

National Association of  
Therapeutic Schools and Programs



NATSAP

2009  
DIRECTORY

*"Hope is the only bee, that makes honey without flowers," - Robert Green Ingersoll*

**Schools and Programs for Young People Experiencing  
Behavioral, Psychiatric and Learning Difficulties**  
NATSAP • [www.natsap.org](http://www.natsap.org) • (301) 986-8770



## NATSAP 2009 Directory

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*“One of the most beautiful gifts in the world is the gift of encouragement. When somebody encourages you, that person helps you over the threshold you might otherwise never have crossed on your own.”*

*- John O’Donohue*

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## About The National Association of Therapeutic Schools and Programs

**NATSAP** was created in January of 1999 to serve as a national resource for programs and professionals assisting young people beleaguered by emotional and behavioral difficulties. NATSAP publishes a directory annually to inform professionals, programs, and families about the many residential placement alternatives available to help struggling young people.

Listed alphabetically, the schools and programs in the *2009 Directory* are diverse. From boarding schools and residential treatment centers to wilderness programs and group homes, the directory's listings offer a wide range of programmatic types, lengths of stay, and services to meet the needs of a variety of troubled young people. The upper section in each listing provides the reader with pertinent contact and program information, while the paragraph section is split into three parts describing operational philosophy, candidate and population specifics, and an overview of how services are provided.

Matching the services of a particular school or program to the specific needs of a young person is arguably the most important decision that will ever be made on behalf of that young person. The NATSAP directory is not intended to supply enough information to make a placement. NATSAP encourages programs, professionals, and families to have appropriate academic and psychological testing conducted and to use multiple informational resources before suggesting or pursuing a placement for any young person in any program.

Each young person has his or her own specific needs that must be determined in detail before placement in any program is appropriate. Since NATSAP has no means of determining the needs of young people whose counselors or families may be using this directory, we do not recommend specific programs.

The National Association of Therapeutic Schools and Programs is not an accrediting or licensing body. All members are either licenced by their respective state, or accredited by one or more nationally-recognized accreditation bodies. We are a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people. All programs listed in the *2009 Directory* are members as of April 15, 2009.

## Ethical Principles

Members of the National Association of Therapeutic Schools and Programs (NATSAP) provide residential, therapeutic, and/or education services to children, adolescents, and young adults entrusted to them by parents and guardians. The common mission of NATSAP members is to promote the healthy growth, learning, motivation, and personal well-being of program participants. The objective of member therapeutic and educational programs is to provide excellent treatment for program participants; treatment that is rooted in good-hearted concern for their well-being and growth; respect for them as human beings; and sensitivity to their individual needs and integrity.

Therefore, all NATSAP member programs strive to:

1. Be conscious of, and responsive to, the dignity, welfare, and worth of our program participants.
2. Honestly and accurately represent ownership, competence, experience, and scope of activities related to our program, and to not exploit potential clients' fears and vulnerabilities.
3. Respect the privacy, confidentiality, and autonomy of program participants within the context of our facilities and programs.
4. Be aware and respectful of cultural, familial, and societal backgrounds of our program participants.
5. Avoid dual or multiple relationships that may impair professional judgment, increase the risk of harm to program participants, or lead to exploitation.
6. Take reasonable steps to ensure a safe environment that addresses the emotional, spiritual, educational, and physical needs of our program participants.
7. Maintain high standards of competence in our areas of expertise and to be mindful of our limitations.
8. Value continuous professional development, research, and scholarship.
9. Place primary emphasis on the welfare of our program participants in the development and implementation of our business practices.
10. Manage our finances to ensure that there are adequate resources to accomplish our mission.
11. Fully disclose to prospective candidates the nature of services, benefits, risks, and costs.
12. Provide informed, professional referrals when appropriate or if we are unable to continue service.

## Program Definitions

*Boarding Schools (Emotional Growth, Therapeutic)* – These schools generally provide an integrated educational milieu with an appropriate level of structure and supervision for physical, emotional, behavioral, familial, social, intellectual and academic development. These schools grant high school diplomas or award credits that lead to admission to a diploma granting secondary school. Each school will vary in their approach to the emotional and behavioral needs of the child and we urge parents to review this approach with the professional that has been working with their child to ensure appropriate placement. Placement at these boarding schools can range from 12 months to 2 years depending on the program’s therapeutic components.

*Outdoor Behavioral Health (Wilderness Programs and Outdoor Therapeutic Programs)* Most outdoor behavioral health programs subscribe to a variety of treatment models that incorporates a blend of therapeutic modalities, but do so in the context of wilderness environments and backcountry travel. The approach has evolved to include client assessment, development of an individual treatment plan, the use of established psychotherapeutic practice, and the development of aftercare plans. Outdoor behavioral health programs apply wilderness therapy in the field, which contains the following key elements that distinguish it from other approaches found to be effective in working with adolescents: 1) the promotion of self-efficacy and personal autonomy through task accomplishment, 2) a restructuring of the therapist-client relationship through group and communal living facilitated by natural consequences, and 3) the promotion of a therapeutic social group that is inherent in outdoor living arrangements.

*Residential Treatment Centers* – The focus of these programs is clinical treatment with both academic and behavioral support included. Medication management and medical monitoring is generally available on-site. These facilities treat children and adolescents with serious psychological and behavior issues. Many programs are accredited by one or more nationally recognized accreditation bodies. These facilities provide group and individual therapy sessions. They are highly structured and offer recreational activities and academics. Specialty residential treatment centers will include psychiatric and behavioral hospitals that will provide a description of their special services.

*Small Residential Programs* are designed to serve fewer than 30 students in nurturing, often family-like settings. Small residential programs offer a holistic therapeutic milieu, which is based upon the relationships formed and the social dynamics created in small, intimate environments. These programs offer appropriate levels of structure and supervision for the emotional, social and academic development of their students. These programs often incorporate life skills training, academic instruction, outdoor adventure, recreation, and family involvement into an experiential living environment. Small residential programs often maintain an area of specialty for the students they serve.

## **Program Definitions (Cont'd)**

*Transitional Independent Living / Young Adult Programs* are designed for young people over 18 needing a safe, supportive environment and life skills training as they transition into adulthood. Many offer access to 12-step programs and may have a psychiatric component. Generally they will offer educational programs that are linked to community colleges or universities or provide schooling at their location. Volunteering, employment arrangements, community service and re-integration into the community at large are general components of the programs. Many operate on a small residential model and transition to a community based, independent living apartment model.

*When I approach a child, he inspires in me two sentiments: tenderness for what he is, and respect for what he may become.*

*- Louis Pasteur*

### **NATSAP's Role**

NATSAP is not a referral or placement agency. We are a volunteer membership organization supporting professionals and programs in their efforts to help troubled young people.

### **About NATSAP's Members**

NATSAP's membership is comprised of programs, both established and new, that have made a commitment to following national standards.

Effective May 1, 2007 all programs applying for membership in NATSAP must:

1. Be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally accredited behavioral health accreditation agency
2. Have therapeutic services with oversight by a qualified clinician
3. Aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice

Effective January 1, 2009 all renewing members must be in compliance with the above requirements.

### **Questions to Ask Before Making A Final Placement Selection**

You will probably never have to make a more important decision in your life than placing your child in a residential treatment facility, whether it is a therapeutic boarding school, a wilderness/outdoor behavioral program or a residential treatment center. As we have indicated on our web site and provided in many of our articles, we presume you have explored all options before deciding to send your child to a residential program. By now, you have selected 1 or more that you believe will best serve your child. Before making that final decision, we highly recommend that you take the time to explore the following very important areas concerning your child's care in the facility. We urge you not to make a decision until you have explored all of these factors.

### Admissions

- What are your admission criteria?
- Who reviews my child's application? What are their credentials?
- What are the costs? What does this cost cover?
- Are there additional costs? If so, what are they?
- How long will the admissions process take?
- Who will I be meeting during the admissions process?
- Will I be able to say goodbye to my child after the admissions process is complete?

## Questions to Ask Before Making A Final Placement Selection Con't.

### Licensing and Accreditation

- Are you licensed by the State? What type of license? What State office issued the license?
- Are you accredited by a mental health agency, such as Joint Commission (JCAHO), Council on Accreditation (COA), Commission on Accreditation of Rehabilitation Facilities (CARF), National Independent Private School Association (NIPSA)
- Do you have a Clinical Director? What are his/her credentials? May I meet him/her?
- What are the credentials of the staff that will be working with my child? Specifically the credentials of the counselors and/or therapists. Are they certified? Licensed within your State?
- With what organizations are you affiliated?

### Therapeutic Model/Clinical

- Will my child be receiving clinical therapy? How often?
- What will be expected of the parents during the program?
- Do you provide family therapy?
- Do you provide group therapy? If so, who facilitates the therapy sessions? Are there specific group therapies offered? (i.e. adoption issues, drug/alcohol abuse, etc.)
- How is my child's progress judged? Who participates in determining my child's progress?

### Academics

- Do you provide an academic curriculum?
- If so, what is the core curriculum?
- Are you accredited by a national or regional accrediting agency? Is this accreditation through a 3rd party? If so, what is their name?
- Do you have teachers? If so, are they certified or licensed within your State?
- How many students are in a class?
- Is your academic curriculum internet/computer based?
- Do you offer high school credits that can be transferred to other educational institutions?
- Do you award high school diplomas?

### Medication

- Can my child be on medication while at your facility?
- Who is responsible for the medication management? His/her credentials?
- Where is the medication stored? Who has access to the medication?
- Who administers the medication? What is their training?

### Direct Care Staff

- What type of training is provided to your direct care staff?
- What are their duties and qualifications?

## Questions to Ask Before Making A Final Placement Selection Con't.

### Direct Care Staff Con't.

- Do you perform background checks? Who does the background check? How extensive is it?
- Do you provide on-going training for your staff?

### Risk Management

- What measures do you have in place to keep my child safe?
- What are your discipline procedures with resistant students?
- How do you deal with risk-taking behaviors? (i.e. running away, self-harm, etc.)
- Will my child be exposed to other students that have more negative behaviors?
- What if my child becomes ill? Do you have a nurse on staff? Will you transport my child to medical facilities?

### Questions for Specific Program Types

- *Short Term Outdoor/Wilderness Program*
  - o How do you handle severe weather?
  - o How do you handle emergencies?
  - o What type of food do you provide?
  - o How do you manage personal hygiene?
- *Long Term Residential Specific*
  - o Are you a locked facility?
  - o Is there 24-hour awake staff supervision?
  - o How often will I see my child?
  - o Will I be able to speak with my child on the telephone?
  - o Will I be able to write and receive letters?

### Success Rate / Outcomes

- What is your success rate?
- Do you administer an outcome study? If so, what is that data?
- Do you have students return to your program?

### Transition / Next Step

- How many of your students return home after the program? If they don't return home, where do they go?
- Will your program help us assess what is the next best step?
- Will I need an educational consultant to plan a next step? Do you compensate an educational consultant for any reason?
- Do you provide aftercare?

### **More Information**

NATSAP has more information on the selection of the appropriate placement plus other important information on our web site [www.natsap.org](http://www.natsap.org) . We encourage you to review the Parent and Referring Professional section of our web site.

**The NATSAP Alumni Advisory Council** is committed to establishing and promoting excellence in both national standards for therapeutic programs and in aiding NATSAP to guide individual member programs to strive for and achieve the highest possible excellence in care and treatment. We have all had an amazing experience, which did not come from a cookie-cutter approach to healing, recovery or therapy. Our lives have been impacted by people and relationships, which brought options, alternatives and opportunities to grow and change in environments best suited to us as unique individuals and families.

**NATSAP Board Liaison:** Angie Senic

**Alumni Advisory Council Parents**

Donelyn Gamble  
Beth McGrotha

**Alumni Advisory Council Students**

Kristin Gourley  
Trevor Heaton

Dear Parents, Students and Referring Professionals,

We are writing to you as parents and students impacted by emotional, behavioral, relational and developmental conditions which devastatingly hijacked our families.

As parents, our search for and discovery of places, which could offer the safety, resources, and caring, professionally staffed programs designed to promote healing and recovery for our entire family, not just the individual, was the biggest gift we could imagine. Sadly, for some of us, we were unable to find the combination of those critical safeguards in our own communities. When our child began treatment our journey as parents was anything but easy or quiet. It unexpectedly, and even at times discouragingly, proved to be a blessing.

As student alumni of treatment programs, we have been impacted by a variety of caring professionals who helped us to help ourselves. The success we achieved came from our own character, but was not something that we knew how to channel in a positive way on our own. The skills we have gained from our trials and tribulations and the courage to overcome them have enabled us to become the strong, successful, and happy young adults that we are today. We are thankful that we had an opportunity — whether we saw it when we began treatment or not — to better ourselves.

If you are reading this letter, you may be in a place of uncertainty or fear; you may be researching or exploring possibilities; you may be searching for peace or identity. Please remember that there are many others of us who have walked this path before you, are willing to walk it alongside you, and that there is hope. We urge you visit the parent information available on the NATSAP website [www.natsap.org/to\\_parents.asp](http://www.natsap.org/to_parents.asp). You will find useful resource material including *Questions to Ask Before Making a Final Placement and Selecting the “Right” School Program*.

With much hope for your future and the future of those you care for,  
The NATSAP Alumni Advisory Council

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# Full and Associate Member Programs

## **Full Membership**

Program/Schools with full membership status have served program participants for more than 2 years and must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally recognized behavioral health accreditation agency
- have therapeutic services with oversight by a qualified clinician
- aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

## **Associate Membership**

Program/Schools with associate membership status have served program participants for less than 2 years and must:

- be licensed by the appropriate state agency authorized to set and oversee standards of therapeutic and/or behavioral healthcare for youth and adolescents or accredited by a nationally recognized behavioral health accreditation agency
- have therapeutic services with oversight by a qualified clinician
- aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

# Academy at Sisters

(Emotional Growth Boarding School)



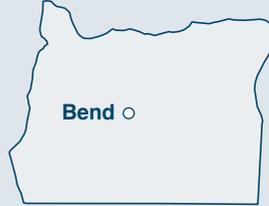
**Member Since:** 1999

**Phone:** (800) 910-0412

Executive Contact: Stephanie Alvstad

Admission Contact: Denise Kelly-Simpson

Gender: Girls Only  
 Ages: 13 to 18  
 Grades: 8 to 12  
 Enrollment: 28 (Silvis Campus)  
 30 (Lodge Campus)  
 Duration: 9 to 24 months  
 Founded: 1995  
 Fax: (541) 389-2897 (Silvis Campus)  
 (541) 585-1511 (Lodge Campus)  
 Email: dksimpson@academyatsisters.org



Address: P.O. Box 5986  
 Bend, OR 97708-5986  
 Airport: Redmond

**Website:** [www.academyatsisters.org](http://www.academyatsisters.org)

The Academy at Sisters exists to promote innovative options for at-risk youth and families toward self-sufficiency and personal responsibility. We focus on transforming crisis and chaos into commitment and change. We give our students the structure and tools they need to be successful on a personal and professional level.

The Academy at Sisters is for young women in grades 8-12 whose difficulties and behaviors may include being beyond parental control, truancy, depression, ADD, ADHD, adoption, poor refusal skills, or other peer group issues. The program also deals with academic underachievement, drug and alcohol involvement, as well as crisis-bound family relationships.

The Academy at Sisters knows that self-esteem and positive attitude come from personal achievement, and that these elements are acquired through hard work. Residents are required to think about how they think, examine their values, and take a responsible approach to living, learning, and interacting. Our extensive college-preparatory curriculum, in conjunction with our Personal Growth Program, takes a “back to basics” approach, which emphasizes personal responsibility and accountability.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Oregon Department of Human Services, Child Caring Agency; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; Northwest Network for Youth (NNY); Oregon Alliance of Children’s Programs; Coalition of Advocates for Equal Access for Girls National Network for Youth

# Academy at Swift River

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (800) 258-1770

Executive Contact: Frank Bartolomeo

Admission Contact: Rhonda Papallo



Gender: Coeducational  
 Ages: 14 to 18  
 Grades: 9 to 12  
 Enrollment: 107  
 Duration: 12 to 20 months  
 Founded: 1997  
 Email: [rpapallo@swiftriver.com](mailto:rpapallo@swiftriver.com)  
 Fax: (413) 634-5300

Address: 151 South Street  
 Cummington, MA 01026  
 Airport: Hartford or Albany

**Website:** [www.swiftriver.com](http://www.swiftriver.com)

The Academy at Swift River is a clinically-oriented, therapeutic co-educational boarding school in the Berkshires for college bound adolescents (ages 14 - 18) with emotional and/or behavioral difficulties. Our mission is to help teens to get back on track by restoring relationships, rediscovering academic success, and to prepare them for the challenges of adolescence and young adulthood.

In addition to rigorous college preparatory academics, our students receive weekly counseling and participate in group counseling several times per week. The Academy at Swift River utilizes an innovative therapeutic structure, or level system, called the Life Phase Model © that incorporates an established theory of change known as the Stages of Change by Prochaska, Norcross & DiClemente. Our master's level clinical counselors employ a range of cognitive-behavioral approaches within a psychodynamic-relational context. Specialized treatment groups include Dialectical-Behavior Therapy Skills Training, Adoption, and Relapse Prevention. Students also participate in onsite Alcoholics Anonymous mutual help support groups. Students also have access to psychiatric consultation and medication management.

Moving beyond an individual problem-child model, counseling staff at Academy at Swift River view students past and current functioning from the lens of the family system. Through weekly telephone calls, onsite workshops, and family sessions, our clinical counselors use a psychoeducational approach to help parents understand and alter parenting styles and maladaptive family dynamics.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Mohawk Trails Regional School System - Private School; Commission on International and Trans-Regional Accreditation (CITA); Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; SBSA; SSATB

# Adirondack Leadership Expeditions

(Wilderness Program)



**Member Since:** 2004

**Phone:** (518) 897-5011

Executive Contact: Robert F. Theisen, Ph.D.

Admission Contact: Derry O’Kane

Gender: Single Gender and Coeducational Groups  
 Ages: 13 to 17  
 Grades: N/A  
 Enrollment: 8 per group maximum  
 Duration: 45 - 50 day average  
 Founded: 2003  
 Email: admissions@adkle.com  
 Fax: (518) 897-5017



Saranac Lake

Address: 82 Church Street  
 Saranac Lake, NY 12983  
 Airport: Burlington, Vermont,  
 Albany, NY

**Website:** [www.adkle.com](http://www.adkle.com)

Adirondack Leadership Expeditions is an intensive, outdoor-based, character development program that promotes personal growth through a focus on insight-oriented experiences. The forested, mountain setting removes distractions and supports students in the development of healthy relationships, critical thinking skills and self-worth. Our dedicated mentors and counselors work shoulder-to-shoulder with students while challenging them to address personal issues and achieve far more than they expect of themselves in a safe and nurturing environment.

Adirondack Leadership Expeditions creates a challenging yet safe environment for students 13 through 17 years old where they face a range of emotional and behavioral concerns. This includes: low self-worth, entitlement, manipulation, academic decline/learning differences, ADHD, family conflict, adoption issues, maladaptive coping strategies, substance abuse, mood disorders, oppositional defiance, problems with relationship/attachment, trauma, negative peer group and technology addiction.

Wilderness moves students out of their “emotional comfort zone” and requires them to use different skills in order to care for themselves. The simplicity of the wilderness environment helps them to recognize the results of their choices and try different strategies to get their needs met. Our goal is to teach participants to honestly reflect on their personal strengths and challenges and to use this as a base for building critical thinking skills, healthy relationships, and self-worth. This is accomplished through an intensive individualized program of daily processing groups, individual and group therapy facilitated by a Master’s Level Therapist, participation in initiatives and experiential tasks, and the implementation of natural and logical consequences. Psychological and educational testing is available. Through this process, Adirondack Leadership Expeditions provides the best possible foundation for the student’s next step in life.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of New York, Department of Health

**Professional Affiliations:** NATSAP-Full Member

# Alpine Academy

(Residential Treatment Center. Transitional IL Program)



**Member Since:** 2001

**Phone:** (800) 244-1113

Executive Contact: Janet Mulitalo

Admission Contact: Christian Egan

Gender: Girls Only  
 Ages: 12 to 17, 18 to 22  
 Grades: 7 to 12, PG  
 Enrollment: 50  
 Duration: 6 to 18 months  
 Founded: 2001  
 Email: [jmulitalo@youthvillage.org](mailto:jmulitalo@youthvillage.org)  
 Fax: (435) 843-5416



Address: 1280 Whispering Horse Drive  
 Erda, UT 84074

Airport: Salt Lake City

**Website:** [www.alpineacademy.org](http://www.alpineacademy.org)

Alpine Academy is a Residential Treatment Center serving girls ages 12-17. At first glance, you'll know Alpine Academy is different. Our 30-acre campus sits at the base of a spectacular mountain range. Five beautiful homes surround our academic & administrative building, an outdoor sports field, community garden, and large riding pastures. We believe our peaceful location is part of what makes our healing process work – the open spaces, clean air and beautiful mountains help to create a calm and safe environment where change can occur.

Girls who are referred to our program are often experiencing emotional and behavioral problems which may include, but are not limited to: Depression, Oppositional-Defiant Disorder, Reactive-Attachment Disorder, low self-esteem, academic struggles including learning disabilities, adoption issues, Post-Traumatic Stress Disorder, Bipolar Disorder, and traits of developing personality disorders. Exclusionary criteria include: violent tendencies towards self or others, extreme runaway risk, primary diagnosis of substance abuse, adjudication, full-scale IQ of less than 80.

All aspects of our treatment program utilizes a cognitive-behavioral approach, including the following elements: LIFE (Learning in a Family Environment) skills teaching, intensive clinical work that includes individual, group, and family therapy, on-site psychiatric services and transition-focused therapeutic family weekends. Alpine offers a variety of experiential therapy interventions as well: equine-assisted psychotherapy, specialty groups, and independent living training are all part of our curriculum. Our Healthy 4 Life program includes elements of Fitness, Nutrition, Leisure & Recreation, and Service.

Alpine Academy is an accredited school with NAAS and is certified as a non-public school in California. We are able to service existing IEP's for girls with a variety of special academic needs. Our principal, guidance counselor, and NCLB highly-qualified teaching staff are committed to providing a high-quality academic setting that completes the individual treatment needs for each girl. Small class sizes, individual tutoring time, a variety of elective class choices, credit recovery/remediation, weekly academic outings focused on hands-on learning, and opportunities for advanced course work are all critical elements of our individualized treatment approach.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools; California Non-Public School Accreditation

**Professional Affiliations:** NATSAP-Full Member, Teaching Family Association Sponsor Site; Utah Private Providers Association

# ANASAZI Foundation

(Outdoor Behavioral Healthcare Program)



**Member Since:** 2002

**Phone:** (800) 678-3445

Executive Contact: Michael J. Merchant

Admission Contact: Virginia Robinson

**Gender:** Coeducational  
**Ages:** Youth (12-17), young adults (18-25)  
**Grades:** 8 to 12  
**Enrollment:** 40  
**Duration:** 42 days minimum  
**Founded:** 1988  
**Email:** info@anasazi.org  
**Fax:** (480) 892-6701



**Address:** 1424 S. Stapley Drive  
 Mesa, AZ 85204

**Airport:** Phoenix

**Website:** [www.anasazi.org](http://www.anasazi.org)

The mission of the non-profit ANASAZI Foundation is to prepare parents and children to turn their hearts to one another and walk in harmony in the wilderness of the world.

ANASAZI Foundation's Joint Commission-accredited behavioral health care services are effective for adolescents and young adults with mood disorders, behavioral concerns, attachment disorders and/or adjustment difficulties. Treatment addresses depression, anxiety, oppositional behavior, substance abuse, relational problems, school failure, self-harming behaviors (eating disorders, cutting, suicidal ideation, etc.), poor social skills, lack of motivation, entitlement, and other issues related to a lack of self-regulation and moral identity.

Youth and young adults whose parents are willing to play an active role in treatment are more likely to achieve the desired outcomes. Parents participate in an admissions-day orientation; attend a relationship workshop; consult weekly (via phone or in person) with their child's therapist; and join their child in the wilderness for the final two nights/three days of the program.

ANASAZI also encourages the consideration and exploration of the spiritual component of one's life as a part of treatment. The choice to include spirituality is purely voluntary. ANASAZI does not endorse or favor a particular religion or belief system.

Founded by wilderness therapy pioneers Larry Olsen and Ezekiel Sanchez, the nurturing approach at ANASAZI summons introspection and personal responsibility—it powerfully invites a change of heart that promotes a lasting change of behavior. Treatment is individualized and provided by a licensed and credentialed staff specializing in child and adolescent psychology, marriage and family therapy, social work, nursing, and experiential education. Staffing ratios are 2:1, and group sizes range from 3-8. Outpatient, aftercare, and alumni services are available to support and sustain changes made while at ANASAZI. Fees may be covered by insurance, and financial aid is available for families in need. Admissions occur every week, year-round.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Joint Commission, Arizona Department of Health Services, Office of Behavioral Health Licensing, Level II Behavioral Health Care Provider

**Professional Affiliations:** NATSAP-Full Member; OBHIC; NSC

# Applewood Academy for Progressive Learning

(Therapeutic Boarding School)



Member Since: 2009

**Phone: (613) 962-1042**

Executive Contact: Adam McLain, Psy.D

Admission Contact: Diane Grey

Gender: Coeducational  
 Ages: 6 - 18  
 Grades: K - 12  
 Enrollment: 60  
 Duration: 2 Years  
 Founded: 2001  
 Email: [info@swa-qch.com](mailto:info@swa-qch.com)  
 Fax: (613) 967-3995



Address: 72 Orchard Drive  
 Belleville, Ontario-CA K8P2K7

**Website: [www.applewoodacademy.com](http://www.applewoodacademy.com)**

Applewood Academy's mission is to maintain academic placements through the development of therapeutic relationships, the application of behavioral management techniques, the implementation of individualized learning programs, and continuous clinical and academic support. It is our vision that children with specialized treatment needs will have access to high quality, compassionate, and therapeutic educational programming that allows for the simultaneous delivery of educational and therapeutic interventions.

Applewood Academy for Progressive Learning's students experience difficulties attending traditional academic placements. Often they are identified as having learning disabilities, mild to moderate intellectual deficiencies, developmental disabilities, behavioral, mood and/or anxiety disorders, or autism.

Applewood Academy for Progressive Learning provides short and long term educational/therapeutic programming for students in this situation. We understand the challenges that families face with traditional academic settings. We work through a multidisciplinary treatment team to treat the underlying mental health issues, create a positive learning environment for the student and maximize the student's learning potential. Applewood Academy for Progressive Learning is open to any child in need. Any parent or guardian in the community may refer their child to Applewood Academy.

Educators, Mental Health staff, and Parent Therapists are the primary providers of Applewood's treatment-based educational programming. Applewood's success is based on the belief that educators, in combination with trained mental health professionals, clinical staff, and parents/guardians are the facilitators of learning and that everyone is an important member of the treatment team. The program monitors a variety of outcome measures, and provides the simultaneous delivery of individualized treatment goals along with Ministry approved academics appropriate to the needs of the individual child. The residential component is delivered via the Parent Therapist (with Child & Youth Worker support within a family modeled home) caring for up to 6 youth in each home.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure,** Approval: Ontario Ministry of Children & Youth Services; Commission on Accreditation for Rehabilitation Facilities (CARF); Ontario Ministry of Education

**Professional Affiliations:** NATSAP-Full Member; Ontario Federation of Independent Schools; Ontario Association of Residences Treating Youth

# Ascent

(Wilderness Program)



**Member Since:** 2006

**Phone:** (800) 974-1999

Executive Contact: Adam McLain, Psy.D

Admission Contact: Diane Grey

Gender: Co-ed  
 Ages: 13 - 18  
 Grades: N/A  
 Enrollment: 45  
 Duration: 1 - 8 weeks  
 Founded: 1992  
 Email: [diane.grey@uhsinc.com](mailto:diane.grey@uhsinc.com)  
 Fax: (208) 267-3232



**Naples**

Address: Box 230  
 Naples, ID 83847  
 Airport: Spokane

**Website:** [www.ascent4teens.com](http://www.ascent4teens.com)

Ascent is an outdoor wilderness experience designed to provide adolescents caught in a cycle of negative decisions, self-destructive behavior or crisis an opportunity to stabilize, re-direct and re-focus toward a more positive path. Our individualized (minimum 1 week) length of stay combined with the proven effectiveness of the wilderness, interrupts negative behavior, provides opportunity for reflection and supports healthy and productive insight. Our goal is to stabilize, assess and prepare the participant for their next environment. A deliberate, personalized approach and low student-to-staff ratio ensures a level of attention and intervention for each participant.

Our participants often come to us from other treatment programs and are in need of crisis stabilization or assessment.

Our typical participants are: acting out negatively, running away, refusing or are oppositional, using drugs or alcohol, defying authority, suffering from depression, limited by anxiety, in need of psychological assessment, find themselves "stuck" in their progress, may be regressing to former maladaptive behavior patterns, in need of a supportive environment that allows the associated professionals and family to determine the most appropriate placement, achieved maximum benefit or pushed the limits of their current placement's structure and/or guidelines for student behavior

Our team includes: a psychologist, licensed/master level therapists, substance abuse counselor, credentialed wilderness instructors, registered nurses and consulting psychiatrist. Beginning with a thorough consultation with parents, the referring professional and/or treatment program; each participant is assessed for physical and emotional safety. Initially, participants focus on personal safety and good self care; healthy eating, daily exercise, adequate sleep and healthy expression of feelings. Individualized treatment plans utilize participant input and include individual and group therapy, substance abuse education and experiential learning activities. Multi-day, high-impact wilderness treks based on principles of accountability and empowerment provide for a reflective "time-out" to evaluate their current situation, challenge ineffective beliefs, explore new ideas, experience sobriety and re-commit to goals. A high/low ropes course and 50 ft. Alpine Tower, allow participants to challenge themselves, practice trust, teamwork and re-acquaint with the esteem that comes from personal accomplishment. Substance abuse education/treatment for all participants, introduces participants to resources for ongoing sobriety including the 12-Steps. Family involvement is a critical part of our process and often includes: guided letter writing, conference calls, family therapy and parent education workshops.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare, Child Care License; Joint Commission

**Professional Affiliations:** NATSAP-Full Member; OBHIC; OBHRC; AEE, NAATP

# Aspen Achievement Academy

(Wilderness Program)



**Member Since:** 1999

**Phone:** (800) 283-8334

Executive Contact: Gilbert Hallows

Admission Contact: Kori Brown

Gender: Boys and girls in single gender groups  
 Ages: 13 to 17  
 Grades: 9 to 12  
 Enrollment: 8 per group  
 Duration: Flexible with 35-day minimum  
 Founded: 1989  
 Email: [admissions@theaspenacademy.com](mailto:admissions@theaspenacademy.com)  
 Fax: (435) 836-2477



Address: P.O. Box 400  
 98 South Main St.  
 Loa, UT 84747  
 Airport: Salt Lake City

**Website:** [www.aspenacademy.com](http://www.aspenacademy.com)

Aspen Achievement Academy is an outdoor behavioral health care program for adolescents that integrates intensive therapy and experiential academics with a profound outdoor experience. Aspen provides a guided journey of self-discovery for teens, which allows them to cultivate individual strengths and internalizing principles toward a healthier, more resilient life. Aspen Achievement Academy has a track record of over twenty years of serving teens and their families.

Aspen Achievement Academy works extensively with families, providing regular educational web-based seminars, weekly family therapy, a three-day onsite parent seminar at graduation, and a comprehensive family assessment. The family enrichment component sets parents and teens on a path toward family wellness.

Aspen Achievement Academy maximizes the healing power of the wilderness by complimenting the outdoor experience with a Joint Commission accredited therapeutic component with includes individualized treatment plans delivered by the treatment team, daily process groups, weekly individual therapy, and twice-weekly group therapy. The CITA and NCA accredited academic component effectively utilizes the outdoor setting to enhance learning in support of the therapeutic process.

Aspen works with students between ages of 13 and 17 who have a history of emotional and behavioral problems including substance abuse, oppositionality, ADHD, low self-esteem, anxiety, depression, trauma, academic underachievement, and family conflict.

Aspen Achievement Academy is guided by three fundamental beliefs: A belief in the healing power of nature; a belief in the healing power of healthy relationship; and a belief in the basic goodness of all people. The Aspen experience is encapsulated in the motto, "Through the medicine of wilderness and relationships, we discover the fire within."

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Program; Joint Commission; Approved by SEVIS; Commission on International and Tran-Regional Accreditation (CITA); and North Central Association (NCA)

**Professional Affiliations:** NATSAP-Full Member; OBHC; NATWC; AEE

# Aspen Ranch

(Residential Treatment Center)



**Member Since:** 1999

**Phone:** (877) 231-0734

Executive Contact: Melodie Rose

Admission Contact: Becky Brown

Gender: Coeducational  
 Ages: 13 to 18  
 Grades: 9 to 12  
 Enrollment: 80  
 Duration: 6 to 12 months  
 Founded: 1995  
 Email: [admin@theaspenranch.com](mailto:admin@theaspenranch.com)  
 Fax: (435) 836-2277



Address: P.O. Box 369  
 2000 W. Dry Valley  
 Loa, UT 84747  
 Airport: Salt Lake City

**Website:** [www.aspenranch.com](http://www.aspenranch.com)

Aspen Ranch provides a safe environment for troubled adolescents in need of therapeutic and academic assistance. Through experiential learning, self-examination, and community building, we teach students to develop a sense of their talents and capabilities, to value the gifts of others, and to make meaningful contributions to their families, friends, and society. We believe that academics are therapeutic and essential in the growth and progress of a student. Our objectives for students include education, self-awareness, self-mastery, values clarification, self-esteem, sobriety, teamwork, responsibility, decision-making, coping, and fun.

Aspen Ranch is a residential treatment center for boys and girls ages 13-18 who experience a wide variety of emotional, academic, and behavioral problems. Our high school curriculum offers a healthy balance between the development of group skills and a focus on self.

Aspen Ranch is deeply rooted in the philosophy of the work ethic, particularly as pertaining to ranch-type chores, including animal care, fence repair and maintenance, crop irrigation, carpentry, landscaping, and other similar duties. Participating in ranch activities is both therapeutic and recreational. The primary focus of these activities is character development, education, discovery or enhancement of skills, and enjoyment. Students primarily work with horses while at the Ranch. Each student's work with horses can be among his or her most memorable time spent at Aspen Ranch. Students can learn to ride, general horse care, and more advanced techniques such as ground work, basic training skills, assisting with birthing, medicating sick or injured animals, and farrier (shoeing) work. While the coursework and treatment offered are individualized for specific student needs and abilities, Aspen Ranch's program focuses heavily on group process. Each week students work individually with their own psychotherapist. They also engage in group therapy, equine assisted psychotherapy, substance abuse groups, character development groups, issues groups, levels evaluation groups, ranch work projects, and experiential activities like our ropes course. Aspen Ranch is a "therapeutic community." Every day in our family-like atmosphere provides therapeutic learning.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools through Woodland Hills School; California Non-Public School Accreditation

**Professional Affiliations:** NATSAP-Full Member

# Aspiro

(Wilderness Program)



**Member Since:** 2007

**Phone:** (888) 266-5136

Executive Contact: Brian Church

Admission Contact: Josh Watson, LCSW

**Gender:** Coeducational  
**Ages:** Adolescents 13-17, Young Adults 18-28  
**Grades:** N/A  
**Enrollment:** 6 groups (single gender), 7 per group avg.  
**Duration:** 28 to 60 days. 54 days avg.  
**Founded:** 2005  
**Email:** admissions@aspiroadventure.com  
**Fax:** (801) 454-3805

Mount Pleasant



**Address:** 695 West Wakara Ave  
 Mount Pleasant, UT 84647  
**Airport:** Salt Lake City (SLC)

**Website:** [www.aspiroprograms.com](http://www.aspiroprograms.com)

Aspiro is licensed by the state of Utah as a youth treatment program. While Aspiro is classified as a wilderness program, the term “Wilderness Adventure Therapy” (WAT) more accurately describes our approach. Aspiro is a 6-8 week, clinically sophisticated, high-impact intervention designed to help struggling youth develop self-respect, experience healing, and return to basic core values. Students benefit from a highly effective, solution-focused approach through a combination of individual, group, and adventure therapy.

WAT Programs combine best practices from traditional Wilderness Therapy and High Adventure Therapy. In addition to living in the outdoors for their entire stay, participants experience the added benefits of adventure therapy which is critical in developing a healthy level of self-efficacy. Adventure expeditions may include rock climbing, bouldering, canyoneering, kayaking, mountain biking, caving, mountaineering, and more. These expeditions, however, are not used as simple recreational activities. Instead, each activity is used as a tool to develop healthy coping strategies and obtain a thorough clinical assessment to reach a desired therapeutic outcome. Participants become engaged in this process quickly and learn to enjoy and thrive in this powerful model.

Aspiro works with participants 13-17 years of age with gender-specific groups. Vantage Point by Aspiro works with the same ages, but participants often exhibit more significant learning, social, cognitive, psychological and developmental challenges. Kairos by Aspiro works with young adults ages 18-28. Common behaviors and concerns include family conflict, manipulation, depression, substance use or abuse, low self-esteem, oppositional behavior, entitlement, mild learning differences, anxiety, school failure, and negative peer relationships.

Aspiro has pioneered an integrated family component including a three-day workshop, mid-program. When clinically appropriate, parents are also invited to join the group on the trail for a few days, up to a week. Parent participation is critical as our clinical team addresses concerns with progressing family relationships.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment

**Professional Affiliations:** NATSAP-Full Member; Association for Challenge Course Technology (ACCT), NATWC

# Auldern Academy

(Personal Growth Boarding School)



**Member Since:** 2002

**Phone:** (919) 837-2336

Executive Contact: Jane Samuel

Admission Contact: Joyce Latimer

Gender: Girls only  
 Ages: 14-19  
 Grades: 9-12  
 Enrollment: 48  
 Duration: 1 to 4 years  
 Founded: 2001  
 Email: [auldern.admissions@threesprings.com](mailto:auldern.admissions@threesprings.com)  
 Fax: (919) 837-5284



Address: 990 Glovers Grove Church Rd.  
 Siler City, NC 27344  
 Airport: Raleigh-Durham

**Website:** [www.auldern.com](http://www.auldern.com)

Auldern Academy is a college preparatory boarding school with a strong personal growth curriculum. Our goal is to prepare young women academically, emotionally, and socially for the challenges of the coming college years.

Young women who succeed at Auldern are academically capable, but there is some concern about the risks they may face in more traditional schools. They most likely will have completed some prior therapeutic program and bring with them an awareness of, and willingness to continue to address personal issues.

Auldern Academy offers a college preparatory 9th through 12th grade academic curriculum, which includes Honors and AP coursework. Our small classes rarely exceed ten students, allowing the student and her teacher to have a high level of interaction, communication and LD accommodations. In addition, Auldern Academy offers a strong visual arts program that includes ceramics, photography, drawing, painting, yoga, dance, horseback riding and guitar.

Auldern Academy's Counseling Services Program is designed to help students in their quest for confidence, emotional health, and relational healing. The Counseling Services Program is staffed by master's level clinicians who provide support in the form of both individual and group counseling. Upon admission, each student is partnered with a clinician who helps her create a Personal Growth Plan to help her keep focused on goals.

Our Student Life department strives to create a nurturing and caring community, filled with camaraderie and fun. Our goal is to create a warm, safe atmosphere while teaching girls to take responsibility for their living situation. During their time at Auldern, they develop the confidence, integrity and compassion that will lead them to success as young adults. Most importantly, Auldern girls learn to build friendships built on honesty and trust. Weekends are enriched with a large variety of activities allowing girls to interact with the robust Chapel Hill and Raleigh communities.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** National Independent Private School Association (NIPSA) - Therapeutic Certification - Level III; North Carolina Department of Education, Non-Public School Accreditation; National Independent Private School Association (NIPSA) - Academic Accreditation; Approved by SEVIS Advanced Accredited (formerly SACS/CASI)

**Professional Affiliations:** NATSAP-Full Member; Education Industry Assn. Member

# Birdseye Boys Ranch

(Residential Treatment Program)



**Member Since:** 2001

**Phone:** (877) 467-1681

Executive Contact: Corbin Linde

Admission Contact: Lynn Loftin

Gender: Boys Only  
 Ages: 13 to 18  
 Grades: 6 to 12  
 Enrollment: 12  
 Duration: 12 to 18 months  
 Founded: 1977  
 Email: [info@birdseyeboysranch.com](mailto:info@birdseyeboysranch.com)  
 Fax: (801) 798-8949



Address: P.O. Box 117  
 Spanish Fork, UT 84660  
 Airport: Salt Lake City

**Website:** [www.birdseyeboysranch.com](http://www.birdseyeboysranch.com)

It is the mission of the Birdseye Boys Ranch (BBR) to provide an individualized and intensive residential treatment program for youth who struggle with inappropriate sexual behavior, believing that these youth can gain a new perspective on their behavior and learn to control harmful impulses through combined efforts of the youth themselves, their families, and committed treatment professionals.

The BBR is a community-based residential program, providing supportive care and specialized treatment for youth ages 13 through 18 who have inappropriate sexual issues. The program is licensed and monitored by the State of Utah Department of Human Services. The program provides direct supervision with a one to four staff-to-youth ratio during the day and a one to six staff-to-youth ratio during sleeping hours. By holding youth accountable for controlling impulses and behavior and by emphasizing the need for treatment, the program offers youth the opportunity to develop a new perspective on relationships and achieve comprehensive rehabilitation.

The BBR is located in the rural mountain community of Birdseye, approximately 30 miles south of Provo, Utah. The 50-acre ranch has a beautiful mountainous backdrop and an abundance of clean air, wildlife, and recreational opportunities. The surrounding area consists of land governed by the Division of Wildlife Resources, the Federal Bureau of Land Management, Manti-La Sal National Forest, and the Uinta National Forest. In the ranch setting, young men live outside the mainstream of the community and yet have access to community resources for medical, dental, and recreational services.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Boulder Creek Academy

(Therapeutic Boarding School)



**Member Since:** 2006

**Phone:** (877) 348-0848

Executive Contact: Paul Johnson

Admission Contact: Shawnale Wilson

Gender: Coeducational  
 Ages: 13 to 18  
 Grades: 8 to 12  
 Enrollment: 75  
 Duration: 12 to 24 months  
 Founded: 1993  
 Email: paul.johnson@uhsinc.com  
 Fax: (208) 267-5715



**Bonners Ferry**

Address: 378 Emerson Lane  
 Bonners Ferry, ID 83805  
 Airport: Spokane

**Website:** [www.bouldercreekacademy.net](http://www.bouldercreekacademy.net)

Boulder Creek Academy (BCA) provides an integrated, multidisciplinary approach for students with individual learning styles who struggle with distinct learning, behavioral, or emotional challenges. Our students have experienced school failure, anxiety, depression, impulsivity, social and emotional delays. At the same time our students are also bright, creative, compassionate young people who have the potential for greater self-actualization and leadership. Students are given the support and structure needed to gain confidence in their academic, social, and communication skills, while capitalizing on their unique learning strengths.

To help our students achieve their full potential, we offer a carefully designed blend of college preparatory curriculum, technical/vocational studies, personalized learning plans, special educational support, SAT/ACT preparation and testing, tutoring, and a full range of specialized services. Boulder Creek Academy's therapeutic curriculum provides clinical oversight which allows the integration of individual, family, and group therapy into all aspects of the child's treatment plan. Our dynamic adventure education program strives to create exceptional opportunities and learning experiences for students, parents and staff through adventure activities and community events. We believe this is the most effective catalyst for personal growth.

At Boulder Creek Academy special care is taken to introduce students into the academic program in a manner that ensures success. The educational program is flexible to accommodate students who need support services and curricular adaptations. A 3-week assessment period identifies learning styles and highlights areas of strength and difficulty. Experiential learning and a transitional classroom offer practice in the organizational and study skills needed for academic achievement.

Boulder Creek Academy's campus is situated on 180 acres at the base of the spectacular Cabinet Mountains. BCA has many unique features such as student apartments for transitional living skills, a working farm, horticulture program, welding and woodshop, music and art studios, climbing wall and ponds for fishing and swimming. Our Activity center is housed in the majestic Quixote Lodge. The main academic building is equipped with individual classrooms, a computer lab, science lab and library, creating a traditional academic environment.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare, Child Care; Northwest Association of Accredited Schools, Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; AEE; NWEA

# Bridges Academy

(Therapeutic Boarding School)



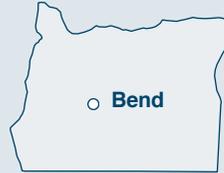
**Member Since:** 2004

**Phone:** (888) 283-7362

Executive Contact: Joan McOmber, MFT

Admission Contact: Maureen Bidasolo, RN

Gender: Males Only  
 Ages: 13 to 18  
 Grades: 9 to 12  
 Enrollment: 20  
 Duration: 6 to 24 months  
 Founded: 1997  
 Email: [info@bridgesboysacademy.com](mailto:info@bridgesboysacademy.com)  
 Fax: (541) 383-4108



Address: 67030 Gist Road  
 Bend, OR 97701  
 Airport: Redmond or Portland

**Website:** [www.bridgesboysacademy.com](http://www.bridgesboysacademy.com)

Bridges Academy is a year-round therapeutic growth boarding school for teenage boys aged 13-18 who are struggling with emotional, behavioral or academic issues. Our program combines several philosophies surrounding emotional growth, community living, the creation of a positive peer environment and experiential learning. While at Bridges Academy, students are challenged to identify their positive and negative behavior patterns. They explore their role in family dynamics and examine ways in which their choices have influenced and been influenced by their peer interactions. Ultimately, during students' tenure with our program, they learn the tools necessary to make healthy, positive choices in their lives, as well as in their peer and family relationships.

