

HEALTH RECOVERY PROGRAM for Sports Injuries

This handout will assist you in determining the best supplements to address your specific health challenge. I also recommend you ***consider adding*** the **Cellular Health Program** that provides your body with over-all health benefits that has helped so many others!

SPORTS INJURIES

- **PHYSIQUE** – Used for faster recovery. It has a unique protein builder that provides your body with the nutrients it needs to heal the injured tissue at the cellular level and reduce risk of scarring.
- **JOINT HEALTH COMPLEX** - This product will help your body repair the cartilage that will help you heal faster. It is important to keep taking this product to ensure your joint function will continue for years to come.

Consider adding Basic CELLULAR HEALTH Program:

- **VIVIX, Cellular anti-aging tonic** – Diseases are related to cellular deterioration and damage. Help your body address this damage with Vivix, which has been shown to help reduce inflammation, increase energy production and repair DNA at the cellular level. Discover what has helped others!
- **VITA-LEA, Multi-Vitamin and Mineral Supplement** – provide your cells the basic nutrients they require on a daily basis.