

**Wangara Centre - 2012 Class Timetable
Unit 4 , 26 Baretta Road Wangara**

Wangara Monday	Wangara Tuesday	Wangara Wednesday	Wangara Thursday	Wangara Friday	Wangara Saturday
	4.00pm - 4.30pm LITTLE SAMURAI Beginners 4 - 6 YRS		4.00pm - 4.30pm LITTLE SAMURAI Beginners 4 - 6 YRS		9.00am - 9.30am LITTLE SAMURAI Beginners 4 - 6 YRS
5.00 - 5.30 JUNIOR PRO TRAINING 4 - 6 YRS	4.30pm - 5.15pm YOUNG SAMURAI Beginners 7 - 13 YRS	5.00 - 5.30 JUNIOR PRO TRAINING 4-6 YRS	4.30pm - 5.15pm YOUNG SAMURAI Beginners 7 - 13 YRS	4.30pm - 5.15pm MASTER CLASS Weapons 7 - 9yrs	9.30am - 10.15am YOUNG SAMURAI Beginners 7 - 13 YRS
5.30 - 6.15 JUNIOR PRO TRAINING 7 - 12 YRS	5.15pm - 6.00pm KARATE SHOGUN Yellow White to Orange White 7 - 9 YRS	5.30 - 6.15 JUNIOR PRO TRAINING 7 - 12 YRS	5.15pm - 6.00pm KARATE SHOGUN Yellow White to Orange White 7 - 9 YRS	5.15pm - 6.00pm MASTER CLASS Weapons 10 yrs & Above	10.15am - 11.00am KARATE SHOGUN Yellow White to Orange White 7 - 9 YRS
6.30pm - 7.00pm PUNCH FIT BOXING	6.00pm - 6.45pm KARATE SHOGUN Yellow White and above 10 yrs & Above	6.30pm - 7.30pm PUNCH FIT BOXING	6.00pm - 6.45pm KARATE SHOGUN Yellow White and above 10 yrs & Above	6.00pm - 7.00pm PUNCH FIT BOXING	11.00am - 11.45am KARATE SHOGUN Yellow White and above 10 yrs & Above
	6.45pm - 7.45pm TEENS/ADULTS KARATE		6.45pm - 7.45pm TEENS/ADULTS KARATE		11.45am - 12.45pm TEENS/ADULTS KARATE

NEW PROGRAMS

MASTER CLASS *MASTER class- Weapons Training*
JUNIOR PRO TRAINING *AGILITY,FITNESS,BOXING,KICKBOXING,BJJ*