis, eczema, psoriasis, colitis and other inflammatory diseases. It has been shown to alleviate autoimmune diseases.
- ALFALFA COMPLEX - This product helps reduce arthritic pain, swelling and stiffness in joints. Known as the 'Father of all Foods' Alfalfa not only contains 15 minerals, 10 vitamins, protein and fiber, but also enzymes that aid in digestion and chlorophyll, one of nature's detoxifiers and deodorizers. Alfalfa builds soft tissue very rapidly and it's the soft tissue that carries the nutrients to other parts of our body that are more difficult like joints, ligaments and muscle injuries. Shown to be extremely helpful to people with Rheumatoid Arthritis and helping them reduce their pain.
- Optiflora: This product is needed to restore the natural balance that must exist in the lower intestines to choke out the cancer-causing bacteria as well as Candida yeast overgrowths. Very important to rebuild health of the intestinal tract and protect lining of the intestine. 70% of the body's immune cells are located in the intestinal tract and it is imperative to our digestive and colon health to keep the bacteria in check.

Consider adding Basic CELLULAR HEALTH Program:

- VIVIX, Cellular anti-aging tonic – Diseases are related to cellular deterioration and damage. Help your body address this damage with Vivix, which has been shown to help reduce inflammation, increase energy production and repair DNA at the cellular level. Discover what has helped others!
- VITA-LEA, Multi-Vitamin and Mineral Supplement – provide your cells the basic nutrients they require on a daily basis.