Our highly structured family setting provides our students with a safe environment and individualized attention while working with each family as a whole. This work encompasses the following: A clear work-to-earn trust building system, a strong positive peer environment, community service opportunities, family counseling/workshops, and an effective addiction studies program. Our graduates learn the value of hard work and history shows they obtain great jobs and get promoted to positions of supervision.

Bridges Academy offers a planned, accredited program for students of all academic abilities and goals including college preparatory. Student-teacher ratio is 6-1 This attention provides the opportunity for experiential learning for school credit. The curriculum is individualized to fit each student's needs and accommodates grades 9-12 with year-round classes.

The typical Bridges Academy graduate demonstrates confidence to affect positive outcomes within their interpersonal relationships and become contributing members of their families and communities.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Oregon Department of Human Services, Child Caring Agency; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Bromley Brook School

(Emotional Growth School)



**Member Since:** 2006

**Phone:** (802) 362-9966

Executive Contact: Laura Mack

Admission Contact: Beth Bove

Gender: Girls Only  
 Ages: 13 to 18  
 Grades: 8 to 12  
 Enrollment: 75  
 Duration: 12 months  
 Founded: 2004  
 Email: [bbove@bromleybrook.com](mailto:bbove@bromleybrook.com)  
 Fax: (802) 362-5539



**Manchester Center**

Address: 2595 Depot St., P.O. Box 2328  
 Manchester Center, VT 05255  
 Airport: Albany, NY

**Website:** [www.bromleybrook.com](http://www.bromleybrook.com)

Bromley Brook girls know they are capable of more, but lack a coherent set of developmental tools to achieve their aspirations. They may be depressed, withdrawn, anxious or lack sufficient impulse control. They might have recently shifted to risky peer groups. Are academically capable but have ceased to care. Extremely disconnected from previously warm family relationships, overly dependent on electronic devices, doesn't accept responsibility, and are unable to imagine a future. Our girls are in need of a structures environment where they will receive expert guidance and counseling support while pursuing their high school diploma and developing healthy peer and family relationships. Bromley Brook is rare and unexpected. You can feel the pull of an incredibly warm and nurturing staff whose long standing close knit team helps disconnected girls - reconnect to the world. Our highly intelligent engaged faculty helps girls rediscover the joy or learning, and imagine a new and effective academic future.

Our modern facility designed by a renowned architect is ideally suited to this purpose, from our science and computer labs to our art studio and ball fields, our students have an opportunity to explore and expand on their various talents in a nurturing and well-conceived environment. Additionally our milieu curriculum allows young women to explore a more expansive view of the role of women in the modern world.

Bromley Brook boarding school for girls gives young women an opportunity to develop the independence and autonomy needed for post-secondary success. We recognize girls' needs and strengths and assist them in converting their repertoire of skills into achieving more than they think possible. Exposure to a challenging college preparatory curriculum and collaboration among faculty, family and referring professionals facilitates competence in education, increased self-knowledge, and improved family relationships. This individual approach to education and personal growth can create unprecedented levels of success among girls who have previously experienced school failure, social isolation, or strained family relationships.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Vermont, Agency of Human Services, Department for Children & Families, Residential Child Care Facility; State of Vermont, Department of Education; Approved by SEVIS, Trained Orton-Gillingham Reading Specialist

**Professional Affiliations:** NATSAP-Full Member

# Building Bridges

(Small Residential Program)



**Member Since:** 2002

**Phone:** (406) 827-9853

Executive Contact: Steve Fairbank

Admission Contact: Jill Fairbank

Gender: Males Only  
 Ages: 14 to 18  
 Grades: 9 to 12  
 Enrollment: 24  
 Duration: average 12 months  
 Founded: 1996  
 Fax: (406) 827-9854  
 Email: info@buildingbridgesinc.net



Address: P.O. Box 1310  
 Thompson Falls, MT 59873  
 Airport: Spokane or Missoula

**Website:** [www.buildingbridgesinc.net](http://www.buildingbridgesinc.net)

At Building Bridges, we believe the natural environment is an unparalleled teacher, bringing into perspective each student's strengths and shortcomings. Building Bridges is a long-term residential program that teaches students the basics of accountability and responsibility in a nurturing family setting. By addressing our students' behaviors and feelings and having them reevaluate family interaction and priorities, we assist teens in the process of moving back into their families.

Building Bridges is an all male program for students ages 14 to 18. Typically, our students are young people experiencing low self-esteem, wavering self-confidence, poor relations and communications with family. They may have experimented with drugs or have an extensive drug use history.

Building Bridges has three complementary programs; Summer, Intermediate and Residential. We provide a group experience providing students a base regarding how they deal with others in their families and the world as a whole. Our Director is state and nationally certified in Chemical Dependency and has years of experience in family work. Students have a highly structured day, yet attempts at placing them in as "normal" social situations as possible to provide real life choices is our goal. This integration with the public allows the student to grow emotionally at a far faster rate and better prepares them for life after Building Bridges.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs

**Professional Affiliations:** NATSAP-Full Member; Independent Small Program Alliance (ISPA)

# CALO (Change Academy Lake of the Ozarks)

(Residential Treatment Center)



Member Since: 2007

**Phone: (877) 879-CALO  
(877) 879-2256**

Executive Contact: Ken Huey, Ph.D., CEO

Admission Contact: Nicole Fuglsang, MA, NCC, LPC



Address: 130 Calo Lane  
Lake Ozark, MO 65049  
Airport: Springfield, St. Louis

Gender: Coeducational  
Ages: 13 to 18  
Grades: 7 to 12  
Enrollment: 48  
Duration: 12 - 18 months  
Founded: 2007  
Email: [info@caloteens.com](mailto:info@caloteens.com)  
Fax: (573) 365-2224

**Website: [www.caloteens.com](http://www.caloteens.com)**

Across the country there are a number of generalist residential treatment centers. Many of them do fine work. They treat a multitude of issues and disorders. Most work from a behavior modification paradigm. A smaller few utilize a community or positive peer culture model. Generalist programs are usually large and consequence-focused in their treatment approach. In order to manage student behavior they frequently put level-systems of rewards and consequences in place. These generalist programs treat a large number of diverse clients by putting them all through the same program.

As residential treatment has matured, the one-size-fits-all approach has lost its appeal. There are many presenting problems that are not well grouped together. Simply put, specialist care is needed for many emotional and behavioral issues.

CALO was created with this need for specialty care in mind. CALO focuses on only three presenting issues: issues of emotion, trauma, and attachment. Our theoretical framework is based on attachment research. Our treatment model relies on relationships and attachment interventions to create lasting change. CALO is a relationship-based change program. Relationships with therapists, residential coaches, and work with purebred Golden Retrievers (what we call "transferable attachment") are at the heart of our treatment model.

The following would be examples of the type of teenager profile CALO would specialize in treating: a teenage adoptee struggling to connect with parents and caregivers; a teen who has been physically, emotionally, or sexually abused and is now acting out behaviorally; a teen who has survived a trauma and cannot maintain emotional control; a foreign-adopted teen who is not fitting in at home or at school and is draining emotional resources from his/her adopted family; a teen with anger, control issues and a history of abuse or neglect; an untrustworthy and sexually promiscuous teenager who does not enjoy deeper connection with family or caregivers.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Missouri, Department of Social Services, Children's Division, Residential Child Care Agency; Joint Commission (JCAHO) Accreditation; Approved Private Agency, Missouri Department of Elementary and Secondary Education

**Professional Affiliations:** NATSAP-Full Member

# Caron Adolescent Residential Treatment Center

(Residential Treatment Center)



**Member Since:** 2002

**Phone:** (800) 678-2332

Executive Contact: David Rotenberg

Admission Contact: Brenda Grumbling

**Gender:** Males and Females (gender separated)

**Ages:** 13 to 19 years old

**Grades:** 8 to 12

**Enrollment:** 40

**Duration:** 31 - 45 days (additional 90 days residential extended care programs on campus)

**Founded:** 1990

**Address:** Galen Hall Road

**Fax:** (610) 670-5748

P.O. Box 150

**Email:** drotenberg@caron.org

Wernersville, PA 19565-0150

**Airport:** Reading through Philadelphia



**Website:** [www.caron.org](http://www.caron.org)

The Mission of Caron is to provide an enlightened, caring treatment community in which those affected by alcoholism and drug addiction may begin a new life.

At Caron, we don't try to treat young chemically dependent people the way we treat adults. We know that the physical, mental, emotional, and spiritual development of adolescents differs from that of adults; they have a different set of values and problems. To deal with these issues, teens need to get away from their environment to a safe place where they can talk with others their age and with professionals who understand their special concerns. The Caron Adolescent Center is a modern, gender-separate treatment facility for youth, 13-19 years old. The center can accommodate 40 patients and is staffed to ensure personalized care. An on-site teaching staff provides classroom instruction and contact with the patients' home school districts. Its peaceful mountain setting at the edge of Caron's main campus in Wernersville, PA fosters change and growth. Our adolescent treatment program involves group, individualized and family therapy with recreational and expressive therapies, along with educational components. The program, which is individualized to meet the needs of each and every teenager, is creative and action-oriented, which is most effective with our young people. We involve families in the treatment process from the very beginning, and keep them informed of their teen's progress on a regular basis. We also now offer a 10-14 day rapid assessment program for families and referrals who are unsure of diagnostic and level of care needs.

The Caron Adolescent Residential Treatment program provides: Totally private and confidential services; Medically supervised detoxification services; 24-hour Medical/Nursing care; Board certified adolescent psychiatrist; Clinical psychologist, nutritionist, recreation therapist, physicians, nurses, chaplain; Credentialed therapy staff; 24-hour supervision; Daily group therapy; Weekly individual and family sessions; Alternative school; 12-Step Groups; Disease Model Education; Complete recreational therapy programming including rope courses and outdoor initiatives; On-site re-entry conferences with family; Continuing care planning and follow-up services; 3-day family educational program; Off-site student assistance services and consultations; Affiliated outpatient services; and Residential extended care programs on campus.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Pennsylvania, Department of Health; Commission on Accreditation of Rehabilitation Facilities (CARF)

**Professional Affiliations:** NATSAP-Full Member, NAATP

# Catalyst Residential Treatment, LLC

(Residential Treatment Center)



**Member Since:** 2007

**Phone:** (435) 723-4600

Executive Contact: Kreg Edgmon, Ph.D., LMFT

Admission Contact: Jordan Larsen, LCSW

Gender: Boys Only  
 Ages: 13 to 17  
 Grades: 7 to 12  
 Enrollment: 24  
 Duration: As needed  
 Founded: 2006  
 Fax: (435) 723-4700  
 Email: info@catalystrtc.com



Brigham City

Address: 970 South 1025 West  
 Brigham City, UT 84302  
 Airport: Salt Lake City

**Website:** [www.catalystrtc.com](http://www.catalystrtc.com)

The mission of Catalyst is to create opportunities for meaningful change and success for all those associated with the program. We believe that with the proper care and environment, we help facilitate and accelerate the process of change in each individual and family. Our vision is to lead boys on the path to manhood and true independence, and to lead families on the path to wholeness.

Catalyst is a 24 bed clinically-driven substance abuse and dual diagnosis residential treatment center for boys ages 14 to 17. Catalyst is operated in a beautiful large colonial style home surrounded by many acres of open space on the outskirts of Brigham City, Utah -- just 50 minutes north of Salt Lake City.

Catalyst provides truly individualized treatment based on a foundation of a thorough assessment of each youth upon admission as well as on-going assessments on a weekly basis. Each therapist carries a caseload of no more than eight youth, and we are very staff intensive with a true staff-to-youth ratio of one-to-four. We also pride ourselves on the professionalism of our staff, as we train in workshops on a regular basis.

Our treatment model is truly holistic in addressing the six major areas of each youth's life including the family, heart, body, mind, soul, and friends core elements. We help youth and families on the path to healing and balance in all of these important areas of their lives.

Youth also gain significant personal experience with healthy living in Catalyst by participating in three types of experiential activities: music, exercise and sober fun. Youth participate in healthy exercise on a daily basis and have opportunity to take part in a triathlon and gain a real sense of personal accomplishment, if they choose. Sober-fun activities include snowboarding, mountain biking, camping, hiking, swimming, and the like. Youth involvement in challenging and other experiential and recreational activities provides a very useful avenue for assessment and treatment of youth issues which may not be revealed in traditional "talk" therapy.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential/Substance Abuse; Northwest Association of Accredited Schools through Dominguez Hills Academy

**Professional Affiliations:** NATSAP-Associate Member

## Catherine Freer Wilderness Therapy Programs (Wilderness Program)



**Member Since:** 1999

**Phone:** (800) 390-3983

Executive Contact: Paul Smith  
Admission Contact: Natala Larson

Gender: Coeducational  
Ages: 13 to 18  
Grades: 8 to 12  
Enrollment: 8 per group  
Duration: 51 Days (21 day option available)  
Founded: 1988  
Email: [info@cfreer.com](mailto:info@cfreer.com)  
Fax: (541) 812-0116



Address: P.O. Box 1064  
Albany, OR 97321  
Airport: Portland or Eugene

**Website:** [www.cfreer.com](http://www.cfreer.com)

For more than 20 years, we have been helping to facilitate long-term change in struggling teens. Our program involves a backpacking and adventure expedition that combines the benefits of outdoor living, physical activity, and extensive psychotherapy. Our participants benefit from 24/7 exposure to a therapist who resides in the field throughout the entire expedition, not for just two days a week, which is the industry standard. This unparalleled therapeutic access results in remarkable and proven outcomes for our participants. Our program integrates clinically sophisticated individual and group therapy, with therapeutic interventions and insight, in addition to substance abuse assessment and treatment.

An appropriate candidate is 13 to 18 years of age and is exhibiting negative behaviors and struggling with a one or more emotional issues including depression and hopelessness, grief and loss, adoption and attachment issues, attention problems, impulsivity, anxiety, as well as, self-destructive behaviors such as substance abuse, academic decline, defiance, lack of motivation, and poor family and peer relationships.

Upon completion of our program, we expect our students to have gained the inner strength and resolve necessary for lasting change. Treatment services are often covered by a family's insurance benefits. Psychological and educational testing is available.

We believe strongly that involved parents result in successful outcomes for their child. We offer a family program which includes multi-family meetings. In addition, families work closely with an experienced therapist who provides weekly therapeutic support and consultation, and assists with aftercare planning.

In addition to our therapeutic wilderness expeditions we operate Santiam Crossing School and Oregon Transition Homes.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Oregon Department of Human Services, Office of Mental Health & Addiction Services; Oregon Department of Human Services - Outdoor Youth Program; Joint Commission

**Professional Affiliations:** NATSAP-Full Member; OBHIC; OBHRC; AEE

# Cedar Ridge Academy

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (435) 353-4498

Executive Contact: Wes Nielson

Admission Contact: Sean Haggerty

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: 8 to 12, College Prep  
 Enrollment: 70  
 Duration: 10 to 14 months  
 Founded: 1996  
 Email: [admissions@cedaridge.net](mailto:admissions@cedaridge.net)  
 Fax: (435) 353-4898



Address: Rt 1 Box 1477  
 Roosevelt, UT 84066  
 Airport: Salt Lake City or Vernal

**Website:** [www.cedaridge.net](http://www.cedaridge.net)

Cedar Ridge is a coeducational therapeutic school that specializes in working with youth who have issues such as anxiety, depression, low self-esteem, childhood trauma, school problems, relationship problems, mild to moderate substance abuse, ADD/ADHD, and anger management problems.

Our mission is to guide youth in a process of positive behavioral change by helping them acquire the skills and self-knowledge they need to form healthy relationships with others and utilize their individual inner strengths to become mature, well-balanced, productive persons. Cedar Ridge Academy is dedicated to the concept of using the least restrictive means necessary to induce change, helping students to utilize their internal resources to grow and mature given the right tools and environment.

Our program functions on a system of trust levels which measure and promote the students' trust in themselves, the trust of their peers, and the trust of the program staff. Licensed therapists implement individual service plans to help students address the underlying fears that precipitate their negative behaviors. Regular karate training develops character and physical well-being, using a non-violent approach to becoming physically, emotionally, and spiritually congruent. Our accredited high school provides academics geared to college preparation. A certified guidance counselor helps students with ACT and PSAT test preparation and college applications.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Cedars Academy

(Therapeutic Boarding School)



**Member Since:** 2001

**Phone:** (302) 337-3200

Executive Contact: Randy Christophor

Admission Contact: Dottie Lank

Gender: Coeducational  
 Ages: 11 to 20  
 Grades: 6 to 12+  
 Enrollment: 40  
 Duration: 2 to 4 years  
 Founded: 1989  
 Email: [dlank@cedarsacademy.com](mailto:dlank@cedarsacademy.com)  
 Fax: (302) 337-8496



Address: P.O. Box 103  
 Bridgeville, DE 19933  
 Airport: Philadelphia, PA or Baltimore, MD

**Website:** [www.cedarsacademy.com](http://www.cedarsacademy.com)

Cedars Academy is a college preparatory boarding school for middle, high school and post secondary students with NLD and Asperger's Syndrome that embodies consistency and structure in a rigorous academic environment. The Cedars Academy emphasizes time management, accountability, and responsibility, personal and social awareness throughout the school and in the student's daily life. The academic curriculum is presented in small learning blocks which accommodates specific learning needs and styles, yet prepares students for success at the university level.

Cedars Academy student population is of average to above-average intellectual capacity but is not succeeding in other educational settings, usually because of their attention focusing, time management, or socialization problems. Cedars Academy specializes in youth that are:

- Ages 11 - 20
- Unsuccessful in traditional schools
- Struggling with learning difficulties including NLD & Aspergers Syndrome
- Lacking in the ability to read social cues or use appropriate social skills in the right environment
- Unaccepted by peers – seen as quirky or different
- Experiencing difficulty sequencing tasks
- Disorganized and lacking in executive functioning skills
- Often creative in some form of the arts (drawing, painting, drama, music)
- Exhibiting behaviors similar to Asperger's, depression, anxiety, or bipolar

Academic Enrichment partnered with social skills education in a natural environment. This includes a College Preparatory environment, academically geared towards needs of NLD and Asperger's students. Cedars uses a process approach to learning and the curriculum uses Multiple intelligences. We maintain a one to four student faculty ratio. Eligible students may take College Courses beginning Junior Year. There is room for weekly field trips at Cedars that include that may include trips to: theaters, museums and other cultural events locally and in Philadelphia, Baltimore, Washington DC; the seashore; camping trips to state parks in Pennsylvania, Virginia, Maryland, and Delaware; and social skills enrichment through community involvement. Also, strongly part of our curriculum is allowing our students to express themselves through creativity.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Delaware, Department of Services for Children, Youth and Their Families; The Commission on International and Transitional Accreditation; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; CHADD

# Center for Change

(Inpatient & Residential Treatment for Eating Disorders & Co-Existing Disorders)



**Member Since:** 2000

**Phone:** (888) 224-8250

Executive Contact: Michael E. Berrett, Ph.D.

Admission Contact: Pam Kidd

Gender: Girls Only  
 Ages: 13 to 17 and Adult  
 Grades: 8 to 12  
 Enrollment: 28 Inpatients & 30 Residents  
 Duration: 3 to 12 Months  
 Founded: 1989  
 Email: [info@centerforchange.com](mailto:info@centerforchange.com)  
 Fax: (801) 224-8301



Address: 1790 North State Street  
 Orem, UT 84057

Airport: Salt Lake City

**Website:** [www.centerforchange.com](http://www.centerforchange.com)

Center for Change is devoted to providing a warm and caring atmosphere for those suffering from anorexia, bulimia and compulsive eating and co-occurring conditions. We provide intensive treatment that gives hope, healing, and recovery towards a full and meaningful life. Our programs are founded upon three basic principles: 1) eating disorders are learned behaviors and therefore can be unlearned; 2) everyone has the capacity for full recovery; and 3) high-quality intervention by trained professionals in a nurturing and loving environment is the optimal treatment setting for providing positive solutions to these self-destructive behaviors.

Center for Change is a program offering acute inpatient and residential treatment for women and adolescent girls who suffer from eating disorders, providing various successive and transitional levels of care. We understand that eating disorders are complex, intensely personal illnesses that can damage a woman physically, emotionally, and spiritually. We work to heal the “whole person,” not simply temporarily change behavior. Our Center offers complete and specialized treatment for eating disorders, as well as concurrent illnesses including depression, anxiety, trauma, addiction, self-injurious behaviors and more.

Center for Change utilizes a step-by-step phase program and a multidisciplinary approach in which patients first realize and acknowledge the impact of their eating disorder. Next they accept ownership of their illness and regain a sense of responsibility and hope. Patients then commit to a plan for recovery that includes facing underlying issues and actively working to resolve them. During the final phase, they increase self-acceptance and esteem through self-correction, relapse prevention, increased self-love, sharing, and supporting others who are likewise struggling. We use multiple methods and experiential therapies to ensure a comprehensive and individualized experience: individual therapy, dietary counseling, group therapy, medical and psychiatric care, art and music therapy, Yoga, Nia movement therapy, family therapy, 12 Step groups, drug & alcohol groups, body image therapy, DBT skills groups, and various and extensive life skills classes. The Center’s residential treatment program also houses Cascade Mountain High School, a full academic program for adolescents grades 8-12 which is Northwest accredited.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Specialty Psychiatric Hospital; State of Utah, Department of Health; Joint Commission; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member; IAEDP; NEDA

# Chaddock

(Residential Treatment Center & Transitional Independent Living)



**Member Since:** 2006

**Phone:** (217) 222-0034

Executive Contact: Karen Doyle Buckwalter

Admission Contact: Michele Stinnett



Gender: Coeducational  
 Ages: 8 to 21  
 Grades: K to 12  
 Enrollment: 42  
 Duration: 12 to 18 months  
 Founded: 1853  
 Email: [mstinnett@chaddock.org](mailto:mstinnett@chaddock.org)  
 Fax: (217) 222-3865

Address: 205 S. 24th St.  
 Quincy, IL 62301  
 Airport: St. Louis, MO; Quincy, IL

**Website:** [www.chaddock.org](http://www.chaddock.org)

Chaddock, which has served children and their families since 1853, offers residential and educational services for male and female adolescents, ages 8 – 16, who have experienced severe trauma and attachment difficulties, including adopted and post-institutionalized youth, through its Integrative Attachment Therapy program; as well as group home and independent living programs for youth ages 16 to 21.

The Integrative Attachment Therapy Program is a highly structured, attachment-based residential program focusing on empathic attunement in a nurturing environment. In addition to cottage interactions, youth in the program may attend an accredited on-grounds special education school, and have supervised access to recreational and campus activities on Chaddock's 30-acre campus. The youth receive individualized therapy, regular family therapy and psychiatric services as needed. A variety of evidence-based trauma therapy techniques are incorporated into treatment including Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS) and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). Additionally, Chaddock utilizes Dyadic Developmental Psychotherapy, Theraplay, and sensory interventions to meet youth needs. Cottage staff actively participate in clients' lives, including involvement in therapy sessions, to engage the youth in a close relationship. The staff/client relationship is a key component of the milieu, giving clients the experience and skills to develop and sustain a relationship with family members.

Parents are expected to visit the program on a regular basis and participate in family therapy sessions. Education and information will be provided to parents throughout the average 12 – 18 month stay in the program to allow them to develop new skills and techniques as their child progresses through treatment.

A core treatment team comprised of a client's therapist, cottage manager, teacher and family services coordinator meets on a weekly basis and develops an individualized treatment plan for each child. Chaddock is affiliated with the United Methodist Church, and spiritual growth and development opportunities are coordinated by the agency Chaplain. Clients also have the opportunity to participate in a range of community service learning activities to further emphasize the impact of reciprocal relationships beyond their immediate family members.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Illinois, Department of Children and Family Services; Council on Accreditation (COA); North Central Association Commission Accreditation and School Improvement (NCACASI); and Educational Assessment Guidelines Leading Toward Excellence (EAGLE)

**Professional Affiliations:** NATSAP-Full Member; Student and Exchange Visitor Information System (SEVIS) National Child Traumatic Stress Network (NCTSN), Alliance for Children and Families

# Cherokee Creek Boys School

(Therapeutic Boarding School)



**Member Since:** 2009

**Phone:** (864) 647-1885

Executive Contact: David LePere

Admission Contact: Betsy Deane

Gender: Boys Only  
 Ages: 11 to 15  
 Grades: 5 to 9  
 Enrollment: 40  
 Duration: 15 - 24 months  
 Founded: 2003  
 Email: [info@cherokeecreek.net](mailto:info@cherokeecreek.net)  
 Admissions Fax: (866) 399-1869



Address: 198 Cooper Road  
 Westminster, SC 29693

Airport: GSP (Greenville/Spartanburg),  
 Atlanta

**Website:** [www.cherokeecreek.net](http://www.cherokeecreek.net)

At Cherokee Creek Boys School our mission is to “Challenge boys and their families to discover what is real and true about themselves and the world around them.”

Nestled in the foothills of the Blue Ridge Mountains, Cherokee Creek is a therapeutic boarding school where struggling middle -school boys, ages 11-15, come to discover a sense of hope and optimism for their future. Our students are great kids with very real challenges. By the time boys reach Cherokee Creek, family relationships are often strained and the home environment may be in chaos. Many of our students are unwilling or incapable of recognizing the negative impact that their actions have on themselves, their families and those around them. Our students come to us with many challenges including, but not limited to: attention deficit disorder, depression, anxiety, oppositional behavior, learning style differences, academic frustration or failure, divorce, adoption issues, abandonment, trauma and grief and loss.

Cherokee Creek Boys School is a warm, positive, nurturing learning community that offers the benefits of small enrollment, individual, group, family and equine assisted therapy, hands-on academics, counseling, recreation and a talented staff dedicated to helping boys find their way to a life of balance and harmony. Our PATH program creates a journey for students to gain insight, grow, develop and succeed through a combination of Personal Enrichment opportunities, Academics, Therapy, and Health and Recreation activities tailored to each student and his specific needs.

Families of Cherokee Creek students attend quarterly seminars and Family Trek adventures designed to promote healthy family relationships. We also build parenting skills through education, staff and community support and successful visits that serve as the building blocks for students to transition back home.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Southern Association of Colleges and Schools (SACS), South Carolina Department of Social Services; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; Small Boarding School Association (SBSA)

# Cherry Gulch

(Therapeutic Boarding School)



**Member Since:** 2006

**Phone:** (208) 365-3437 x502

Executive Contact: Andrew Sapp, Ph.D.

Admission Contact: Andrew Sapp, Ph.D.

Gender: Boys Only  
 Ages: 10 to 14  
 Grades: 5 to 9  
 Enrollment: 25  
 Duration: 6 months minimum  
 Founded: 2004  
 Email: [info@CherryGulch.org](mailto:info@CherryGulch.org)  
 Fax: (208) 365-7235



Address: P.O. Box 678  
 Emmett, ID 83617  
 Airport: Boise

**Website:** [www.CherryGulch.org](http://www.CherryGulch.org)

Cherry Gulch is passionate about providing early intervention and prevention to help boys reach their full potential and become well-rounded pro-social young men. We are dedicated to providing outstanding academic and therapeutic services to students and their families in the context of a safe, supportive environment and work toward “Building Brighter Tomorrows for the Boys of Today.”

Cherry Gulch is a ranch style therapeutic boarding school designed specifically for 10 to 14 year old boys. Our services are appropriate for boys with various difficulties including oppositional-defiance, depression, ADHD, learning differences, low self-esteem, poor motivation, anger, anxiety, family conflict, and other behavioral and emotional problems.

A unique therapeutic environment is provided on our beautiful 200 acre ranch, with small animals and horses, where every experience is educational and therapeutic in a fun purposeful environment. We strive to entwine the most effective therapeutic strategies into the student’s daily life. We offer at least 10 hours of scheduled therapeutic services a week but much more therapy takes place as life unfolds and a therapeutic moment arises. Our therapeutic services take shape as creative approaches to empirically-based treatments and include individual, group, and family therapy, with experienced doctorate and masters level therapists. We also offer equine assisted psychotherapy and a wide variety of active experiential learning and therapeutic activities. Cherry Gulch utilizes brain based learning strategies in an experiential hands-on learning environment. We offer small class sizes, experienced credentialed teachers, and individualized academic plans. Parents are very important to our program and the success of our students and we offer a number of resources for parents including training them on the structure of our program and helping them implement the same program in their home. We maintain a high staff to student ratio and have highly skilled and compassionate staff.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare; Northwest Association of Accredited Schools (NAAS), Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member, Small Boarding School Association

# Chrysalis

(Therapeutic Boarding School)



**Member Since:** 2000

**Phone:** (406) 889-5577

Executive Contact: Kenny Pannell

Admission Contact: Mary Alexine

Gender: Girls Only  
 Ages: 13 to 18  
 Grades: 8 to 12  
 Enrollment: 36  
 Duration: 18 to 24 months  
 Founded: 1998  
 Email: mary@chrysalisschool.net  
 Fax: (406) 889-5576



Address: 77 Trails End Rd.  
 Eureka, MT 59917  
 Airport: Kalispell

The mission of Chrysalis is to provide the best quality therapeutic services, education, and experiential opportunities to adolescents and their families in the context of a warm and nurturing environment while maintaining a commitment to integrity in all that we do.

Chrysalis is a therapeutic, home based residential setting for adolescent girls ages 13 to 18. Chrysalis enables students to develop healthy coping, living, communication, and interpersonal skills. Residents live “family-style” in large log homes, hold each other accountable for actions, and become responsible for themselves.

Chrysalis provides a special blend of care and therapy with a gentle firmness to recover from a past of pain, sorrow, untenable family situations, personal mistakes and self-destructive behavior. Regular group therapy sessions called “circles” reinforce these ideas of individual responsibility and group support.

Chrysalis school allows our teachers to tailor academics to the individual’s abilities and needs using an Independent Study curriculum through North Dakota State University. Students are able to transition to our local public high school when they demonstrate emotional, social, and academic readiness.

Chrysalis utilizes outdoor adventure to help residents learn about their strength, style of learning, ability to master work, and ability to act as a member of a team. The program is physically active, incorporating horseback riding, downhill and cross-country skiing, rafting, biking, kayaking, climbing, and cultural travel. Safety is primary, with excursions taking place under the direction and leadership of trained professionals.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; National Independent Private Schools Association (NIPSA) Therapeutic Certification and Academic Accreditation

**Professional Affiliations:** NATSAP-Full Member

# Clearview Horizon, Inc.

(Therapeutic Boarding School)



**Member Since:** 2001

**Phone:** (208) 263-5894

Executive Contact: Tami Gebhardt  
 Admission Contact: Mary L. Thielbahr,  
 Educational Psychologist, M.F.T.  


Gender: Girls Only  
 Ages: 13 to 21  
 Grades: 8th grade thru College  
 Enrollment: 18  
 Duration: 6 to 24 months  
 Founded: 1996  
 Email: marythielbahr@hotmail.com  
 Fax: (406) 847-4242

Address: 785 Kaniksu Shores Circle  
 Sandpoint, ID 83864  
 Airport: Spokane

**Website:** [www.clearviewhorizon.com](http://www.clearviewhorizon.com)

Clearview Horizon is a rustic finishing school designed to encourage girls in academic fitness, emotional fitness, and physical fitness. Nestled in a peaceful clearing in the woods inside an elegantly and warmly decorated log lodge, girls are taught how to become well balanced human beings. Clearview is a Christian based program where the girls go to a community church, youth group, AA/NA and 12-Step Programs.

Typically, the Clearview Horizon student is a teen who is struggling with her self-esteem, motivation, purpose, the influence of a negative peer environment, an eating disorder, sexual abuse, attachment disorder, attention deficit disorder, illegal drugs, or some other destructive behavior pattern. Consequently, the program is highly structured and responsibilities are taken very seriously. The student learns to complete tasks and the importance of the work ethic. The girls experience individual therapy, AA/NA, 12-Step, group therapy, family therapy, and therapeutic seminars which give them behavioral training tools that benefit them for the rest of their lives. Students attend an accredited high school on our campus. During the second phase of our program students may attend a public high school to test themselves. College on-line courses are also offered on our campus. Recreational opportunities include snow boarding, biking, hiking, boating, swimming, and horseback riding.

Each of our students is asked to evaluate her present life choices and then to explore ways she can improve herself. It is through this process that the student focuses on how to set goals and how to take steps necessary to achieve those goals. This is a small program and the staff is able to mentor your child's progress daily. The individual attention our girls receive enables them to be successful. The Clearview staff is very proud of the success of our students. It is our hope that we can help your family as well.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Registered with Montana Association of Alternative Private Programs; National Private School Accreditation Alliance, Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member; AAMFT; CAMFT

# Copper Canyon Academy

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (928) 567-1322

Executive Contact: Paul Taylor

Admission Contact: Paul Ravenscraft and Shannon Rhoda

Gender: Girls Only  
 Ages: 14 to 17  
 Grades: 9 to 12  
 Enrollment: 122  
 Duration: 12 to 14 months average  
 Founded: 1998  
 Email: [admissions@coppercanyonacademy.com](mailto:admissions@coppercanyonacademy.com)  
 Fax: (928) 567-1323



Address: P.O. Box 230  
 Rimrock, AZ 86335  
 Airport: Phoenix

**Website:** [www.coppercanyonacademy.com](http://www.coppercanyonacademy.com)

At Copper Canyon Academy, students and staff work together as a team to create a community of warmth, respect, mutual cooperation, friendship, leadership, and love. Each student learns to confront the past and look forward to the future by following a proven trail to success. Students work to become the best they can be emotionally, mentally, physically, spiritually, and socially.

Copper Canyon Academy High School and Middle School Programs serves young women 14-17 years of age who exhibit one or more of the following: Poor Choice of Friends, Drug and Alcohol Use, Depressed, Angry, Low Self-Esteem, Peer Conflict, Poor Impulse Control, Lying, Cheating, Family Discord, Does Not Respect Rules, Sneaking out/Running Away, Anxiety, Poor Communication Skills, Lack of Boundaries, Manipulative, Self-Centered, Feeling Abandoned, High Risk Behavior, Poor Body/Self Image, Lack of Organization, and/or Underachieving.

Copper Canyon Academy is a comprehensive therapeutic boarding school with all aspects of the program designed to enhance self-esteem, self-awareness, self-reliance, self-confidence and self-management. CCA provides a fully accredited, college-preparatory, academic classes led by credentialed (masters and bachelors level) teachers, CCA provides all of the core classes required for High School graduation with an extensive selection of extra curricular classes including art, drama, dance, choir, PE. CCA utilizes an extremely diversified therapeutic program which includes individual therapy, group therapy, family therapy, student seminars, parent seminars, family workshops, equine therapy and canine therapy. CCA offers a challenging physical fitness program, and a structured living environment. Committed to success CCA students also participate in a number of additional programs such as competitive sports-basketball, softball, soccer and volleyball, hiking, equestrian riding, and extensive community service programs.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Arizona Department of Health Services, Office of Behavioral Health Licensing; North Central Association Commission on Accreditation and School Improvement

**Professional Affiliations:** NATSAP-Full Member

# Copper Hills Youth Center

(Residential Treatment Center)



**Member Since:** 2005

**Phone:** (800) 776-7116

Executive Contact: Barry Woodward

Admission Contact: Kari Jacobson

Gender: Coeducational  
 Ages: 12 to 17  
 Grades: 7 to 12  
 Enrollment: 16  
 Duration: 9 months to 3 years  
 Founded: 2004  
 Email: Barry.Woodward@psysolutions.com  
 Fax: (801) 569-3274



Address: 5899 W. Rivendell Dr.  
 West Jordan, UT 84081  
 Airport: Salt Lake International

**Website:** [www.psysolutions.com](http://www.psysolutions.com)

Copper Hills Youth Center meets the specific needs of residents with Aspergers Syndrome including providing the residents with the life skills, relationship skills, and communication skills necessary to become productive members of their community. The residents' needs will be met in a setting that is developed for, and addresses the special needs of, individuals with Aspergers Syndrome.

Copper Hills Youth Center accepts students between the ages of 12 and 17, who are diagnosed with Aspergers Syndrome, high functioning Autism or other Autism Spectrum Disorders who could benefit from the structure environment and specific skills training of our program.

Copper Hills Youth Center provides individual treatment plans that are reviewed every 28 days. Individual and family therapy is held weekly and group therapy is held twice weekly. Five hours of on-site schooling is available and is accredited through the Northwest Association of Accredited Schools. Other services include:

- Daily recreational therapy
- Dietary services under direction of a licensed dietician
- Daily psycho-educational and skill development groups
- Nurses on site 24 hours a day
- Medication management – weekly 1/2 hour consultations with licensed psychiatrists

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Joint Commission; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Coral Reef Academy

(Residential Treatment Center)



**Member Since:** 2005      **Phone:** (702) 233-0444

**Executive Contact:** Rodney Rice  
**Admission Contact:** Rodney Rice, Breda Tipi-Faitua, Sally Grevel-Lameko

**Gender:** Boys Only  
**Ages:** 15 to 20  
**Grades:** 8 to 12 and College Level  
**Enrollment:** 32  
**Duration:** 12 to 15 months  
**Founded:** 1996  
**Email:** dsmyth@coralreefacademy.com  
**Fax:** (702) 233-5544



**Address:** P.O. Box 2697  
 Apia, Samoa  
**Airport:** Faleolo

**Website:** [www.coralreefacademy.com](http://www.coralreefacademy.com)

Life in America can be hectic and confusing. Because we are located on the island of Upolu, Samoa everything about us is unique. Not only is Samoa beautiful, it is unspoiled, unhurried, and uncluttered. This is where our student's first steps on the road to recovery begin. Our therapeutic milieu is structured so the student will understand why he is there and what goals need to be met.

The students at Coral Reef Academy have been known to struggle in the following areas: low self-esteem, mood extremes, poor means-ends reasoning, and history of chemical abuse and/or dependence, is irresponsible and makes poor choices. They may be at risk for involvement in delinquent activities, have a problem with anger management, aggression and be in denial of unacceptable behavior.

The Academy's location in Samoa is the key to the healing process our students will experience. As we are all acutely aware, life in America can be hectic and confusing. For all that is good in our nation, there are many dynamics that tend to compromise the developmental progress of our youth. If the youth is struggling already, these dynamics only intensify. Removed from an environment and culture that may contribute to the breakdown of values, respect and responsibility, Samoa provides a calming influence like no other location. First, and perhaps foremost, our students are unable to "re-create" the negative environments, which have either created or contributed to their problems. Unlike almost every program stateside, the students at Coral Reef Academy must come to terms with a situation that is completely foreign to their life experiences. Consequently they are forced to develop new strategies and skills. The Samoan culture is extremely therapeutic in addressing the issue of egocentrism in adolescents. What this means is that the sense of being the "center of the universe" that American teenagers experience, and often stands in the way of their development, is not reinforced within the structure of the Samoan culture. While enrolled in the program, the student will receive individual and group therapy, drug and alcohol counseling, year round school and a recreational program second to none.

**Individual Psychotherapy Available:** Yes  
**Professional Affiliations:** NATSAP-Full Member

# Cottonwood de Tucson

(Residential Treatment Center)



**Member Since:** 2000

**Phone:** (800) 877-4520

Executive Contact: Ron Welch

Admission Contact: Linda Barela

Gender: Girls only  
 Ages: 13 to 18  
 Grades:  
 Enrollment: 8  
 Duration: minimum 90 days  
 Founded: 1984  
 Email: [general.information@cottonwooddetucson.com](mailto:general.information@cottonwooddetucson.com)  
 Fax: (520) 743-7991



Address: 4110 W. Sweetwater Drive  
 Tucson, AZ 85745

Airport: Tucson

**Website:** [www.cottonwooddetucson.com](http://www.cottonwooddetucson.com)

Cottonwood de Tucson places spirituality at the core of experientially based programs designed to promote self-awareness, empowerment, and the potential for positive life changes. We offer a patient-centered approach with a strong 12-step orientation that allows for the development of new insights and behaviors necessary to promote change. Cottonwood provides each adolescent an opportunity to develop new skills and strengths that enable them to cope more effectively with life challenges. This is accomplished during a minimum 90-day treatment stay.

Cottonwood de Tucson offers in-patient treatment for adolescent females ages 13-18 years of age. Cottonwood offers treatment for co-occurring disorders, including chemical dependency, depression, eating disorders, post-traumatic stress disorder, relationship difficulties, family of origin conflict, self-mutilation, anxiety disorders, and ADD/ADHD. Cottonwood provides a week long, intensive family therapy program designed to improve communication, address conflict, and enhance relationships. Family members are strongly encouraged to participate in the development of treatment strategies and aftercare plans, including a possible return home or a referral to a therapeutic boarding school.

Cottonwood places a strong emphasis on scholastics, offering both structured classroom hours as well as a therapeutic curriculum that is designed to further the intellectual, emotional, and spiritual growth of each girl. Cottonwood's educational programming is offered on site, through a fully accredited school, so that each girl can continue to reach her educational goals.

As part of a holistic treatment approach, Cottonwood provides extensive evaluation and assessment services, including an initial psychiatric and medical evaluation. Nutritional and fitness consultations allow each girl to focus on developing a personal wellness program, consistent with her recovery goals. Cottonwood's clinical team provides ongoing assessment throughout the course of each girl's treatment through both individual and group counseling.

Cottonwood incorporates a variety of treatment modalities including equine assisted therapy, rocks and ropes course, yoga, expressive arts, self-defense, and group and individual therapy.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Arizona Department of Health Services, Office of Behavioral Health Licensing; Commission on Accreditation of Rehabilitation Facilities (CARF)

**Professional Affiliations:** NATSAP-Full Member; Better Business Bureau; Chamber of Commerce

# Cramer Creek School

(Therapeutic Boarding School)



Member Since: 2009

**Phone: (406) 825-2600**

Executive Contact: John McKay

Admission Contact: John McKay



Gender: Coeducational  
 Ages: 12 to 18  
 Grades: 7 to 12  
 Enrollment: 45  
 Duration: 12 to 18 months  
 Founded: 2008  
 Email: [j.mckay@cramercreek.org](mailto:j.mckay@cramercreek.org)  
 Fax: (406) 825-2600

Address: 12508 Cramer Creek Road  
 Clinton, MT 59825  
 Airport: Missoula International

**Website: [www.cramercreek.org](http://www.cramercreek.org)**

Cramer Creek School is a non-profit residential boarding school and treatment program that utilizes the Positive Peer Culture model to serve a co-educational student population between the ages of 12 and 18. Cramer Creek School provides academic and treatment services to students who are typically experiencing significant problems in the following areas: establishing and maintaining positive long-term relationships with family members, peers and adults, learning challenges or disorders, significant setbacks in academic progress, and may present a range of mood, anxiety or behavioral diagnoses. Cramer Creek addresses these problems through integration of the Positive Peer Culture model through all aspects of our campus including group, individual and family therapy, academic work, recreational activities and student responsibilities in helping to maintain and improve their campus.

The Positive Peer Culture model achieves long-term change by teaching and internalizing pro-social values such as altruism, responsibility, acceptance, and autonomy. Treatment teams develop individual and group strategies and interventions that teach students the ability and desire to build positive, long-term relationships based on the value of helping others, while challenging students' counter productive thinking patterns and behaviors based on negative values. These strategies and interventions are designed to teach students the benefits of accepting mature, proactive, and pro-social, responsibilities. The development of a positive value system, based upon the realization that our students can be of value in helping others, allows students to develop a positive self- concept and is the most important tool for problem resolution.

Cramer Creek School's academic program is individualized and year around. Cramer Creek develops an education plan for each student based on that student's academic history and needs. Each student's work is self-paced and academic progress is based on completion of course modules rather than time spent in class. The Positive Peer Culture model is integrated into academic work by using the group process to develop within each student a social interest in his/her, and the group members', academic success. In other words the students develop a positive value and attribution associated with success in school. Classes are small, with no more than 9 students each, to maximize opportunities for individualized instruction by our teaching staff, to better manage classroom behavior, and to focus on active learning opportunities.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** Montana Board of Private Alternative Adolescent Resident or Outdoor Programs; Northwest Association of Accredited Schools and National Private School Accreditation Alliance.

