

HEALTH RECOVERY PROGRAM for Cholesterol

This handout will assist you in determining the best supplements to address your specific health challenge. I also recommend you **consider adding** the **Cellular Health Program** that provides your body with over-all health benefits that has helped so many others!

CHOLESTEROL

Ask for a personal consultation to determine which of these products will best address your specific cholesterol issues.

♥ **Cholesterol Regulation Complex**-A unique blend of clinically proven ingredients that can help you retain normal cholesterol levels. This proprietary blend of natural ingredients inhibits the absorption of dietary cholesterol and increases HDL (“good”) cholesterol. It does all this without interrupting production of coenzyme Q10, a nutrient important to heart health because it helps cells produce energy

♥ **OmegaGuard** -Reduces 3 risk factors for heart disease; helps lower cholesterol, triglycerides and elevated blood pressure; also a natural anti-inflammatory.

♥ **Fiber Plan Cholesterol Lowering Drink Mix** Unflavored - A drink mix with a unique blend of soluble fibers that can significantly help you lower your blood cholesterol when combined with a low-fat diet. Just drink a glass with one or more of your meals. (Do not let sit) contains more soluble fiber than any other natural food drinking Fiber Plan before meals can help you feel satisfied, so you eat less binds with cholesterol rich bile acids preventing them from being absorbed into the blood, thus lowering blood cholesterol levels

♥ **Optiflora Pre & Probiotics Complex** (Acidophilus and Bifidus essential flora for intestinal health)Toxins that tend to accumulate in the lower intestines adversely affect the health of the entire body...from cholesterol management (prevents re-absorption of cholesterol from lower intestines) to candida yeast infection to digestive disorders and allergies.

♥ **Garlic Complex**-In addition to lowering serum cholesterol, garlic has also been shown to lower triglycerides and blood glucose in diabetics. It acts as a natural anti-inflammatory, anti-bacterial, anti-fungal and protects the liver from toxins, kills intestinal parasites and also is used as a treatment for colic when breast-feeding.

Consider adding Basic CELLULAR HEALTH Program:

- **VIVIX, Cellular anti-aging tonic** – Diseases are related to cellular deterioration and damage. Help your body address this damage with Vivix, which has been shown to help reduce inflammation, increase energy production and repair DNA at the cellular level. Discover what has helped others!
- **VITA-LEA, Multi-Vitamin and Mineral Supplement** – provide your cells the basic nutrients they require on a daily basis.