**Professional Affiliations:** NATSAP-Associate Member

# Daybreak Canyon

(Residential Treatment Center)



Member Since: 2009

**Phone: (208) 312-4117**

Executive Contact: Larry McArthur

Admission Contact: Larry McArthur



Twin Falls

Gender: Boys Only  
 Ages: 12 - 17  
 Grades: 7 - 12  
 Enrollment: 22  
 Duration: 12 months  
 Founded: 2009  
 Email: [info@daybreakcanyon.com](mailto:info@daybreakcanyon.com)  
 Fax: (208) 532-4067

Address: P.O.Box 348  
 Twin Falls, ID 83303  
 Airport: Twin Falls, ID

**Website: [www.daybreakcanyon.com](http://www.daybreakcanyon.com)**

Daybreak Canyon is a licensed “Green” Residential Treatment Center in Idaho that serves boys ages 12-17. Our clients need a high level of support and supervision after unsuccessful attempts with less restrictive interventions such as wilderness programs, Therapeutic Boarding School, and other community based interventions. We offer a small owner operated facility with a maximum capacity of 22.

The foundation for everything is our belief in the 5 Pillars of Daybreak Canyon; Self, Family, Community, World, and Spirituality. We believe that these 5 Pillars define each of us as human beings. Focusing and developing stewardship in each of these areas leads to a healthy individual.

Our primary modality is experiential therapy. We place youth in a variety of settings that challenge their views and enhance their interactions with each of the 5 Pillars. We use recreational therapy to challenge youth. We believe that through nurturing and challenging adventures we can push the limits of youth’s perception and encourage the development of stewardship within those areas.

Our off the grid, environmentally conscience, facility offers a perfect setting for a youth to learn more about cause and effect. In everyday situations youth will learn how their decisions impact themselves, their families, the community, the world we live in. We use extraordinary settings such as our international service trips or super outings to accentuate this knowledge. We believe that a strong spiritual foundation can be grounding and guiding.

**Mission:**

We believe that hope is the catalyst for all change. We strive to take hope that exists in parents and youth alike and help it grow. We seek to facilitate a transformation into self-discovered stewardship over self, family, community, world and spirituality through nurturing and rewarding therapeutic adventures.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare; Northwest Association of Accredited Schools and Programs (Provisional)

**Professional Affiliations:** NATSAP-Associate Member

## Diamond Ranch Academy - Crystal Springs/Whisper Creek (Residential Treatment Center)



**Member Since:** 2008

**Phone:** (877) 372-3200

Executive Contact: Fotu C. Soliai

Admission Contact: Maurie Simons

**Gender:** Girls Only  
**Ages:** 12 to 15; 16 to 17  
**Grades:** 6 to 9; 10 to 12  
**Enrollment:** 40 per campus  
**Duration:** 10 to 12 months  
**Founded:** 1999  
**Email:** admissions@diamondranchacademy.com  
**Fax:** (435) 635-4436



**Address:** 1500 East 2700 South

Hurricane, UT 84737

**Airport:** Las Vegas

**Website:** [www.diamondranchacademy.com](http://www.diamondranchacademy.com)

Diamond Ranch Academy (DRA) is a premier licensed Youth Residential Treatment Center, located on 200 acres in Utah's beautiful color country. Our mantra is "Healing Families One Youth at a Time" and we are dedicated to creating life-long positive change in the lives of our students and their families. Typical diagnoses that are appropriate at Diamond Ranch Academy include, but are not limited to: Clinical Depression, Anxiety, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Personality Disorders, mild cases of (Asperger, Reactive Attachment Disorder, PDD, and Autism), Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse.

Diamond Ranch Academy is designed to equip young women with self-worth and an understanding of how to navigate the struggles women face in today's society. We provide our students with opportunities to learn and practice appropriate boundaries with boys and men and how to maintain healthy relationships. Diamond Ranch incorporates a sophisticated Therapeutic Milieu that uses a well refined "Token Economy" which integrates and reinforces individual accountability in all aspects of student life. Our token economy provides a therapeutic environment that shapes behavior without anger, without violence, and without coercion. Teens are quick to learn that when one makes good choices, good things happen. In a gentle, yet firm way, teens learn that in real life, there are always naturally-occurring rewards and consequences for their choices.

All students are provided with a Utah licensed Doctoral or Masters level therapist. Our therapists are creative in developing individual treatment plans which integrate all aspects of DRA's Milieu. DRA offers Individual Therapy, Group Therapy, Family Therapy, Equine Therapy, and AA/NA groups. In addition, DRA offers eight parenting seminars yearly to help parents be better equipped when dealing with their student.

DRA's accredited academic program is specifically designed to empower students by providing individual support from certified teachers in a traditional classroom environment. To ensure mastery of the learning process and the development of essential study skills, DRA utilizes a student-paced mastery curriculum. Mastery learning empowers students to develop the academic skills, foundation of knowledge, and confidence needed for success in the classroom. Special Education personnel assist with identifying students with learning disabilities and providing services of existing Individual Education Plans (IEP). In addition to core and other elective courses, a comprehensive Vocational Education program gives students the opportunity to explore career pathways and learn valuable occupational skills to support future career pursuits.

Competitive athletic teams and extra curricular clubs are an important part of DRA. Participation in such activities allows the student to improve individual talent and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect, and humility. Athletic teams and extra curricular clubs include activities such as: Track and Field, Football, Basketball, Dance, Cheer, Guitar, Choir, Speech and Debate, Art, Fishing, and Small Animal Care.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Department of Human Service, Office of Licensing; Northwest Association of Accredited Schools (NAAS); Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

## Diamond Ranch Academy - Stone Ridge/Lava Falls (Residential Treatment Center)



**Member Since:** 2008

**Phone:** (877) 372-3200

Executive Contact: Fotu C. Soliai

Admission Contact: Maurie Simons

Gender: Boys Only  
 Ages: 12 to 15; 16 to 17  
 Grades: 6 to 9; 10 to 12  
 Enrollment: 40 per campus  
 Duration: 10 to 12 months  
 Founded: 1999  
 Email: [admissions@diamondranchacademy.com](mailto:admissions@diamondranchacademy.com)  
 Fax: (435) 635-4436



Address: 1500 East 2700 South  
 Hurricane, UT 84737  
 Airport: Las Vegas

**Website:** [www.diamondranchacademy.com](http://www.diamondranchacademy.com)

Diamond Ranch Academy (DRA) is a premier licensed Youth Residential Treatment Center, located on 200 acres in Utah's beautiful color country. Our mantra is "Healing Families One Youth at a Time" and we are dedicated to creating life-long positive change in the lives of our students and their families. Typical diagnoses that are appropriate at Diamond Ranch Academy include, but are not limited to: Clinical Depression, Bi-Polar Disorder, ADHD, PTSD, ODD, Mood Disorders, Personality Disorders, mild cases of (Asperger, Reactive Attachment Disorder, PDD, and Autism), Eating Disorders, Sexual Abuse, Adoption Issues, Family Conflict, and Alcohol and Drug Abuse.

Diamond Ranch Academy has created a unique and sophisticated Therapeutic Milieu that uses a well refined "Token Economy" which integrates and reinforces individual accountability in all aspects of student life. Our token economy provides a therapeutic environment that shapes behavior without anger, without violence, and without coercion. Teens are quick to learn that when one makes good choices, good things happen. In a gentle, yet firm way, teens learn that in real life, there are always naturally-occurring rewards and consequences for their choices.

All students are provided with a Utah licensed Doctoral or Masters level therapist. Our therapists are creative in developing individual treatment plans which integrate all aspects of DRA's Milieu. DRA offers Individual Therapy, Group Therapy, Family Therapy, and AA/NA groups. In addition, DRA offers eight parenting seminars yearly to help parents be better equipped when dealing with their student.

DRA's accredited academic program is specifically designed to empower students by providing individual support from certified teachers in a traditional classroom environment. To ensure mastery of the learning process and the development of essential study skills, DRA utilizes a student-paced mastery curriculum. Mastery learning empowers students to develop the academic skills, foundation of knowledge, and confidence needed for success in the classroom. Special Education personnel assist with identifying students with learning disabilities and providing services of existing Individual Education Plans (IEP). In addition to core and other elective courses, a comprehensive Vocational Education program gives students the opportunity to explore career pathways and learn valuable occupational skills to support future career pursuits.

Competitive athletic teams and extra curricular clubs are an important part of DRA. Participation in such activities allows the student to improve individual talent and abilities while learning valuable lessons regarding teamwork, sportsmanship, respect, and humility. Athletic teams and extra curricular clubs include activities such as: Track and Field, Football, Basketball, Dance, Cheer, Guitar, Choir, Speech and Debate, Art, Fishing, and Small Animal Care.

**Individual Psychotherapy Available:** Yes

**Equine Therapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Department of Human Service, Office of Licensing; Northwest Association of Accredited Schools (NAAS); Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Discovery Academy

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (801) 374-2121

Executive Contact: Brent Hall

Admission Contact: Mari Allman

**Gender:** Coeducational

**Ages:** 12 to 18

**Grades:** 7 to 12

**Enrollment:** 77

**Duration:** 6 to 18 months

**Founded:** 1989

**Email:** maria@discoveryacademy.com

**Fax:** (801) 373-4451



**Address:** 105 North 500 West  
Provo, UT 84601

**Airport:** Salt Lake City

**Website:** [www.discoveryacademy.com](http://www.discoveryacademy.com)

Discovery Academy is a therapeutic boarding school located in Provo, Utah for girls and boys ages 13-17. We offer separate programming in a small school environment for just 50 boys and 32 girls. Discovery Academy is an excellent bridge from previous therapeutic programs to a more academically oriented therapeutic approach.

Our treatment protocol in academics, therapeutics, and residential living focuses on experiential curriculum and trust-based relationships. This model enables students to accomplish more in less time academically and therapeutically. Students discover the difference between image – what I think I am, and identity – who I really am.

Discovery Academy serves three types of students: Bright academic underachievers who have been unsuccessful in their previous academic settings; students with learning disabilities who have not achieved academic success; and students who have made poor peer and/or lifestyle choices.

Typically, our students may have also been diagnosed with conditions such as ADHD, depression, substance abuse, or similar conditions. They have sometimes been expelled from other schools. Each type of student has the opportunity to excel at Discovery Academy through individualized learning and therapy.

Accredited by the State of Utah and the Northwest Association of Accredited Schools, Discovery offers math, science, English and history, as well as Advanced Placement courses and college preparatory work. On occasion, our Boys and Girls programs are combined for meaningful activities like student government, service projects, and extra-curricular clubs. The Honor Level students are allowed to work in the community or take additional courses through two neighboring universities.

Discovery clinicians use traditional therapy in combination with experiential therapies like drama, equine, high and low ropes courses, and real-time residential learning activities. The Wilderness Renewal groups give students a chance to review and practice the skills they acquired in prior wilderness therapy.

Clinicians respect the progress a student may have made in a previous placement. They acknowledge those achievements by assigning trust and level responsibilities, at the beginning of a student's stay at Discovery Academy, based on the student's prior therapeutic achievements.

Discovery therapeutic and academic protocols allow students opportunities to practice the skills they will need to function successfully in the community before they return home. After care is also available

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; APA

# Discovery Ranch

(Residential Treatment Center)



**Member Since:** 2005

**Phone:** (801) 489-3311

Executive Contact: Clinton Dorny

Admission Contact: Marlene Kendall, (801) 367-0395

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: 8 to 12  
 Enrollment: 44  
 Duration: 8 to 10 months  
 Founded: 2005  
 Email: [info@discoveryranch.com](mailto:info@discoveryranch.com)  
 Fax: (801) 489-3355



Address: 1308 South 1600 West  
 Mapleton, UT 84664  
 Airport: Salt Lake City

**Website:** [www.discoveryranch.com](http://www.discoveryranch.com)

Discovery Ranch is a residential treatment center located on a 20 acre ranch near Provo, Utah. Discovery's open campus is designed for experiential therapy in residential living, academics, and ranch responsibilities. Our treatment protocol is founded on helping students develop self esteem through skill mastery. Discovery Ranch serves students ages 13-18 who struggle with a variety of emotional and behavioral issues such as ADHD, oppositional defiance, depression, adoption, eating disorders, substance abuse, etc.

Relationships underscore our competency based model. Students, mentors and therapists participate together in equine activities, caring for newborn calves, high and low ropes courses, community service projects, and academics.

The Ranch offers one of the most veteran therapeutic teams in the industry. All therapists are licensed Master's and Ph.D. level practitioners with an average of 19 years experience each working with adolescents. Clinically intensive, each student receives individual, group and family therapy sessions each week. Real time therapeutic intervention through relationship based interaction is the heart of our program.

Discovery specializes in student centered academics. Students and parents work with teachers and therapists to develop a customized education plan with specific learning goals. Then, therapeutics and academics work in tandem to achieve a competency based progression. Coursework is fully accredited by the State of Utah and taught by licensed educators. Academics are complimented by remedial assistance, experiential learning activities and small learning communities. Special education and IEP/504 assistance is also available.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools (NAAS) through Discovery Academy

**Professional Affiliations:** NATSAP-Full Member

# Eagle Summit

(Therapeutic Boarding School)



NATSAP

**Member Since:** 2009

**Phone:** (866) 924-0841

Executive Contact: Angie Fusco, M.S.

Admission Contact: Deidre Sage Butte`

Gender: Boys Only

Ages: 13 - 18

Grades: 9 - 12

Enrollment: 14

Duration: 7-9 months

Founded: 2009

Email: [deidrebutte@eaglesummit-mo.com](mailto:deidrebutte@eaglesummit-mo.com)

Fax: (573) 485-2100



Address: 1029 Highway Z

Silex, MO 63377

Airport: St. Louis

**Website:** [www.eaglesummit-mo.com](http://www.eaglesummit-mo.com)

Eagle Summit is a therapeutic residential treatment center for troubled adolescent males ages 13-18. It is a place where teens are challenged to grow and thrive, intellectually, emotionally, spiritually and behaviorally....” A Place Where Young Men’s Future’s Take Flight!”

Our experiential, outdoor component engages our students in events that place them in unfamiliar settings, where things happen unexpectedly. These situations challenge students to not only work together as a collective team but, to also embrace and accept one another’s strengths and weaknesses as they look to solve problems and overcome obstacles as a group.

Through the use of Natural and Logical consequences and a Positive Peer Culture/ Group Model, we foster and encourage each student to learn to consistently accept responsibility for his actions and become conscious of how his actions affect others.

The clinical model practiced at Eagle Summit is based on Dialectical Behavior Therapy, an evidence based practice proven successful with alleviating anxiety, emotional distress and struggles in relationships. A young man will learn to accept and manage distressing emotions and situations without making destructive, self-defeating choices.

Using the Native American Circle of Courage as motif, Eagle Summit teaches young men to adapt to novel situations with confidence and poise; employing the principles of cognitive behavioral therapy, achievement motivation training, applied social learning theory, group process and experiential learning. Through the development of student relationships with our strong, competent, and caring staff, young men learn new ways to think, feel and behave.

The program includes a strong emphasis on parent support and training, both instructive and experiential. We involve parents as our “partners” in the students’ treatment process through monthly family weekends on campus, plus weekly phones calls and weekly family therapy.

Eagle Summit academics are correlated to the state curriculum requirements and, basic courses needed for high school graduation are offered, as well as Honors courses and AP classes. Our educational contract also provides credit recovery. Credits earned at Eagle Summit transfer to a student’s next school anywhere in the country when he leaves. Our typical length of stay is 7-9 months.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Missouri Department of Social Services, Children’s Division; Council on Accreditation (COA)

**Professional Affiliations:** NATSAP-Associate Member

# Eagleton School

(Residential Treatment Center)



**Member Since:** 2009

**Phone:** (413) 528-4385

Executive Contact: Bruce Bona

Admission Contact: Ted Gidarakos



**Gender:** Boys Only

**Ages:** 9 - 22

**Grades:** K - 12

**Enrollment:** 70

**Duration:** 15 months

**Founded:** 1977

**Email:** admissions@eagletonschool.com

**Fax:** (413) 528-6377

**Address:** 446 Monterey Road

Great Barrington, MA 01230

**Airport:** Albany, NY/Hartford, CT

**Website:** [www.eagletonschool.com](http://www.eagletonschool.com)

Eagleton School is a private year round residential, psycho-educational treatment facility for boys ages nine to twenty two with Autism, Asperger's Syndrome, Pervasive Developmental Disorder, Communication and Cognitive Delays, Behavioral Disorders, Emotional Disturbances, and Learning Disabilities. Thorough a team approach, we share a commitment to helping each student discover his self worth through trust and acceptance of himself and his peers while taking advantage of all the opportunities that surround him. At Eagleton, the boys are immersed in a community of learning that emphasizes their strengths and focuses on attainable solutions.

The campus is nestled within the Berkshire Mountains in a town called Great Barrington located in Western Massachusetts. The property includes home-like residences with single bedrooms and all the amenities. The campus also includes a School/Discovery Center, Greenhouse/Garden area, an outdoor Recreation Field, a Ropes Course, Swimming Pool, Horse Rink, and Chapel.

The Educational, Residential, Clinical, Vocational, Equine, Horticulture, Culinary, Adventure Based, and Recreational Programs interact to provide meaningful experiences. To create and maintain a culture of trust, influence, and non violence, Eagleton utilizes a behavior intervention model produced by NAPPI (Non-Abusive Psychological and Physical Intervention). UniFy (Understanding Family) is a strength based program designed to promote growth and learning within the family. This exclusive program happens one weekend a month when many families gather together at Eagleton to share in a range of therapeutic activities. Our small size allows us to focus on each individual's needs and allows each boy the opportunity to succeed in future endeavors.

Eagleton School is an accredited program thorough the Massachusetts Department of Education and Massachusetts Department of Early Education and Care. We are members of the National Association of Private Special Education Centers (NAPSEC), Massachusetts Association of Approved Chapter 766 Private Schools (MAAPS), and Asperger's Association of New England (AANE.)

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** Massachusetts Department of Education, Massachusetts Department of Early Education and Care

**Professional Affiliations:** NATSAP-Full Member, NAPSEC, IECA, MAAPS, AANE

# Echo Malibu Youth Treatment Center

(Residential Treatment Center)



**Member Since:** 2006

**Phone:** (800) 780-ECHO  
(310) 589-2090

Executive Contact: Dr. Jeffrey Nalin  
Admission Contact: Cole Rucker, M.A.

Gender: Coeducational  
Ages: 12 to 17  
Grades: 6 to 12  
Enrollment: 6  
Duration: 30 to 90 days  
Founded: 2005  
Email: cole@echomalibu.com  
Fax: (310) 589-5040



Address: P.O. Box 2911  
Malibu, CA 90265  
Airport: Los Angeles

**Website:** [www.echomalibu.com](http://www.echomalibu.com)

At ECHO MALIBU we provide youth and their families with state of the art, comprehensive, holistic treatment for chemical dependency and mental health issues. All program participants are provided with an individualized treatment plan. Each treatment plan is designed and implemented by licensed clinical professionals to identify and treat the underlying causes of addiction and co-occurring emotional disorders, rather than merely focusing on the behaviors that result from addiction.

While each of our intensive, individual treatment plans is unique, they do share the following areas of focus; Physical Health, Emotional Health, Social Health, Family Health, Spiritual Health and Educational Needs.

Chemical Dependency issues frequently have complex emotional underpinnings which require equally complex interventions and treatments. That is why at ECHO all therapy sessions are conducted by licensed clinical therapists.

ECHO uses a wide array of interventions including: Psychiatric Evaluations, Psychological Assessments, Medical Evaluations, Nutritional Evaluation, Educational Assessments, Individual Therapy, Group Therapy, Family Therapy, Animal Assisted Therapy, Equine Therapy, Expressive Arts Therapies such as: Art Therapy, Music Therapy, Drama Therapy as well as Recreational Therapy, Acupuncture, Bio-Feedback, yoga, 12 step groups and an on-site accelerated learning classroom, individualized tutoring, psycho-educational sessions, Parent Effectiveness Training, Multi-Family Therapy, relapse prevention, and emotion management.

Counselors are available by phone 24 hours, seven days a week to assist families who may be in need and to answer questions regarding the program. 1-800-780-ECHO.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** State of California, Department of Social Services

**Professional Affiliations:** NATSAP-Full Member

# Eckerd Academy at Brooksville

(Outdoor Therapeutic Program)



**Member Since:** 2005

**Phone:** (800) 914-3937

Executive Contact: Patrick Curley

Admission Contact: Angie Senic

Gender: Coeducational  
 Ages: 10 to 17  
 Grades: 4 to 12  
 Enrollment: 70  
 Duration: 6 to 12 months  
 Founded: 1968  
 Email: [admissions@eckerd.org](mailto:admissions@eckerd.org)  
 Fax: (727) 442-5911



Address: 397 Culbreath Rd.  
 Brooksville, FL 34602-6019  
 Airport: Tampa

**Website:** [www.eckerdyouthalternatives.org](http://www.eckerdyouthalternatives.org)

Eckerd Youth Alternatives is a national leader in outdoor therapeutic treatment programs for troubled youth. Eckerd Youth Alternatives' Academy at Brooksville is a positive, nurturing, highly effective outdoor residential treatment program for boys and girls ages 10 to 17 who are:

- struggling with school;
- causing family conflicts;
- experiencing depression;
- having self esteem issues; and
- exhibiting ADD/ADHD, oppositional defiant disorder or other emotional problems and behavioral issues.

Founded in 1968, Eckerd Academy at Brooksville has helped thousands of kids leave their troubled pasts behind and open the door to brighter futures.

Eckerd Academy at Brooksville Outdoor Therapeutic Treatment Program combines fully accredited education with group and individual counseling, high-interest adventure programs and relationship and communication-building skills in a therapeutic outdoor setting. Individual treatment and education plans address special needs, while youths live, learn and grow in small, family-like groups.

A unique element is the positive bond that develops between the counselor and each child. Eckerd Youth Alternatives is one of the few programs nationwide in which trained counselors have around-the-clock contact with troubled youth and make such strong, caring, therapeutic connections. The youth are connected to adult staff role models who help them build self-confidence, develop respect for self and others, accept personal responsibility and make good decisions.

Eckerd Academy at Brooksville is located on 800 beautiful wooded acres just 45- minutes north of Tampa, Florida. Eckerd Academy at Brooksville's natural surroundings not only offer a serene setting free from television and the everyday congestion of life, they also provide a stimulating, activity-rich environment, including:

- Hiking
- Camping
- Ropes course
- Challenge courses
- Swimming and fishing
- Canoe trips

Admissions information and applications available online at [www.eckerd.org](http://www.eckerd.org) or call 1-800-914-3937 8 a.m. to 7 p.m. Eastern time for assistance.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** State of Florida, Department of Children & Families; Council on Accreditation; Southern Association of Colleges and Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP – Full Member; Child Welfare League of America; National Association of Therapeutic

# Eckerd Academy at Deer Lodge

(Outdoor Therapeutic Program)



**Member Since:** 2005

**Phone:** (800) 914-3937  
(304) 308-1571

**Executive Contact:** Richard L. Wentworth  
**Admission Contact:** Angie Senic

**Gender:** Coeducational  
**Ages:** 10 to 18  
**Grades:** 4 to 12  
**Enrollment:** 60  
**Duration:** 6 to 12 months  
**Founded:** 1988  
**Email:** [admissions@eckerd.org](mailto:admissions@eckerd.org)  
**Fax:** (727) 442-5911



**Address:** 421 Catfish Farm Rd.  
Deer Lodge, TN 37726-4507  
**Airport:** Nashville/Knoxville

**Website:** [www.eckerdacademy.org](http://www.eckerdacademy.org)

Eckerd Youth Alternatives is a national leader in outdoor therapeutic treatment programs for troubled youth. Eckerd Youth Alternatives' Eckerd Academy at Deer Lodge is a positive, nurturing, highly effective outdoor residential treatment program for boys and girls ages 10 to 18 who are:

- struggling with school;
- causing family conflicts;
- experiencing depression;
- having self esteem issues; and
- exhibiting ADD/ADHD, oppositional defiant disorder or other emotional problems and behavioral issues.

Since 1988, Eckerd Academy has helped thousands of kids leave their troubled pasts behind and open the door to a brighter tomorrow.

Eckerd Academy at Deer Lodge combines fully accredited education with group and individual counseling, high-interest adventure programs and relationship and communication-building skills in a therapeutic outdoor setting. Individual treatment and education plans address special needs, while youths live, learn and grow in small, family-like groups.

A unique element is the positive bond that develops between the counselor and each child. Eckerd Youth Alternatives is one of the few programs nationwide in which trained counselors have around-the-clock contact with troubled youth and make such strong, therapeutic connections. The youth are connected to adult staff role models who help them build self-confidence, develop respect for self and others, accept personal responsibility and make good decisions.

Eckerd Academy at Deer Lodge is located on 326 beautiful wooded acres in the Cumberland Mountain Plateau area between Nashville and Knoxville. The natural surroundings not only offer a serene setting free from television and the everyday congestion of life, they also provide a stimulating, activity-rich environment, including:

- Hiking
- Mountain biking
- Challenge courses
- Swimming and fishing
- Canoe trips

Admissions information and applications available online at [www.eckerd.org](http://www.eckerd.org) or call 1-800-914-3937. Hours 8 a.m. to 7 p.m. Eastern time for assistance.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** State of Tennessee, Department of Children's Services; Council on Accreditation; Southern Association of Colleges and Schools; SEVIS Approved

**Professional Affiliations:** NATSAP-Full Member; Child Welfare League of America; National Association of Therapeutic Wilderness Camps

# Eckerd Academy of the Blue Ridge

(Outdoor Therapeutic Program)



**Member Since:** 2008

**Phone:** (800) 914-3937

**Executive Contact:** Tim McMahon

**Admission Contact:** Angie Senic (304) 308-1571

**Gender:** Coeducational - Single Gender Groups  
**Ages:** 10 - 18  
**Grades:**  
**Enrollment:** 60  
**Duration:** 6 - 12 months  
**Founded:** 1996  
**Email:** [admissions@eckerd.org](mailto:admissions@eckerd.org)  
**Fax:** (727) 442-5911



**Address:** 4970 Camp Road  
Suches, GA 30572

**Website:** [www.eckerdacademy.com](http://www.eckerdacademy.com)

**Youth Served:**

Boys and girls ages 10-18 who exhibit any of the following: low self-esteem, low motivation, poor decision making, impulsivity, susceptibility to negative peer pressure, parent/child relationship problems, defiance of authority, refusal to take responsibility for behavior, refusing to go to school or suspension, confrontational behavior, drug or alcohol experimentation or abuse, adoption issues, social alienation, depression and promiscuity.

**Therapeutic Program Highlights:** Positive Peer Culture approach; Reality Therapy and Choice Theory; Individualized treatment and academic plans; Psychiatric evaluation and monthly medication management as needed; Individual, group and family counseling (weekly); Non-punitive, strength-based approach; No point systems, level systems or artificially imposed consequences are used for managing behaviors. Students experience natural consequences related to their decisions; Formal Art Therapy program, Therapeutic Horsemanship Program; substance Abuse group.

**Academic Program Highlights:**

- Accredited, on-campus school offering block scheduling
- Classworks, an award-winning, diagnostic/prescriptive reading and mathematics curriculum that is proven to boost student achievement and aligned with National Education Standards, as well as learning standards and test objectives of 21 states
- Electronic Virtual Library, giving students access to hundreds of thousands of online books and educational resources, 4,000 education
- Educational videos and 40,000 video clips by Discovery Education, as well as college prep, career advisor and resume building resources
- Assessment driven, individualized academic plans for each child
- Each child is evaluated using the Woodcock-Johnson III Tests of Achievement (upon admission and graduation)
- Specialized lessons plans for children with learning disabilities
- Certified teachers who specialize in special needs and gifted instruction; State-of-the art technology in instructional settings
- Experiential trips that coincide with lessons plans (museums, symphony, hiking, caving, biking and 7 – day canoe trips)
- SAT/ACT and standardized testing prep; Bibliotherapy

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Georgia Department of Education (GA DOE), State of Georgia Office of Regulatory Services (ORS), Southern Association of Colleges & Schools, Secondary Commission Special Purpose Schools (SACS) , Council on Accreditation of Services for Families and Children, Inc. (COA), Approved by SEVIS

**Professional Affiliations:** NATSAP - Associate Member, National Association of Therapeutic Wilderness Camps (NATWC)

# Elan School

(Boarding School)



**Member Since:** 1999

**Phone:** (207) 998-4666

Executive Contact: Sharon Terry

Admission Contact: Connie Kimball

Gender: Coeducational  
 Ages: 12 to 19  
 Grades: 8 to 12  
 Enrollment: 60  
 Duration: 30 months  
 Founded: 1970  
 Email: [info@elanschool.com](mailto:info@elanschool.com)  
 Fax: (207) 998-4660



Address: P.O. Box 578  
 70 No. 5 Road  
 Poland, ME 04274-0578  
 Airport: Portland

**Website:** [www.elanschool.com](http://www.elanschool.com)

At Elan School, our purpose is not to change an ill-behaved child into a well-behaved child, but rather to return home a responsible young adult. We combine firm structure and individualized attention with the goal of mainstreaming our students back into high school, technical school, college, or directly into employment. Students receive the help they need to get their lives back on track and achieve goals they never thought would be within their reach.

Elan has rolling admissions. Our students stay an average of 26 to 32 months and live on campus all year. Elan follows State of Maine credit requirements for granting high school diplomas. Scheduling classes during evening hours allows students to work through behaviors that interfere with concentration and learning during the day; thereby arriving in class prepared to focus. Elan is a closed SAT testing site and approximately 80 % of our students go on to college.

Elan's intensive life skills program incorporates groups, family meetings and conferences, together with individual meetings as needed. Elan is a positive peer pressure-mediated therapeutic community. The negative peer group which had rewarded disruptive behavior, opposition to authority and academic failure is replaced by a positive peer group that holds students accountable for their own behavior and rewards them for academic achievement, increased maturity and responsibility for their own actions. Promotions within the job hierarchy depend not only upon actual job functioning, but also upon social-emotional growth as well as academic performance and effort. Classes and groups are purposely kept small in order to maximize both student to student and student to staff interaction.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Maine, Department of Education; Approved by SEVIS; Approved as Chapter 766 School in MA

**Professional Affiliations:** NATSAP-Full Member; MADSEC; MPA

# Elk Mountain Academy

(Therapeutic Boarding School)



**Member Since:** 2002

**Phone:** (406) 847-4400

Admission Contact: Loretta Olding

Gender: Boys Only  
 Ages: 14 to 18  
 Grades: 9 to 12  
 Enrollment: 25  
 Duration: 12 months  
 Founded: 1994  
 Email: lolding@elkmountainacademy.org  
 Fax: (406) 847-0034



Address: P.O. Box 330  
 Heron, MT 59844  
 Airport: Spokane

**Website:** [www.elkmountainacademy.org](http://www.elkmountainacademy.org)

For over 15 years Elk Mountain Academy has created healthy change for teens and families through academic, therapeutic, experiential and 12-Step education. The result is success for students who have struggled with academic deficiency, drug and alcohol abuse and related behavioral issues, emotional challenges, and lack of personal responsibility.

Elk Mountain Academy is dedicated to providing your child: 12 Step based recovery that can be integrated into all areas of his life; enhanced study skills; high quality education with a goal of preparation for a top-ranked college; a return to family values and open communication; the ability to recognize his self-worth; an open and honest relationship with God as your son understands him; outdoor activities and adventure leading to the discovery and excitement of sober living and sober fun.

“Rarely have we seen a person fail who has thoroughly followed our path.” Alcoholics Anonymous

Elk Mountain Academy has shown considerable success in helping young men overcome the following:

- Substance Abuse
- Social/Family Disorders
- Low Self Esteem
- Anger
- Co-dependency, Victimization and Manipulation
- Learning Disorders
- Behavioral Disorders
- ODD / Conduct Disorder
- ADD/ADHD and related clinical disorders
- Abandonment Issues: Adoption, Divorce, Attachment
- Depression
- Psychosocial and environmental problems

Elk Mountain Academy is not equipped to take students with tendencies toward suicide, or who have a history of violent behavior, arson or perpetrating sexual abuse.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Northwest Association of Accredited Schools (NAAS); Idaho State Board of Education; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Evangel House Christian Academy

(Therapeutic Boarding School)



**Member Since:** 2005

**Phone:** (800) 924-4012

Executive Contact: Mark Barrentine, LCSW

Admission Contact: Mark Barrentine, LCSW

Gender: Girls Only  
 Ages: 12 to 18  
 Grades: 6 to 12  
 Enrollment: 17  
 Duration: 12 to 24 months  
 Founded: 1995  
 Email: admissions@evangelhouse.com  
 Fax: (866) 223-6842



St. Martinville

Address: P.O. Box 139  
 St. Martinville, LA 70582  
 Airport: Lafayette, Baton Rouge or  
 New Orleans

**Website:** [www.EvangelHouse.com](http://www.EvangelHouse.com)

Evangel House © Christian Academy is a parent-choice therapeutic boarding school providing services for girls ages 12-18. The academy is unique in that it takes a holistic approach integrating Christian values and professional clinical services. The school is ideal for teens diagnosed with mild to moderate mood disorders, behavior problems, academic or family difficulties, or substance abuse.

While a multitude of problems are addressed within the school structure, the goal of Evangel House © Academy is to move a troubled teen beyond mere symptom relief. The goal is Spiritual, Therapeutic, Academic, Social, and Physical maturity TM. Each of these aspects is measured through a unique five-stage process that provides goals, benchmarks, and maturity indicators.

Students are encouraged through the five-stage maturity process by Christian professionals, licensed therapists, licensed teachers, and credentialed ministers. The program includes a variety of enrichment and outdoor adventure activities; individual, family and group therapy; a positive peer culture with social accountability; a high level of parent involvement; and a nationally accredited academic curriculum.\*

An overriding emphasis on Christian values permeates all segments of the program and seamlessly integrates with the clinical treatment modalities. Although never forced, our lively spiritual atmosphere, discipleship curriculum, interactive worship, along with church involvement encourages students to explore the benefits of a life-changing relationship with God through Jesus Christ.

*\*The Evangel House © Christian Academy academic curriculum is administered through Lighthouse Christian Academy. Lighthouse Christian Academy is accredited by the Southern Association of Colleges and Schools (SACS) and the Commission on International and Trans-Regional Accreditation (CITA).*

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Teen Challenge International, USA, Louisiana Department of Education, Non Public Schools

**Professional Affiliations:** NATSAP-Full Member; American Association of Christian

Counselors; Louisiana District of the Assemblies of God Home Missions

# Explorations

(Small Residential Program, Outdoor Therapeutic Program)



**Member Since:** 1999

**Phone:** (406) 827-3863

Executive Contact: Penny James

Admission Contact: Penny James or Leona Gollen

**Gender:** Coeducational, Girls Only, Boys Only  
**Ages:** 12 - 18 & 19 - 30  
**Grades:** 7 - 12  
**Enrollment:** 10 - Residential  
 39 - Outdoor Program  
**Duration:** 12 to 18 months - Residential Program  
 2 months - Outdoor Program  
**Founded:** 1989  
**Email:** info@explorationsMT.com  
**Fax:** (406) 827-4072



**Address:** P.O. Box 1469  
 119 South Hill Road  
 Trout Creek, MT 59874  
**Airport:** Spokane, WA

**Website:** [www.explorationsmt.com](http://www.explorationsmt.com)

Explorations offers a variety of unique and relevant program choices that meet the needs of today's teens and young adults. For 20 years, we have provided innovative, diverse offerings that promote healthy families. We promise individualized attention and small groups. We support reunification of families through integrated parent involvement. We prioritize successful, supported transitions at the conclusion of our offerings.

HomeBase Residential looks and feels like home! Students, ages 13 – 18, practice solutions to 'every-day-life' problems in a real life environment. Students live in a therapeutic home while balancing out the challenges of family, school and personal endeavors. Students attend school or complete distance learning and participates in individual and group therapy. Parent involvement is supported. Mentors are nurturing, but firm, and teach effective life skills.

Big Sky Summer Adventures serves girls and boys ages 13 – 18, in separate offerings. We teach self-reliance, responsibility and accountability through rigorous adventures such as backpacking, rock-climbing, and rafting. Therapy is integrated into the adventure curriculum. Parents may participate on a weeklong trip with their teen. We offer separate 7 week Adventure Programs for boys and girls, a 21-day boys Leadership Course and a 26-day young Women's Empowerment Course. Courses are perfect for those floundering but not emergent in their behaviors. Students typically do not require the intensity of a wilderness intervention program but need more emotional support than a typical summer camp.

AfterCare transition support is available. AfterCare includes extensive transition plans, collaboration with home resources, in-home visits and/or family intensive weekends, and weekly therapeutic contact.

Custom-Designed Experiences are available year-round for families, parents, young adults, or siblings. We specialize in designing experiences to promote positive change and pro-active life choices. Extensive therapy, creative outdoor pursuits, and education are integrated to meet the needs of the student, young adult or entire family.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Licensure through Montana Board of Private Alternative Adolescent Residential Programs (PAARP)

**Professional Affiliations:** NATSAP-Full Member; Association for Experiential Education (AEE), National Association of Therapeutic Wilderness Camps (NATWC)

# F.L. Chamberlain School

(Therapeutic Boarding School)



**Member Since:** 2005

**Phone:** (508) 947-7825

Executive Contact: William Doherty

Admission Contact: John Mendonsa



**Gender:** Coeducational

**Ages:** 11 to 18

**Grades:** 6 to 12

**Enrollment:** 100

**Duration:** 365 days

**Founded:** 1976

**Email:** admissions@chamberlainschool.org

**Fax:** (508) 947-0944

**Address:** 1 Pleasant St., P.O. Box 778

Middleboro, MA 02346

**Airport:** Boston, MA, Providence, RI

**Website:** [www.chamberlainschool.org](http://www.chamberlainschool.org)

Chamberlain School's philosophy is based upon the belief that all children are capable of achieving success in vital areas of their lives no matter how adverse their lives may have been thus far. A strong principle is to engage and teach children and their families to develop the skills and confidence to manage their own lives to their highest potential. The therapeutic treatment goal is to heal, contain, and modify maladaptive behavior, promote development of greater competence and build a stronger and more valued sense of self for educationally challenged and emotionally challenged students.

The Chamberlain School is coeducational and accepts clients ages 11 – 18 with a variety of learning problems. All are generally nice young people who need extra support in order to succeed. Common issues are lack of motivation, poor social skills, oppositionism, limited impulse control, mood lability, declining academic performance, self-medication, poor self-esteem, obsessions, nonverbal learning deficits, and reading difficulties, etc.

**Educational Services:** 8:1:1 staffing in the classrooms, modified self-contained classrooms, college prep, pre-vocational programming, SAT prep and college guidance. New England style campus, I.E.P. and research driven interventions and curriculum.

**Clinical Services:** Individual therapy with masters level clinicians: Group therapy; DBT, social skills, anger management, substance abuse, gay/straight alliance, trauma, adoption, etc. Family therapy, psychiatric services, nursing, clinical orientation; cognitive behavioral, reality based, and DBT.

**Dormitory Services:** Therapeutic milieu, progressive research based behavior management, 12 hour 1-to-4 staffing, two age-appropriate community based activities daily, home style dorms, life skills curriculum, frequent phone contact and visitation.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Massachusetts Department of Education; Massachusetts Department of Early Education and Child Care, Group Care Program; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; IASE; ISPA; MAAPS; NAPSEC

# Falcon Ridge Ranch Academy

(Residential Treatment Center)



Member Since: 2008

**Toll-Free: (866) 968-4673**

**Phone: (435) 635-5260**

Executive Contact: Melanie Habibian

Admission Contact: Mariah Pogue/Shawn Habibian

Gender: Girls Only  
 Ages: 12 to 17  
 Grades: 8 to 12  
 Enrollment: 22  
 Duration: 9 to 12 months  
 Founded: 2003  
 Email: mariahkay24@yahoo.com  
 melaniehabibian@hotmail.com  
 Fax: (435) 635-5327



Address: 633 East Highway 9  
 Virgin, UT 84779

Airport: St. George, UT/Las Vegas, NV

**Website: [www.falconridgeranch.com](http://www.falconridgeranch.com)**

Falcon Ridge Ranch is a state-licensed, residential treatment center serving young women ages 12 to 17. Established in 2003, our mission is to provide the structure, security, acceptance, and teaching that must be present to ensure quality treatment. In our unique ranch settings, young women find the courage necessary to make positive changes in their lives and build a future full of hope and promise.

Falcon Ridge Ranch utilizes a variety of cognitive learning strategies incorporated through a systematic group therapy approach known as Positive Peer Culture. Falcon Ridge is ideal for young women who are experiencing behavioral and emotional difficulties requiring a level of care beyond traditional outpatient therapy. State licenced therapist provide each student with therapeutic individual, group, family, and equine therapy. Substance abuse and co-dependence counseling are utilized through campus and community 12 step programs. Recreational opportunities include hiking, swimming, art, music, dance, and community service.

At the heart of Falcon Ridge Ranch is our Equine Program. Our clinical Director, a PhD. licensed therapist and an Advocate EAGALA Certifies Therapist, provides the clinical guidance and leadership for our program. Our unique and specialized form of Equine Assisted Psychotherapy and Natural Horsemanship brings a new light to life and problems. Young women, who feel it difficult to be open with adults, develop trusting relationships with the horses and receive unconditional love in return. With over forty horses on our ranch at any given time, girls develop responsibility as they learn to car for the animals.

Academics are also highly important at Falcon Ridge Ranch. State-licensed teachers in a traditional classroom setting provide education through direct, individualized instruction. Our special education teacher accommodated students with special needs. We are accredited through the Northwest Association of Accredited Schools, with all credits accruing toward graduation. College and AP classes are available. SAT/ACT preparation and testing provided.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Department of Human Services, Office of Licensing, Residential Treatment; Northwest Association of Accredited Schools (NAAS)

**Professional Affiliations:** NATSAP-Full Member; Equine Assisted Growth and Learning Activities

# Family Foundation School

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (845) 887-5213

Executive Contact: Sidney F. Parham, Ph.D.

Admission Contact: Jeff Brain, M.A., CTS, CEP

Gender: Coeducational  
 Ages: 12 to 18  
 Grades: 6 to 12 (High school and separate Middle school)  
 Enrollment: 200  
 Duration: Minimum 18 months  
 Founded: 1979  
 Email: info@thefamilyschool.com  
 Fax: (845) 887-4939



Address: 431 Chapel Hill Road  
 Hancock, NY 13783  
 Airport: Binghamton, NY

**Website:** [www.thefamilyschool.com](http://www.thefamilyschool.com)

The Family Foundation School is a private therapeutic boarding school (high school and separate middle school) serving bright, talented teens struggling with behavioral or emotional difficulties who are not fulfilling their full potential. Our integrated approach helps them deal with a range of emotional or behavioral obstacles such as oppositional/defiant attitude and behavior, academic underachievement, substance abuse, anger, truancy, disrespectful behavior toward parents and other authorities, and/or sexual promiscuity. Our students are typically diagnosed with ADHD, ODD (Oppositional Defiant Disorder) depression, and/or anxiety and may also have a history of eating disorders, cutting, trauma, obsessive/compulsive use of computers/internet, and/or low self esteem.

We offer an integrated program of rigorous academics, daily therapeutic counseling, and character education based on the principles of 12-Step living. In fostering academic excellence, emotional health and spiritual awareness, the school provides tutoring and other learning support, honors college courses, award-winning programs in forensics, journalism, art, photography, music, dance, and drama; and a strong culture of positive peer support. Extracurricular activities include division-ranked interscholastic sports, as well as fly fishing, horseback riding, tennis, Boy Scouts, Venturing, weight training, hiking, running and woodcarving.

The school, which is situated on a scenic 150-acre campus in the western Catskills of upstate New York, was founded on the idea of family and on the principles of honesty, love, and unselfishness. Students are divided into seven family units of about 30 students each where they receive the positive, nurturing attention that fosters these ideals. The structured, therapeutic environment and nurturing, supportive family living are designed to build character and heal student-family relationships.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** The Joint Commission, Middle States Association of Colleges and Schools; New York Board of Regents; Approved by SEVIS

# Family Life Center

(Residential Treatment Center)



**Member Since:** 2006

**Phone:** (707) 795-6954

Executive Contact: Susan Lemieux, M.A.

Admission Contact: Jon Foye



Gender: Boys Only/Girls Only  
 Ages: 12 to 18  
 Grades: 7 to 12  
 Enrollment: 54  
 Duration: 12 to 24 months  
 Founded: 1978  
 Email: admissions@flcenter.com  
 Fax: (707) 769-8469

Address: 365 Kuck Ln.  
 Petaluma, CA 94952  
 Airport: Oakland, San Francisco

**Website:** [www.flcenter.com](http://www.flcenter.com)

Family Life Center's Mission Statement is: "To Awaken and Inspire the Wonder and Joy of Learning Inherent In All." Located in Sonoma County, one hour north of San Francisco, Family Life Center is a truly exceptional residential treatment program and private school. Integrating state-of-the-art treatment and educational programs in a nurturing family environment, Family Life Center has achieved a distinctive "learning community." Services are provided for students ages 12-18 in two separate programs, the Bodega Program for girls, and the Kiva Program for boys.

Family Life Center offers a rare opportunity to transform dysfunctional and destructive patterns into positive, self-sustaining values that encourage a healthy, balanced way of life. Educational programs, individual, group and family counseling, psychiatric and psychological evaluations and treatment, expressive arts therapy, a wilderness program, healthy living program, speech and language therapy, and career counseling and job placement are among the comprehensive array of services offered to help students overcome behavioral, emotional and learning obstacles. All of our programs are designed to teach students to integrate and ground important life decisions in core values such as love, joy, compassion, and equanimity.

Family Life Center accepts students with a wide variety of emotional, behavioral, and learning difficulties which include: mood disorders and phobias; impulsivity and social adjustment issues; family issues including blended family, neglect, abuse, and adoption related dynamics; learning disabilities and related school issues; serious destructive behaviors; self-harm and victimization issues; drug and alcohol related issues; and oppositional and aggressive behavior. Family Life Center students are proactive participants in their own treatment and education. This requires effort, discipline and honesty. A five-phase program of development reflects each student's progress toward program graduation. In each phase, students focus on the achievement of clear therapeutic, educational, and vocational objectives; respond to new challenges; assume new responsibilities; and gain greater autonomy.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of California, Department of Social Services; Western Association of Schools and Colleges (WASC); California State Department of Education; California Alliance of Child and Family Services

**Professional Affiliations:** NATSAP-Full Member

## Florence Crittenton's Center for Pregnant & Parenting Teens (Small Residential Program)



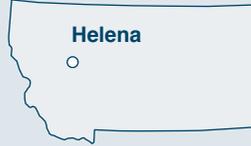
Member Since: 2008

**Phone: (406) 442-6950**

Executive Contact: Barbara Burton

Admission Contact: Pam Ponich-Hunthause

Gender: Girls Only  
 Ages: 12 to 20  
 Grades: N/A  
 Enrollment: 16 Girls and their Babies  
 Duration: 6 to 24 months  
 Founded: 1900  
 Email: [inquiries@florencecrittenton.org](mailto:inquiries@florencecrittenton.org)  
 Fax: (406) 442-6571



Address: 901 North Harris  
 Helena, MT 59601  
 Airport: Helena

**Website: [www.florencecrittenton.org](http://www.florencecrittenton.org)**

Florence Crittenton's Center for Pregnant & Parenting Teens is a therapeutic residential program for pregnant and/or parenting young women who struggle with multiple personal challenges.

We believe that the birth of a baby offers a unique opportunity for change and growth in the life of a teen mother and her extended family. We support healthy change in a therapeutic environment.

Based in the foothills of the Rocky Mountains in Helena, Montana we offer a nurturing and highly therapeutic environment that transforms lives. Admission to the program is open to young women between the ages of 12-20 who are pregnant and/or parenting and have mental health diagnoses, chemical dependency issues, and other risk factors.

The therapeutic work at the Home is relationship based. Most of the teens in our care have experienced significant loss or trauma, causing them to form disorganized attachments in addition to other significant issues. In order for a teen to form a strong attachment with her baby, she must experience a positive, trusting relationship with a caring adult, and address other issues.

Treatment is continuous, happening in the milieu, during group, individual therapy and one on one's with individual case managers. Our program is based on a whole team approach. The physical and emotional well being for mother and child during pregnancy and parenting are paramount in ensuring a healthy outcome. An individual treatment plan designed to meet the goals for each teen is written upon arrival by our treatment team. The plan incorporates the teen's treatment, educational, and life goals, and goals for the future of her child. Parenting classes and adoption education are an integral part of each girls plan.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Montana, Therapeutic Group Home, Maternity Home and Child Care Center

**Professional Affiliations:** NATSAP-Full Member, Montana Children's Initiative; Montana Non-Profit Association; Kids Management Authority; National Association of Social Workers

# Gatehouse Academy

(Residential Treatment Center & Young Adult Program/Transitional Living)



**Member Since:** 2007

**Phone:** (888) 730-0905

Executive Contact: Kent Sherman

Admission Contact: Anthony Marengo

Marketing Contact: Mike Baldassare

Gender: Coeducational  
 Ages: 17 to 25  
 Grades: High School & College  
 Enrollment: 100  
 Duration: 12 months  
 Founded: 2000  
 Email: [info@gatehouseacademy.com](mailto:info@gatehouseacademy.com)  
 Fax: (928) 447-1900



Address: 10 S. Jefferson St.  
 Wickenburg, AZ 85390

Airport: Phoenix

**Website:** [www.gatehouseacademy.com](http://www.gatehouseacademy.com)

Gatehouse Academy is a long term residential drug and alcohol facility exclusively for young adults age 17 – 25. Residents learn life skills, attend therapy, continue formalized education, enhance physical well-being, and recover from the effects of alcohol & drug abuse through focused 12 Step Recovery.

The core belief and design of Gatehouse Academy is built around a year-long curriculum with two separate and compatible entry points, Hassayampa River Ranch (3 months) and Gatehouse Academy Main Campus (9 - 12 months). Following the primary year of residency at Gatehouse Academy, graduates from this main program, will have the option to leave for home, university, work, or may choose to continue in the Gatehouse Academy service umbrella by continuing in one of our specialized graduate campus programs.

What sets us apart is our exclusive focus on young adults and our approach to their unique needs. Our “life skills infusion” curriculum includes college and high school academics, life skills training, recovery from substance abuse, individual and group therapy, vocational training, arts and numerous recreational activities.

The Gatehouse experience is experiential. Our residents learn life lessons and the basic and fundamental awareness of oneself in relation to the rest of the world. We teach the principles of effective living. As our residents live, learn and integrate these principles they develop a character ethic which is the foundation of true success and contended sobriety. Through daily interaction with their peers, Gatehouse residents begin to ‘see’ the role they have played in their lives, that old patterns of behavior and attitudes no longer serve them and with acceptance of responsibility they grow and change. ‘Learning’ and ‘living’ recovery is primary.

With all of these important aspects we are able to work towards our program’s mission statement, “We absolutely insist on guiding young adults toward a life of excellence, leadership, and service”.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Arizona Department of Health Services, Office of Behavioral Health Licensing

**Professional Affiliations:** NATSAP-Full Member; National Association of Addiction Treatment Providers (NAATP)

# Gateway Academy

(Residential Treatment Center)



**Member Since:** 2002

**Phone:** (801) 463-7888

Executive Contact: Julie Brown, LCSW

Admission Contact: Melissa Hickman, LCSW

Gender: Males Only  
 Ages: 14 to 17  
 Grades: 8 to 12  
 Enrollment: 40  
 Duration: 7 to 9 months  
 Founded: 2002  
 Email: [gatewaySaltlake@gatewayacademy.net](mailto:gatewaySaltlake@gatewayacademy.net)  
 Fax: (801) 463-7030



Address: 2487 South 700 East  
 Salt Lake City, UT 84106  
 Airport: Salt Lake City

**Website:** [www.gatewayacademy.net](http://www.gatewayacademy.net)

Gateway Academy is a residential program designed to give young men every advantage in their transition back to family, relationships and life. Gateway Academy is resolute that each young man receives an individualized balance of intense therapy; demanding accredited schooling; outdoor experiential learning; and comprehensive fitness programming.

Gateway Academy has two homes: a 16-bed Victorian home, and a 16-bed Ranch style home. Each home is intentionally small in size so as to impact each young man on a rare and individual level. Gateway Academy serves boys ages 14 to 17 struggling with depression, anxiety, impulsivity and attention problems, social problems, diminished self-esteem, oppositional behaviors, substance abuse difficulties at home, relationship problems, nonverbal learning problems, difficulties in executive functioning and academic deficits, identity and developmental issues, and other comparable difficulties. Young men with these issues are mentored in personal, social and intellectual development.

Gateway Academy's intensive treatment program is run by highly credentialed clinicians that ensure the disciplines of academics, therapy and experiential activities are dynamically integrated. Specifically, each young man receives weekly individual and family therapy, as well as daily specialized groups according to their individual needs. These groups include: Adolescent Male Development, Trauma Resolution, Anxiety and Depression, Information Processing Skills, Drug and Alcohol, Adoption, and Transition. Each young man is also provided on-site psychiatric services as needed. Additionally, Gateway's weekend outdoor experiential learning program utilizes outdoor adventures as a means to solidify therapeutic gains and foster personal growth. Individual and group experiential activities are intentionally engineered to allow students to test clinical gains and to grow emotionally, intellectually and physically.

Gateway Academy also offers an individualized academic program structured to assist each youth to attain their academic potential. Specifically, in response to new developments in neuropsychology and neuroscience, Gateway has carefully designed its therapeutic and academic program by integrating targeted exercise, movement and cognitive fitness activities known to augment learning, improve academic performance and enhance therapeutic results. Gateway Academy's academic program is provisionally accredited by the Northwest Association of Accredited Schools. The therapeutic and academic components are augmented by community service projects, independent living skills, and community resource networking.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment

**Professional Affiliations:** NATSAP-Full Member

## Good Will-Hinckley (Therapeutic Boarding School)



Member Since: 2008

**Phone: (207) 238-4035**

Executive Contact: Neil Colan or Lisa Sandy  
Admission Contact: Lisa Sandy

Gender: Coeducational  
Ages: 6 - 21  
Grades: K - 12  
Enrollment: 100  
Duration: 180 Days  
Founded: 1889  
Email: [lsandy@gwh.org](mailto:lsandy@gwh.org)  
Fax: (207) 238-4023



Address: P.O. Box 159, Route 201  
Hinckley, ME 04944

**Website: [www.gwh.org](http://www.gwh.org)**

The Good Will-Hinckley program offers a safe, stable and structured environment for young people to live, learn and grow. We accept 11-21 year-olds of every social, economic and cultural background who have experienced emotional or behavioral struggles, learning problems or family strife.

Our program is a truly unique offering of services. We are concerned with our young peoples' total well-being: the intellectual, emotional, physical, spiritual and social aspects of life. Every applicant is thoroughly evaluated so an individualized program of education, counseling, physical activity; relationship building and social interaction can be created.

The Good Will-Hinckley campus is located on 2,400 acres of rolling hills, woods, farmland and river frontage in beautiful central Maine. Students receive education on-site in a fully accredited school. All faculties maintain either a regular or special education certification. The small class size, averaging six to eight students, allows us to individualize instruction.

Good Will-Hinckley has a clinical team that consists of 12 licensed staff members, including medical staff. The clinical team provides individual, family and group therapy based on individual needs. Planning teams meet weekly to address the progress and the needs of the youth and is where many of the treatment decisions are discussed

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Maine, Department of Human Services; State of Maine, Council on Accreditation

**Professional Affiliations:** NATSAP-Full Member, Alliance for Children and Families

# Gray Wolf Ranch

(Residential Treatment Center)



**Member Since:** 2000

**Phone:** (800) 571-5505

Executive Contact: Woody Bernas  
Admission Contact: Lisa Aniball

**Gender:** Males Only  
**Ages:** 14 to 25  
**Grades:** Day School Program  
**Enrollment:** 26  
**Duration:** 4 to 6 months  
**Founded:** 1995  
**Email:** gwr@graywolfranch.com  
**Fax:** (360) 385-3605



**Address:** P.O. Box 102  
Port Townsend, WA 98368  
**Airport:** Seattle

**Website:** [www.graywolfranch.com](http://www.graywolfranch.com)

The mission of Gray Wolf Ranch is to provide a natural, safe, and supportive setting for beginning a structured progression toward a sober lifestyle. Our program is based on two central concepts: that we live and work on recovery as a community, and that each person's needs define their pathway to recovery. We believe that chemical dependency is treatable and that full recovery is possible. We also believe that the most effective and sustainable recovery program involves group activity and group support.

Gray Wolf is an intermediate care residential recovery lodge providing a transitional living environment for young men between the ages of 14 and 25 in early recovery from chemical dependency. To be admitted, each resident must be motivated to make profound changes in lifestyle, have completed a chemical dependency treatment program with chemical dependency as the primary diagnosis, or maintained at least 30 consecutive days of abstinence from chemical use.

A resident's four to six month stay at Gray Wolf Ranch involves a progression through three multidisciplinary phases. Orientation is a highly structured period in which the resident works with the staff to develop his own treatment plan while building upon the 12-Step principles of recovery. Sober Living is a period devoted to acquiring and practicing sober life skills by integrating 12-Step philosophy into daily life, reinforced through individual and group counseling and a wilderness trek. Senior Residency precedes graduation and recognizes sustained sobriety within the framework of the individualized treatment plan. Upon leaving, each resident will have the skills needed for success and will understand that they need the support of others in recovery to maintain sobriety.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Washington State Department of Health, Chemical Dependency; Washington State Department of Health, Residential Treatment Facility; Commission on the Accreditation of Rehabilitation Facilities (CARF); Association for Experiential Education (AEE)

**Professional Affiliations:** NATSAP-Full Member; ACATA; AEE; AHHA; AHHAP; NAADAC; NAATP

# Graydon Manor

(Residential Treatment Center)



**Member Since:** 2009

**Phone:** (703) 777-3485

Executive Contact: Robert Smith  
Admission Contact: Judy Klinedist

Gender: Coeducational  
Ages: 10 - 17  
Grades: 5th - 12th  
Enrollment: 47  
Duration: 6 - 9 months  
Founded: 1957  
Email: [jklinedist@graydonmanor.org](mailto:jklinedist@graydonmanor.org)  
Fax: (703) 777-4887



Address: 801 Childrens Center Road, SW  
Leesburg, VA 20175  
Airport: Washington Dulles

**Website:** [www.graydonmanor.org](http://www.graydonmanor.org)

Graydon Manor is dedicated to treating children and adolescents with serious emotional disabilities, while at the same time helping their families. Founded in 1957 by parents of children with special needs, Graydon Manor now provides a growing continuum of programs, including: Psychiatric Residential Services, Therapeutic Day Schooling, and Outpatient Services. We are located in Leesburg, Virginia and have been providing residential services in an open campus setting for over 50 years. The program includes a strong academic component, as well as intensive family therapy. While all youngsters participating in the program have a psychiatric diagnosis, co-occurring issues may include substance abuse or learning disabilities. Graydon Manor began as, and remains, a private nonprofit corporation.

We admit females and males ages 10-17, with clinical and behavioral needs appropriate for residential treatment. Students are involved in the full time, on-campus school program, with regular and special education services offered. The rigorous year-round academic program includes all core subjects taught in small classes led by a teacher and classroom counselor. SOL testing is offered as required.

Treatment is provided on a seven-day-a-week basis. While the specific treatment program is tailored to a youngster's special needs, the core program includes individual therapy, group therapy, and family therapy, all provided by licensed mental health professionals. Evidence-based treatment modalities are considered in designing each program. A Treatment Team is assigned to each child, consisting of a Psychiatrist, Individual Therapist, Team Nurse, Teacher, Group Life Counselor, Family Therapist and Consultants. Milieu services include recreational therapy and social skills training with anger management and conflict resolution components. Medication management by on-staff psychiatrists, expressive therapies, and substance abuse counseling are available as needed. Twenty-four hour nursing coverage is provided. At Graydon Manor, our history is rich with promising futures.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services; Joint Commission Accreditation (JCAHO); Virginia Department of Education

**Professional Affiliations:** NATSAP-Full Member; Virginia Association of Independent Specialized Education Facilities

# Greenbrier Academy for Girls

(Therapeutic Boarding School)



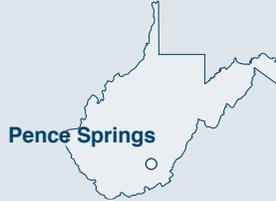
Member Since: 2008

**Phone: (304) 445-7790**  
**(877) 788-8422**

Executive Contact: Matthew A. Hart

Admission Contact: Sharon Findlay, Beth Ragland

Gender: Girls Only  
Ages: 14 - 18  
Grades: 8 - 12  
Enrollment: 60  
Duration: 1 to 4 years  
Founded: 2007  
Email: [admissions@greenbrieracademy.com](mailto:admissions@greenbrieracademy.com)  
Fax: (304) 445-7795



Address: Route 3, P.O. Box 342

Pence Springs, WV 24901

Airport: Greenbrier Valley/Lewisburg, WV  
Roanoke, VA

**Website: [www.greenbrieracademy.com](http://www.greenbrieracademy.com)**

Greenbrier Academy for Girls is a private, therapeutic boarding school for girls in grades 8-12 which offers an engaging college-preparatory curriculum within a therapeutic environment. Students also engage in a wide variety of outdoor and extracurricular activities. Greenbrier Academy is designed for average to above average students who have struggled with issues of depression, anxiety, ADHD, self-esteem, substance abuse, grief, loss and adoption issues, but who share a desire to move forward in their lives.

Students are actively engaged in their education process with experiential learning experiences that go beyond the classroom, and we offer a strong fine arts component that includes painting, drawing and dance, with independent studies available in fashion and photography. Our attentive faculty and small teacher to student ratio (1:9) contribute to strong connections with students, offering encouragement and cultivating constructive habits for life-long learning. Utilizing a Socratic method, mindfulness, and dialectics, we are able to help girls form valuable and healthy relationships. In daily group and weekly individual sessions, as well as weekly family calls, students explore their actions to make positive and productive choices. Our weekly equine assisted therapy provides an opportunity to facilitate caring and effective relationships between girls and horses. We help our students become aware of the obstacles and resources in their lives so that they can then see different possibilities for themselves in the future.

In addition to equine assisted therapy, Greenbrier Academy offers the School of Horseman that is an optional program that offers private and semi-private lessons. We also have a wide spectrum of outdoor and indoor activities (such as falconry, kayaking, biking, skiing, cooking,) and cultural events (attending plays, exhibits and concerts), as well as volunteer work in the local community. Located in a renovated historic hotel on 140 acres of beautiful forest and open land, the campus borders the Greenbrier River and provides an ideal setting where students are encouraged in exploring, defining, and implementing their personal goals and values.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** West Virginia Department of Education; State of West Virginia Department of Health and Human Resources, Behavioral Health as a Group Residential Facility for Children, Candidate for approval by NIPSA, Candidate for approval by SEVIS

**Professional Affiliations:** NATSAP-Associate Member

# Grove School

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (203) 245-2778

President & CEO: Richard L. Chorney  
 Executive Director: Peter J. Chorney  
 Admission Contact: Kathy Kimmel

**Gender:** Coeducational  
**Ages:** 11 to 18  
**Grades:** 6 to 12, PG  
**Enrollment:** 105  
**Duration:** 18 to 24 months  
**Founded:** 1934  
**Email:** mainoffice@groveschool.org  
**Fax:** (203) 245-6098



**Address:** P.O. Box 646  
 175 Copse Rd.  
 Madison, CT 06443  
**Airport:** New Haven or Hartford

**Website:** [www.groveschool.org](http://www.groveschool.org)

Grove School believes education is a continuing process that does not end at the classroom door. We aspire to maximize our students' considerable educational abilities through individualized instruction, psychotherapy, based on interpersonal relationships. We stress the development of practical group living skills, yet we recognize the need to deal with each child on the basis of that child's individual issues.

Grove school is an excellent placement for emotionally troubled, fragile boys and girls 11 years of age and older with average or above average intelligence who have been unsuccessful in making a satisfactory adjustment in their homes, schools, or social relationships. Our students may have ADD/ADHD, Depression, Low Self-Esteem, Bipolar Disorder, Obsessive/Compulsive Disorder, or Asperger's Syndrome or other Non-Verbal Learning Disorders.

Grove School's large staff enables us to design and implement individual academic and extracurricular programs appropriate to students' needs. We have over 30 certified content Area and Special Education teachers who follow IEPs or Comprehensive Service Plans that have been developed in conjunction with parents and/or local school districts. We carefully monitor and alter these programs to match the changes that take place in each student's personal and social development. We attempt to meet each individual at their functioning level, to utilize their interests, and, through therapeutic re-education, help them achieve academic and personal success. Our clinical staff is composed of 5 psychiatrists and 8 other clinicians, including Ph.D. psychologists, LCSWs and LMFTs. All students are seen two times per week in individual psychotherapy. They are also seen in group therapy, some of which is theme oriented. An important part of our Activities Program is ASTEE©, (Alternative Therapeutic and Educational Experiences). This program includes Adventure, Caribbean and foreign travel including humanitarian service missions.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Connecticut, Department of Children and Families; State of Connecticut, State Board of Education; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; AACAP; AACRC; ISPA; WFMH

# Heart Mountain New Beginnings

(Small Residential Program)



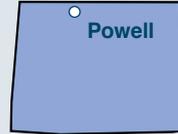
**Member Since:** 2006

**Phone:** (307) 754-0180

Executive Contact: Gael Carter

Admission Contact: Jon Carter

Gender: Boys Only  
 Ages: 13 to 17 (at time of admission)  
 Grades: 7 to 12  
 Enrollment: 10  
 Duration: 40 days to 18 months+  
 Founded: 2006  
 Email: [admissions@wyoboys.com](mailto:admissions@wyoboys.com)  
 Fax: (866) 476-0119



Address: 939 Road 23  
 Powell, WY 82435  
 Airport: Yellowstone, Billings

**Website:** [www.wyoboys.com](http://www.wyoboys.com)

Heart Mountain New Beginnings (HMNB) is a family-style home for young men located just outside Yellowstone National Park in Wyoming. We help boys between the ages of 13 and 17, and specialize in helping each develop skills and attitudes that will lead to success and personal fulfillment. With over six thousand acres of land, these troubled boys have the opportunity to live life in the quiet beauty of the majestic Rocky Mountains.

By providing these boys with both physical and emotional hurdles to overcome and by giving them the support and spiritual strength they need to succeed, we are able to help each boy acquire the tools that will enable them to set and attain fulfilling life goals. HMNB makes a point of knowing and treating each boy as an individual, and we are able to set before each challenges that are actually opportunities for success. These accomplishments may seem small at first, but as they build and your teen meets with success after success, he gains a confidence in himself that can only come from doing.

Our caring staff is trained to give these teens the love and support they need to look at life with a new perspective; the negativity that shadowed their lives is replaced with hope and an excitement for the future. We help them set goals for that future in an incremental way and by doing so, teach them decision-making skills that will apply to all areas of their lives. If you are looking at our site, chances are you, or someone you know, has a troubled boy in need of help. Our staff is available to help you through this very difficult decision.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Wyoming Department of Family Services Group Home License

**Professional Affiliations:** NATSAP-Full Member

# Heritage Schools, Inc.

(Residential Treatment Center)



**Member Since:** 2001

**Phone:** (800) 433-9413

Executive Contact: Glen Zaugg

Admission Contact: Mary Ann Smith

Gender: Coeducational  
 Ages: 12 to 18  
 Grades: 7 - 12  
 Enrollment: 168  
 Duration: 14 months average  
 Founded: 1984  
 Email: maryann.smith@heritagertc.org  
 Fax: (801) 226-4641



Address: 5600 N. Heritage School Dr.  
 Provo, UT 84604-7701

Airport: Salt Lake City

**Website:** [www.heritagertc.org](http://www.heritagertc.org)

Heritage is a private, not-for-profit, long term psychiatric residential treatment facility serving youth ages 12 through 18 with a wide variety of disorders, including:

(1) Oppositional Defiant, (2) Anxiety, (3) Major Depression, (4) Bipolar, (5) Post-Traumatic Stress, (6) Psychotic/Schizophrenia, (7) ADHD, (8) Reactive Attachment (9) Aspergers, and (10) Substance Abuse. Dual diagnosis treatment prepares these youth to engage in the recovery process, utilizing a disease-oriented abstinence model, while integrating psychiatric, residential treatment with crucial chemical dependency concepts. We offer a wide range of services with a comprehensive continuum of care ranging from an intensive support unit to specialty treatment units based on diagnosis, age, gender, and level of functioning. We have created a home-like environment for our youth and an organizational culture that supports relationships, fosters spirituality, encourages normalization in activities and opportunities, and promotes respect and caring.

Our Mission is to advance the rehabilitation of our youth by achieving a quality care environment. Our Vision is to maximize the growth, development, and functioning of our clients; to expand each individual's capabilities and quality of life; and to build future leaders, responsible adults, parents, and productive citizens. Our Values include: (1) a strong commitment to maintain and strengthen families, (2) an emphasis on respectful and supportive relationships, (3) honesty and moral integrity, (4) a trust network among staff, youth, families, and agencies, (5) community service and involvement, (6) adherence to the highest safety, professional, ethical, accreditation, licensing, treatment, and care standards, (7) a qualified and committed staff, (8) financial viability through cost-effective management, and (9) an organizational culture of learning and service.

We have a remarkable core staff of individuals who help us accomplish our mission and vision. Quality staff training and support at all levels is highly valued. We approach the treatment and care of youth from the point of view that the most crucial issue is that of relationships. We foster a relationship model and help our staff and youth build on positive aspects of supportive relationships by providing nurturing and security together with the clinical assistance and structured care that gives young people the skills and attitude they need to take positive control of their lives. We desire to recover young lives, strengthen families and restore hopefulness through trust, responsibility, and hard work.

UnchangingVision. ChangingLives.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Joint Commission; Northwest Association of Accredited Schools; CHA- Certified Horseman's Association; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Hidden Lake Academy

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (800) 394-0640

Executive Contact: Joe Stapp, LPC

Admission Contact: Jeffrey S. Holloway, MSW

Gender: Coeducational  
 Ages: 13 to 18  
 Grades: 7 to 12  
 Enrollment: 120  
 Duration: 15 - 18 months  
 Founded: 1994  
 Email: [Admissions@hiddenlakeacademy.com](mailto:Admissions@hiddenlakeacademy.com)  
 Fax: (706) 864-9109



Address: 830 Hidden Lake Rd.  
 Dahlonega, GA 30533  
 Airport: Atlanta

**Website:** [www.hiddenlakeacademy.com](http://www.hiddenlakeacademy.com)

Hidden Lake Academy (HLA), located on a 215-acre campus one hour north of Atlanta, helps young people make significant gains in emotional maturity and academic achievement. Integral to the HLA program is an equal emphasis on the college-preparatory academic curriculum and student's therapeutic work. The Hidden Lake Academy staff members cooperate to help students develop all aspects of their lives: physical, mental, emotional, social, and spiritual. The 10:1 student to teacher ratio ensures individual attention and a return to academic success.

Typical students exhibit oppositional-defiant behavior, low self-esteem, depression, ADHD, deteriorating family relationships, and are making poor choices. Students typically graduate Hidden Lake Academy's therapeutic program with a greatly increased ability and motivation to make decisions that will positively impact their lives.

Hidden Lake Academy utilizes a detailed, sequential therapeutic program which allows for a high degree of program accountability. Each group consists of 14 students and is led by a Master's-level counselor. Students participate in daily group counseling sessions (7 hours). In addition to group therapy, an addictions education course, planned and staffed by specialists in this field, is included in each student's experience. A wilderness component-consisting of a series of exciting and challenging experiences including day hikes, adventure trips, rock climbing and rappelling days, a ropes course, and canoeing is carefully integrated into a program. A staff chaplain provides ample opportunities for spiritual development for students of all faiths and coordinates extensive community services projects and numerous off-campus trips. HLA competes in the Atlanta Athletic Conference. Students participate in basketball, volleyball, baseball, soccer, wrestling, tennis, softball, golf and track. Sports are balanced by strong Drama and Fine Arts Departments.

**Individual Psychotherapy Available:** Yes, Consulting Psychiatrist

**Accreditation, Licensure:** Georgia Department of Human Resources, Child Caring Institution; Southern Association of Accredited Schools (SAIS-SACS); The Georgia Accrediting Commission; approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; GAIS; GAPSEC; GISA; NAIS; SSATB

# Hunter School

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (603) 786-9427

Executive Contact: Kim Gilles, LICSW

Admission Contact: Timothy Tyler

Gender: Coeducational  
 Ages: 5 to 15  
 Grades: K to 8  
 Enrollment: 28  
 Duration: 9 to 12 months, 6 week summer  
 Founded: 1998  
 Email: [admissions@hunterschool.org](mailto:admissions@hunterschool.org)  
 Fax: (603) 786-2221



Address: 768 Doetown Rd.  
 P.O. Box 600  
 Rumney, NH 03266  
 Airport: Manchester

**Website:** [www.hunterschool.org](http://www.hunterschool.org)

The Hunter School is a private, non-profit co-educational school located on Stinson Lake, surrounded by the White Mountain National Forest. Our 137 acre campus offers a wide range of strength based programming opportunities to address the educational, emotional and physical needs of children experiencing ADHD, academic underachievement, Aspergers, oppositional behaviors, anxiety, depression, impulsivity and social problems.

Founded by Thom Hartmann, the author of numerous books on ADHD and radio talk show host, the Hunter School follows Thom's philosophy that basing the educational methods on a child's unique way of experiencing and perceiving the world, will allow the child to flourish in academics and behavior.

Hunter gives students an opportunity to experience "hands on learning" in areas of special interest. Some examples of programming we have offered include:

- A strength based landscaping project for a student who had interests in landscaping that included him developing a proposal and presenting it to the appropriate people before completing the project.
- A strength based "work study program" that gave a student an opportunity to spend Friday afternoons at the local science center and return to class to share with other students, through pictures and writing, her first hand experience with animals of the central New Hampshire region.
- A strength based business model that has a student developing an automobile detailing business and set up a working model of that business.

The 2007 school year saw Hunter students conduct a "straw poll" for local residents at the Plymouth Senior Citizen Center. Students researched the 2008 presidential candidates and presented a speech on their selected candidate before conducting the "straw poll". This project was featured in local and regional newspapers. A quote in the newspaper; Deb Reynolds, District 2 Senator and resident of Plymouth, was at the Senior Center to support the children of the Hunter School and cast her vote. She was thoroughly impressed by the work of the students and the Hunter School Staff, calling it a special institution. "I am thrilled and so proud of everyone at the Hunter School", said Reynolds. "This is a great way to get children engaged in the political world. "During the "Straw Vote Activity" one student best summed up what Hunter is. "The Hunter School is a great place for children. They take good care of us here."

Hunter provides a wonderful rural setting for its student body. Hunter offers an average class size of 1:4-6 teacher to student ratio. Boarding students live in a family style home with 6-7 other students and two child development counselors. All students have private bedrooms. Hunter offers a non-violent vegetarian program for all of its students.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** New Hampshire Bureau of Child Care Licensing; New Hampshire Department of Education; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; IECA, CHADD, NHASEA

# In Balance Ranch Academy

(Therapeutic Boarding School)



**Member Since:** 2007

**Phone:** (520) 722-9631

Executive Contact: Patrick Barrasso

Admission Contact: Betsy Barrasso



Gender: Boys Only  
 Ages: 13 to 17.5  
 Grades: 9 to 12  
 Enrollment: 44  
 Duration: 12 months  
 Founded: 2004  
 Email: BBarrasso@inbalranch.com  
 Fax: (520) 722-9676

Address: 6151 E. Grant Rd.  
 Tucson, AZ 85712  
 Airport: Tucson

**Website:** [www.inbalranch.com](http://www.inbalranch.com)

The In Balance Ranch Academy, based on the Twelve Steps of Alcoholics Anonymous and research-based relapse prevention models, is a high quality therapeutic boarding school for adolescent boys 13 – 17.5 years of age. In Balance Ranch Academy is located in beautiful southern Arizona, less than an hour from Tucson. Mountain ranges serve as a backdrop to a peaceful, desert landscape that promotes self-reflection and serenity. Our ranch provides young men with an experiential program that inspires self-evaluation, interpersonal discovery, personal responsibility, excellence in all endeavors, life-changing values of service, and, most importantly, recovery from chemical dependency.

The In Balance Ranch Community is committed to assisting each student and his family in the journey of recovery, sobriety, and academic achievement. We endeavor to facilitate healing in the individual and in the family, equipping them with the necessary tools to live a healthy, productive and joyful life.

The In Balance Ranch Academy program provides:

- A comprehensive integrated 12 Step Based Recovery Program
- An individualized academic program designed to ensure success
- College prep courses – SAT/ACT testing preparation
- College application counseling and assistance
- Individual, group, and family therapy
- Equine Assisted Therapy
- Family education and support
- Experiential learning –Horsemanship and Riding Program, Challenge Courses, Health, fitness and Nutrition instructions
- Leadership and motivational training
- Wilderness “Success” programs
- “Recovery through Service” projects
- Work ethic – developing a resume, applying and interviewing for jobs, aptitude evaluation, vocational training (i.e. carpentry, landscaping and other job skills)
- A positive peer culture
- Family Workshop Weekends three times a year

Counseling services provided by In Balance Counseling, Inc. which is licensed through the Arizona Department of Health Services, Office of Behavioral Health Licensing.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** AZ Department of Health Services, Office of Behavioral Health Licensing, North Central Association Commission on Accreditation and School Improvement

The Commission on International and Trans-National Accreditation (CITA)

**Professional Affiliations:** NATSAP-Full Member

# Innercept

(Therapeutic Boarding School, Young Adult Program)



**Member Since:** 2006

**Phone:** (208) 665-7178

Executive Contact: George J. Ullrich, M.D.

Admission Contact: Terri Kennedy, LSW

Gender: Coeducational  
 Ages: 13 to 17, 18 to 24  
 Grades: 7 to 12, College Support  
 Enrollment: 36  
 Duration: 3 months minimum  
 Founded: 2004  
 Email: [info@innercept.net](mailto:info@innercept.net)  
 Fax: (208) 765-6972



Coeur D'Alene

Address: P.O. Box 1356  
 Coeur D'Alene, ID 83816  
 Airport: Spokane, WA

**Website:** [www.innnercept.net](http://www.innnercept.net)

Innercept offers a continuum of programming for adolescence through young adulthood. Based on holistic principles, the program utilizes Integral Psychology to provide a balanced, on-going treatment approach compatible with each individual's aptitude and assets in mind. Program include Adolescent intensive, Adolescent Transition, Adolescent Stabilization, Young Adult Intensive, Young Adult Transition, Adolescent Stabilization, and After Care. These independent living programs are designed to empower youth as they explore their role in their family, peer group, community and world.

Innercept has home-environment based programs conceived of and directed by a dynamic group of clinicians and educators who have extensive experience within school, hospital, residential and out-patient psychiatric settings. The group comes together with specialized training in adult, child and adolescent psychiatry, psychology, nutrition, special education, social work, public health and psychiatric nursing. They are actively involved in groups including DBT, Moral Reasoning Therapy for Sobriety Maintenance, psychotherapy, anger management, art therapy, Psychoeducational group therapy, morals and ethics, sobriety maintenance, health and fitness. We also provide many life skills groups such as nutrition and cooking classes, study skills, organization, and finance and budgeting.

Special interests of the team include the treatment of anxiety and mood disorders, eating disorders, Asperger's Syndrome, trauma, OCD, bipolar and attachment disorders. Tailor-made therapeutic and academic plans are provided in a thorough, thoughtful manner as the team identifies each individual's strengths, encouraging realistic career and education goals. Utilizing the collective experience of this group, problem areas of functioning that left earlier attempts and approaches lacking in results are met with creative solutions. Self-sufficiency is fostered as we teach principles of critical thinking and practical life skills. Our philosophy is that by mentoring responsibility, empathy, respect and integrity as the core elements of moral fiber, we increase the probability of a fulfilling, healthy and successful life.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Idaho State Department of Health and Welfare, Child Care License; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member; American Academy of Child & Adolescent Psychiatry, Adolescent Acute and Medical Residential Programs; Adult Acute Psychiatric and Chemical Dependency Programs

# Intermountain

(Residential Treatment Center)



**Member Since:** 2001

**Phone:** (800) 200-9112

Executive Contact: Jim Fitzgerald, MPA  
Admission Contact: Tina L. Johnson, BA

Gender: Coeducational  
Ages: 4 - 12 at admission  
Grades: K - 8  
Enrollment: 32  
Duration: 18 - 24 months  
Founded: 1909  
Email: [tina@intermountain.org](mailto:tina@intermountain.org)  
Fax: (406) 442-7949



Address: 500 South Lamborn  
Helena, MT 59601  
Airport: Helena

**Website:** [www.intermountain.org](http://www.intermountain.org)

The mission at Intermountain, "Healing Through Healthy Relationships", reflects our developmental relational treatment approach. By seeing the developmental needs beneath the disturbed behavior, and meeting those needs through deep relationships, treatment provides a fully orchestrated approach in which every aspect of the child's life presents an opportunity for growth and change.

Our 100 year old nonprofit program offers an environment in which care and nurture are difficult to resist. We have 27 years of experience using the developmental relational approach, which is continually refined by incorporating findings from broad areas of research to reach a sophisticated clinical understanding and to provide treatment of complex childhood disturbances.

Excellent candidates for success in our program are children whose problems include:

- attachment and relationship issues
- adoption issues
- intractable anger
- aggression towards self and others
- depression and anxiety
- impulsivity, including lying and stealing
- school problems
- loss and grief issues
- poor social skills

In addition, we address substantive side issues such as sexual reactivity, seizure disorder, autistic spectrum disorder, neuropsychological concerns, and learning disabilities.

Nestled in the foothills of the Rocky Mountains, children live in four-family style cottages with eight private bedrooms in each cottage. The 40-acre grounds include a physical education center, playground and hiking trails. Because of the excellent location, countless outdoor activities and community activities are incorporated into daily life such as community theatre, skiing, swimming, hiking, fishing, camping, backpacking, canoeing, and rafting.

Our Intermountain School provides individualized plans that are tailored by certified teachers to the unique learning styles and abilities of each student. Related services and activities include PE, Speech and Language, Occupational Therapy, music, and soccer and basketball teams.

Family participation is critical to the success of the child. We embrace the whole family, the whole child and respect each individual's uniqueness, knowing their strengths, problems, and development are never in isolation, but always in interaction.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Joint Commission; Northwest Association of Accredited Schools; California Non-Public School; Washington Non-Public School; Illinois Non-Public School

**Professional Affiliations:** NATSAP-Full Member; CWLA

# Ironwood

(Residential Treatment Center)



**Member Since:** 2007

**Phone:** (207) 342-3655  
(877) 496-2463

Executive Contact: Marion Rodrigue  
Admission Contact: Marion Rodrigue

Gender: Coeducational  
Ages: 13 to 18  
Grades: 7 to 12  
Enrollment: 35  
Duration: 6 to 9 months  
Founded: 2006  
Email: marionr@ironwoodmaine.com  
Fax: (207) 342-3731



Address: 67 Captain Cushman Rd.  
Morrill, ME 04952  
Airport: Bangor, Portland

**Website:** [www.ironwoodmaine.com](http://www.ironwoodmaine.com)

Ironwood is a residential treatment center committed to helping families in crisis with troubled teens. Our aim is to assess and treat the causes of behavior, while providing self-esteem building activities and life-enriching experiences along with rigorous academic studies – all within our home-like environment. We strive to reunite youth and their families through clinical therapy, discipline, hard work, and shared experiences in a safe, secure, and therapeutic learning environment.

Founded by parents who have faced similar circumstances, Ironwood's treatment program offers therapeutic, clinical, and educational services to bring about positive course correction. Ironwood is unique in its dedication to reunite families whenever appropriate.

Ironwood's approach is designed to work with kids who struggle with a variety of different challenges including: opposition, defiance, addictions, grief, bereavement, mood disorders, social and familial withdrawal, hopelessness, learning disabilities, post-traumatic stress, anxiety, depression, physical disabilities, and association with a negative peer group. We are not designed to work with kids struggling with a history of major violence, psychotic disorders, or sexual aggression.

Ironwood offers a highly structured treatment program with twice weekly individual therapy sessions, three times weekly group therapy sessions, family therapy, satisfying physical work, adventure-based experiences, and a wide range of special interest programs including equestrian, equine-assisted psychotherapy, canine training, art, culinary, horticulture, and nature studies. Ironwood, an accredited Maine approved secondary school, offers a full and individualized academic program taught by certified high school teachers and administrators. Experienced education staff provide daily teaching, supervision, and tutoring.

Adolescents leave Ironwood with the necessary skills for effective communication and healthy social interaction, a repertoire of refined coping skills, a more positive association with the learning experience, feelings of pride for their accomplishments, and a hunger for more success.

Through counseling, self-reflection, simple living, discipline, and engaging work, teens adopt proactive behaviors necessary to lead a productive life as a contributing family member and community citizen.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Maine, Department of Health & Human Services; State of Maine, Department of Education

**Professional Affiliations:** NATSAP-Full Member

## Island View RTC

(Residential Treatment Center)

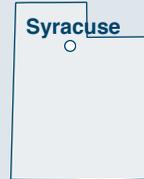


**Member Since:** 1999

**Phone:** (866) 952-7930

Executive Contact: Don Vardell  
Admission Contact: Gay Jackson

Gender: Coeducational  
Ages: 13 to 17  
Grades: 8 to 12  
Enrollment: 115  
Duration: 7 to 12 months  
Founded: 1994  
Email: [info@ivrtc.com](mailto:info@ivrtc.com)  
Fax: (801) 773-0208



Address: 2650 West 2700 South  
Syracuse, UT 84075  
Airport: Salt Lake International

**Website:** [www.islandview-rtc.com](http://www.islandview-rtc.com)

Island View provides an intensive, highly professional, therapeutic program utilizing an interdisciplinary approach. Our program includes private schooling, therapeutic recreational activities, and individual, family, and group psychotherapy. On-site psychiatric services are available to all students.

Typically, Island View serves young people ages 13 to 17 who experience emotional and behavioral problems not effectively treated in less restrictive settings. Students may be experiencing issues such as clinical depression, attention challenges, substance abuse/dependency, post-traumatic stress disorder, borderline personality features, bipolar symptoms, and other associated psycho-behavioral concerns.

By housing same gender groups of students into separate living areas, Island View develops small therapeutic communities in which student mentoring, team accountability, and social development are emphasized. Each team of 18-20 functions independently with the exception of the six formal school classes offered five days a week. Most classes are coeducational to provide a greater offering of subject matter by fully credentialed teachers. Weekly individual therapy is augmented by at least five formal group sessions. Weekly individual and family work is conducted by Masters or Doctoral level clinicians. Dialectical Behavioral Therapy (DBT) is fully integrated in two of the therapeutic communities. Also offered are chemical dependency services and specialty groups focusing on adoption, grief/loss, trauma, interpersonal boundaries, and clients with significant comorbid features. Therapeutic recreational activities include aerobic and anaerobic fitness regimen including pre and post testing, mountain biking, overnight camping trips, community service, intramural sports, snow sports, and climbing. Island View offers several playing fields and a multi-purpose gymnasium with indoor climbing and a weight room.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Joint Commission; Northwest Association of Accredited Schools; California Non-Public School Accreditation; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member, AACRC

# King George School

(Emotional Growth Boarding School)



**Member Since:** 2001

**Phone:** (802) 467-1200

Executive Contact: Dr. David Hans

Admission Contact: Jeremy McGeorge



Gender: Coeducational  
 Ages: 14 to 18  
 Grades: 9 to 12  
 Enrollment: 72  
 Duration: 12 to 18 months  
 Founded: 1998  
 Email: kinggeorgeschooladmissions@gmail.com  
 Fax: (802) 467-1041

Address: 2684 King George Farm Rd.

Sutton, VT 05867

Airport: Burlington, VT/Manchester, NH

**Website:** [www.kinggeorgeschool.com](http://www.kinggeorgeschool.com)

King George School is a sanctuary of learning and growth for bright young people who are having difficulty succeeding in a traditional high school environment. Emphasizing visual and performing art as a vehicle for personal expression and creativity, King George School inspires 9th-12th graders to become life learners who honor and value themselves and their families.

King George School is a place of opportunity and hope. Past problems are not always indicated of future performance, especially within the framework of King George School. Students who have experienced problems in more traditional high school settings often succeed beyond expectation in the nurturing, structured environment. With an emphasis on personal growth as well as academic excellence, students receive the skills they need to make healthy choices in pursuing solutions to their problems. Both program staff and teaching faculty give personal attention to students as they process and learn from past circumstances. Creative, bright students who have struggled with issues of self-esteem, depression, bi-polar disorder, anxiety, ADHD, NVLD, mild to moderate substance abuse, grief and loss issues and adoption issues do well at King George.

The academic program at King George School is designed for intelligent students who are college bound. Classes are structured to include both academic strength and creative learning. Each class includes a mix of traditional instruction and projects designed to challenge and engage the nontraditional learner. The fully integrated curriculum places equal weight on excellent academics, personal development, and creative process. Visual and performing arts are key components of King George School's curriculum. Through artistic expression students learn to apply the concepts and skills they use in the arts to all other aspects of their lives. Art instruction and development features experiences in drama, visual and tactile arts, dance, music, chorus, voice and photography. The emotional growth curriculum is woven into everyday life at the school. Daily group "raps" provide atmosphere for dialogue, group discussion, and exploration of feelings. Through this program students capitalize on personal strengths and shift focus from past labeling and criticism. Students begin to improve relationships with adults and peers and create a foundation of resiliency and self-understanding for future success.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Vermont, Agency of Human Services, Department of Children & Families; State of Vermont, Independent Private School

**Professional Affiliations:** NATSAP-Full Member

# Kolob Canyon

(Residential Treatment Center)

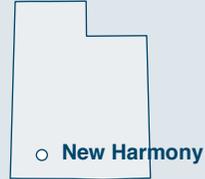


**Member Since:** 2005

**Phone:** (435) 865-1437

Executive Contact: Craig Rodabough, Tawny Davis  
Admission Contact: Tawny Davis, LCSW

Gender: Girls Only  
Ages: 14 to 17  
Grades: 7 to 12  
Enrollment: 12  
Duration: 8 to 12 months  
Founded: 2002  
Email: [info@kolobcanyonrtc.com](mailto:info@kolobcanyonrtc.com)  
Fax: (435) 865-1439



Address: 1338 East 600 South, P.O. Box 531  
New Harmony, UT 84757  
Airport: Las Vegas, NV

**Website:** [www.kolobcanyonrtc.com](http://www.kolobcanyonrtc.com)

**The Kolob student:** Treatment is designed exclusively for girls aged 14-17 suffering from depression, low self-esteem, trauma, and difficulties in her relationships with herself and others. Kolob Canyon's census is intentionally limited to 12 girls in order to maximize one-to-one interaction with peers, staff, teachers, and therapists. Student-to-staff ratios are low and therapists with small caseloads maintain a family-like environment.

**Goal and guiding principle:** Kolob Canyon's program is specifically designed to assist its students to create relationships that will enhance an enduringly positive sense of self. This overarching goal is met through a clinically intense blend of traditional and non-traditional therapy delivered in a safe, supportive, and nurturing environment. Students with adoption, separation, attachment/loss, and trauma issues thrive in the Kolob environment.

**Clinical Intensity:** Treatment is clinically intensive. Each week students receive 3 hours of individual therapy and family therapy (via the phone), equine or recreational therapy, and daily group therapy. Kolob Canyon uses outdoor and recreation therapy, taking advantage of our location on a horse ranch in Southern Utah's canyon country. Therapists are trained in DBT and second level EMDR therapies.

**Family involvement:** Parents are encouraged to participate in their own family change process in tandem with their daughter's program. Regular family therapy, Parent Weekends, campus therapeutic visits, home visits, and the creation of an extensive Home Contract are integral parts of the family change process.

**Academics:** The educational program is fully accredited and employs credentialed teachers in small group settings. Academics are designed to work with girls' learning style and help develop positive self esteem. Students benefit from hands-on learning, including drama, art and recreation classes.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Kootenai Behavioral Health Center

(Residential Treatment Center)



**Member Since:** 2006

**Phone:** (208) 765-4800

Executive Contact: Claudia Miewald

Admission Contact: Alyse Juliano

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: 7 to 12  
 Enrollment: 36  
 Duration: 3 to 6 months average  
 Founded: 1999  
 Email: [ajuliano@kmc.org](mailto:ajuliano@kmc.org)  
 Fax: (208) 664-1805



Coeur D'Alene

Address: 2301 N. Ironwood Pl.  
 Coeur d'Alene, ID 83814

Airport: Spokane, WA

**Website:** [www.kmc.org](http://www.kmc.org)

Kootenai Behavioral Youth Residential Program, formerly North Idaho Behavioral Health Youth Residential Program is a service of Kootenai Medical Center located in beautiful Coeur d'Alene Idaho. It is a medical model psychiatric residential treatment center, staffed by board certified child and adolescent psychiatrists, who provide expert evaluations to adolescents 13-17 years old.

The strength of the program is to help youth understand and overcome the challenges that severely disruptive behaviors and psychiatric disorders can pose. We specialize in working with adolescents that experience:

- Depression
- Anxiety Disorders
- Psychosis/Thought Disorders
- Oppositional Defiant Disorder
- Post Traumatic Stress Disorder
- Substance Abuse Disorders
- ADHD
- Bipolar Disorder
- Eating Disorders
- Reactive Attachment Disorder
- Chronic Medical Conditions Complicated by Psychiatric D/O

Two tracks allow for a comprehensive evaluation to accommodate youth who require a thorough psychological, behavioral, academic, and medical assessment. One track is an assessment phase during which time the treatment team is able to observe behaviors and symptoms and intervene based on a cognitive behavioral approach. Recommendations are then made for appropriate settings upon discharge.

The second track would be 3-9 month stabilization. During this time, our multi-disciplinary staff utilizes a team approach to provide an individualized rehabilitation treatment plan that is tailored to reintegrate the resident into the family, school and community.

Individual, family, and group therapy assists youth in dealing with issues that interfere with healthy functioning. A cognitive behavioral approach is utilized both in therapy and milieu programming. Expectations and treatment goals are based on the teen's level of functioning, presenting problems and severity of symptoms. Group activities emphasize goal setting and building positive coping, social, and life skills.

The staff of our fully accredited on-site school, Kootenai Academy, combines specialized education skills with psychotherapeutic techniques that help build self-esteem, confidence and motivation.

It is our goal to offer innovative, comprehensive services that set the standard for behavioral health care in the region.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare, Child Care; Joint Commission; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member; Voluntary Hospitals of America; American Hospitals Association; Idaho Hospital Association

# La Amistad

(Residential Treatment Center)



**Member Since:** 1999

**Phone:** (407) 647-0660

Executive Contact: Jan Ellison-Seay, Asst. Administrator

Admission Contact: Karen Pontell

Gender: Coeducational  
 Ages: 5 to 17, 18 and Up  
 Grades: K to 12  
 Enrollment: 54  
 Duration: 4 months or longer  
 Founded: 1970  
 Email: Laamistadintake@aol.com  
 Fax: (407) 637-3068



Address: 1650 Park Avenue North  
 Maitland, FL 32751

Airport: Orlando International

**Website:** [www.lamistad.com](http://www.lamistad.com)

La Amistad provides the kind of healthcare that patients recommend to families and friends, physicians prefer for their patients, and in which our employees take great pride. We realize this vision through our commitment to the following principles: service excellence, continuous improvement in measurable ways, employee development, ethical and fair treatment for all, and compassion and innovation in service delivery.

La Amistad Behavioral Health Services offers a program for children and adolescents ages 5-17 that focuses on helping individuals identify both the emotions and actions that have created problems. We also offer a newly expanded program for young adults ages 18 and up that addresses the psychological, social, and academic needs of individuals with more chronic behavior issues. Candidate difficulties may include emotional and behavioral disorders, sexual trauma and abuse, chemical dependency, schizophrenia, Asperger's, personality disorders, and ADHD.

In our safe, campus-like environment, patients receive the benefits of our licensed clinical team of professionals and the extensive treatment components they oversee: family, group, activities, and pharmacological therapy; educational services with computer lab; individual psychotherapy; personal care class; and dietary consultation. We also offer specialty therapy for 12-step chemical dependency groups, survivors group psychotherapy for female victims of sexual or physical abuse, community group for peer issues, and adolescent psychotherapy groups for developmental concerns.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Florida Agency for Healthcare Administration, Hospital; State of Florida Agency for Healthcare Administration, Residential Treatment; Joint Commission; Southern Association of Colleges and Schools

**Professional Affiliations:** NATSAP-Full Member; AACRC; EAP; IEC; MHA; NAPHS

# La Europa Academy

(Residential Treatment Center)



**Member Since:** 2005

**Phone:** (801) 268-9300

Executive Contact: Nora Urbanelli

Admission Contact: David Mayeski

Gender: Girls Only  
 Ages: 14 to 17  
 Grades: 8 to 12  
 Enrollment: 32  
 Duration: 8 to 12 months  
 Founded: 2005  
 Email: [dmayeski@laeuropa.com](mailto:dmayeski@laeuropa.com)  
 Fax: (801) 268-9303



South Salt Lake City

Address: 1135 E. Vine Street  
 Salt Lake City, UT 84121  
 Mailing Address: P.O. Box 575780  
 Murray, UT 84157  
 Airport: Salt Lake City

**Website:** [www.laeuropaacademy.com](http://www.laeuropaacademy.com)

La Europa Academy is designed to serve female adolescents from 14-17 years of age. We work with issues and disorders such as depression, bi-polar, anxiety, trauma, sexual abuse, drug and alcohol, personality features and other relational and emotional problems.

Students who would not be appropriate for La Europa Academy are those with active psychosis, conduct disorder, are aggressive, have a criminal background or are a high run risk.

At La Europa Academy we work from a strengths perspective. We have combined intensive therapy and high standards of education creating a learning and relational environment for healing. We work together with families, helping them overcome emotional, core patterns and issues. Our goal is to reunite the family after the treatment process.

At La Europa Academy we also focus on the Fine Arts as a medium for therapy. We encourage expression through clay, sculpture, drawings, paintings, dance and photography. Students participate in Fine Arts classes such as: dance, music, art, ceramics, filmmaking, and digital photography. Additionally, we have integrated a Yoga program with certified instructors which will meet three times weekly.

Our Master's level therapists provide weekly individual and family sessions. Specialized groups provide attention to problems such as trauma, abuse, addiction, body image, attachment, sexual reactivity, and others. Students strive to gain an understanding of who they are and what is driving their self-destructive behavior rather than only focusing on symptom relief.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

## Lakeview School at Lakeview NeuroRehabilitation Center (Residential Treatment Center)



**Member Since:** 2008

**Phone:** (800) 473-4221

Executive Contact: David Armstrong

Admission Contact: Sue Bartlett, LCSW, CRC

Gender: Coeducational  
 Ages: 8 to 21  
 Grades: 1 to 12  
 Enrollment: 52  
 Duration: 4 to 12 months  
 Founded: 1995  
 Email: sbartlett@lakeview.ws  
 Fax: (603) 539-8815



Address: 244 Highwatch Rd.  
 Effingham, NH 03882  
 Airport: Manchester, NH/Portland, ME

**Website:** [www.lakeviewssystem.com](http://www.lakeviewssystem.com)

Lakeview NeuroRehabilitation Center provides a functionally based, individualized treatment program for children, adolescents and young adults with neurologic and behavioral diagnoses. Lakeview uses a person-centered approach that insures that family members are centrally involved through education and training. Funders are assisted through cost effective care and the achievement of functional outcomes. Lakeview is accredited by CARF and JCAHO.

Lakeview's comprehensive program integrates all services through a treatment plan to address behavior management, education and therapeutic rehabilitation so the child can successfully develop and grow. Children and adolescents live in small log cabins with age appropriate peers. The initial 30 days consists of an intensive transdisciplinary team clinical evaluation including Psychiatry, Neurology, Neuropsychology, Applied Behavior Analysis, Nursing, Case Management, Speech Therapy, Physical Therapy, occupational Therapy, and Recreation Therapy.

Lakeview School integrates the Individualized Education Plan to meet the unique needs of each student. Lakeview is licensed by the State of New Hampshire and is approved for Special Educations (grades 1-12). Students attend school Monday-Friday on a year round basis including a comprehensive extended school year program (ESY). Pre-vocational services become central to the young adult who is transitioning from a school based setting to healthy adult activity.

Candidates for Lakeview School are age 8 to 21 years old with a neurological or neurodevelopmental diagnosis. They must be medically stable with a cognitive level of 4 or more on the Rancho Los Amigos Scale. They must have the potential to improve function and benefit from services.

Lakeview facilitates the full realization of human potential for individuals affected by neurological and behavioral challenges through the provision of clinically sound goal-oriented treatment in a safe and caring environment.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** New Hampshire Department of Health and Human Services; Joint Commission; Commission on Accreditation of Rehabilitation Facilities (CARF); New Hampshire Department of Education

**Professional Affiliations:** NATSAP-Full Member

# Life-Line, Inc.

(Small Residential Program)



**Member Since:** 2003

**Phone:** (801) 936-4000

Executive Contact: Shane R. Petersen

Admission Contact: Shawna Meredith

Gender: Coeducational  
 Ages: 13 - 17  
 Grades: 7 to 12  
 Enrollment: 95  
 Duration: 9 to 12 months  
 Founded: 1990  
 Email: [spetersen@lifelineutah.com](mailto:spetersen@lifelineutah.com)  
 Fax: (801) 936-8975



Address: 1130 West Center Street  
 North Salt Lake, UT 84054  
 Airport: Salt Lake International

**Website:** [www.lifelineutah.com](http://www.lifelineutah.com)

Life-Line is a family focused, long-term residential treatment program that creates positive change using an evidenced based, therapeutic community model that is strongly supported by empirical research. A multi-disciplinary team approach integrates education, individualized treatment planning, individual, group and family therapy, health and nutrition, recreational activities, and a structured aftercare / transition program.

In a coeducational therapeutic community setting, Life-Line treats male and female clients, 13 to 17 years of age. The program structure is designed for long-term treatment, helping youth who need a more intensive treatment intervention. This structure provides an optimal environment for treating substance abuse and oppositional defiance. We also have specialized treatment tracks with group therapy for sexual abuse, sexually reactive youth, pornography addiction, grief and loss, adoption, and body image.

A foundation of honesty and personal insight is essential before youth can develop healthy relationships with family and friends, perform well in school, and make positive contributions to society. A gradual growth process and transition through five phases of recovery provides the framework to be successful. Education, therapy, and recreation are integrated each day providing a balanced but rigorous experience that instills maturity and builds self worth. A youth may participate in more than 20 group therapy sessions in a single week along with daily classes and exercise. As each youth progresses, they have the opportunity to mentor and teach other youth and provide leadership to the therapeutic community. All admitted youth experience a three week evaluation including full psychiatric evaluation, a battery of psychological testing, a psychosocial history, and lab work. This evaluation period identifies the core treatment issues, treatment plan, and appropriateness of the placement at Life-Line. A multi-disciplinary team of licensed psychiatrists, psychologists, social workers, a registered nurse, and counselors are involved in diagnosis and individualized treatment planning.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment

**Professional Affiliations:** NATSAP-Full Member

# Little Keswick School

(Therapeutic Boarding School)



**Member Since:** 2007

**Phone:** (434) 295-0457

Executive Contact: Marc Columbus  
Admission Contact: Terry Columbus



Gender: Boys Only  
Ages: 10 to 17  
Grades: 4 to 11  
Enrollment: 34  
Duration: 2 to 3 years  
Founded: 1963  
Email: [lksinfo@littlekeswickschool.net](mailto:lksinfo@littlekeswickschool.net)  
Fax: (434) 977-1892

Address: P.O. Box 24  
Keswick, VA 22947  
Airport: Charlottesville

**Website:** [www.littlekeswickschool.net](http://www.littlekeswickschool.net)

Little Keswick School has been serving boys with moderately severe social/emotional challenges and learning disabilities for 45 years. Our small therapeutic school provides warm and nurturing relationships, intensive clinical intervention, and individualized education to 34 boys in a highly structured environment that ensures that they develop successfully.

Boys between ten and fifteen years of age are admitted from throughout the country, to work on issues related to executive functioning, social and relationship challenges (neuro-developmental, dynamic, or experiential in nature), collaboration, personal competence, and learning issues. Intellectual levels of our students range from low-average to superior. Depending on their continuing clinical and educational needs, students can stay through their seventeenth year, with most requiring two to three years of immersion in our therapeutic community to attain the gains necessary for a successful transition.

Boys accepted usually carry combination of the following or related diagnoses: Attention Deficit or Attention Deficit/Hyperactivity Disorder, Specified Learning Disabilities, Anxiety Disorders, Depression, Obsessive Compulsive Disorder, Asperger's Disorder, Bipolar Disorder, Tourette's Disorder, Oppositional Defiant Disorder and Pervasive Developmental Disorder. The school does not accept severely emotionally disturbed children who have been in conflict with the law, have a drug abuse history, or who have sustained patterns of physical aggression. Our boys tend to be gentler and less sophisticated or worldly.

Our students participate in individual, group and family therapies provided by two experienced Ph.D. level psychologists, as well as our consulting child psychiatrist, who also manages pharmacology for all of the students. Individual, integrated, and group occupational therapy, integrated speech and communications therapy, and art therapy are optional services. A wide array of residential activities are offered, including: horseback riding, woodshop, Boy Scouts, climbing club, athletics, swimming, hiking, creative arts, and optional music instruction.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Commonwealth of Virginia Interdepartmental Regulation of Children's Residential Facilities; Virginia Association Independent Specialized Education Facilities

**Professional Affiliations:** NATSAP-Full Member; Small Boarding School Association; The National Association of Private Special Education Centers

# Logan River Academy

(Residential Treatment Center)



**Member Since:** 2000

**Phone:** (435) 755-8400

Executive Contact: Jeff Smith

Admission Contact: Lindy Smith

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: 8 to 12  
 Enrollment: 90  
 Duration: Average is 12 months  
 Founded: 2000  
 Email: [information@loganriver.com](mailto:information@loganriver.com)  
 Fax: (435) 755-8540



Address: P.O. Box 3662  
 Logan, UT 84323  
 Airport: Salt Lake City

**Website:** [www.loganriver.com](http://www.loganriver.com)

Logan River Academy is a premier adolescent residential treatment center providing services of the highest quality and ethical standards. We are dedicated to improving the lives of youths and families. LRA offers a safe, caring, structured, therapeutic environment, promoting positive change.

Logan River Academy serves 13 to 17 year old girls and boys experiencing behavioral, emotional, educational, and substance abuse problems. Students are admitted under a DSM IV diagnosis and may be experiencing problems such as: depression, adoption issues, post-traumatic stress disorder (PTSD), attention deficit disorder (ADD or ADHD), borderline personality disorder, substance abuse, bipolar disorder, nonverbal learning disorder (NLD), oppositional-defiant disorder (ODD), anxiety disorders, Asperger's Syndrome, learning disabilities (LD), parent-child conflict, or other emotional-behavioral issues.

Emphasizing a truly individualized approach to treatment, LRA offers a comprehensive therapeutic intervention and a fully accredited, year-round educational experience. Our Admissions Committee reviews all clinical and educational documentation, as well as other relevant information from parents, consultants, counselors, and physicians to ensure an appropriate match between a potential student/family's needs and our program. Our goal is to help each student develop the necessary skills to succeed at home, in school, and in the community. This is accomplished through the concerted efforts of a multidisciplinary treatment team and an individualized treatment plan. The treatment plan is developed following a comprehensive assessment and evaluation; and outlines the goals, objectives, interventions, and priorities for the Logan River Academy experience. Each student receives individual, group, and family therapies by licensed therapists. The treatment plan is implemented in a safe, structured, and supportive living environment. Substance abuse intervention is available for students with that need. All faculty members are certified, and the curriculum includes junior and senior high school classes and small class sizes.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools; California Non-Public School Accreditation; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Maple Lake Academy

(Residential Treatment Center)



**Member Since:** 2007

**Phone:** (801) 798-7700

Executive Contact: Patti Hollenbeck-Dial, Ph.D.  
Admission Contact: Patti Hollenbeck-Dial, Ph.D.

Gender: Girls Only  
Ages: 13 through 17  
Grades: 7 to 12  
Enrollment: 15  
Duration: 12 - 15 months  
Founded: 2005  
Email: [patti@maplelakeacademy.com](mailto:patti@maplelakeacademy.com)  
Fax: (801) 798-7739



Address: P.O. Box 175  
Payson, UT 84651  
Airport: Salt Lake City

**Website:** [www.maplelakeacademy.com](http://www.maplelakeacademy.com)

Maple Lake Academy's mission is to offer the highest quality clinical and academic programs for girls, ages 13-17, who are struggling with the challenges of learning disabilities and emotional/behavioral problems. Girls who enroll at Maple Lake Academy must have a diagnosis of a learning disability (LD, LDNOS, NLD, Asperger's Disorder, High Functioning Autism) in conjunction with emotional/behavioral issues (Depression, Anxiety, OCD, ODD, Social Phobia, Bipolar Disorder, etc.). Girls who have histories of aggression toward staff or peers in previous placements, have active eating disorders, or are currently using drugs would not be appropriate candidates for Maple Lake Academy.

Maple Lake Academy offers an excellent clinical program that includes weekly individual and family therapies. In addition, our students have daily group and recreation therapy. We provide weekly specialty groups that focus on life skills and social skills development. Students are also involved in equine therapy on a weekly basis and assorted leisure and skill building opportunities, such as: choir, fine arts program, dance, private art and piano lessons, etc.

Our academic program truly focuses on the individual. Each girl has her own SEOP (student educational occupational plan) that is developed to help her address her unique learning challenges. In addition, each student will become an expert about her learning disabilities and will have coping strategies in hand when she completes her program at Maple Lake Academy. A main focus at Maple Lake Academy is to help each student develop the ability to advocate for herself in future academic and employment situations.

Our residential program is also an intensive program that teaches daily living skills. Our staff are well trained in working with NLD, AS and HFA students and have the mix of patience, consistency and nurturance needed to work well with this population.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Department of Human Services, Office of Licensing, Residential Treatment; Northwest Association of Accredited Schools (NAAS)

**Professional Affiliations:** NATSAP- Full Member; Learning Disabilities of America (LDA)

# Meridell Achievement Center

(Residential Treatment Center)



**Member Since:** 2001

**Phone:** (800) 366-8656

Executive Contact: Alan Reiman

Admission Contact: Jerry Romer

Gender: Coeducational  
 Ages: 5 to 17  
 Grades: K to 12  
 Enrollment: 112  
 Duration: 30 to 180 Days  
 Founded: 1961  
 Email: meridell@uhsinc.com  
 Fax: (512) 528-2193



Address: 12550 West Hwy. 29  
 P.O. Box 87  
 Liberty Hill, TX 78642

Airport: Austin

**Website:** [www.meridell.com](http://www.meridell.com)

Meridell is a medical model residential treatment center located 30 miles north of Austin in the Texas Hill Country. The goal of Meridell is to provide the highest quality of care in a nurturing and healing manner. Our staff includes psychiatrists, master level therapists, registered nurses, neuro-psychologist, occupational and recreational therapists, and trained mental health technicians.

The traditional RTC specializes in the treatment of adolescents (ages 12-17) with mental health issues that can include a psychiatric diagnosis, such as major depression, conduct disorder, oppositional defiant disorder, and other related psychiatric issues. The Neurobehavioral Program is designed for children and adolescents (ages 5-17). This program specializes in the diagnosis and treatment of children and adolescents who may have a neurological basis for their Neuropsychological testing and a quantitative EEG are part of the diagnostic workup in this group.

The Charter School at Meridell is managed by the University of Texas. Education is provided for all patients from K-12. The teachers specialize in working with this population and are certified in special education.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Texas Department of Family and Protective Services; Joint Commission; Tricare (Nation-wide)

**Professional Affiliations:** NATSAP-Full Member

# Monarch Center for Family Healing

(Wilderness Program)



**Member Since:** 2006

**Phone:** (303) 569-0767

Executive Contact: Dave Ventimiglia

Admission Contact: Dave Ventimiglia

Gender: Coeducational & Single Gender Groups  
 Ages: 10 to 18  
 Enrollment: 5 to 8 per group  
 Duration: 30 to 150 days  
 Founded: 1996  
 Email: [admissions@monarchfamilyhealing.com](mailto:admissions@monarchfamilyhealing.com)  
 Fax: (303) 569-0120



Georgetown

Address: P.O. Box 797  
 Georgetown, CO 80444  
 Airport: Denver

**Website:** [www.monarchfamilyhealing.com](http://www.monarchfamilyhealing.com)

The Monarch Center for Family Healing, formerly known as Trailhead Wilderness School, is a privately owned and operated wilderness program for youth between the ages of 10 – 18 years old. We are located in Georgetown, Colorado, which is approximately one hour west of Denver. Our wilderness courses operate in the Rocky Mountains during the summer months and in various locations including the Grand Canyon, Bandelier National Monument and Escalante National Monument in the winter.

Minimum length of stay is 30 days; maximum length of stay is 150 days; and the average length of stay is 60 days. Students are in the backcountry for two weeks and then participate in a week of family therapy in Georgetown, CO. Every third week, then, is “Family Week”, in which families are invited – and encouraged – to come out to work in family sessions directly with their son/daughter. There is also time to visit and play with each other after the sessions are over. Our belief is that having the youth work directly in family therapy for as many as 30 hours every three weeks expedites the treatment process and more fully integrates and solidifies the changes that the youth is being asked to make. After Family Week is over, the students then go back into the field to process what was worked on in their family sessions, continue their individual work and then prepare for the next Family Week.

We rely on Gestalt and wilderness therapeutic philosophies, and offer extensive family based aftercare services.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Colorado, Department of Human Services, Division of Child Care

**Professional Affiliations:** NATSAP-Full Member; OBHIC; Association of Experiential Education (AEE)

# Montana Academy

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (406) 755-3149

Executive Contact: John Santa, Ph.D.

Admission Contact: Rosemary McKinnon, LCSW

Gender: Coeducational  
 Ages: 14 to 17  
 Grades: 9 to 12  
 Enrollment: 70  
 Duration: 18 to 24 months  
 Founded: 1997  
 Email: [rosemarym@montanaacademy.com](mailto:rosemarym@montanaacademy.com)  
 Fax: (406) 755-3150



Address: 9705 Lost Prairie Rd.  
 Marion, MT 59925  
 Airport: Missoula or Kalispell

**Website:** [www.montanaacademy.com](http://www.montanaacademy.com)

Montana Academy is a private therapeutic boarding school for young people ages 14 to 17 at crisis points in their lives. Many of our students have endured traumas, struggled with learning difficulties, school or social failure. Many have emotional symptoms which have disrupted their ability to function on a day-to-day basis.

The program combines a college preparatory high school curriculum with a professional treatment program. It is unique in its quality of training and experience with five doctoral level clinicians, including two full-time psychiatrists, as well as four experienced masters level clinicians. Staff seek to formulate a clear, clinical understanding of each child's developmental difficulties and to permeate our program with the appropriate response to promote growth. Our common goal is a sustained momentum in all aspects of a child's development.

We combine an emotional growth curriculum, designed for young people with psychological difficulties, with a dual academic curriculum that is suited to students disenchanted and disengaged from conventional classrooms. Our academic program, informed by the acclaimed Project CRISS, teaches students the study skills they need to enhance learning and explore personal growth. The treatment program based on single-sexed "teams" of 10-12 students utilizes individual, group and family therapy as well as milieu therapy in recreationally-based activities, student work responsibilities and the community. Challenging students to reflect upon their personal histories and stages in life, our emotional growth curriculum teaches and encourages students to make sense of parents and families. Experiential and wilderness opportunities link the learning process with academic content in valued community work and challenging outdoor adventure in the awesome beauty of Montana.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; Joint Commission; Registered with Montana Association of Alternative Private Programs; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Montcalm School For Boys

(Therapeutic Boarding School)



**Member Since:** 2001

**Phone:** (866) 244-4321

Executive Contact: Norman Ostrum

Admission Contact: Janne Byrens

Gender: Boys only  
 Ages: 12 to 18, STL program through 21  
 Grades: 6 to 12  
 Enrollment: 70  
 Duration: 9 to 18 months  
 Founded: 2000  
 Email: OSTRUMN@starr.org  
 Fax: (517) 629-4650



Address: 13725 Starr Commonwealth Rd.  
 Albion, MI 49224

Airport: Detroit

**Website:** [www.montcalmschool.org](http://www.montcalmschool.org)

Montcalm School is a residential treatment program of Starr Commonwealth. Established in 1913, Starr Commonwealth is a pioneer and leader in child welfare practices and therapeutic treatment of troubled youth. Growth over the years, and a firm belief that all children have strengths and value, culminates in an internationally recognized treatment program. Montcalm School is driven by a set of Core Values that promote integrity, excellence, compassion, and faith and ultimately lead to the belief that “There is no such thing as a bad child.”

Montcalm School is ideal for young men who may be adopted, experiencing family conflict, ADD/ADHD/attention issues, Asperger’s Syndrome, learning disabilities/differences, passively non-compliant, oppositional behaviors, substance abuse issues, and other behavioral issues. Our young men may be lacking self-esteem, may have feelings of abandonment, or may need additional assistance in learning social skills, all of which may have been unsuccessfully addressed in previous therapy settings.

Treatment at Montcalm School is founded on principles that integrate the power of interpersonal relationships, peer group treatment, and multidisciplinary teamwork. Daily therapy sessions foster and enable each student’s opportunity to develop self-awareness, care, assistance to others, and pro-social life skills. In addition, each student at Montcalm School receives an asset-based behavioral and educational assessment upon entering the school. Parents, teachers, peers, and the treatment team determine an individualized course of treatment. Other experiences will include Outdoor Adventure Education, recreation therapy, and service learning. Spiritual, substance abuse, and grief counseling are available. Montcalm also has a Structured Transitional Living program designed to teach independent living skills for older boys through age 21. We are SEVIS approved.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Council on Accreditation; State of Michigan Department of Education

**Professional Affiliations:** NATSAP-Full Member; AEE

# Montcalm School for Girls

(Residential Treatment Center)



**Member Since:** 2004

**Phone:** (866) 244-4321

Executive Contact: Kelley Jones

Admission Contact: Nathan Westfall

Gender: Girls  
 Ages: 12 to 18  
 Grades: 6 to 12  
 Enrollment: 60  
 Duration: 9 to 12 months  
 Founded: 2004  
 Email: [info@montcalmschool.org](mailto:info@montcalmschool.org)  
 Fax: (419) 238-5571



Address: 15145 Lincoln Highway  
 Van Wert, Ohio 45891  
 Airport: Fort Wayne, Indiana  
 Dayton, Ohio

**Website:** [www.montcalmschool.org](http://www.montcalmschool.org)

The Montcalm School, located in Van Wert, Ohio is a private residential treatment program of Starr Commonwealth. Established in 1913, Starr Commonwealth is a pioneer and leader in child welfare practices and therapeutic treatment of troubled youth. Growth over the years, and a firm belief that all children have strengths and value, has culminated in an internationally recognized treatment program. The Montcalm School is driven by a set of Core Values that promote integrity, excellence, compassion and faith and ultimately lead to the belief that “there is no such things as a bad child.”

Montcalm School is ideal for young women who may be experiencing family conflict, adoption issues, Aspergers, ADD/ADHD, attachment difficulties, narcissism, learning disabilities/differences, passive non-compliance, oppositional behaviors, substance abuse, moderate depression and other behavior issues. Our young women may be lacking self-esteem, have poor body-image issues, may have feelings of abandonment, or need additional support/help in developing social skills, all of which may have been unsuccessfully addressed in previous therapy settings.

Treatment at the Montcalm School is founded on the principles of PPC (Positive Peer Culture). This model integrates the power of interpersonal relationships, peer group treatment, and multidisciplinary teamwork. Daily therapy sessions foster and enable students the opportunity to develop self-awareness, care, assistance to others, and pro-social life skills. Empowerment classes are used to address self-limiting behaviors and attitudes. In addition, each student at the Montcalm School receives an asset-based behavioral and educational assessment upon entering the school. Parents, teachers, peers, and the treatment team determine the individualized course of treatment. Additional program experiences will include, outdoor adventure education, recreational therapy, body-image and self-esteem education, and a service learning program that promotes social interest and self-worth. Grief and substance abuse counseling are also available. Montcalm School will also provide relapse prevention visits for those students who have departed the program.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Ohio, Department of Job and Family Services; Council on Accreditation

**Professional Affiliations:** NATSAP-Full Member; Ohio Association of Child Caring Agencies, Inc.; Strength Based Services International (SBSI); NBCDI

# Mount Bachelor Academy

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (800) 462-3404

Executive Contact: Sharon Bitz

Admission Contact: Kelli Hoffman (khoffman@mtba.com)

Gender: Coeducational  
 Ages: 14 to 18  
 Grades: 8 to 12  
 Enrollment: 110  
 Duration: 14 to 16 months  
 Founded: 1988  
 Email: info@mtba.com  
 Fax: (541) 462-3430



Address: 33051 NE Ochoco Hwy.  
 Prineville, OR 97754  
 Airport: Redmond or Portland

**Website:** [www.mtba.com](http://www.mtba.com)

Mount Bachelor Academy (MBA) is more than just a school. It's a community of caring professionals dedicated to helping young people achieve the highest levels of personal and intellectual development who would otherwise be at risk of failing in school or succumbing to dangerous behaviors. We believe these young people are often our nation's most promising, and that they deserve an educational setting that integrates personal and academic growth into a total learning experience.

Mount Bachelor Academy is a coeducational school for young people ages 14-18. We enroll underachieving, unmotivated, and behaviorally or emotionally challenged students who are not doing well in traditional settings. We offer an accredited, year-round curriculum of interdisciplinary academic study. Four out of five MBA graduates earn admission to colleges or universities, including some of the country's most selective educational institutions.

Upon admission, we test each student for placement into an accredited curriculum in which science, math, humanities, art, wilderness studies, and a host of other subjects are integrated into a comprehensive whole. Additionally, each student embarks on a 14-16 month personal growth curriculum led by experienced guidance professionals and supplemented by group and peer counseling and intensive workshops. Students gain self-esteem and learn informed decision-making and leadership skills, preparing them to become active participants in adult life.

**Individual Psychotherapy Available:** Yes, licensed therapist full-time on site.

**Accreditation, Licensure:** Oregon Department of Human Services, Child Caring Agency; Oregon Department of Education; Northwest Association of Accredited Schools; Pacific Northwest Association of Independent Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; AEE; Oregon Federation of Independent Schools

# Mount Carmel Youth Ranch

(Outdoor Therapeutic Program)



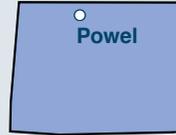
**Member Since:** 2009

**Phone:** (307) 645-3322

Executive Contact: Gerald Schneider

Admission Contact: Matthew Schneider

Gender: Boys Only  
 Ages: 12 - 17  
 Grades: 6 - 12  
 Enrollment: 12  
 Duration: 12 months  
 Founded: 1992  
 Email: [jerrys@mtcarmelyouthranch.com](mailto:jerrys@mtcarmelyouthranch.com)  
 Fax: (307) 645-3054



Address: 428 Road 1AF  
 Powel, WY 82435

**Website:** [www.mtcarmelyouthranch.com](http://www.mtcarmelyouthranch.com)

Mount Carmel Youth Ranch is a non-profit organization that uses real life experiences on a cattle ranch to dignify and increase the self-esteem of the troubled youth. Our “Reality Therapy” in a true west setting, is done with a Catholic focus to help mend the troubled youth’s relationships with family as well as building a moral conscience within the boy. This is accomplished by educating the mind, strengthening the body, and elevating the spirit.

Our Programs helps at risk young men, ages 12-18, who display difficulty in these areas: Academic underachievement; Alcohol and drug abuse; Rebellious and defiant; Cigarette usage; Suspension or expulsion from school; ADD/ADHD; Poor peer choice; Depression; Narcissistic behavior; Anxiety; Anger management; Parental control; Low self-esteem; Abandonment issues; Social interaction; Adoption issues; Emotionally troubled; Divorce reaction; Peer/Sibling conflict; Occult involvement; Sexual promiscuity

Mount Carmel Youth Ranch is a real working cattle ranch that is located in Northern Wyoming close to Cody and the East entrance to Yellowstone National Park.

Our adventure-experiential therapies based program helps at-risk teens through a mind, body, and spirit approach aimed at the young man’s mature emotional development. We offer many first time experiences that will dramatically improve his ability to make changes towards healthier lifestyle choices. We offer a Catholic faith-family relationships based program model. Unique to our program is a character developing Passport to Manhood that emphasizes core principles of: Trustworthiness, Honesty, Integrity, Respect, Responsibility, Courage, Diligence, and Work Ethic.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Wyoming, Department of Family Services as a Group Home

**Professional Affiliations:** NATSAP-Full Member; The Independent Small Programs Alliance (ISPA)

# Mountain Homes Youth Ranch

(Outdoor Therapeutic Program/Wilderness Program)



**Member Since:** 2005

**Phone:** (435) 781-2450

Executive Contact: Rob Caldwell

Admission Contact: Rob Caldwell

Gender: Coeducational  
 Ages: 12 to 17; 18 to 25  
 Grades: 5 to 12  
 Enrollment: 40  
 Duration: 12 to 15 weeks  
 Founded: 1996  
 Email: [robcm@mhyr.com](mailto:robcm@mhyr.com)  
 Fax: (435) 781-2442



Address: 247 S. Vernal Ave.  
 Vernal, UT 84078

Airport: Grand Junction, CO  
 Salt Lake City, UT

**Website:** [www.mhyr.com](http://www.mhyr.com)

Mountain Homes Youth Ranch is a licensed therapeutic wilderness program in the state of Colorado. The program uses an outdoor setting to bring out behavioral issues in youth ages 12 – 18. Youth learn to make positive choices throughout their stay in the program as a means to experience natural positive consequences for themselves during their time at Mountain Homes as well as upon returning home. Students gain positive coping skills in the programs that can be directly applied to real life situations with family, peers, at school, and in social activities.

Mountain Homes Youth Ranch is selective in the types of students that are accepted into the program. Students are screened thoroughly through the Clinical Assessment Team. MHYR only accepts students that are appropriate for their program and that we feel we can genuinely help. Because of the screening process, some students are declined. Our goal is to give every youth a life-changing and emotional growth experience. Parent feedback informs our program that youth gain maturity, positive coping skills, improve self-esteem, and are able to make positive choices upon returning home. Our selection process contributes to a very high success rate with the youth that come to the program.

Students accepted into the program display a variety of emotional and behavioral problems. We accept students displaying behavior related to ADD/ADHD, ODD/OCD, peer pressure, low self-esteem, runaway history, anger management, anxiety, substance abuse, lack of motivation, school related problems, respect and defiance. We do not accept students who have major health problems, have a history of physical violence, or students who are currently suicidal.

Safety is a priority at Mountain Homes. We lease a 15,000 acre ranch in Western Colorado where students live in tents in a beautiful wilderness setting. We do not use BLM or Forest Service lands. Having our own ranch provides an ability to control for safety issues related to campers, hikers, and hunters. Staff are screened thoroughly and trained weekly regarding positive interventions to handle negative behavior. The program is overseen by Program Directors that combine over 30 years working with at-risk teens.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Colorado, Department of Human Services, Division of Child Care

**Professional Affiliations:** NATSAP-Full Member, OBHIC

# New Haven

(Residential Treatment Center)



**Member Since:** 1999

**Phone:** (801) 794-1218

**Executive Contact:** Dustin Tibbitts, CMFTI

**Admission Contact:** Kristie Jensen

**Gender:** Girls Only  
**Ages:** 13 to 17  
**Grades:** 7 to 12, college prep  
**Enrollment:** 64  
**Duration:** Average 8 to 10 months  
**Founded:** 1995  
**Email:** admissions@newhavenrtc.com  
**Fax:** (801) 794-9558



**Address:** P.O. Box 50238  
 Provo, UT 84605  
**Airport:** Salt Lake City

**Website:** [www.newhavenrtc.com](http://www.newhavenrtc.com)

New Haven's school and therapeutic haven facilitates positive change and healing in families struggling with troubled adolescent girls. New Haven offers girls with emotional or behavioral problems a feeling of retreat, a safe place where they can learn empowerment skills and discover their maximum social, emotional, and academic potential. We believe that long-lasting change occurs when six areas are addressed: We emphasize family therapy, and we provide girls with the experiences and the structure to learn how to give and receive love and respect. They increase their self-esteem, and take responsibility for choices and consequences, then realign their lives with their individual values systems and spiritual orientation.

New Haven is for girls ages 13-17 who may experience problems including but not limited to the following: depression, drug abuse, manipulation, low motivation, hopelessness, low self-esteem, entitlement, and relationship difficulties. Also, we commonly treat mood disorders, anxiety, eating disorders, addiction, ADD, Learning Disabilities, oppositional-defiance, personality disorders, trauma-related issues, attachment disorders, and depression. We do not treat Conduct Disorders, pregnant girls, or severe psychosis.

New Haven fulfills its mission through the following: An accredited High School and Jr. High School; close ties to local universities; exceptional client service; reliable and frequent communication with parents, programs, and Educational Consultants; medication management supervised by psychiatric staff; rigorous psychological and educational testing; thorough transitional and aftercare services; Masters- or Doctorate-level therapy (family and individual weekly); Equine-assisted therapy and experiential therapies; and a 1-4 direct contact, residential staff-to-student ratio.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Joint Commission; Northwest Association of Accredited Schools; EAGALA certified; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; Provo-Orem Chamber of Commerce Member, Better Business Bureau (BBB)

# New Leaf Academy of North Carolina

(Personal Development Boarding School)



**Member Since:** 2006

**Phone:** (866) 479-5323

Executive Contact: Catherine Jennings

Admission Contact: Kathryn Huffman

Gender: Girls Only  
 Ages: 10 to 14  
 Grades: 5 to 10  
 Enrollment: 50  
 Duration: 15 to 24 months  
 Founded: 2005  
 Fax: (828) 697-9722



Address: 2075 N. Rugby Rd.  
 Hendersonville, NC 28791  
 Airport: Asheville/Hendersonville

**Website:** [www.newleafacademy.com](http://www.newleafacademy.com)

The New Leaf Academies are safe, structured single-gender living and educational environments for girls ages 10 through 14 at the time of enrollment who need extra help and guidance in achieving their social, familial and academic goals. New Leaf students struggle with issues ranging from attention deficit disorder, depression, mood disorder and impulsivity, to anxiety, attachment disorders (excluding RAD) and a range of learning differences. A New Leaf girl often lacks personal boundaries, is unable to read social cues, exhibits difficulty making and maintaining friendships, and demonstrates an inability to participate or adhere to family rules, values, and relationships. Our developmentally-based programs are designed to help foster improved family communication and functioning; build a renewed connection with parents, guardians and siblings; generate a willingness to follow rules and submit to parental authority; build social and interpersonal skills; instill an ability to address and manage feelings appropriately; and to help generate increased academic achievement.

Through a combination of a top-level education and professional counseling, New Leaf students progress through three consecutive life steps which encourage an appreciation for and understanding of the value and rewards of hard work and follow through, while cultivating a strong sense of self worth through social, emotional, behavioral, and academic accomplishment. Using age-appropriate and gender-focused activities and interventions, girls learn to interact on a meaningful level with both peers and adults, and to develop successful relationships with their families. Additionally, New Leaf integrates personal development with the academic process to create a consistency in interventions with girls. Our academic program focuses both on the academic content of a traditional grade-appropriate curriculum, as well as on educating girls regarding the specific tools, strategies and skills to be successful learners in the future.

Due to the developmental age of our students, family participation is expected to help achieve optimal success. Parents and guardians receive ongoing education and training specific to the needs of their child, and participate in an individual family workshop to address and correct specific family patterns. Additionally, parent visit weekends and seminars are scheduled throughout the year to provide opportunities for practice and growth.

Our goal at the New Leaf Academies is to effectively facilitate true and lasting academic, social and behavioral change by providing a nurturing, family-style environment that meets the specific developmental needs of the pre-adolescent female.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** North Carolina State Board of Education, Non-Public School Residential Exceptional Children Program; Southeastern Association of Colleges and Schools (SACS); CITA

**Professional Affiliations:** NATSAP-Full Member

# New Leaf Academy of Oregon

(Therapeutic Boarding School)



**Member Since:** 1999

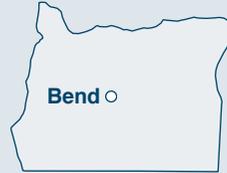
**Phone:** (541) 318-1676

**Toll-Free:** (866) 820-5050

**Executive Contact:** Robbi O'Kelley, MSW, LCSW, CAD CII

**Admission Contact:** Robbi O'Kelley

**Gender:** Girls Only  
**Ages:** 10 to 14  
**Grades:** 5 to 9  
**Enrollment:** 63  
**Duration:** 15 to 24 months  
**Founded:** 1997  
**Email:** admissions@newleafacademy.com  
**Fax:** (541) 318-1709



**Address:** P.O. Box 6454  
 Bend, OR 97708-6454  
**Airport:** Redmond or Portland

**Website:** [www.newleafacademy.com](http://www.newleafacademy.com)  
 (choose Oregon Campus option)

The New Leaf Academies are safe, structured single-gender living and educational environments for girls ages 10 through 14 at the time of enrollment who need extra help and guidance in achieving their social, familial and academic goals. New Leaf students struggle with issues ranging from attention deficit disorder, depression, mood disorder and impulsivity, to anxiety, attachment disorders (excluding RAD) and a range of learning differences. A New Leaf girl often lacks personal boundaries, is unable to read social cues, exhibits difficulty making and maintaining friendships, and demonstrates an inability to participate or adhere to family rules, values, and relationships. Our developmentally-based programs are designed to help foster improved family communication and functioning; build a renewed connection with parents, guardians and siblings; generate a willingness to follow rules and submit to parental authority; build social and interpersonal skills; instill an ability to address and manage feelings appropriately; and to help generate increased academic achievement.

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Our goal at the New Leaf Academies is to effectively facilitate true and lasting academic, social and behavioral change by providing a nurturing, family-style environment that meets the specific developmental needs of the pre-adolescent female.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Oregon Department of Human Services, Child Caring Agency; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; SBSA

# New Lifestyles

(Young Adult Program)



**Member Since:** 2002

**Phone:** (540) 722-4521

Executive Contact: Kenneth L. Cuave, PsyD.  
Admission Contact: Paul Hill, PsyD



**Gender:** Coeducational  
**Ages:** 18 to 26  
**Grades:** High School Completion and College  
**Enrollment:** 10  
**Duration:** 1 year  
**Founded:** 1985  
**Email:** [nladmit@newlifestyles.net](mailto:nladmit@newlifestyles.net)  
**Fax:** (540) 722-0223

**Address:** 230 West Boscawen Street  
Winchester, VA 22601  
**Airport:** Washington Dulles

**Website:** [www.newlifestyles.net](http://www.newlifestyles.net)

New Lifestyles is an intensive, therapeutic program for emerging adults located at the northern tip of the Shenandoah Valley in Winchester, Virginia.

Committed to the unique needs of individuals ages 18 to 26, New Lifestyles provides a clinically intensive transition experience for students with average to above average intellect who present with Axis I and/or Axis II diagnoses to include:

- mood disorders (depression, bipolar disorder);
- anxiety disorders;
- eating disorders;
- personality disorders and traits (dependent, avoidant, narcissistic, etc.);
- learning and attention disorders; and
- Aspergers spectrum disorders including NLD.

Central to a student's work at New Lifestyles is his or her participation in intensive individual and group psychotherapy sessions. Individual sessions are provided two to three times weekly, and therapy groups meet an additional four to six times weekly. Therapy sessions focus on clinical issues that impact a student's participation and progress. Specialty treatment tracks are available in the areas of affect regulation, executive functioning, anxiety management, and recovery. Other program components consist of health and recreational activities and psycho-education groups that focus on skill development in a variety of areas including social skills, interpersonal relationships, life competencies, and career and work exploration. A financial component of the New Lifestyles program requires students learn how to manage a checking account, pay bills, and plan and manage a budget.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Clinical Psychologists licensed by State of Virginia

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member; APA; SACAVA

# New Summit Academy of Costa Rica

(Therapeutic Boarding School)



Member Since: 2007

**Phone: (414) 921-1388 (USA)**  
**(011) 506-446-3376 (Costa Rica)**

Executive Contact: Heather Tracy, Ed.M.  
 Admission Contact: Heather Tracy, Ed.M.

Gender: Boys Only  
 Ages: 15 - 18  
 Grades: 10,11, 12  
 College Prep: Yes  
 Enrollment: 24  
 Duration: 12+ months  
 Founded: 2004  
 Email: [admin@newsummitacademy.com](mailto:admin@newsummitacademy.com)  
 Fax: (561) 892-3853 (USA)



Address: Aptdo #159-4013  
 Atenas, Alajuela  
 COSTA RICA 20501  
 Airport: (SJO) Aeropuerto Juan Santamaria,  
 Alajuela, San Jose, Costa Rica

**Website: [www.newsummitacademy.com](http://www.newsummitacademy.com)**

New Summit Academy Costa Rica nurtures students toward healthier lifestyles through problem-solving & processing experiences to become more relationship-based, goal-driven, resourceful global citizens. Our year-round therapeutic boarding school accomplishes our mission by implementing our unique integration of a SACS-accredited USA academic program with personal growth objectives and experiential education activities.

NSA works with up to 24 males (ages 15-18) who are in or entering grades 10-12. Students may struggle with anxiety/depression, self-confidence, motivation, decision-making, difficult family dynamics, attention deficits, oppositional defiance, or substance abuse. NSA students are bright, creative (often very musical), passionate about an interest, active, accountable, capable of insight-building, socially skilled, interested in attending college and are committed to personal growth.

NSA provides an active, nurturing milieu that focuses on the flow and integration of the academic, therapeutic, and recreational aspects of a student's life. Dynamic teachers and Multiple Intelligences instruction & assessment are key to student motivation and engagement in NSA's academic curriculum. With our small class sizes, students learn to break projects into smaller pieces to make progress in reaching goals. Therapeutic strategies are non-confrontational, empowering, and emphasize process and relationship-building over behavior modification techniques. Students participate in individual therapy, community groups (3 times a week) and Honor Council Meetings. Milieu therapists participate in recreational activities and Aventuras to build natural therapeutic relationships with students outside of a traditional office environment. Therapists work with families at workshops and via telephone. The Experiential Education department involves students in planning healthy recreational activities on weekends as well as regular community service and cultural immersion opportunities with local families and friends. Furthermore, NSA's Aventura program that therapeutically engages students in Costa Rica's amazing outdoor laboratory at least 12 weeks a year gives students experiences they will never forget!

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** PANI (Patronato Nacional de Infancia de Costa Rica - child welfare organization), Ministerio de Salud (Health Ministry); SACS academic accreditation (Southern Association of Colleges and Schools).

**Professional Affiliations:** NATSAP-Full Member

# NorthStar Center

(Young Adult Program)



**Member Since:** 1999

**Phone:** (866) 313-7580

Executive Contact: Sean Fievet

Admission Contact: Chesley Strowd

Gender: Coeducational  
 Ages: 17½ to 24  
 Grades: High School Diploma/GED/College  
 Enrollment: 42  
 Duration: 6 to 12 months  
 Founded: 1991  
 Email: [cstrowd@northstarcenter.com](mailto:cstrowd@northstarcenter.com)  
 Fax: (541) 385-0997



Address: P.O. Box 1387  
 Bend, OR 97709  
 Airport: Redmond or Portland

**Website:** [www.northstarcenter.com](http://www.northstarcenter.com)

The NorthStar Center is an extended-care substance abuse recovery program where students learn to lead a healthy and sober lifestyle while pursuing academic goals and independence. Students transition directly to NorthStar with at least thirty days sobriety upon completing a primary treatment program or wilderness therapy program in which they have received education about addiction and made a commitment to remain sober. NorthStar's mission is to help students learn the skills to transition appropriately into a sober and healthy adult lifestyle.

Students of the NorthStar program are 17.5 – 24 year-olds who seek to move forward in their lives emotionally and academically. For students with a minimal amount of high school to complete, NorthStar assists them in pursuing a high school diploma, or working toward a GED. Students participate in Dialectical Behavioral Therapy (DBT) skills training to learn to regulate emotions and Motivational Interviewing groups to further their understanding of the recovery process and their commitment to recovery.

NorthStar is a dual diagnosis (co-occurring disorders) facility. In addition to substance abuse, students have typically experienced academic failure in their lives and may have learning challenges. A typical student may deal with poor self-esteem, ADD/HD, mood disorders, Anxiety, Depression, Bi-polar, PTSD, impulsivity and/or lack of motivation.

The NorthStar journey to sober, healthy adulthood is designed as a one-year program divided into two phases. During Phase I, students live in a structured residential setting that is staffed 24-hours-per-day. Students are involved in daily chores, academic pursuits including college classes, group therapy, individual therapy, 12-step recovery meetings and world class recreational activities.

NorthStar also puts tremendous emphasis on rebuilding family relationships in family therapy, Family Week workshops and parent discussion teleconferences. As an additional benefit, NorthStar parents are assigned a certified Parent Coach for the purpose of helping support the parents in establishing new roles as their young adult transitions into the next phase of his or her life.

NorthStar's Phase II is an opportunity to participate in an independent living component of the program in which students live in the Bend community with another NorthStar student, but remain actively involved in college and academic advising or employment (full or part-time), individual and group therapy, case management, money management, recreation and community activities.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Oregon Department of Human Services

**Professional Affiliations:** NATSAP-Full Member; NAATP, NAADAC

# Northwest Academy

(Therapeutic Boarding School)



**Member Since:** 2006

**Phone:** (208) 267-3524

Executive Contact: Adam McLain, Psy.D

Admission Contact: Brandi Elliott

Gender: Co-ed  
 Ages: 16 - 18  
 Grades: 11 - 12  
 Enrollment: 65  
 Duration: 12 months  
 Founded: 1994  
 Email: brandi.elliott@uhsinc.com  
 Fax: (208) 267-3232



Naples

Address: P.O. Box 370  
 1 Ruby Creek Rd.  
 Naples, ID 83847  
 Airport: Spokane, WA

**Website:** [www.nwacademy.net](http://www.nwacademy.net)

Northwest Academy is specifically designed to meet the unique needs of older adolescents. Carefully designed structure and curriculum allows Junior/Senior students: accelerated academics, on-line/off-site college courses, post-secondary guidance, individual, group and family therapy, job shadowing, participation on local sports teams, vocational learning and appropriate community experiences. Recognizing the unique challenges and questions our students face and embracing opportunities available to them keeps Northwest Academy focused on the issues and obstacles that have interfered with transition into adulthood.

Student profile: bright, college-capable, at risk of not finishing high school, poor or deteriorating academic performance, affiliating with negative peers, expressing unhealthy independence, socially or emotionally immature, oppositional and defiant, using/abusing drugs or alcohol, defying authority and family rules, suffering from depression, limited by anxiety, entitled and indulgent, acting out in opposition to family values, off-track from their post-secondary goals and dreams

Staff includes: psychologist, licensed therapists, tenured milieu staff, recreation instructors, substance abuse counselor, registered nurses, consulting psychiatrist, credentialed teachers and a special education coordinator. Together, they encourage students to revisit abandoned values, prepare for adulthood, pursue healthy relationships, develop independent living skills, challenge self imposed limits and self defeating behavior patterns.

Primary therapists work with students, families and associated professionals to develop the treatment plan. Our team approach is integrative, comprehensive and inclusive, with students active in developing individualized plans. Plans are evaluated and updated bi-weekly with focus assignments that help break down larger goals into immediate action steps. Students receive weekly individual and family therapy and participate in 5 therapeutic groups. Primary therapists conduct parent updates, oversee progress towards goals and recommend clinically indicated interventions. Our certified substance abuse counselor, works with students to develop recovery plans that include weekly recovery groups (utilizing the Stages of Change model for achieving/maintaining sobriety) and on/off campus 12-Step meetings.

We have found that in healing primary parent-child relationships, students become more participatory in exploring their deeper, core issues that often impede success and cause discomfort. Respecting parent influence and knowledge of their child; parent participation is critical and often predictive of a student's future success. Utilizing that input and influence, we provide family therapy, guided writing/communications, goal oriented visits and parent education workshops.

The powerful combination of academic progress, therapeutic support, personal growth and facilitated planning provides students with improved self-esteem, practiced coping skills, enhanced range of emotional expression, meaningful relationships, a deeper understanding of self and purposeful direction for their futures.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare, Child Care; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Oakley School

(Therapeutic Boarding School)



**Member Since:** 1999

**Phone:** (435) 783-5001

Executive Contact: James Meyer

Admission Contact: Carrie Shoumatoff

Gender: Coeducational  
 Ages: 14 to 19  
 Grades: 9 to 12  
 Enrollment: 120  
 Duration: Min. 1 school yr. - Max. 4 school yrs.  
 Founded: 1998  
 Email: Admissions@Oakley-School.com  
 Fax: (435) 783-5010



Address: P.O. Box 357  
 251 West Weber Canyon Rd.  
 Oakley, UT 84055  
 Airport: Salt Lake City

**Website:** [www.oakley-school.com](http://www.oakley-school.com)

For teens struggling in high school, The Oakley School is a therapeutic college-preparatory boarding school that has proven over the last decade that excellence in education can be combined with effective therapy and life experiences. The four cornerstones of the Oakley School program set the national standard, with rigorous academic curriculum, sophisticated clinical support through individual, group, and family therapy, an active and empowering student life experience, and diverse experiential education program. The Oakley School's integrative approach is reflected by its natural environment. The private boarding school is located in the Intermountain West – known for its diversity with pristine mountain ranges, red rock vistas, desert playgrounds, and metropolitan sophistication. Similarly, The Oakley School provides a diverse educational and developmental experience, balanced by opportunities for students to incorporate self-discipline and responsibility, truly preparing students to enter college life.

The Oakley School, however, is not for everyone. It is designed for students who are ready for change, have some distance from their behaviors, and who are willing to be challenged in mind, body, and passion. With this balanced approach, these college bound students are given opportunities to do more than improve academic scores. They are given the tools to overcome self-defeating behaviors; they uncover individual talents, they develop life skills; they learn how to improve relationships with family and peers.

The Oakley School offers over 40 different academic courses taught by endorsed faculty each semester to better "customize" learning needs. In addition to the academic week, every student participates in our two day Experiential Education module program, developing lifelong expertise in outdoor skills, the fine arts, and community service. Seven week intensive courses in up to 70 different subject areas are offered each year. Students also compete against local high schools in cross country, volleyball, swimming, wrestling, lacrosse, soccer, and golf.

The Oakley School carefully integrates a strong daily structure with a social model of clinical support. Oakley School allows students to have community experiences, in order to provide real life choices not available in short term, and/or more restrictive environments. By the time Oakley students have completed the program, they have already faced choices and pressures that life can bring in ways that truly prepare them for a successful future.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Therapeutic School; Northwest Association of Accredited Schools; Utah State Office of Education

**Professional Affiliations:** NATSAP-Full Member

# Odyssey Wilderness Programs

(Wilderness Program)



**Member Since:** 2005

**Phone:** (360) 671-4999

Executive Contact: Tim Brockman

Admission Contact: Sarah Brockman



Gender: Coeducational  
 Ages: 13 - 17  
 Grades: 7 to 12  
 Enrollment: Multiple groups of up to 8 students  
 Duration: 4, 6, or 8 weeks  
 Founded: 2003  
 Email: [info@odysseynw.com](mailto:info@odysseynw.com)  
 Fax: (360) 671-8444

Address: 1106 Harris Ave., Ste. 201  
 Bellingham, WA 98225  
 Airport: SeaTac (Seattle, WA)

**Website:** [www.odysseynw.com](http://www.odysseynw.com)

Odyssey Wilderness Programs is a highly developed and successful wilderness therapy program operating in the pristine backcountry areas of Washington State. The Odyssey mission is to promote positive experiences in wilderness by establishing a community of individuals through a safe, structured, strength-based curriculum and environmentally sound practice.

Odyssey outlines five objectives for students to achieve as a result of program participation. Students learn the skills to meet these objectives as they move through a fluid progression of three program phases, artfully designed to serve as metaphors for real-life situations: Personal Responsibility, Family Responsibility, and Community.

- 1) Improved **Family Relationships** through openness, trust, and respect.
- 2) Improved **School Performance** through building positive peer relationships, developing effective study habits, and enhancing motivation to learn.
- 3) **Good Judgment** by developing decision-making strategies, leadership, and learning through reflection.
- 4) Improved **Self- Confidence** in abilities and utilizing personal strengths.
- 5) Improved **Health and Happiness** through physical exercise, a nutritious diet, and developing a positive outlook and attitude.

Typical Odyssey students are male and female, ages 13 - 17. Their struggles may include: conflict with parents, depression, anxiety, anger, trouble in school, low self-esteem, drug/alcohol experimentation, ADD/ADHD, lack of motivation/direction, and oppositional or behavior problems.

Students complete the Odyssey program in 28 - 54 days, depending on their development of skills in the Five Objectives. Each student works individually with an experienced, licensed therapist who helps with them identify their strengths, find solutions to existing problem areas, and ultimately parallel their Odyssey experience with the choices they will make in the next phases of their life. The average length of stay is 6 weeks. Group size is typically four to six students with a maximum of eight.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Northwest Association of Accredited Schools (provisional)

**Professional Affiliations:** NATSAP-Full Member

# Open Sky Wilderness Therapy

(Wilderness Program)



**Member Since:** 2006

**Phone:** (970) 382-8181

Executive Contact: Aaron Fernandes and Pam Parsons  
Admission Contact: Lauren Lollini

Gender: Adolescent single sex groups, Adult co-ed group  
Ages: Adolescents 13 to 17, Adults 18 to 28  
Grades: N/A  
Enrollment: 4 groups, average 7 students per group  
Duration: 5 to 12 weeks, 9 week average  
Founded: 2005  
Email: [info@openskywilderness.com](mailto:info@openskywilderness.com)  
Fax: (970) 382-9494



Address: P.O. Box 2201  
Durango, CO 81302  
Airport: Durango, CO and Moab, UT

**Website:** [www.openskywilderness.com](http://www.openskywilderness.com)

Open Sky's holistic wilderness program engages the transformational power of nature to strengthen relationships, foster growth, cultivate awareness, and develop overall health and wellness. Our unique approach combines traditional therapeutic approaches, naturopathic medicine, innovative substance abuse treatment, organic, whole foods nutrition, and healthy outdoor living for all of our students.

Open Sky works with male and female adolescents, ages 13-17, and male and female young adults, ages 18-28, in a separate adult program. Our highly experienced clinicians effectively treat a variety of behavioral and emotional issues. The average group size at Open Sky is seven, smaller than the industry norm, to provide for a higher level of individualized care.

Open Sky is designed around developing physical, mental, emotional, and spiritual well-being. Students participate in yoga and meditation on a daily basis. Other unique opportunities for spiritual growth, including ceremonies, solos, sweat lodges, and vision quests, are also part of the Open Sky program.

Our therapy utilizes the most current, proven methods for healing. Open Sky has a PhD-level Research Director who guides outcome studies on the effectiveness of our program and is well-versed in current trends in psychotherapy literature, adolescent treatment, and research about wilderness therapy.

The Open Sky program is family centered. We offer distinctive family services such as a weekly group family teleconference, weekly field updates, a Family Reunion Workshop, and our Parent Wellness Weekend in Durango.

Open Sky includes naturopathic medicine in order to offer families safe, holistic treatment choices such as homeopathy, herbal medicine, and individualized nutrition planning. The Open Sky menu is alive with organic fruits and vegetables, whole grains, and healthy meats, and proteins. Our students cook and eat an organic, whole foods diet because research shows that physical health is integrally linked to emotional health.

The Open Sky team is made up of Masters and Doctorate-level counselors, Ivy League-trained managers, and educated and experienced field guides, who altogether have extensive experience in the fields of wilderness therapy and holistic medicine. Open Sky is an employee-owned company.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, State of Colorado, Department of Human Services, Residential Childcare Facility

**Professional Affiliations:** NATSAP-Full Member; OBHIC-Member

# Optimum Performance Institute

(Young Adult Program)



**Member Since:** 2005

**Phone:** (888) 558-0617

Executive Contact: Robert F. Fischer, M.D.

Admission Contact: Anne LaRiviere

Gender: Coeducational  
 Ages: 17 to 25  
 Grades: 12th grade and beyond  
 Enrollment: 6 per townhouse  
 Duration: Flexible with minimum of 6 months  
 Founded: 2004  
 Email: [anne@opiliving.com](mailto:anne@opiliving.com)  
 Fax: (805) 969-1642



Address: Woodland Hills, CA 91367

Airport: Burbank or Los Angeles

**Website:** [www.opiliving.com](http://www.opiliving.com)

The Optimum Performance Institute is for young adults ages 17 – 25 who are willing to commit to finding a sense of balance in their life and their places as a responsible member of society either by completing high school, junior college or university or gaining employment skills.

For many of these young adults, leaving home and making the transition to college or the work world is a daunting and overwhelming challenge. This is true whether they are leaving or trying to compete high school; leaving a highly structured boarding school or a program such as a therapeutic boarding school or wilderness program.

Often these youngsters are high achievers but “thrust” into this new and real world alone, with few advocates, they are often overwhelmed by isolation and lack of structure and support. Some need support with their social skills and ability to interact with peers. Many find they are unable to build a positive sense of self or use skills they might have developed that could help them get good grades, achieve goals and succeed. Often they begin to fail and return to old, negative patterns and peer groups.

At OPI we believe it makes sense to receive help with this transition in the form of individualized, customized educational and emotional support in an environment similar to the one where they will eventually live – an urban setting.

We believe that when young adults become part of a committed peer group—a new and supportive family of friends – they are able to confront the distractions and temptations that exist in the real world while taking advantage of all the exciting opportunities.

OPI participants live in beautiful apartment complexes in Woodland Hills, CA staffed with experienced Independent Living Specialists and professional counselors. Successful adults from the Los Angeles area serve as mentors. Together these skilled professionals work with Participants, helping to put together customized educational experiences and giving emotional support during the “down times” to ensure that each Participant continues working towards their goals.

OPI is unique because it offers: Boutique educational package customized for each Participant utilizing the universities and educational experiences in the Los Angeles area. Extensive therapeutic intervention designed to help internalize a commitment to long term goals, maintain focus, motivation, and cultivate the skills needed to integrate back into society. Our youth may present with varying diagnoses ranging from anxiety disorders, Asperger Syndrome, bipolar disorder, PTSD, depression, OCD, to name a few. Because we are small we handle each case individually; comprehensive substance abuse treatment; experiencing shared adventure and bonding through travel opportunities; on-going support through aftercare with access to a network of peers, counselors and mentors; and assistance to help families establish a bridge of communication allowing for greater understanding, tolerance, and clarification of differences and shared values.

**Individual Psychotherapy Available:** Yes

**Professional Affiliations:** NATSAP-Full Member

# Outback Therapeutic Expeditions

(Wilderness Program)



**Member Since:** 2002

**Phone:** (801) 766-3933

Executive Contact: Rick Meeves, Ph.D.

Admission Contact: Woody Crowell

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: N/A  
 Enrollment: 8 per group, single gender only  
 Duration: 4 to 8 weeks  
 Founded: 2001  
 Email: [rmeeves@outbacktreatment.com](mailto:rmeeves@outbacktreatment.com)  
 Fax: (801) 766-3932



Address: 50 North 200 East  
 Lehi, UT 84043  
 Airport: Salt Lake City

**Website:** [www.outbacktreatment.com](http://www.outbacktreatment.com)

Outback is a licensed treatment program that uses the wilderness as an alternative to traditional treatment settings, while employing conventional therapeutic methods. Treatment, not wilderness or survival skills, is the primary focus at Outback. To accomplish this, Outback has licensed Ph.D. and Masters level therapists, individualized treatment planning, individual therapy, group therapy, flexible lengths of stay, daily group processing sessions, single gender groups using a continuous flow model, and weekly parent/consultant communication.

Outback works with students 13 to 17 years of age with a range of emotional and behavioral issues that may include Oppositional Defiance, Attention Deficit, Learning Differences, Low Self-Esteem, Depression, Substance Abuse and Family Conflict.

Outback's goal is to empower the students by focusing on insight, self-mastery, and choice. These foci, combined with individual and group therapy sessions, individualized treatment planning, and the program's philosophy of promoting personal responsibility, allows the students to better internalize new, healthy habits and improve self-esteem.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Oxbow Academy

(Residential Treatment Center)



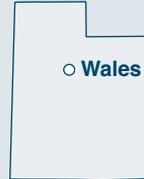
**Member Since:** 2007

**Phone:** (435) 436-9460

Executive Contact: Shawn Brooks

Admission Contact: Erin Smith (801) 602-2338

Gender: Boys Only  
 Ages: 13 to 17  
 Grades: 9 to 12  
 Enrollment: 24  
 Duration: 9 months  
 Founded: 2007  
 Email: [contact@oxbowacademy.net](mailto:contact@oxbowacademy.net)  
 Fax: (435) 436-9465



Address: 95 North State, HC Box 4245  
 Wales, UT 84667  
 Airport: Salt Lake City

**Website:** [www.oxbowacademy.net](http://www.oxbowacademy.net)

Oxbow Academy is a residential treatment center specializing in the treatment of teenage boys struggling with sexual behavioral problems. These sexual issues are generally symptomatic of other non-sexual problems which may include anxiety, depression, adoption, abuse, poor social skills, and sexual identity confusion. Oxbow students have been involved in sexual misconduct that may include inappropriately touching neighbors or family members, excessive use of pornography, or fetishes involving women's underwear or animals.

Many of these boys are socially awkward and emotionally fragile. They have generally identified different behavioral issues as their core problem and entered other treatment programs seeking help for those issues. In traditional therapy settings, these students will make only minimal therapeutic progress. Fellow students often fear and ostracize these boys.

Oxbow Academy offers a specialized therapeutic environment that focuses specifically on students with sexual dependencies. Oxbow uses a holistic approach built on therapeutic experiential activities including equine and horsemanship, fishing and camping, drama therapy, and music. In these activities, students develop positive relationships with peers and mentors. Therapeutically intensive, students receive individual, group and family therapy.

Oxbow's academic program works in tandem with therapeutic goals, helping students prepare to successfully transition to the next level of learning. Accredited by the State of Utah, licensed teachers provide instruction in core curriculum subjects such as math, science, language arts, and history.

Accountability is a critical aspect of treatment. We can assist families in navigating any mandatory reporting or legal issues that may result from their child's behavior. When needed, we have systems in place to communicate directly with the courts.

Addressing sexual issues is an extremely sensitive matter for students and their families. Oxbow can help boys with sexual dependencies learn to live happy, productive lives. Oxbow Academy – new hope, new healing, no secrets. ©

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services

**Professional Affiliations:** NATSAP-Full Member, ATSA - Association for the Treatment of Sexual Abusers; NOJOS-Network On Juveniles Offending Sexuality

# Paint Rock Valley

(Outdoor Therapeutic Program)



**Member Since:** 1999

**Phone:** (256) 776-2503

Executive Contact: Sharon Laney

Admission Contact: Kathy Demellier

Gender: Single Gender Campuses  
 Ages: 13 to 18  
 Grades: 6 to 12  
 Enrollment: 108  
 Duration: 12 to 18 months  
 Founded: 1985  
 Email: [kathy.demellier@threesprings.com](mailto:kathy.demellier@threesprings.com)  
 Fax: (256) 776-2561



Address: 3890 County Road 20

Trenton, AL 35774

Airport: Huntsville or Birmingham

**Website:** [www.threesprings.com/paintrockvalley](http://www.threesprings.com/paintrockvalley)

Paint Rock Valley utilizes the group process model, which helps adolescents work towards solutions to daily problems by emphasizing goal setting and achieving positive thinking and redirection. Through trial and error, these adolescents learn to make better choices in their lives. The program is adventure-based and designed to cultivate health both in body (through athletics, physical education, outdoor trips) and in spirit (through a group culture which creates community and the give and take of support in such a culture).

Three Springs of Paint Rock Valley offers separate therapeutic campuses for boys and girls ages 13-18 who are experiencing emotional and/or behavioral problems. Here they can safely begin to discover their hidden potential by learning about their personal strengths. Paint Rock Valley recognizes the importance of the family's involvement in the therapeutic process and provides numerous opportunities for the families to participate in the programming with their child.

The students attend an on-campus school which is accredited through SACS. They also rotate through electives which include Adventure Programming, Equine Therapy, and Teen Dynamics. Academic credit is awarded for each elective as well as the therapeutic benefits it provides for our students. Upon graduation from high school, students can begin earning college credit through on-line courses. Weekly specialty groups are offered throughout the program which focus on issues including adoption, grief, boundaries, separation or divorce of parents, anger management, substance use and abuse.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Alabama, Department of Youth Services; Southern Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member; EAP; EAGALA

# Penikese Island School

(Therapeutic Boarding School)



Member Since: 2008

**Phone: (508) 548-7276**

**Toll Free: (800) 828-7677**

Executive Contact: Toby Lineaweaver

Admission Contact: Pam Brighton

Gender: Boys Only  
 Ages: 15 to 18  
 Grades: 8 to 12  
 Enrollment: 9  
 Duration: 9 months  
 Founded: 1973  
 Email: [info@penikese.org](mailto:info@penikese.org)  
 Fax: (508) 457-9580



Address: P.O. Box 161  
 565 Woods Hole Rd.  
 Woods Hole, MA 02543  
 Airport: Boston, MA/Providence, RI

**Website: [www.penikese.org](http://www.penikese.org)**

The Penikese Island School is a therapeutic boarding school for struggling boys ages 15-18 located on Penikese Island in Buzzards Bay. With a maximum enrollment of 9, Penikese is geared for those who have not succeeded with previous interventions and who have been resistant to traditional therapies.

Penikese works with the underlying factors motivating problematic behavior rather than the behavior alone. By avoiding the power struggles at which its students are so adept, Penikese builds authentic connections by doing treatment *with* its students rather than *to* them. As students progress, they practice their new behaviors through contracted home passes supported by outreach, until they prove themselves ready to bridge from one community to another with Penikese's aftercare program support.

Penikese provides a comprehensive therapeutic program offering milieu counseling and modeling, individual/group psychotherapy and psychiatric consultation, and a clinical team approach that seeks to discover how the program can best work with each student rather than mold every boy to the program.

Penikese's academic program helps students overcome barriers to learning and build academic strengths in the one-room schoolhouse, vocational skills in the professionally outfitted woodshop, and work ethic and personal accountability in the interdependent community. Penikese has received commendation from the Massachusetts Department of Education for safety in the island environment.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Commonwealth of Massachusetts, Department of Early Education and Child Care; Commonwealth of Massachusetts, Department of Education

**Professional Affiliations:** NATSAP-Full Member; Massachusetts Association of Chapter 766 Approved Private Schools (MAAPS); EEG Spectrum International, Inc.; Citizens for Juvenile Justice

## Peninsula Village

(Residential Treatment Center)



**Member Since:** 1999

**Phone:** (800) 255-TEEN (8336) or  
(865) 970-3255

Executive Contact: Dr. Marianne Oliveira

Admission Contact: Kimberly West

**Gender:** Coeducational  
**Ages:** 13 to 17  
**Grades:** 8 to 12  
**Enrollment:** 90  
**Duration:** 12 months  
**Founded:** 1986  
**Email:** kwest2@covhlth.com  
 kroberts@covhlth.com  
 moliveir@covhlth.com  
**Fax:** (865) 970-1875



**Address:** P.O. Box 100  
 Louisville, TN 37777  
**Airport:** Knoxville (McGhee-Tyson)

**Website:** [www.peninsulavillage.org](http://www.peninsulavillage.org)

Peninsula Village is an intensive outdoor oriented residential treatment center near Knoxville, Tennessee with a record of success in helping adolescents and their families achieve lasting change. The Village is a nationally recognized program that specializes in the treatment of adolescents who have not responded to more conventional treatment approaches and require extended and concentrated treatment.

Peninsula Village admits males and females ages 13-17 with a range of psychological disorders; typically involving disturbances in mood and conduct as well as substance abuse/dependency. Most of the adolescents have entrenched interpersonal or personality difficulties, often those of a narcissistic or borderline nature. Other problems may include self-endangering or out of control behaviors, ADD/ADHD or eating disordered symptoms.

Peninsula Village incorporates programs that teach the value of hard work, produce successes on which the adolescents build a sense of realistic pride, and impart skills that they will take with them into later life. Some of these programs include family services designed to improve communication and encourage productive family problem resolution, an individualized education through our private school, psychiatric treatment, vocational and activity therapy and the exploration of Native American images, all in a secluded, wooded setting. All adolescents receive daily group psychotherapy and weekly family therapy. One of the primary reasons for the Village's outstanding success is its reliance on a group-oriented treatment approach. The treatment begins in a locked assessment unit and as the young person stabilizes, they are transitioned into a rustic cabin environment. The adolescents become members of a group of 8-12 students in which the group members positively pressure one another to work and mature, closely supervised by live-in staff.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Tennessee, Department of Mental Health and Developmental Disabilities; Joint Commission; Southern Association of Colleges and Schools (SACS); State of Tennessee, Department of Education; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Pine River Institute

(Therapeutic Boarding School)



**Member Since:** 2006

**Phone:** (519) 925-9225

Executive Contact: Dr. Karen Minden

Admission Contact: [admissions@PineRiverInstitute.com](mailto:admissions@PineRiverInstitute.com)

Gender: Coeducational  
 Ages: 13 to 19  
 Grades: 8-12  
 Enrollment: 36  
 Duration: As needed  
 Founded: 2001  
 Email: [info@pineriverinstitute.com](mailto:info@pineriverinstitute.com)  
 Fax: (519) 925-9220



Address (Head Office): 2 St. Clair Ave. East, Ste. 800  
 Toronto, ON M4T 2T5  
 CANADA  
 Airport: Toronto

**Website:** [www.PineRiverInstitute.com](http://www.PineRiverInstitute.com)

Pine River Institute is a Residential Treatment Centre and Wilderness Program for youth 13 to 19 years of age who are in crisis, largely as a result of addictive behaviors. Their family lives are in uproar. Their personal and academic lives are in jeopardy. These are kids who have exhausted other interventions, and need a new, creative approach.

Pine River offers a family-centered, individualized, comprehensive program in a safe, substance-free environment. The program addresses the issues of chemical dependency, underlying mental health problems, family stress, and promotes social, emotional, physical, spiritual, and intellectual development. **There are 4 seamless Phases: Outdoor Leadership Experience, Residential Treatment Center and School, Transition, and Aftercare.** The length of stay is flexible, with the average being 6 months. While at Pine River, the students engage in: individual, group, family, recreation, and creative arts therapy, academics - traditional classroom, individual tutoring, outdoor education, expressive arts – art, music, drama, life skills, community service, athletics and recreation. The school is located northwest of Toronto on 200 acres of conservation land, in a UNESCO designated biosphere. It is the only program of its kind in Canada, and the only long-term residential program for teens in the Greater Toronto Area.

The students at Pine River will have a history of: serious drug and alcohol problems, school failure & truancy, family conflict, street involvement, defiance, excessive anger, lack of motivation, low self-esteem, depression, anxiety, thoughts of suicide, running away

Pine River Institute is a non-for-profit treatment centre with a 36-bed capacity, including the Wilderness and Residential phases of the program. The staff to student ratio is 1:4, and the staff team is comprised of experienced professionals including psychologists, psychiatrists, social workers, addiction specialists, creative arts therapists, recreational and adventure therapists, educators, and child and youth care workers.

Students can self-refer or be referred by parents, teachers or health care professionals. Admission is on a voluntary basis. Ontario students are eligible for funding from the Ministry of Health and Long-Term Care.

Pine River is deeply committed to the integration of program and outcome evaluation into its model and attendant outcomes, and to enhance knowledge transfer regarding best practices for helping youth and families deal effectively with substance abuse. In consultation with prominent researchers from Canadian universities and the NATSAP Research Consortium, Pine River's comprehensive evaluation will be shared so that it can best impact the relevant education and health policies, and programs in Canada.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure, Approval:** Ontario Ministry of Health and Long Term Care, Ontario Ministry of Education, COA (in process)

**Professional Affiliations:** NATSAP - Full Member, Association for Experiential Education; Council of Outdoor Educators of Ontario

# Ponca Pines Academy

(Therapeutic Boarding School)



**Member Since:** 2009

**Phone:** (402) 457-1421

Executive Contact: Betsy Jacobson-Warren

Admission Contact: Christy Roubicek



Address: P.O. Box 12999  
Omaha, NE 68112

Gender: Girls Only  
Ages: 17 - 19  
Grades: 9 - 12  
Enrollment: 12  
Duration: 9 - 12 months  
Founded: 2008  
Email: [croubicek@poncapinesacademy.org](mailto:croubicek@poncapinesacademy.org)  
Fax: (402) 457-1415

**Website:** [www.poncapinesacademy.org](http://www.poncapinesacademy.org)

Our Mission is helping young women find meaning in their lives, form fulfilling relationships and experience a healthy transition into adulthood.

Ponca Pines Academy is a therapeutic boarding school serving young women from age 17- up until 19 with difficulties around adoption/attachment issues, mental health, substance use, academics, as well as other struggles adolescents experience. The age of majority in Nebraska is 19, giving Ponca Pines the opportunity to work with the older adolescent population as they begin their transition into young adulthood. We provide an intense clinical component as well as a college preparatory curriculum, providing the opportunity to meet the individual needs of the student.

Ponca Pines Academy allows young women to engage in a tapestry of services that address their physical, emotional, social, spiritual and educational needs. Ponca Pines Academy provides clinical oversight and medication management on site. The treatment services provided at the academy include:

- Individual Therapy
- Group Therapy
  - SELF Group (based on Sanctuary Model)
  - Substance Abuse Groups
- Family Therapy
- Art Therapy (Individual and Group)
- Psycho-educational Groups
- Recreational Therapy
- Life Skills/Vocational Training

Ponca Pines Academy embraces the Sanctuary Model, which is a whole-systems approach that focus on healing, hope, and the future. The Sanctuary Model helps to create a safe, healing environment to foster growth and change. The model provides a compass for change by focusing on S.E.L.F Safety, Emotion Management, Loss, and Future. At Ponca Pines Academy the process of addressing the whole person allows a young women the opportunity to explore a deeper understanding of themselves, their relationship with others, and their world. This knowledge will remain with them and assist them as they transition into a more independent future.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Nebraska Department of Health and Human Services, Division of Public Health; Joint Commission; Nebraska Department of Education

**Professional Affiliations:** NATSAP-Associate Member

Professional Affiliations: NATSAP-Full Member

# Provo Canyon Springville

(Residential Treatment Center)



**Member Since:** 2005

**Phone:** (801) 491-3910

Executive Contact: Ed Callahan, Ph.D.

Admission Contact: Tori Ballard

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: 8 to 12  
 Enrollment: 128  
 Duration: 8 to 12 months  
 Founded: 2005  
 Email: [info@academyatcanyoncreek.com](mailto:info@academyatcanyoncreek.com)  
 Fax: (801) 491-3911



Address: 763 North 1650 West  
 Springville, UT 84663  
 Airport: Salt Lake City

**Website:** [www.academyatcanyoncreek.com](http://www.academyatcanyoncreek.com)

Provo Canyon Springville represents a proven leadership and an innovative approach to learning and treatment for youth and families dealing with emotional and behavioral problems. Through a wide array of academic and therapeutic offerings the academy provides a comprehensive approach to helping youth get on the right path to success. Provo Canyon Springville was built and designed specifically for one purpose. That of providing an environment where children can excel physically, emotionally and academically, the Academy helps girls and boys ages 13 – 17 reach their full potential and return to home, school, and the community.

Our goal is to provide the safest most effective environment for youth to excel in life and help them become effective members of a community. We accomplish this by:

- Challenging students through a rigorous year-round academic and therapeutic regimen.
- Giving students insight through art, nature, holistic health and outdoor experiences.
- We hire the most qualified, caring and competent staff and then allowing them to further develop in their areas of expertise.
- Working together as a team of highly trained educators, therapists, cottage counselors, each child is treated as an individual with unique needs.
- Providing the best – state of the art facilities.
- Involving both parents and referral sources in the treatment process and actually challenging them to participate in their child's / client's success.
- Continually develop and monitor outcomes of all our services and students.

Provo Canyon Springville is an ideal placement for youth experiencing behavioral, emotional, educational or substance abuse problems. With an emphasis on individuality, the services offered at the school can address specific and co-occurring issues such as depression, anxiety, post traumatic stress disorder, attention deficit disorders, borderline personality disorders, oppositional defiant disorder, attachment disorders and other parent child conflict problems. Each student receives a variety of therapies during their stay to include at a minimum – individual, group, family and recreational therapies by licensed certified staff. Care is coordinated by treatment team meetings to ensure progress is being made and goals are accomplished in all areas of the student's life. The program places particular emphasis on responsibility for ones actions and helps parents to address these maladaptive behaviors as well. As each child progresses through various stages and levels, increased trust and respect is earned and achieved.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Joint Commission; Northeast Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Rancho Valmora

(Residential Treatment Center)



**Member Since:** 2003    **Phone:** (505) 425-6057

**Executive Contact:** Dale Parker, MA  
**Admission Contact:** Dale Parker, MA and Chad Reznicek, LPCC

**Gender:** Coeducational  
**Ages:** 12 to 18  
**Grades:** 7-12  
**Enrollment:** 81  
**Duration:** 12 to 18 months  
**Founded:** 1993  
**Email:** d.parker@sleschools.org  
**Fax:** (505) 425-9893



**Address:** HCR 50 Box 1  
 Valmora, NM 87750  
**Airport:** Albuquerque

**Website:** [www.ranchovalmora.com](http://www.ranchovalmora.com)

Rancho Valmora uses a Positive Peer Culture Model to develop and inspire a positive value system within each student that results in care and concern for self and others. The positive value system we teach our students carries forward into future family and social relationships. Students develop essential living and coping skills to achieve success in all aspects of life. Within our social learning environment, Rancho Valmora provides a comprehensive educational program bolstered by extracurricular activities that, in whole, develop the mind, physical fitness, and self-confidence of each student.

Rancho Valmora provides a structured group living environment for students who may be experiencing behavioral and/or emotional difficulties especially in relation to: traditional schooling, social and family relationships, substance abuse and in some cases legal issues. With the support of their group, students come to identify the specific problems that get in the way of their success. Individualized interventions are developed to utilize relationships with group members, the treatment team, and the family in a manner that fosters lasting resolution.

The Positive Peer Culture model is a social learning tool that encourages students to distinguish between “helping behavior” and “hurting behavior.” It teaches care and concern for oneself and others through carefully developed and monitored group process. Positive Peer Culture recognizes the power of adolescents to influence the value systems of their peers. The model allows us to use every opportunity to intensively address behavioral, social, substance abuse, and other emotional development issues, enabling the students to build self-esteem and a system of positive values. Within the context of our PPC model, our Clinical and Educational professionals work together with parents to design and implement an Individualized Development Plan for each student that includes individual and family therapy sessions, art, psycho-educational sessions and group activities such as team sports and horsemanship.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** New Mexico Children, Youth & Families Department, Prevention & Intervention Division; North Central Association Commission on Accreditation and School Improvement; State of New Mexico, Office of the Secretary of Education

**Professional Affiliations:** NATSAP-Full Member

# Red Rock Canyon School

(Residential Treatment Center)



**Member Since:** 2000

**Phone:** (800) 635-4441

Executive Contact: Brian Pace

Admission Contact: Todd Hockenbury

Gender: Coeducational  
 Ages: 12 to 17  
 Grades: 7 to 12  
 Enrollment: 90  
 Duration: 9 to 12 months  
 Founded: 1999  
 Email: Jtodd@rrrtc.com  
 Fax: (435) 673-0994



Address: 747 E. St. George Blvd.  
 St. George, UT 84770  
 Airport: St. George, UT or  
 Las Vegas, NV

**Website:** [www.redrockcanyonschool.com](http://www.redrockcanyonschool.com)

Red Rock Canyon School is a state-licensed residential treatment center serving boys and girls ages 12 to 17. Our spacious and attractive facility is located in St. George, Utah. We have a full residential facility, hosting comfortable living units, an accredited academic school with state-certified teachers, professional clinicians, and a beautiful campus. Our students are involved with many activities, including sports, enrichment classes in dance, music, art, and service projects. The core premise of our care is that each youth is a resource, rather than a liability. We utilize the concepts and values of Positive Peer Culture for our program model. We place each youth into a peer group with a team of trained staff to work with. Each peer group becomes a cohesive team as they work together to provide each other help and concern, regardless of the problem. As each youth gives of himself and becomes of value to others in the peer group, he increases his own feelings of worthiness and positive self-esteem. We do not measure progress in artificial terms of phases or levels. Rather, we measure increase by specific behavior patterns that reflect a deeper, inner change.

Integral to this core process, our professional staff provides strong drug and alcohol treatment and therapy for specific psychological problems. We work very hard at family reunification, emphasizing parental support and family counseling while in treatment. As the teen prepares to leave treatment and return home, he will have the opportunity to work on transitional plans that match his/her specific needs. As they progress, the teen is given greater trust, less structure, more privileges, and greater responsibility.

Red Rock Canyon School has been able to help a multitude of youth suffering from different problems and diagnosis. We believe that our caring environment has allowed us the opportunity to make tremendous progress with the wide range of problems that youth exhibit. A typical student is a defiant youth with a mental health diagnosis that has begun to make decisions in their life that are preventing them from getting along with their families, and causing problems in school and with their extracurricular activities. The youth tend to have been using drugs as a coping mechanism and are not generally truly addicted or in need of true drug rehabilitation. The boys are typically acting out through anger outbursts and verbally abusing the family. The girls are typically acting out through sexual promiscuity, running away, eating problems and self-mutilation. The average age for boys is 16-17. The girl's average age is 14-16.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member; NPSAG

# RedCliff Ascent

(Wilderness Program)



**Member Since:** 1999

**Phone:** (800) 898-1244

Executive Contact: Andrea Burgess

Admission Contact: Steve Nadauld

Gender: Coeducational & single gender groups  
 Ages: 13 to 17, 18 to 24  
 Grades: N/A  
 Enrollment: 6 to 9 per group  
 Duration: 45 to 60+ days  
 Founded: 1993  
 Email: [contact@redcliffascent.com](mailto:contact@redcliffascent.com)  
 Fax: (801) 491-2279



Address: P.O. Box 1027  
 709 East Main  
 Enterprise, UT 84725  
 Airport: Las Vegas or St. George

**Website:** [www.redcliffascent.com](http://www.redcliffascent.com)

RedCliff Ascent is a therapeutic wilderness treatment program for adolescents who are on a “Developmental Vacation.” That means the child’s emotional and behavioral growth is stalled. They lack the coping mechanisms, competencies and discipline necessary to manage their lives.

RedCliff Ascent therapists, all Ph.D. and Master’s level clinicians, use this stalled development as the lens through which to view these students who struggle with diagnosis like ADHD, ODD, bipolar mood disorder, substance abuse, or similar complex conditions. These experienced clinicians help students learn to manage their life, and their diagnoses.

RedCliff has two therapeutic goals. First, we disrupt current behavioral patterns, or the “Developmental Vacation.” Second, we prepare students to rebuild their lives by developing self esteem through competency.

Enrollment at RedCliff ascent is open-ended. Because the program is achievement based, length of stay will vary from student to student. Clinical and operational functions are directed by an administrative team with more than 11 years experience at RedCliff, making them one of the most veteran on-site management teams in the industry.

RedCliff is licensed by the State of Utah to provide a therapeutic wilderness experience for adolescents, ages 13-17. Our sister program, Medicine Wheel, treats young adults ages 18 and up. Since our founding in 1993, RedCliff Ascent has impacted the lives of more than 4,000 families.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment

**Professional Affiliations:** NATSAP-Full Member; OBHIC; NATWC

## Remuda Ranch Programs for Eating Disorders (Inpatient and Residential Treatment Center)



Member Since: 1999

**Phone: (800) 445-1900**

Executive Contact: Ward Keller  
Admission Contact: Drema Stroud

Gender: Female  
Ages: All Ages  
Grades: N/A  
Enrollment: 140  
Duration: 60 days min.  
Founded: 1990  
Email: [info@remudaranch.com](mailto:info@remudaranch.com)  
Fax: (928) 684-5222



Address: 1 E. Apache  
Wickenburg, AZ 85390  
Airport: Phoenix

**Website: [www.remudaranch.com](http://www.remudaranch.com)**

Remuda believes the balanced approach produces a continuing lifestyle change. We design individualized programs to treat the whole person, meeting medical, nutritional, and psychological needs within a non-denominational, Christian perspective. Our treatment philosophy utilizes family involvement and allows each patient to build the confidence necessary to deal with the problems and stress of everyday life without starving, bingeing, or purging. We prepare each patient for a welcome return to her family, equipped with the courage and determination to live a happy, healthy, and productive life.

Remuda offers treatment programs for girls and women who are suffering from eating disorders and related problems. Patients may participate in intensive, residential or partial care. Special attention is given to family issues, issues of addiction, codependency, sexual abuse and depression, as well as whole-person life skills.

Remuda offers children, adolescent, and adult intensive programs in individual, process group, and didactic group therapy, as well as classes in nutrition, addiction, women's and adolescent issues, and spiritual growth. Activities therapies help patients expand their life interests, while the equestrian program contributes to the development of patient confidence and self-esteem by pairing each patient with a horse for the duration of their stay, giving the patient responsibility for the love, care, and well-being of the animal.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Arizona Department of Health Services, Office of Behavioral Health Licensing; Joint Commission

**Professional Affiliations:** NATSAP-Full Member; AACC; AED; ANAD; CAPS; IAEDP; MEDA; NEDA

# Ridge Creek

(Leadership Wilderness Program)



**Member Since:** 2001

**Phone:** (706) 867-1720

Executive Contact: Jeffrey S. Holloway, MSW  
 Admission Contact: Jeffrey S. Holloway, MSW

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: 7 to 12  
 Enrollment: 4 to 12 in a group  
 Duration: 28 days  
 Founded: 2001  
 Email: [information@ridgecreek.org](mailto:information@ridgecreek.org)  
 Fax: (706) 864-5826



Address: 830 Hidden Lake Road  
 Dahlonega, GA 30533  
 Airport: Atlanta

**Website:** [www.ridgecreek.org](http://www.ridgecreek.org)

The primary mission of Ridge Creek is to provide behavioral assessment and stabilization services to adolescents 13 – 17 years of age through a highly clinical 28-day therapeutic wilderness leadership program. Ridge Creek utilizes a base-camp wilderness intervention model that incorporates formal psychotherapy, leadership development, and adventure programming. It provides an opportunity for adolescents to think without being mired in the distractions and traps that ordinarily surround them. The goals are to help them succeed in life by considering alternatives to their negative, self-destructive behaviors, by developing confidence and esteem, and by gaining practical leadership experience.

Ridge Creek students may struggle with issues of authority, disrespect, manipulation, substance abuse, anger management, self-esteem, and/or motivation. The majority of students exhibit behaviors that fit the profile of Oppositional Defiant Disorder, though they do not have to be diagnosed as such. Adolescents who are actively suicidal, or who are sexual offenders are not appropriate for the program.

Clinical services include a minimum of 25 hours of formal group psychotherapy facilitated by masters level psychotherapists, individualized treatment plans, full psycho-educational testing and assessment, psychiatric evaluation, psychotropic medication administration and monitoring, and complete follow-up placement and discharge recommendations. Academic services include 35 hours of study/tutorial time supervised by certified teachers, and 2 full credits that are certified by the Southern Association of Schools and Colleges (1 credit in Environmental Science, .5 credit in Outdoor Education, and .5 credit in Mental/Social Health). Field training includes CPR certification, sub-alpine mountaineering, land navigation, weather reading, Leave No-Trace outdoor ethics, high and low ropes courses, leadership development, and primitive camping. Dormitories with bathrooms and laundry facilities are available to students when at base-camp. Students are not deprived of proper food, sleep or hygiene. All equipment and clothing are provided and included in the program cost. Financial-aid is available through need-based scholarships.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Georgia Department of Human Resources, Outdoor Therapeutic; Georgia Accrediting Commission

**Professional Affiliations:** NATSAP-Full Member

# Rimrock Trails Adolescent Treatment Center

(Residential Treatment Center)



**Member Since:** 2009

**Phone:** (541) 447-2623  
(888) 532-6247

Executive Contact: Erica Fuller, MA, CADC III  
Admission Contact: Linda Luckey, CADC II

Gender: Coeducational  
Ages: 12 - 17  
Grades: 7 - 12  
Enrollment: 20  
Duration: 3 - 6 months  
Founded: 1989  
Email: ericaf@rimrocktrailsats.com  
Fax: (541) 447-2616



Address: 1333 NW 9th Street  
Prineville, OR 97754

**Website:** [www.rimrocktrailsats.com](http://www.rimrocktrailsats.com)

The mission of Rimrock Trails Adolescent Treatment Services is to offer quality and effective adolescent substance abuse and dual diagnosis treatment. Rimrock Trails has provided adolescents and their families a values-based program promoting holistic treatment for nearly two decades. Located in the heart of Central Oregon, the Residential Treatment Center provides a living environment designed to promote a feeling of comfort, support and safety that enhances the therapeutic change process. Length of stay is typically 90-120 days but can range from four to six months.

Appropriate referrals for Rimrock Trails include boys and girls ages 12-17 with a primary diagnosis of substance dependence. Referrals are pre-screened for appropriateness of placement and must be assessed as a low risk of disruption to the current group and may not have a history of violent, sex or fire related offenses.

Dialectical Behavior Therapy (DBT) is one of several evidenced-based therapeutic approaches used as a core component of the treatment program. Youth participate in individual and daily group therapy focused on building skills to prevent relapse, promote personal accountability, mindfulness, tolerate distress, regulate emotions, and increase effectiveness in relationships with others. Behavior modification reinforces the use of skillful behavior and effective choices while providing immediate intervention on problematic behavior. Youth participate in daily chores to learn functional life skills and basic self-care.

Students attend school year round and participate in sports and recreation on a daily basis. Off-Campus outings include a variety of recreational activities and are based on eligibility. A half-court gym, weight room, indoor rock climbing wall and art therapy room are available for use as appropriate.

To increase their child's success, families are encouraged to participate and commit to the process of recovery themselves. Parent visits are offered each Sunday.

Rimrock Trails ATS operates outpatient offices in Bend, Redmond, LaPine and Prineville, Oregon. Individual

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Oregon, Addictions and Mental Health Division (AMH); State of Oregon, Department of Human Services (DHS), Children, Adults and Families Division

**Professional Affiliations:** NATSAP-Full Member; NIAS Northwest Institute of Addiction Studies

## Rogers Memorial Hospital-Child & Adolescent Centers (Intensive Residential Treatment Centers)



Member Since: 2002

**Phone: (800) 767-4411**

Executive Contact: Mary Jo Wiegratz, ext. 1173

Admission Contact: Kelly Edwards, ext. 1339

Gender: Coeducational  
 Ages: 8 to 18  
 Grades: 3 to 12  
 Enrollment: 45  
 Duration: Flexible; average 45 to 60 days  
 Founded: 1907  
 Email: [info@rogershospital.org](mailto:info@rogershospital.org)  
 Fax: (262) 646-7877



Address: 34700 Valley Road  
 Oconomowoc, WI 53066  
 Airport: Milwaukee or Madison, WI

**Website: [www.rogershospital.org](http://www.rogershospital.org)**

Rogers Memorial is a nonprofit behavioral healthcare hospital with two specialty residential treatment centers that provide sensitive, age-specific intensive psychiatric care for children and teens dealing with a broad spectrum of mental health issues. Treatment services are directed by board-certified child and adolescent psychiatrists who are on-site daily. The hospital is one of the few places in the country that offers intensive cognitive behavioral therapy services for children and teens.

The Child & Adolescent Centers deliver a true multi-modal treatment program that combines the intensity of inpatient psychiatric care with a comprehensive range of psychotherapy, psycho education, experiential therapies and strong parent/family education and involvement. Our in-depth psychiatric assessment includes medical, educational, developmental and social history, which is used to develop a personalized plan of care to address each child's specific needs. Psychological testing is also done when indicated. Treatment components are evidence-based, with results tracked in ongoing outcome studies. High staff to patient ratios ensures that the highest quality treatment is provided in the most personal way. Certified, experienced staff include: child & adolescent psychiatrists; licensed psychologist; masters level psychotherapists; experiential and art therapists; behavioral specialists; substance abuse counselor; registered dietitian; registered nurses; and teacher/school liaison. Staff maintains ongoing contact with the referring professionals and provides aftercare planning, school advocacy and coordination of special education needs.

Set on 50 wooded acres, our picture-perfect campus has outstanding facilities including a multi-purpose gymnasium with indoor climbing wall, an outdoor ropes and challenge course, plus trails for hiking, biking and a private lakefront for canoeing, kayaking and easy access to other off-site experiences.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Wisconsin, Department of Health & Family Services, Division of Children & Family Services, Residential Care Center for Children; Joint Commission

**Professional Affiliations:** NATSAP -Full Member; American Academy of Child and Adolescent Psychiatry; Anxiety Disorders Association of America; Obsessive Compulsive Foundation; National Eating Disorders Association – sustaining sponsor.

# Sage Walk, The Wilderness School

(Wilderness Program)



**Member Since:** 2002

**Phone:** (800) 877-1922

Executive Director: Michael Bednarz

Admission Director: Sarah Casson

Gender: Single Gender Groups  
 Ages: 13 to 17  
 Enrollment: 45, 9 per single gender group  
 Duration: flexible with 50 day average  
 Founded: 1997  
 Email: [info@sagewalk.com](mailto:info@sagewalk.com)  
 Fax: (541) 316-4810



Address: 1116 Obsidian Ave.  
 Redmond, OR 97756  
 Airport: Redmond

**Website:** [www.sagewalk.com](http://www.sagewalk.com)

SageWalk, The Wilderness School's curriculum is built around discovering the basis of past failures, building personal accountability, and creating tools for future growth through an emphasis on experiential involvement and education. Insight oriented therapy and a structured positive peer culture combined with a DBT approach and supported with traditional ceremonies create an impactful Rite of Passage experience. SageWalk uses a family systems approach that bridges and integrates the experience of the child and the parent(s). This is accomplished through weekly phone calls to the parents with the child's therapist, a parent workbook that parallels the student's experience, and a mid-stay visit that integrates the lessons learned by all family members.

SageWalk, The Wilderness School is a therapeutic wilderness intervention for struggling teens ages 13 to 17. The SageWalk therapeutic model is designed specifically for teenagers "stuck" in unhealthy patterns of behavior, and who have been resistant to help. SageWalk specializes in working with students who have dual diagnosis; substance abuse and mental health issues. Students work with both a licensed therapist and a certified alcohol and drug counselor (CADC).

SageWalk offers a flexible length of stay with a minimum of 30 days. Families who enrolled for more than 45 days are expected to attend a parenting seminar with a mid-stay visit to the field and a family therapy session. This program also includes 90 days of transition support through telephone conferences with a family transition therapist to capitalize on the gains achieved while enrolled.

**Individual Therapy Available:** Yes

**Accreditation, Licensure:** State of Oregon, Office of Mental Health & Addiction Services, Wilderness Therapy Programs; Oregon Department of Human Services, Child Caring Agency; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member, Northwest Outfitters Association

# Santiam Crossing School

(Therapeutic Boarding School)



**Member Since:** 2006

**Phone:** (503) 394-4294

Executive Contact: Kirsan Rostad, MA

Admission Contact: Sarah Mack



**Address:** P.O. Box 482

Scio, OR 97374

**Airport:** Portland or Eugene

**Gender:** Coeducational  
**Ages:** 13 to 18  
**Grades:** 8 to 12  
**Enrollment:** 24  
**Duration:** 6 to 9 months  
**Founded:** 2004  
**Email:** [info@santiamcrossing.com](mailto:info@santiamcrossing.com)  
**Fax:** (503) 394-7096

**Website:** [www.santiamcrossing.com](http://www.santiamcrossing.com)

Santiam Crossing School provides families with a treatment option that is less than one year in length, therapeutically intensive, and enables students to catch up academically. The curriculum integrates academics, therapy, wilderness adventure experiences, and service learning. All aspects of the program are designed to engage students in the process of understanding themselves and appreciating their families.

Appropriate candidates for Santiam Crossing School are adolescents ages 13 to 18 who are exhibiting negative behaviors and struggling with a variety of emotional issues including depression and hopelessness, grief and loss, adoption and attachment issues, attention problems, impulsivity, anxiety, as well as, self-destructive behaviors such as substance abuse, academic decline, defiance, lack of motivation, and poor family and peer relationships. Attending a wilderness therapy program is a pre-requisite for enrollment.

Santiam Crossing is accredited by the Northwest Association of Accredited Schools (NAAS.) Our academic program is thoroughly individualized with a focus on credit recovery. Students are engaged in the learning process and learn to develop and maintain skills essential to academic success.

A team of master's level therapists oversees each student's individualized treatment plan. A variety of therapy approaches are used including individual therapy, group sessions, psycho-educational groups, substance abuse and recovery, EMDR, wilderness therapy and family therapy.

Two to three weekends per month students leave campus and take part in a wilderness based adventure and service-learning trip. Activities may include rafting, climbing, equine experiences, and mountain biking.

At Santiam Crossing, parents play an instrumental role in their child's treatment. They participate in bi-weekly family therapy sessions via telephone and in a monthly family weekend.

Santiam Crossing is operated by Catherine Freer Wilderness Therapy Programs, who have been providing high quality adolescent treatment programs since 1988.

**Individual Psychotherapy Available:** Yes  
**Accreditation, Licensure:** Oregon Department of Human Services, Child Caring Agency; Oregon Department of Education; Northwest Association of Accredited Schools  
**Professional Affiliations:** NATSAP-Full Member; OBHIC

# Schrom Boy's Home at Hawks Landing

(Residential Treatment Center)



**Member Since:** 2009

**Phone:** (208) 267-6569

Executive Contact: John Schrom

Admission Contact: Julia Schrom

Gender: Coeducational  
 Ages: 13 - 17  
 Grades: 9 - 12  
 Enrollment: 8  
 Duration: 9 - 12 months  
 Founded: 1996  
 Email: [john@schromhomeboys.com](mailto:john@schromhomeboys.com)  
 Fax: (208) 267-6569



**Bonnors Ferry**

Address: 222 Nighthawk Road  
 Bonners Ferry, ID 83805

**Website:** [www.schromboyshome.com](http://www.schromboyshome.com)

Located in picturesque North Idaho, Schrom Boy's Home at Hawks Landing is a therapeutic program committed to providing adolescents and their families with experiences that will enhance their growth and personal development. The program is specifically designed to help adolescents and their families move beyond their self-limiting beliefs that have kept them from achieving their potential.

The students at Hawks Landing are male adolescents ranging in age from 13 to 17 years old who possess special emotional, psychological, and behavioral needs. All of our students possess one common denominator: they have a need for change, and their lives must be provided with the appropriate environment to learn, practice, and internalize these changes. We provide an alternative to large expensive boarding schools by offering a smaller, intimate, quality, cost-effective, safe, and home-like environment. Schrom Boy's Home prides itself on the one-on-one personal attention, creative and individualized treatment, and interpersonal relationships given to your child.

Schrom Boy's Home is dedicated to creating a successful, therapeutic environment with all the comforts of a home-like setting. By creating honest, open, positive relationships, your child has the opportunity to address those concerns and obstacles impeding them from being happy and proactive with their individual lives. Individual, family, group, and milieu therapy are all part of the Schrom Boy's Home program aimed at cognitive and affective skill development, modifying current self-defeating behaviors, promoting interpersonal skills, and improving responsibility to self and others.

Schrom Boy's Home is owned and operated by John and Julia Schrom. For over 25 years, John has been a licensed Psychotherapist, Clinical Director, and Executive Director for profit and non-profit organizations and schools. Julia Schrom has over 20 years experience as a former Family Service Coordinator, Hospice Volunteer, Certified Nursing Assistant, Home Health Aide, and Postpartum Doula.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare

**Professional Affiliations:** NATSAP-Associate Member; American Association of Marriage and Family Therapists (AAMFT)

## Second Nature Blue Ridge (Outdoor Therapeutic Program)



Member Since: 1999

**Phone: (866) 205-2500  
(706) 212-2037**

Executive Contact: Dan McDougal  
Admission Contact: Leah Halverson, Director of Admis-

sions



Gender: Coeducational  
Ages: 11 to 17  
Grades: N/A  
Enrollment: 8 per group, single gender only  
Duration: 6 to 8 weeks  
Founded: 2002  
Email: leah@snwp.com  
Fax: (706) 212-0354

Address: P.O. Box 809  
236 File Street  
Clayton, GA 30525  
Airport: Atlanta

Second Nature Blue Ridge is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with doctorate level therapists twice weekly.

Second Nature Blue Ridge works with students ages 11 to 17 with a range of emotional and behavioral issues including Depression, Learning Differences, Oppositional Defiance, Attention Deficit, Attachment, and Substance Abuse Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance, and may be experiencing parent-child conflict.

Second Nature Blue Ridge is a flexible 6 to 8 week Outdoor program designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Family Component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, Therapists, and Consultants take part in weekly Treatment Planning Sessions.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Association for Experiential Education Accreditation, State of Georgia Department of Human Resource, Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member; SBSA

## Second Nature Cascades

(Wilderness Program)

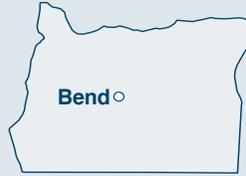


Member Since: 2007

**Phone: (866) 205-2500  
(541) 382-1620**

Executive Contact: Willow Huffine, Ph.D., RN  
Admission Contact: Leah Halverson, Director of Admissions

Gender: Coeducational  
Ages: 13 to 18  
Grades: Yes  
Enrollment: 36  
Duration: 6 to 8 weeks  
Founded: 2005  
Email: leah@snwp.com  
Fax: (541) 382-1817



Address: 20332 Empire Ave., Ste. F-7  
Bend, OR 97702  
Airport: Redmond

**Website: [www.snwp.com](http://www.snwp.com)**

Second Nature Cascades is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with doctorate level therapists twice weekly.

Second Nature Cascades works with students ages 13 to 18 with a range of emotional and behavioral issues including Depression, learning Differences, Oppositional Defiance, Attention Deficit, Substance Abuse and Attachment Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low-self

Second Nature Cascades, with a minimum of 6 weeks enrollment, is designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Family Component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, Therapists and Consultants take part in weekly Treatment Planning Sessions.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Oregon Department of Human Services, Child Caring Agency; Northwestern Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Second Nature Entrada

(Outdoor Therapeutic and Young Adult Program)



Member Since: 2005

**Phone: (866) 205-2500**  
**(435) 674-9310**

Executive Contact: Rick Heizer  
Admission Contact: Leah Halverson, Director of Admissions

Gender: Coeducational  
Ages: 13 to 17 & 18-50  
Grades: N/A  
Enrollment: 9 per group  
Duration: 5 to 6 weeks  
Founded: 2004  
Email: leah@snwp.com  
Fax: (435) 674-9309



Address: 2711 Santa Clara Dr., Ste. 400  
St. George, UT 84765  
Airport: St. George, UT (SGU)  
Las Vegas, NV (LAS)

**Website: [www.snwp.com](http://www.snwp.com)**

Second Nature Entrada is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with doctorate level therapists twice weekly.

*Adolescent:* Second Nature Entrada adolescent program works with students ages 13 to 17 with a range of emotional and behavioral issues including depression, learning differences, oppositional defiance, attention deficit, attachment, and substance abuse disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance, and may be experiencing parent-child conflict. The Outdoor Program is a flexible 3-7 week program designed to create intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Family Component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, therapists and consultants take part in weekly Treatment Planning sessions.

*Adult:* Second Nature Entrada's adult program supports a dual-diagnosis approach to working with adults 18 to 50 in the wilderness. It utilizes both clinical and 12-step methodology in order to treat the whole person. The majority of our clients come to us with a dual diagnosis. We specialize in mental health treatment areas like depression, anxiety, lack of self-esteem, bipolar disorder, self-harm, relationship difficulties, family issues, anger management, attention ad issues and mild eating disorders. Our substance abuse treatment areas include learning to live a sober lifestyle, understanding the stages of addiction, relapse prevention, dealing with school and/or employment difficulties and developing an overall Ego strength.

Counselors are with the adults day and night for guidance and group sessions. Our trained Field Counselors are skilled in communication strategies, crisis intervention and group counseling techniques. Individual sessions are held weekly with a doctoral or masters level clinician.

Clients are encouraged to involve important people in their treatment as well with family work an important part of the program. The identified support people in the client's life are provided weekly phone calls. Entrada is a therapeutic program with clients participating on their own volition and retention of all individual rights.

Second Nature incorporates experimental education about local history, environmental issues, geology, psychology, health, and writing assignments with daily programming. This helps clients earn academic credits while away from school and allows for assessment of how clients respond to academic challenges. A total of two academic credits can be earned upon the completion of work while at the program and a passing grade.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

## Second Nature Uintas

(Wilderness Program)



**Member Since:** 1999

**Phone:** (866) 205-2500  
(435) 738-2040

**Executive Contact:** Brad Reedy, Ph.D., LMFT  
**Admission Contact:** Leah Halverson, Director of Admissions

**Gender:** Coeducational  
**Ages:** 13 to 17  
**Grades:** N/A  
**Enrollment:** 8 per group, single gender only  
**Duration:** 3 to 7 weeks  
**Founded:** 1998  
**Email:** uintas@snwp.com  
**Fax:** (435) 738-2046



**Address:** P.O. Box 318  
382 West Main Street  
Duchesne, UT 84021  
**Airport:** Salt Lake City

**Website:** [www.snwp.com](http://www.snwp.com)

Second Nature is a licensed treatment program that uses the wilderness setting in a clinically focused intervention to teach students accountability, communication skills, and healthy emotional and behavioral habits. Treatment plans are individualized for each student and include flexible lengths of stay, single gender treatment groups, daily group therapy, and individualized therapy sessions with master's and doctorate level therapists twice weekly.

Second Nature works with students ages 13 to 17 with a range of emotional and behavioral issues including Depression, Learning Differences, Oppositional Defiance, Attention Deficit, Attachment, and Substance Abuse Disorders. Typical students fail to respond to limits and rules, act entitled, choose the wrong friends, underachieve, have low self-esteem, experience a decline in academic performance, and may be experiencing parent-child conflict.

Second Nature is a flexible 6 to 8 week Outdoor program designed to create an intensive initial impact, identify coping skills, teach behavioral responsibility, and improve family relationships. The Family Component is structured to teach parents new skills designed to support their child's growth with a strong focus on assisting parents and consultants in planning appropriate aftercare. Parents, Therapists, and Consultants take part in weekly Treatment Planning Sessions.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment, Northern Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Shortridge Academy

(Therapeutic Boarding School)



**Member Since:** 2003

**Phone:** (603) 755-3096

Executive Contact: Adam Rainer

Admission Contact: Hannah Mariotti

Gender: Coeducational  
 Ages: 14 to 17  
 Grades: 9 to 12  
 Enrollment: 70  
 Duration: 18 months  
 Founded: 2002  
 Email: hmariotti@shortridgeacademy.com  
 Fax: (603) 755-9096



Address: 619 Governor's Road  
 Milton, NH 03851  
 Airport: Manchester/ Boston

**Website:** [www.shortridgeacademy.com](http://www.shortridgeacademy.com)

Shortridge Academy is an educational community that promotes Positive Youth Development. Our goal is to provide students with an environment of consistent boundaries, expectations and healthy relationships to support their development of the following strengths: caring, competence, connection, character, confidence and contribution. The Academy's belief is that education is most effective when individuals are provided with structured and meaningful growth opportunities that are integrated throughout academic, emotional, social and physical areas.

Our students are bright and engaging young people, 14 to 17 years old, who have struggled in traditional settings for a variety of reasons. Often, they have experienced a recent decline and need continued support, academically, emotionally, and behaviorally to overcome challenges and to gain life-long tools for success.

The Academic program includes a rigorous college-preparatory curriculum offering small class sizes. Courses are led by highly qualified teachers whose primary goal is to build positive relationships with students while challenging them to develop leadership and critical-thinking skills needed in their future academic and life experiences. In addition to strong core course offerings, a variety of stimulating electives complement the creativity that Shortridge students possess.

Our three-phase program offers structure and support through community groups, student and family workshops, individual counseling and mentoring, and the challenges presented by daily leadership responsibilities. To assist specific individual student's needs, Shortridge's licensed Educational Health Center offers families, on an as needed basis, individual and family therapy, medication management, substance abuse counseling, and other health related services.

Shortridge Academy is located on 350 secluded acres in Milton, New Hampshire, graced by stonewalls, archeological sites, panoramic views, and the serenity of a forest setting. On campus activities are supported by an art studio, a music room, a recording studio, a bike shop, an exercise room, a dance/yoga studio, a basketball court, playing fields and miles of trails. With the nearby White Mountains and Lakes regions to the north, the seacoast to the east, Portsmouth and Boston to the South, off campus activities are available in abundance. Faculty apartments adjoin three single sex dormitories for the safety and supervision of students. Shortridge Academy is close to major medical facilities and is in full compliance with the State of New Hampshire Life Safety regulations.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of New Hampshire, Department of Health and Human Services as an Educational Health Center; State of New Hampshire Department of Education; New England Association of Schools and Colleges (candidate for accreditation)

**Professional Affiliations:** NATSAP-Full Member; SBSA

# Solstice RTC

(Residential Treatment Center)

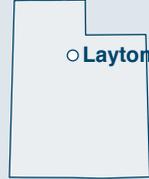


**Member Since:** 2009

**Phone:** (801) 444-0794

Executive Contact: Dan Stuart, M.S., LMFT

Admission Contact: Kyle Gillett, Ph.D., LMFT



○ Layton

Gender: Girls Only  
 Ages: 14 to 17  
 Grades: 8 to 12  
 Enrollment: 24  
 Duration: 7 - 9 months (avg)  
 Founded: 2008  
 Email: [kyle@solsticertc.com](mailto:kyle@solsticertc.com)  
 Fax: (801) 444-0793

Address: 1904 W. Gordon Avenue  
 Layton, UT 84041  
 Airport: Salt Lake City International

**Website:** [www.solsticertc.com](http://www.solsticertc.com)

Utilizing a combination of cognitive-behavioral, experiential, family systems and strategic theories, Solstice RTC offers a small, clinically intensive, holistic program housed in a safe and comfortable outwest environment. Solstice applies a relationship-based approach emphasizing high levels of family intervention, emotional safety, healthy boundaries, and a phase program based on the archetypal hero's journey to create an environment conducive to healing from trauma of all varieties (i.e., loss, physical abuse, sexual abuse, emotional abuse, PTSD, bullying, and other traumatic experiences). Because many trauma survivors also suffer from comorbid anxiety, mood disorders, addictions, low self-esteem, unhealthy coping mechanisms, and lack of self-care, Solstice RTC provides state-of-the art treatment for all of these issues.

Each week our students receive 3 hours of individual and family therapy and another 15+ hours of group therapy and experiential interventions (including EAGALA certified equine therapy, DBT, conflict resolution, processing, and other specialty groups)—all guided by a multidisciplinary treatment team made up of our masters and Ph.D. level therapists; psychiatrist; nursing, academic, and residential staff; and the student's parent(s). In addition, students struggling with addictions of any type participate in our gender-specific addictions program which includes individual, family and group intervention with a Licensed Substance Abuse Counselor.

Solstice also provides a strong focus on physical fitness and nutrition which includes daily cardiovascular workouts; weight training; participation in local 5K races; weekly dance, yoga and pilates classes; as well as whole grain, non-processed and organic foods. Academic classes—provided on campus through NAAS accredited Academy at Solstice—are taught in a conventional classroom setting by certified secondary education and special education teachers. Implementing all of the aforementioned services in an owner-operated setting, Solstice facilitates each student's journey away from being a victim of her traumatic experiences towards becoming the hero of her own life story.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools (NAAS) through Academy at Solstice.

**Professional Affiliations:** NATSAP-Associate Member; Equine Assisted Growth and Learning Association (EAGALA)

# Soltreks

(Wilderness Program)



**Member Since:** 2000

**Phone:** (218) 834-4607

Executive Contact: Lorri Hanna, M.A., CTRS

Admission Contact: Lorri Hanna

Gender: Coeducational , Single Gender Groups  
 Ages: 13 to 25+  
 Grades: N/A  
 Enrollment: 6 per group or 1:1  
 Duration: 6 to 8 weeks and custom length  
 Founded: 1997  
 Email: [info@soltreks.com](mailto:info@soltreks.com)  
 Fax: (707) 549-3785



Two Harbors

Address: 2346 Highway #3  
 Two Harbors, MN 55616  
 Airport: Duluth, MN (summer & winter)

**Website:** [www.soltreks.com](http://www.soltreks.com)

Soltreks is dedicated to creating meaningful and intentional wilderness experiences for teenagers, young adults, and their families. It is a program for individuals seeking awareness of what limits them in their lives, their relationships, and their relationship to life. Soltreks' mission is to guide individuals and families toward reclaiming their personal power while discovering their true potential through customized and individualized wilderness treks. Soltreks' exceptional standards of excellence provide the structure, consistency and accountability that empower participants toward self discovery. While living simply and quietly within nature, participants learn strategies for spirited relationships and creating successful transitions.

Students accepted in our program are young men and women ages 13-25, and older adults, who may have issues with self-esteem, boundaries, responsibility, motivation, drugs or alcohol, sexual or physical abuse, depression, loss, transitions, self-expression, trust, image, and relationships. Many are intelligent, under-achieving, manipulative, and making poor choices. We welcome students who struggle with learning challenges, ADD, NVLD, and Asperger's.

Soltreks is a rite of passage. Wilderness activities balanced with a personal development curriculum and a family focus create the therapeutic environment for change. Their strength-based approach teaches and models solution-focused skills and processes as participants come to understand the power of their choices and the impact they have on their lives. Each focused trek attends to individual and family needs. The **One-on-One** trek offered year round, is an intensive experience with limited distraction from peers. Small group treks maintain quality and integrity. **Summer Adventure** and **Open Enrollment** programs are limited to six students per group and offer families and referring professionals an assessment to aid in transition decisions. **Family and Specialty** treks are uniquely designed to meet family and individual needs including couples, older adults, and siblings. By having an opportunity to examine their choices, take care of emotions, and understand their relational impact on their community, participants come away with a greater sense of who they are and who they want to become. Program areas include Northern Minnesota and New Mexico.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** The Commission on International and Trans-Regional Accreditation through Blueprint Education

**Professional Affiliations:** NATSAP-Full Member; AEE; NATWC; NCTRC; OBHIC

# South Shore Academy

(Residential Treatment Center)



**Member Since:** 2008

**Phone:** (219) 766-2999

Executive Contact: Michael Perry

Admission Contact: Brett Miller

Gender: Girls Only  
 Ages: 12 - 21  
 Grades: 8 - 12  
 Enrollment: 17  
 Duration: 45 - 90 days  
 Founded: 2008  
 Email: [brett.miller@uhsinc.com](mailto:brett.miller@uhsinc.com)  
 Fax: (219) 766-2514



Address: 2301 Cumberland  
 Valparaiso, IN 46383  
 Airport: Chacago, IL

**Website:** [www.midwest-center.com](http://www.midwest-center.com)

South Shore Academy is an intensive residential treatment center created for treatment resistant females, ages 13-18 with borderline features, self-harming behaviors, substance abuse and intense emotional mood swings using Dialectical Behavioral Therapy (DBT.) Adolescents who have not been amenable to previous treatment efforts can often benefit from intense DBT treatment. South Shore Academy is one of the few in the nation treating this population with a modified DBT residential treatment mode.

The South Shore Academy's treatment components help clients build relationships, manage emotions and cope effectively with various life problems. DBT targets issues with four skill sets:

- Mindfulness
- Interpersonal Effectiveness
- Distress Tolerance
- Emotion Regulation

Every day these skills are reinforced in every aspect of our program to teach clients how to deal with issues without resorting to self-defeating behaviors (self-mutilation, suicide attempts, substance abuse, sabotaging meaningful relationships, etc.) The final stage of DBT is for the client to feel freedom and happiness with life.

Our intensive residential treatment program is designed to promote stabilization as well as long-term treatment gains through the use of skills groups, individual and family therapy. The treatment is also based on a medical model carried out by highly credentialed staff. Academic credits are provided for students while they are in treatment through our accredited on-site school program. In addition, an on-call DBT therapist is available to residents 24 hours a day to assist with crisis situations as needed. South Shore Academy's Program Director will facilitate wrap-around services for continued outpatient follow-up.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Indiana Department of Child Services Residential Child Care License; Indiana Dept of Education; Joint Commission (JCAHO) Accreditation

**Professional Affiliations:** NATSAP-Associate Member; National Association of Psychiatric Health Services; National Alliance on Mental Illness; Indiana Association of Children & Family Services.

# Spruce Mountain Inn

(Residential Treatment Center and Young Adult Program)



**Member Since:** 1999

**Phone:** (802) 454-8353

Executive Contact: Candace Beardsley, LICSW  
 Admission Contact: Candace Beardsley, LICSW,  
 Grant Leibersberger, MED, M.B.A.

Gender: Coeducational  
 Ages: 17 and Up  
 Grades: N/A  
 Enrollment: 12 Residential beds plus variety of step-downs  
 Duration: Varies, short to long term  
 Founded: 1982  
 Email: info@sprucemountaininn.com  
 Fax: (802) 454-1008

Address: P.O. Box 153  
 Plainfield, VT 05667  
 Airport: Burlington



**Website:** [www.sprucemountaininn.com](http://www.sprucemountaininn.com)

Spruce Mountain Inn offers a structured, comprehensive treatment program that combines therapeutic/psychiatric intervention, vocational development, substance abuse treatment and skills training within the context of a supportive community. The program is structured as a continuum of service with intensive sub-acute services, residential treatment, monitored group and apartment living.

At Spruce Mountain Inn, a typical candidate is 17 years of age or older and has several of the following characteristics: a serious psychiatric problem effecting mood, thinking, and/or the ability to manage stress; difficulty maintaining healthy relationships; difficulty sustaining employment; difficulty managing daily affairs; difficulty managing time; an addiction; and/or a need to become more independent from family.

In the residential program, 12 clients live in single or double rooms and participate in the routine of group living. There are also 3 individual on-site apartments and an un-staffed group residence and community based apartments. Initially, a client's day is highly structured around a variety of groups and activities. As time goes on, days include volunteer and competitive work placements and/or classes in the local community, which replace activities at the Inn. A case manager, psychotherapist, support worker, vocational coordinator, and psychiatrist each meet with the program participants to work on specific treatment goals. As clients make progress, they take on greater levels of independence and the intensity of service is reduced.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Vermont Agency of Human Services, Department of Aging & Disability, Division of Licensing and Protection

**Professional Affiliations:** NATSAP-Full Member; American Residential Treatment Association

# Star Meadows Academy At Hope Ranch

(Therapeutic Boarding School)



**Member Since:** 2004

**Phone:** (406) 862-7871

Executive Contact: Linda M. Carpenter  
Admission Contact: James O. Carpenter

Gender: Girls Only  
Ages: 13 to 17  
Grades: 7 to 12  
Enrollment: 36  
Duration: 12 to 18 months  
Founded: 1999  
Email: [exec@hoperanchmt.org](mailto:exec@hoperanchmt.org)  
Fax: (406) 862-5903



Address: 1005 Baker Ave., Ste. G  
Whitefish, MT 59937  
Airport: Glacier International Airport

**Website:** [www.helpforgirls.org](http://www.helpforgirls.org)

Our foundation is: Hope. Our mission is: To rescue girls from destructive lifestyles, to heal them in a safe and caring Christian environment, and to prepare them for healthy, productive lives. Our foundation supports and our program is built upon the cornerstones of: Therapy, Academics, Residential living, and Spirituality.

Students are accepted for enrollment for their potential, not because of their problems.

Star Meadows Academy at Hope Ranch is a private, nonprofit, therapeutic boarding school for girls ages 13-17 where expert, dedicated, professional staff, combined with a high staff-to-student ratio provides a secure and nurturing community for girls to heal and grow. **Therapy:** As an emotional growth program, our clinical component is exceptionally strong with Masters- and Doctorate-level therapists specializing in adolescent and family issues. Therapy is individual, family, and group. Family retreats are an integral part of family/child healing, and other therapeutic activities include drama, art and animal therapy, community service, and adventure therapy. **Academics:** Star Meadows Academy is accredited through NAAS, and is a year-round (4 quarters per academic year) secondary school. Every student is assessed for her academic potential and will have an Individualized Learning Plan developed for her – leading to an Individual Learning Portfolio. **Residential Living:** Learning about community and family responsibilities (from doing chores; to getting along with each other; to helping & nurturing each other; to dealing with personality and temperament differences; to resolving the conflicts that are natural to any family; to understanding how to give-back; and much more) are part of the dynamics of 36 teenage girls living together. A major part of the life at the Ranch is outdoor activities which provide experiential learning, as well as fun, and include skiing, snow shoeing, hiking, camping, back packing, mountain biking, working in Glacier National Park, and more. **Spirituality:** As a nondenominational Christian program, each student is served by our Youth Pastor – through individual counseling as well as church, chapel and devotional services. The development of a student's spiritual choices and faith is always respected.

Girls who are experiencing depression, anxiety, ODD, PTSD, ADHD, RAD, sexual/physical abuse, sexual promiscuity, addictive behaviors, self harm, family instability, and chronic runaways do very well in our program. We are located in the Flathead National Forest on 360 acres, making our remote program location a perfect setting for eliminating unhealthy distractions and behaviors.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure, Approval:** Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; Northwest Association of Accredited Schools (NAAS); Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; National Association of Christian Counselors; National Association of Christians in Social Work

# Stevens Treatment Programs

(Residential Treatment Center)



**Member Since:** 2008

**Phone:** (508) 679-0183

Executive Contact: Thomas Drooger

Admission Contact: Gail Curran

Gender: Boys Only  
 Ages: 12 to 17  
 Grades: 5 to 12  
 Enrollment: 37  
 Duration: 12 to 18 months  
 Founded: 1938  
 Email: [gcurran@stevensprograms.org](mailto:gcurran@stevensprograms.org)  
 Fax: (508) 679-1950



Address: 24 Main St.  
 Swansea, MA 02777  
 Airport: Boston, MA/Providence, RI

**Website:** [www.stevensprograms.org](http://www.stevensprograms.org)

The mission of Stevens Treatment Programs is to provide comprehensive, state-of-the-art treatment to adolescent males of varying needs and cultural backgrounds. Clients become empowered with the skills necessary to rejoin their families and communities successfully.

A recognized leader in the field of specialized residential treatment, Stevens offers comprehensive treatment and education to adolescent males who display high-risk behaviors such as fire setting and sexual acting out. Stevens also provides services to adolescents who are assaultive, delinquent, at risk for running away, suicidal and/or have substance abuse issues.

The academic experience incorporates a comprehensive educational curriculum, including courses in all core content areas, as well as a wide range of enrichment classes. All students take courses in English, Language Arts, Mathematics, History/Social Studies, Science/Technology and a foreign language. Instruction takes place in classrooms with a 3:1 ratio tailored to meet each student's academic needs.

The goal is to provide an educational setting where students receive a customized education that allows them to meet state requirements and reach their individual learning potential. The curriculum is designed to provide innovative instruction aligned with the Massachusetts Curriculum Frameworks and accommodate students' Individualized Education Program goals.

Following an initial assessment, therapy focuses on both strengths and problem areas, with the setting of goals and tasks, which are evaluated on a weekly basis. Therapy assists with the identification of the student's unique strengths, and the design of the treatment approach builds on these strengths. Master's level clinicians monitor the progress of each goal and provide on-going feedback. Individual, group and family therapy is conducted weekly and are cognitive in nature.

The focus is to offer each young man a pathway to a new beginning by helping them realize their potential. Treatment assists youth and their families to look beyond today's destructive influences towards a positive future.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Commonwealth of Massachusetts, Department of Early Education and Child Care, Group Care Program; Commonwealth of Massachusetts, Department of Education; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; National Association of Private Education Centers (NAPSEC); Massachusetts Association of Approved Private Schools (MAAPS)

# Stone Mountain School

(Therapeutic Boarding School)



**Member Since:** 2002

**Phone:** (828) 669-8639

Executive Contact: Susan Hardy

Admission Contact: Sam Moore

**Gender:** Boys Only  
**Ages:** 11 to 17 at time of enrollment  
**Grades:** 6 to 12  
**Enrollment:** 60  
**Duration:** minimum 12 months  
**Founded:** 1990  
**Email:** info@stonemountainschool.com  
**Fax:** (828) 669-2521



**Address:** 126 Camp Elliott Road  
 Black Mountain, NC 28711  
**Airport:** Asheville or Charlotte

**Website:** [www.stonemountainschool.com](http://www.stonemountainschool.com)

Stone Mountain School was established to provide adolescent boys grades 6 through 12 with an exciting alternative to traditional education programs. We are a licensed, year-round intervention school that provides a structured academic and behavioral program in an outdoor environment. Admissions are accepted year round.

Many of our students have exhibited learning disabilities, ADHD, and emotional or behavioral problems. They have had difficulty focusing on schoolwork and other activities. Their parents may be frustrated by their child's inability to follow through on projects, whether it be a homework assignment or household chore. The experiences at our school provide a foundation for increasing self-confidence and responsible behavior.

Our staff consists of experienced residential counselors and wilderness experts who possess solid life values and are good role models. We have Master's level counselors and accredited teachers on staff, as well as consulting psychiatrists and medical doctors. We maintain a staff-to-student ratio of 1 to 5 so that we can give each student the individual attention he deserves. Students live with their peer groups in dorms and are supervised 24 hours a day by trained staff. Each group is responsible for the care of its own dorm and all boys participate in daily chores, such as cleaning, laundry, cooking, and wood chopping. The outdoor environment offers many lessons, such as the value of teamwork, self-reliance, and natural consequences of behavior. The boys take part in a wide range of activities including swimming, canoeing, backpacking, whitewater rafting, primitive skills development, basic carpentry, and campsite construction.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of North Carolina, Non-Public School License, Special Education Certification; SACS; CITA

**Professional Affiliations:** NATSAP-Full Member; ACA; AEE; NATWC

# Summit Achievement

(Wilderness Program)



**Member Since:** 2000

**Phone:** (207) 697-2020

Executive Contact: Will White, L.C.S.W.

Admission Contact: Adam Tsapis

Gender: Coeducational  
 Ages: 13 to 19  
 Grades: 8 to 12  
 Enrollment: 4 groups of 8  
 Duration: 3 to 12 weeks (variable)  
 Founded: 1996  
 Email: [admissions@summitachievement.com](mailto:admissions@summitachievement.com)  
 Fax: (207) 697-2021



Address: 69 Deer Hill Road  
 Stow, ME 04037

Airport: Portland, ME/Manchester, NH

**Website:** [www.summitachievement.com](http://www.summitachievement.com)

Summit Achievement is a licensed residential facility, operated continuously by the same founders since 1996. Students from throughout the United States and abroad are working on changing unproductive patterns and behaviors. Summit Achievement students are boys and girls ages 13 to 19 who may exhibit any of the following: low self-esteem, low motivation, poor school performance, school refusal, drug or alcohol abuse, impulsive behavior, depression, anxiety, poor decision-making, poor or inaccurate self-image, adoption issues, susceptibility to negative peer pressure, and refusal to take responsibility for actions.

Our evidence based approach provides a comprehensive, positively focused treatment environment. Students participate in individual, group, and family counseling, substance abuse counseling, classroom academic(s), challenging outdoor experiences, and family visits. Licensed, masters level therapists develop individualized treatment plans for each student to address the specific behavioral and motivational problems that they are experiencing at home or in school.

*Summit Wilderness (6-8 weeks):* 4 days on expedition in the White Mountain National Forest, followed by 3 days on campus attending school is the schedule for this clinically oriented treatment program. Each week, students engage in challenging wilderness expeditions, classroom academics, and formal individual and group counseling. Weekly wilderness expeditions focus on self-esteem building, communication skills, and achievement of treatment goals. Between expeditions, students live in comfortable dormitories while attending Summit's licensed school, earning their middle or high school credits.

*Summit Semester (1-4 months):* Summit Semester is an academically focused therapeutic program for students transitioning from wilderness programs. Summit Semester provides an effective, flexible length program for students requiring ongoing support and structure. Students earn credits through our Maine state certified school, covering the five major subject areas.

A complete range of psychological and psycho-educational testing/evaluation services are also available.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Maine, Department of Health & Human Services, Children's Residential Facility; State of Maine Department of Education; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; AEE; OBHIC

# Summit Preparatory School

(Therapeutic Boarding School)



**Member Since:** 2003

**Phone:** (406) 758-8113

Executive Contact: Rick Johnson, MSW and Jan Johnson, LCSW

Admission Contact: Judy Heleva, MA, Admissions Counselor

Gender: Coeducational  
 Ages: 14 to 17  
 Grades: 9 to 12  
 Enrollment: 60  
 Duration: 12 to 18 months  
 Founded: 2003  
 Email: [jheleva@summitprepschool.org](mailto:jheleva@summitprepschool.org)  
 Fax: (406) 758-8150



Address: 1605 Danielson Road  
 Kalispell, MT 59901  
 Airport: Kalispell or Missoula

**Website:** [www.summitprepschool.org](http://www.summitprepschool.org)

“Growing up” involves learning to navigate and successfully structure one’s own life through mastering a series of psychosocial skills that progressively build upon one another. Due to the stress of adolescence and emotional or psychiatric problems, teens get “stuck” in this developmental process and end up on a downward spiral of social or academic failure, conflict with parents, dangerous behavior, emotional instability and loss of direction. Our Summit Model (™), developed by Exec Director Rick Johnson, is specifically designed to promote psychosocial maturity. In turn, the three main aspects of our program are interwoven to facilitate the development of our model’s key psychosocial skills:

Professional therapeutic programming is provided by licensed therapists, psychologists and staff child and adolescent psychiatrist whose purpose is to reinforce psychosocial maturity and actively treat emotional or psychiatric problems that inevitably interfere with normal development. Clinical services include individual, group, cognitive, DBT, and experiential therapies; med management, and intensive family program (family therapy, parent assignments tied to student advancement, and experiential workshops).

Residential life/emotional growth is designed to gently yet firmly teach students how to live within structure and gradually become self directed in creating their own positive structure in life. Healthy relationships with positive staff are the primary catalyst for this process as well as a student’s engagement in the program. Located near Kalispell and Whitefish on 500 wooded acres, healthy engaging activities are available to all students when they demonstrate they are ready to safely participate. We have a campus swimming pool, gym, weight room, and climbing wall. Students are involved in individual and team sports, cultural events, community service, hiking, wilderness camping, mountain biking, and skiing. Our dress code reflects typical yet appropriate “teen” attire, so even “out of the box” teens can thrive with their sense of individuality intact.

Excellent accredited college prep academics are designed to re-engage students. Our teachers are passionate about working with teens in a therapeutic setting and certified in the areas they teach. We have low student-teacher ratios, challenging academics that can accommodate mild learning issues, and have a fully-equipped science lab, photo darkroom and arts area for drawing, painting, sculpture, pottery and portfolio preparation. Our MT accreditation allows students with a Summit Prep HS diploma eligibility for in-state tuition at U of M and MSU.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of MT OPI Academic Accreditation as a private non-public; NW Association of Accredited Schools (NAAS); State of MT Board of Private Alternative Adolescent Programs; SEVIS, 501(c)(3) non-profit organization

**Professional Affiliations:** NATSAP-Full Member; CWLA; PNAIS; SBSA

# SunHawk Academy

(Residential Treatment Center)



**Member Since:** 1999

**Phone:** (800) 214-3878

Executive Contact: Benjamin Harris, LSAC

Admission Contact: Jeff Johnson (435) 705-9989

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: 8 to 12  
 Enrollment: 55  
 Duration: 5 months minimum, 6 months average  
 Founded: 1996  
 Email: [info@sunhawkacademy.com](mailto:info@sunhawkacademy.com)  
 Fax: (435) 656-3213



Address: 948 North 1300 West  
 St. George, UT 84770  
 Airport: Las Vegas

**Website:** [www.sunhawkacademy.com](http://www.sunhawkacademy.com)

SunHawk Academy's comprehensive treatment program specializes in helping adolescents who are struggling with substance abuse and co-occurring issues such as depression, anxiety, trauma, impulse control, family conflict, grief, and stress. SunHawk is an adolescent substance abuse treatment program, with expertise in these frequently co-occurring problems that interact with and perpetuate the cycle of substance abuse. The 12 step model is the foundation of treatment at SunHawk.

We also utilize evidence-based therapeutic approaches, such as Cognitive Behavioral Therapy and Client-Centered therapy. Much of the therapeutic work is done in group, but individual therapy is also provided. The personal growth of students is encouraged through the use of the SunHawk Seminar series, regular and meaningful community service, and other therapeutic activities.

SunHawk's unique therapeutic components include the following points:

- SunHawk is a therapeutic community with approximately 16-20 groups each week including therapy, 12-step, psycho educational, skills, recreational therapy, and team-building groups
- Two 12-step meetings on-campus per week, and 4 supervised off-campus meetings per week for students level 3 and above
- Therapist-led groups daily M-F
- Individual therapy weekly, or more frequently as needed
- Nursing staff- led education groups dealing with adolescent health issues Weekly Issues group dealing with Seeking Safety, Depression, Impulse Control, Sober Fun, Expressive Visions, Healthy Relationships, Co-Dependence, Adoption, etc.
- Three 3-day emotional growth seminars
- Family therapy by phone or when possible in person
- Parent Seminar, and Parent Education/Therapy days

Parents are encouraged to interact with therapists in family sessions, and to work with a therapist at home so that change can include the family system, as well as the student. SunHawk's powerful treatment programs are individualized for each student, and outcomes are measured to ensure that progress is being made.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Sunrise RTC

(Residential Treatment Center)



**Member Since:** 2006

**Phone:** (435) 635-1185

Executive Contact: Dave Prior

Admission Contact: Mallie Mylar

Gender: Girls Only  
 Ages: 12 to 17  
 Grades: 7 to 12  
 Enrollment: 32  
 Duration: 6 to 9 months  
 Founded: 2000  
 Email: info@sunrisertc.com  
 Fax: (435) 635-1187



Address: 65 North 1150 West  
 Hurricane, UT 84737  
 Airport: Las Vegas

**Website:** [www.sunrisertc.com](http://www.sunrisertc.com)

Sunrise is a place to reclaim the daughter you had before her problems started. At Sunrise we work with you and your daughter to make the changes needed to have an enhanced, meaningful relationship. Through the use of therapy, education, daily living coaching, health and fitness, we mentor your daughter along the path of balanced living and healthy choices. As part of the fitness program we provide dance lessons, yoga, and swimming, all located on campus. We also teach and encourage balanced eating.

Located inside a rural community, Sunrise utilizes the local resources as each girl progresses in her treatment and levels of trust. This includes job opportunities for girls 16 years and older and community service and involvement for girls of all ages. We are located close to Zion's National Park and often find ourselves involved in recreational activities there.

Sunrise has excellent therapeutic and educational departments dedicated to advancing the mental and emotional development of each student. Through the use of an integrated treatment team we regularly coordinate care for each student between each setting they find themselves in. Sunrise is a great environment of growth and healing. Come experience the dawning of a new day in you and your daughter's life!

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Department of Human Services, Residential Treatment; Northwest Association of Accredited Schools; EAGALA Certified, Joint Commission Accredited

**Professional Affiliations:** NATSAP-Full Member

# SUWS Adolescent and Youth Programs

(Outdoor Therapeutic Program)



**Member Since:** 1999

**Phone:** (888) 879-7897

Executive Contact: Kathy Rex

Admission Contact: Woody Crowell

Gender: Coeducational/All-Girl/All-Boy  
 Ages: Youth - 11 to 13; Adolescent - 14 to 17  
 Grades: N/A  
 Enrollment: 8 per group  
 Duration: 28 day minimum; 45 day average  
 Founded: 1981  
 Email: [admissions@suws.com](mailto:admissions@suws.com)  
 Fax: (208) 886-2153



○ Shoshone

Address: 911 Preacher Creek Rd.  
 Shoshone, ID 83352

Airport: Boise, Twin Falls, Sun Valley

**Website:** [www.suws.com](http://www.suws.com) & [www.suwsyouth.com](http://www.suwsyouth.com)

Operating in southern IDAHO since 1981 SUWS is a licensed treatment program that uses a desert environment in an intervention focused on assessment, wilderness therapy, and a strong clinical team to help struggling teens. Utilizing a “search and rescue” metaphor, the goal of the Adolescent Program is to empower adolescents with opportunities for growth as they rediscover their sense of purpose and strengthen their connections to self, family, and community. Begun in 1997, the Youth Program promotes a solid foundation of personal self-worth and value from which students and their families rediscover hope through positive reference experiences.

Research indicates that 11-to-13 year olds have specific needs; they think in concrete terms and require tangible experiences from which to build. For this reason SUWS pioneered the Youth Program, separate from its Adolescent Program for 14-to-17 year olds, to provide the security, structure, and predictability required by this age group. SUWS excels at addressing the underlying causes of negative, unhealthy behavior and working through impasses brought about by internal struggles. Common behaviors and issues include family conflict, low self-esteem, entitlement, manipulation, isolation, depression, substance abuse, oppositional defiance, attention deficit, learning differences, school failure, and negative peer relationships.

SUWS provides families with a safe and immediate intervention. The outdoor environment, emphasis on teamwork, and experiential learning help students gain insight and build upon their own sense of self-worth as they learn the value of helping others. Therapists work closely with each child to help him/her determine the attitudes and behaviors that are negatively impacting self-perceptions. By pinpointing and examining these self-limiting beliefs, the therapist can work with parents, counselors, consultants, and schools to develop customized treatment plans and determine appropriate aftercare arrangements. Program highlights include search and rescue metaphor (Adolescent Program), “token economy” and use of llamas as a therapeutic resource and pack animal (Youth Program), M.A. level therapists, individualized treatment plans, flexible length of stay, individual and group therapy, weekly treatment planning sessions, availability of psychological testing services, parent workshops, therapeutic ropes challenge course, and web-based student updates.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Idaho, Department of Health and Welfare, Children’s Outdoor Therapeutic; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; AEE; Idaho Outfitters and Guides; NATWC; OBHIC

# SUWS of the Carolinas

(Wilderness Program)



**Member Since:** 2002

**Phone:** (888) 828-9770

Executive Contact: Shawn Farrell  
Admission Contact: James Daubs (J.D.)

**Gender:** Coeducational/Single Gender Groups  
**Ages:** 14 to 17  
**Enrollment:** 8 per group  
**Duration:** Flexible, 6 to 8 weeks  
**Founded:** 2000  
**Email:** admissions@suwscarolinas.com  
**Fax:** (828) 668-7959



**Address:** 363 Graphite Rd.  
Old Fort, NC 28762  
**Airport:** Asheville Regional Airport

**Website:** [www.suwscarolinas.com](http://www.suwscarolinas.com)

SUWS of the Carolinas is a treatment program with a focus on clinical intervention and assessment. The program uses the outdoors as an alternative to conventional treatment environments, while engaging students using traditional therapeutic methods. The wilderness setting removes modern distractions, simplifies choices, and teaches valuable lessons. As a result, students begin to accept responsibility for personal decisions, address individual and family issues, and become invested in their character development.

SUWS of the Carolinas specializes in treating students 14 to 17 years of age who are experiencing/exhibiting any of the following: Low Self-Esteem, Family Conflict, Defiant Behavior, Attention Deficit/Hyperactivity, Depression, Isolation, Drug and Alcohol Use, Learning Differences, Negative Peer Relationships, Manipulation, Aspergers, and Entitlement.

Treatment, not hiking or survival skills, is the primary focus at SUWS of the Carolinas. Students progress through a sophisticated level system designed to assist them in mastering age-appropriate developmental goals. The program uses a "Search & Rescue" metaphor to teach students character development, as well as to assist in the identification of core values and guiding principles. Parents, referring professionals, and SUWS therapists review progress, emotional issues, and length of stay during weekly treatment planning sessions. Over the last 20 years the SUWS programs have learned the importance of the family in the growth process. Our family component includes a parenting series, which includes a mid-stay experiential parent workshop that is two days in length, weekly treatment planning sessions, and a three-day parenting workshop.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** North Carolina Department of Health and Human Services

**Professional Affiliations:** NATSAP-Full Member; AEE; NATWC; OBHIC

# Tamarack Center

(Residential Treatment Center)



**Member Since:** 2006

**Phone:** (800) 736-3410

Executive Contact: Tim Davis

Admission Contact: Christopher Dal Pra



Gender: Coeducational  
 Ages: 12 to 17  
 Grades: 6 to 12  
 Enrollment: 16  
 Duration: 85 to 105 days  
 Founded: 1984  
 Email: [cdalpra@tamarack.org](mailto:cdalpra@tamarack.org)  
 Fax: (509) 326-9358

Address: 2901 W. Fort George Wright Dr.  
 Spokane, WA 99224  
 Airport: Spokane

**Website:** [www.tamarack.org](http://www.tamarack.org)

Tamarack Center is a small 16-bed medical model residential psychiatric treatment for adolescents ages 12-17. Tamarack Center's mission focuses on providing individualized focused care in a safe and therapeutic atmosphere. At the base of Tamarack's treatment philosophy is the concept of relationships. It is our belief that through a healthy, developmentally appropriate relationship, youth can begin to face their emotional difficulties and prepare for the future. Healthy relationships provide the path for reintegration back into the family and the community.

Typical diagnoses areas treated include:

- Depression
- PTSD
- ADHD
- OCD
- Bi-Polar Disorder
- Reactive Attachment Disorder
- Thought Disorders
- Oppositional Defiant Disorder

Treatment at Tamarack is provided in the context of milieu therapy. Residents learn how to live with each other on a regular basis. Problems of living are discussed, solved and new approaches to old patterns of behavior are developed and utilized. Individualized behavior programs for each resident supplement the general milieu expectations. Each resident has an individualized treatment plan which is updated on regular basis to ensure that current specific problem areas are being addressed.

Individual, group and recreational therapies are used to address treatment issues. Family participation and communication is stressed through weekly family therapy, e-mail access with their child, and our "shadowing" program which has parents shadow their child through the program activities to observe staff interventions and communication techniques. Additionally, Tamarack also provides a unique group family function called "Family Matters" which encompasses parent support group, parent education, and family interaction activities provided to the families in a relaxed and supportive atmosphere. Each resident is assigned a masters level family specialist, a nurse and primary counselor, who work under the supervision of a psychiatrist. Education is individualized with each resident having their own computer to utilize for schoolwork.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Washington State Department of Health, Residential Treatment Facility; Joint Commission

**Professional Affiliations:** NATSAP-Full Member; American Association of Children's Residential Centers

# Telos Residential Treatment, LLC

(Residential Treatment Center)



**Member Since:** 2004

**Phone:** (801) 426-8800

Executive Contact: Craig LaMont, MS, LMFT

Admission Contact: Kristin Williams, MS, Ed, Licensed Educational Administrator

Gender: Boys Only  
 Ages: 13 to 18  
 Grades: 7 to 12  
 Enrollment: 36  
 Duration: As needed  
 Founded: 2004  
 Email: Kristin@telosrtc.com  
 Fax: (801) 426-8825



Address: P.O. Box 537  
 Orem, UT 84059-0537  
 Airport: Salt Lake City

**Website:** [www.telosrtc.com](http://www.telosrtc.com)

The mission of Telos is to create inspiring interpersonal relationships that invite and assist all people to move toward their ultimate potential. We believe the five cornerstones of genuine change are love, family, spiritually, principled-living and insightful choices.

Telos cares for 36 boys in a charming, historic mansion built in 1926. The facility size, décor and architecture combine to intentionally create an atmosphere of warmth and security. We strive to employ qualified and compassionate people. We purposefully keep our staff to student ratios high and our group size small. We are a staff-secure program.

Telos is a principles-based program. While rules, consequences and structure are components of our program, real change occurs in a special therapeutic environment combined with staff's efforts to model the importance of principled living. As youth invest in our relationship-driven program, they learn time-tested principles of happiness. By making insightful choices, youth experience the benefits of value-centered living.

Our multidisciplinary treatment team values diversity among therapeutic interventions. In addition to over 20 hours of individual, family, group and recreational therapy per week, Telos offers triathlon training and competition, service projects, family days, community activities and an intensive "principles program."

Telos provides true individualized treatment, family involvement, staff that live the principles we teach, quality improvement and diagnostic precision. As an owner-operated program, we are committed to reaching our own "telos."

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment/Substance Abuse; Joint Commission; Northwest Association of Accredited Schools through Telos Academy, LLC

**Professional Affiliations:** NATSAP-Full Member

# The Discovery Schools of Virginia, Inc.

(Emotional Growth Boarding School)



**Member Since:** 2007

**Phone:** (434) 983-5616

Executive Contact: Chris Yates

Admission Contact: Donald Williams

Gender: Boys/Girls (separate campuses)  
 Ages: 11 to 17  
 Grades: 7 to 12  
 Enrollment: 55 boys/40 girls  
 Duration: 14 to 16 months  
 Founded: 1998  
 Email: dsadmissions@yahoo.com  
 Fax: (434) 983-5617



Address: 2697 Copper Mine Rd.  
 Dillwyn, VA 23936  
 Airport: Richmond

**Website:** [www.discoveryschool.org](http://www.discoveryschool.org)

The Discovery Schools of Virginia's guiding principles are a product of the founders' particular experiences in the outdoor therapeutic group setting. These principles include: Academic success follows emotional and personal growth. Family reintegration is based on mutual respect, good communication, and effective problem solving. Young people with emotional and behavioral problems must be held accountable for their actions. The outdoor setting and the group process play a vital role in helping young people see themselves honestly. Young people who are properly challenged emotionally, mentally, and physically will develop a positive sense of self-worth and a sense of responsibility.

Our students will have experienced ongoing frustration or failure in the traditional or other non-traditional academic settings. The essential goal of The Discovery School's academic program is to teach each student to take responsibility for his/her education and to respect it as a privilege.

Discovery Schools' group setting is a structured yet nurturing environment in which students mature by becoming accountable for their problematic behaviors. By stressing the importance of honesty, responsibility to others, and accountability for self, the group experience provides each group member with a positive means to address unresolved emotional, developmental, and family issues which are frequently acted out through opposition to schools and to school rules.

Students having histories of drug and alcohol problems are welcome to join Recovery Dynamics throughout their enrollment. This helps them accept the solutions that treat addiction and to begin their personal journey or recovery.

**Individual Psychotherapy Available:** No

**Accreditation, Licensure:** Virginia Association of Specialized Educational Facilities; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# The High Frontier, Inc.

(Residential Treatment Center)



**Member Since:** 2007

**Phone:** (432) 364-2241

Executive Contact: Barry Blevins

Admission Contact: Semy Silva

Gender: Coeducational  
 Ages: 12 to 18  
 Grades: 6 to 12  
 Enrollment: 84  
 Duration: 9 to 18 months  
 Founded: 1976  
 Email: [high.frontier@sleschools.org](mailto:high.frontier@sleschools.org)  
 Fax: (432) 364-2261



Address: P.O. Box 1325  
 Ft. Davis, TX 79734  
 Airport: Midland Odessa

**Website:** [www.thehighfrontier.org](http://www.thehighfrontier.org)

High Frontier utilizes a variety of cognitive learning strategies incorporated through a systematic group therapy approach known as Positive Peer Culture. High Frontier promotes wellness through challenging distorted thinking patterns while promoting opportunities for the young person to demonstrate their self-worth. The positive aspects of human nature become the realized tool for problem resolution as the youth learn insight into the human condition. Altruism, acceptance autonomy, and mastery are developed as the treatment process exposes and re-directs the unsuccessful means the youth employ to achieve a sense of belonging and/or independence. Residents are taught that only through the acceptance of responsibility may one develop the self-esteem to face life's challenges and pursue happiness.

Recognizing the influence of the peers will exist and be paramount to each young person whether an organization operationally acknowledges it or not, The High Frontier brings this tremendous power into the mainstream of the therapeutic process so this power may be adult guided and harnessed to positive ends. The youth entering the program will learn quickly that their new task does not simply ask them to obey. But rather, they are asked and taught to become of services to their peers. Indeed their role becomes akin to the noblest of pursuits. As they learn how to become a value to others, they will develop the sense of self-worth necessary to establish and maintain better relationships, behaviors, and goals.

The academic component is one best described as individualized. Considering the emotional and behavioral problems having likely resulted in our students getting behind in grade levels, a high teacher student ration is incorporated to allow potential for significant advancement. A typical class will consist of 8-9 students in a classroom receiving instruction from both a special education instructor and an aide. Although the certified special education instructors are enlisted primarily for behavioral reasons, their credentials allow High Frontier to specifically address any learning disabilities. The Positive Peer Culture approach is continued in the classroom as an alternative to typical discipline management processes. Established through a special agreement, High Frontier maintains an on-campus school with instructors provided through the local Independent School District. High Frontier is a private non-profit agency receiving fee for service primarily through direct family placement. High Frontier will also receive fee for service from Post-Adoption Subsidies, and Independent School Districts.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Texas Department of Protective and Regulatory Services, Child-Care Licensing Division

**Professional Affiliations:** NATSAP-Full Member

# The Pinnacle Schools/Elk River

(Outdoor Therapeutic Programs )



**Member Since:** 2006

**Phone:** (866) 906-TEEN  
(256) 518-9998

Executive Contact: Karen Lee  
Admission Contact: Ann Corley

Gender: Coeducational  
Ages: 12-18  
Grades: 7-12  
Enrollment: 48  
Duration: 8-10 weeks/flexible length of stay  
Founded: 2005  
Email: [info@thepinnacleschools.com](mailto:info@thepinnacleschools.com)  
Fax: (256) 518-9941



Address: 500 Governors Dr.  
Huntsville, AL 35801  
Airport: Huntsville, AL/ Birmingham,  
AL/Nashville, TN

**Website:** [www.thepinnacleschools.com](http://www.thepinnacleschools.com)

The programs of The Pinnacle Schools are empirically derived to provide clinically supported diagnostic, assessment and treatment services to troubled teens ages 12-18. Students present with a myriad of problems including but not limited to: ADD/ADHD/ODD, bipolar disorder/depression, Asperger's, substance abuse, online gaming addiction, adoption/divorce/family issues, obesity, academic decline/ learning differences, and negative peer relationships. TPS offers a short-term (8-10 week) program, a step-up midterm program with a flexible length of stay, and a teen weight management program. The therapeutic intervention provided halts maladaptive behaviors and assists teens in growing intellectually, emotionally, behaviorally, and spiritually.

The challenge of the outdoors is used as a therapeutic teaching tool. Students are removed from their "comfort zone" to a base campus providing facilities for safety, medical care, education and hygiene. Our professional staff includes; physicians, psychologists, licensed professional counselors, registered nurses, a registered dietician, and Ph.D. and Master's level educators. We utilize a Treatment Team approach when working with students and their families. The team includes professional staff, parents, educational consultants, and student's psychologist/psychiatrist. Individual treatment plans are designed for each student and necessary modifications are made at bi-weekly treatment team meetings. All members of the team will be updated regularly as the student progresses, and will be involved in developing a transition and aftercare plan which meets the student's specific needs and goals. TPS emphasizes parent training throughout a students stay and a 3-day parent workshop is provided upon completion of the program.

Therapy includes cognitive behavior modification in the group process model led by a psychologist or LPC. Therapeutic workshops include but are not limited to: abandonment, anger management, goal setting, accountability, communication skills, peer relations, and experiential learning. Specialty groups include AA/NA/OA/Olganon and optional Bible Study. All students participate in a one-week off campus expedition challenge.

All programs offer fully accredited (SACS & CITA) academic curriculums, credit recovery and state certified educators.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Alabama Department of Youth Services

**Professional Affiliations:** NATSAP-Full Member; NATWC, AEE, ACCT

# Top Flight Academy

(Residential Treatment Center)



NATSAP

**Member Since:** 2004

**Gender:** Boys Only  
**Ages:** 13 to 17  
**Grades:** 7 to 12  
**Enrollment:** 32  
**Duration:** 9 to 12 months  
**Founded:** 2003  
**Email:** info@topflightacademy.com  
**Fax:** (435) 462-3930

**Phone:** (435) 462-2699

**Executive Contact:** Clayton Justensen

**Admission Contact:** Christy Carter



**Address:** 1024 South 70 West  
 P.O. Box 145  
 Mt. Pleasant, UT 84647  
**Airport:** Salt Lake City

**Website:** [www.topflightacademy.com](http://www.topflightacademy.com)

Top Flight Academy is committed to assist our students and their families in finding greater happiness and success in all aspects of their lives. We treat each student with respect and dignity – in such a way that he is mindful of his individuality. Our goal is to help young men and their families learn how to communicate, trust, and show love in an appropriate manner.

Top Flight Academy works with young men with low self-esteem, ADD/ADHD, depression, anger and emotional pain, ODD, substance abuse, academic problems, authority problems, low motivation, anxiety, adoption issues, divorce issues, irresponsibility, runaway, and poor choices.

Top Flight provides therapy, a positive peer culture, accredited academics, and ground and flight training.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment

**Professional Affiliations:** NATSAP-Full Member

# Trails Carolina

(Wilderness Program)



**Member Since:** 2009

**Phone:** (828) 885-5920

Executive Contact: Graham Shannonhouse

Admission Contact: Mark Oerther



**Gender:** Coeducational

**Ages:** 13 to 17

**Grades:** N/A

**Enrollment:** 35

**Duration:** 60 days

**Founded:** 2008

**Email:** admissions@trailcarolina.com

**Fax:** (828) 885-5922

**Address:** 500 Winding Gap Road  
Lake Toxaway, NC 28747

**Airport:** Asheville Regional, Greenville  
Spartanburg, Charlotte International

**Website:** [www.trailscarolina.com](http://www.trailscarolina.com)

Designed for struggling adolescents ages 13 to 17, Trails Carolina is a comprehensive therapeutic wilderness program set amid the tranquil North Carolina Mountains. Developed specifically to address the “whole child”, our proven methods and clinical therapies help change troubling behavior, guide adolescents up new paths of self-awareness, lead families toward reunification and healing, and re-engage students in an appreciation of academic challenge and learning.

Adolescents today are continually exposed to a fast-paced world of school, home, and a variety of relationships with the expectation that they are prepared to internally motivate and self-regulate. Unfortunately, many adolescents navigate their environment through poor choices, dangerous behaviors, and negative acting out. These destructive choices sabotage their ability to achieve success while damaging family relationships. Through the integration of adventure-based activities, wilderness expeditions, experiential education, and academic coursework, adolescents are guided toward cultivating a more centralized sense of the whole self, an awareness of personal strengths and abilities, an acceptance and accountability of the full impact of their poor decisions, and the insight and tools needed to succeed through life’s ongoing challenges.

Trails Carolina operates from the premise that a student’s ability to effectively integrate their wilderness experience into real-world skills is every bit as important as the program experience itself. For this reason, a comprehensive and educational family inclusion program is built into the program model. Parents and caregivers are expected to actively participate in their child’s experience by working with their student’s therapist to complete a course curriculum which parallels the curriculum of their child and by participating in parents workshops designed specifically to address their family’s needs. Parents are empowered to help their child better transition their Trails Carolina experience to their “real” lives, as well as enhance the student’s experience by being an active participant in the growth and recovery of the family unit. Additionally, students take part in a comprehensive, experiential-based academic program that helps to continue their formal education while on trail. This ensures that a very central part of an adolescents life (school and schoolwork), is not sacrificed as part of a necessary intervention. Academics are presented in such a manner to re-frame the educational experience to elicit excitement in the task of learning. This better prepares the student to more seamlessly return to a challenging academic environment with an improved attitude towards learning and without significant disruption in their academic coursework.

Trails Carolina integrates clinically sophisticated and research-based modalities including equine therapy (EAP), group and individual therapy with licensed therapists, structured academics with a certified teacher, and comprehensive family inclusion to provide students with an impactful experience that encourages and supports self-awareness and confidence and develops unique and effective tools to ensure continued post-program success.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** North Carolina Department of Health and Human Services - Division of Health Service Regulation

**Professional Affiliations:** NATSAP-Full Member, AEE

# Trinity Teen Solutions Program

(Christian Residential Treatment Center)



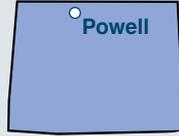
**Member Since:** 2009

**Phone:** (307) 645-3384

Executive Contact: Angie Woodward

Admission Contact: Angie Woodward

Gender: Girls Only  
 Ages: 12 - 17  
 Grades: 6 - College  
 Enrollment: 14  
 Duration: 18 months  
 Founded: 2002  
 Email: admissions@trinityteensolutions.com  
 Fax: (307) 645-3385



Address: 89 Road 8 RA  
 Powell, WY 82435  
 Airport: Cody Wyoming, Billing  
 Montana

**Website:** [www.trinityteensolutions.com](http://www.trinityteensolutions.com)

Trinity Teen Solutions, Inc. (TTS) is a Christian Residential Treatment Facility located on a 4,000 acre ranch, that helps troubled teen girls ages 12-17, find the beauty within, heal past wounds, grow inner strength, instill a conscience and learn to manage themselves in today's difficult society.

At TTS each girl will experience a family atmosphere complete with active participation in experiential therapy, wilderness therapy, academics, equine-assisted psychotherapy, non-verbal therapy, chores and caring for animals, all while residing in cozy country cabins with caring live-in staff. By placing the focus on God and how He can impact every area of each girls life, an amazing transformation takes place.

Through Christian counseling, individual, group and family therapy sessions TTS challenges old problematic behaviors and promotes personal growth. By changing each girls' perspective of herself, and her relationships with family and God, she will be able to redefine and rediscover her unique identity with emphasis upon God-given dignity, personal responsibility, and right action.

Trinity Teen Solutions focuses on each young woman's uniqueness, helping her to find the beauty within, heal past wounds, grow inner strength, instill a conscience and learn to manage herself in today's society. Our loving, caring treatment team never gives up on any girl as she struggles through the painful task of transformation and healing.

We apply proven treatment techniques to develop in each girl:

- a strong sense of self
- a working knowledge of her strengths and weaknesses
- respect for God, herself and others
- an improved and continuous relationship with God
- her conscience and judgment when making decisions
- responsibility for her actions
- the ability to protect herself from exploitation and assaults
- desires for wholesome, normal activities such as church, school, family, work, friends and extracurricular activities
- and more

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Wyoming Department of Family Services

**Professional Affiliations:** NATSAP-Full Member

# True North Wilderness Program

(Wilderness Program)



**Member Since:** 2006

**Phone:** (802) 583-1144

Executive Contact: Tyler Maves

Admission Contact: Madhuri Barefoot

Gender: Coeducational (single-gender groups)  
 Ages: 14 to 17  
 Grades: N/A  
 Enrollment: 24  
 Duration: 4 to 12 weeks  
 Founded: 2005  
 Email: [info@truenorthvt.com](mailto:info@truenorthvt.com)  
 Fax: (802) 583-1104



Address: P.O. Box 857  
 Waitsfield, VT 05673  
 Airport: Burlington

**Website:** [www.truenorthvt.com](http://www.truenorthvt.com)

True North Wilderness Program is located in the Green Mountains of Vermont. Our goal is to provide opportunities that inspire and empower our students and their families to reach their full potential. True North students typically present with mild depression, anger, anxiety, oppositional defiance, learning differences, academic difficulty, problems with peer and family relationships, and experimentation with substance abuse. Our single gender groups are carefully structured to be a safe and supportive environment for our students to establish strong foundations for the future.

True North's therapeutic process is grounded in the wilderness environment. As our students become adept at living and taking care of themselves in the outdoors, they begin to build the confidence and sense of capability that will sustain the learning and emotional growth process. Our caring and dedicated staff members support students as they explore core issues and develop new tools for a healthy and successful future. The challenges and rewards of outdoor living and group dynamics create opportunities for students to improve communication skills, accept more personal responsibility, build success and self-esteem, and establish positive and supportive relationships with others. Students use the landscape around them to explore their personal strengths and skills and address limiting behaviors.

Our base camp is a stunning mountain retreat surrounded by gardens, orchards, and protected forestland. Students will participate in a variety of educational and recreational activities designed to take full advantage of the Green Mountains and Vermont. Students will complete a personal portfolio that will help them to stay connected to new skills and confidence as they transition to the next step. We work closely with families, schools, and referring professionals to support a successful transition process. Parents and families can expect professional guidance and support from our clinical team and will have the opportunity to complete weekly parent curriculum assignments. The parent curriculum offers parents insight into their child's True North experience while allowing them to explore family dynamics. True North offers two-day intensive parent workshops designed to increase each family member's awareness of family patterns and support positive growth within the whole family. Our master's level therapists work together with field guides, students, and families to create individualized treatment plans. Our field guides are chosen for their experience and their ability to be positive role models and all of them carry wilderness medicine, CPR, and related therapeutic certifications.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Vermont, Agency of Human Services, Department for Children and Families; Vermont Department of Education

**Professional Affiliations:** NATSAP-Full Member

# Turn-About Ranch

(Residential Treatment Center)



**Member Since:** 1999

**Phone:** (800) 842-1165

Executive Contact: Luke Hatch, MSW, LCSW

Admission Contact: Drew Fosse

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: N/A  
 Enrollment: 51  
 Duration: 100 day program  
 Founded: 1989  
 Email: admissions@turnaboutranch.com  
 Fax: (435) 826-4261



Address: 280 N. 300 E., P.O. Box 345  
 Escalante, UT 84726  
 Airport: Las Vegas or Salt Lake City

**Website:** [www.turnaboutranch.com](http://www.turnaboutranch.com)

**Turn-About Ranch** – Residential Treatment for Teens on a Working Ranch  
**Real Ranch. Real Values. Real Change.**

Few images capture the imagination more strongly than that of the American Cowboy – this powerful icon of the American West captivates and inspires teens who have become jaded and hostile toward authority. The Ranch setting takes defiant teens, ages 13-17, out of their comfort zone and reminds them that success is achieved through teamwork and cooperation, not through entitlement and manipulation. They learn that while they might feel entitled to get what they want, when they want it, in the real world rewards come through dedication and hard work.

Turn-About Ranch differs from typical residential treatment centers for troubled teens because it values action not just talk. Your teen participates in therapy and goes to school, but they also participate in the daily running of the ranch. They feed the chickens at dawn and bring the cattle in before dusk. These real life experiences enhance the therapeutic process – we put behavioral changes in action, which is much more effective than just talking about changing behavior. Teens discover the great rewards of working within a family of people, developing trust toward one another, and earning respect. Real change happens on this historic horse and cattle ranch as your child learns the value of a day’s work, cooperation with others, and compassion toward their fellow man.

We talk a lot about values at Turn-About Ranch. Real values are something teens often forget or ignore as they get caught up in popularity contests, the desire to get the latest gadgets, and the hunger to seem “cool” to their peers.

We teach traditional Christian ethics and morals of honesty, openness, respect, teamwork, and accountability and remind them how important these values are to their success.

Academics are achieved while at Turn-About Ranch. We are accredited through the Northwest Association of Accredited Schools and can offer up to 4.5 semester credits within the 100-day average stay.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Turnabout/Stillwater Academy

(Small Residential Program and School)



**Member Since:** 2003

**Phone:** (866) 359-4600

Executive Contact: Lee Caldwell  
Admission Contact: Roark Stratton

Gender: Coeducational  
Ages: 12 to 17  
Grades: 6 to 12  
Enrollment: 50  
Duration: 9 to 14 months  
Founded: 1988  
Fax: (801) 302-7954  
Email: info@turnaboutteens.org



Address: 11175 South Redwood Road  
South Jordan, UT 84095  
Airport: Salt Lake City

**Website:** [www.turnaboutteens.org](http://www.turnaboutteens.org)

Turnabout/Stillwater Academy serves male and female students 12 to 17 years of age. Students and their families are generally experiencing interpersonal conflict manifested by the student in self-defeating behaviors such as: dishonesty, acting out, promiscuity, school truancy and failure, alcohol or drug use, and running away. These behaviors could be motivated by unresolved issues such as low self-esteem, adoption, depression, family problems, stress from a traumatic experience, executive functioning problems, or other emotional or psychological problems.

The program recognizes the importance of parental stewardship, parental love, and the need for parents to concurrently work on their issues while the students do their own work. The program utilizes a unique host-home system to provide housing for students. This group of caring and committed host parents gives our students a family setting to return to each night and provides an additional dimension of support, encouragement, and love for each student. After a complete psychological evaluation a treatment plan is developed for each student. This treatment plan may include individual therapy, group therapy, substance abuse treatment, equine assisted therapy, psycho-educational groups, etc. In house psychiatric services are available for each student. Turnabout/Stillwater Academy is also an accredited special purpose school. Each student has an educational component to his/her program.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Day Treatment, Child Placing and Outpatient Treatment; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member

# Turning Winds Academic Institute

(Therapeutic Boarding School)

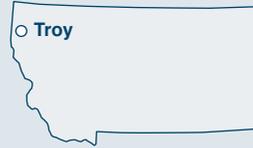


**Member Since:** 2005

**Phone:** (800) 845-1380

Executive Contact: Carl Baisden  
Admission Contact: John Baisden

Gender: Coeducational  
Ages: 12 to 18  
Grades: 7 to 12  
Enrollment: 40  
Duration: 12 to 18 months  
Founded: 2002  
Fax: (406) 295-5420  
Email: info@fsni.org  
MT



Address: 32855 S. Ford Rd.  
Troy, MT 59935  
Airport: Spokane, WA or Kalispell, MT

**Website:** [www.turningwinds.com](http://www.turningwinds.com)

Turning Winds Academic Institute is a co-ed, therapeutic, boarding school that is accredited by Northwest Association of Accredited Schools (NAAS). We believe that each student has the capacity to learn, that individual strengths have different learning modalities, and that high expectations are necessary in order for the student to reach their highest potential.

Turning Winds Academic Institute stands out as an elite academic provider. Turning Winds Academic Institute is an official ACT and SAT testing site and offers these tests quarterly. Preparation courses are also offered for these tests. Furthermore, we are also an official testing site for the GED. Turning Winds Academic Institute also offers College-Level Examination Program (CLEP) preparation for students. CLEP provides students with the opportunity to demonstrate college-level achievement through a program of exams in undergraduate college courses. Students can earn up to six credits for each test. There are 2,900 colleges that grant credit and/or advanced standing for CLEP exams.

An indispensable part of the Turning Winds Academic Institute is the therapeutic program. The clinical services are overseen by a clinical director who is a licensed Clinical Psychologist in the state of Montana. Upon admission, each resident is assessed by this psychologist, including through the use of formal testing, to determine their unique psychosocial and mental health needs. Then an individual treatment plan is created by the treatment team in order to address the needs of that individual.

Turning Winds Academic Institute also offers a unique outdoor experience for each student within the TREC program. TREC is a powerful experience which consists of a structured, outdoor journey to remote yet accessible wilderness; the individual is challenged to learn about the self and the environment.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Montana, Board of Private Alternative Adolescent Resident or Outdoor Programs; Montana Association of Alternative Private Programs; NAAS, NIPSA

**Professional Affiliations:** NATSAP-Full Member;

# Uinta Academy

(Residential Treatment Center)



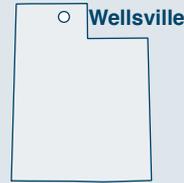
**Member Since:** 2004

**Phone:** (435) 245-2600

Executive Contact: Jeff Simpson, M.S., L.C.S.W.

Admission Contact: Jeff Simpson, M.S., L.C.S.W.

Kristi Ragsdale



Gender: Girls Only  
 Ages: 12 - 17  
 Grades: 7 to 12, Post Graduate  
 Enrollment: 44  
 Duration: 12 - 18 months  
 Founded: 2003  
 Email: jsimpson@uintaacademy.net  
 Fax: (435) 245-2605

Address: P.O. Box 387  
 Wellsville, UT 84339  
 Airport: Salt Lake City

**Website:** [www.uintaacademy.net](http://www.uintaacademy.net)

Uinta Academy is a small, very therapeutically intensive residential treatment /academic program licensed by the State of Utah Department of Human Services. Uinta Academy has three campuses, two 16 bed Residential Treatment Centers and one 12 bed Transitional/Independent Living Program. The girls receive psychiatric services, individual therapy, family therapy, group therapy, recreational therapy, and equine therapy. Uinta Academy has an extremely effective milieu that focuses on building strengths, developing self-esteem, and teaching social, academic, and independent living skills. In-home reunification services are also available to parents during a girl's transition home.

Treatment occurs in a nurturing, safe, and family-style environment. In addition, every girl participates in physical fitness activities at the local sports/fitness complex, Yoga, weekly recreational activities, and monthly explorations trips. Each girl gets her own horse for which she is responsible and the girls participate in weekly equine-assisted therapy and other equine activities. Students have access to numerous educational/recreational activities such as hiking, horseback riding, skiing, the cultural arts, service projects, gardening, and light farm chores.

The academic program is a fully accredited, year-round educational experience, where each girl has an individualized educational program that is tailored to meet her needs. Students who are behind are able to catch up to grade level. All classes are taught by state certified teachers. Elective courses include foreign languages, art, photography, and music instruction. Specialized education programs can be provided, such as study at the university level and vocational training.

Uinta Academy serves females, ages 12-17, who are experiencing emotional and behavioral problems, including but not limited to the following: Depression, Bipolar Disorder, Attention Deficit Disorder, Borderline Personality Disorder, Post-Traumatic Stress Disorder, Oppositional-Defiant Disorder, Asperger's Syndrome, adoption/attachment issues, anxiety, eating disorders, low self esteem, self harm issues, and academic struggles including learning disabilities. Exclusion criteria include: violent tendencies, full scale IQ less than 80, adjudication to any other accredited school and accepted by all accredited Colleges and Universities. Each girl has an individualized educational program that is tailored to her needs. Students that are behind academically are able to catch up to grade level. Specialized education programs can be developed, such as study at the University level and Vocational Schools.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services; Northwest Association of Accredited Schools (NAAS)

**Professional Affiliations:** NATSAP-Full Member

# Valley View School

(Therapeutic Boarding School)



**Member Since:** 2002

**Phone:** (508) 867-6505

Executive Contact: Philip G. Spiva, Ph.D.

Admission Contact: Rick Bulger, M.S.W.

Gender: Males Only  
 Ages: 10 to 15 (at admission)  
 Grades: 6 to 12  
 Enrollment: 56  
 Duration: 2 to 3 years  
 Founded: 1970  
 Email: [valview@aol.com](mailto:valview@aol.com)  
 Fax: (508) 867-3300



Address: P.O. Box 338  
 91 Oakham Road  
 North Brookfield, MA 01535  
 Airport: Boston, Logan

**Website:** [www.valleyviewschool.org](http://www.valleyviewschool.org)

Valley View School is a highly structured therapeutic milieu that offers a professional interdisciplinary approach. Stress is placed on success-oriented experiences ranging from drama and organized sports to overseas travel.

Valley View is a private residential school providing a therapeutic educational environment for 56 boys between the ages of 11 and 17 who are having difficulty getting along with their families, the world around them and themselves. Typical Valley View students may be boys who challenge authority to the point of psychologically intimidating their parents; others have difficulty in channeling their physical energy in meaningful ways; and a few may appear overly lethargic, bored or depressed. The majority have difficulty in traditional schools and although bright, often have a history of attention deficit disorder, may be oppositional, and are a source of frustration to their families. Traditional classroom methods and practices have generally frustrated rather than encouraged students who go to Valley View. These boys have been characterized as “learning disabled”, “unmotivated”, “hyperactive”, or “disruptive” in the classroom setting. With a maximum of 56 students in the School and an average of 6 in each class, Valley View School can provide intensive remedial instruction. Classes focus on the development and strengthening of skills in basic subjects, including language arts, mathematics, social and physical education, history, and art. An extensive computer facility integrates current technology into the entire academic curriculum.

Valley View offers a twelve-month program, and boys are accepted only on that basis. There are 11 full-time academic teachers, all with appropriate degrees in their subject matter, offering a college preparatory curriculum. Seventeen counselors, supervise the program on evenings and weekends. This includes a wide range of physical and recreational activities. In addition, three clinical psychologists spend a number of days at the School to see boys in individual therapy sessions. A board-certified psychiatrist also makes regularly scheduled consultation visits to monitor psychopharmacological issues where appropriate. The typical period of enrollment at the School is two or three years. A student can earn a recognized high school diploma from Valley View School; however, diplomas are infrequently conferred since most students continue their education in a standard public or private secondary school.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Commonwealth of Massachusetts, Department of Early Education and Child Care; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member

# Visions Adolescent Treatment Center

(Residential Treatment Center)



**Member Since:** 2005

**Phone:** (866) 889-3665

Executive Contact: Chris Shumow

Admission Contact: John Lieberman

Gender: Coeducational  
 Ages: 12 to 17  
 Grades: 7 to 12  
 Enrollment: 10  
 Duration: Min. 45 days (usually 60-90 days)  
 Founded: 2002  
 Email: [info@visionsteen.com](mailto:info@visionsteen.com)  
 Fax: (818) 889-8221



Address: 33335 Mulholland Hwy.  
 Malibu, CA 90265

Airport: Burbank or Los Angeles

**Website:** [www.visionsteen.com](http://www.visionsteen.com)

Visions Adolescent Treatment Program is committed to providing exemplary treatment for teenagers and their families and is designed to serve males and females, ages 12 to 17, with drug and alcohol and dual diagnosis related problems.

Treatment is provided in a safe, supportive home-like environment where residents can begin to learn the new skills necessary for achieving long lasting recovery and begin to deal with any secondary psychological issues. The intensive, structured program is filled with daily activities that help the resident to recognize their own denial systems, come to terms with their problems, become familiar with the 12-Step recovery principals and begin to make the positive choices that will lead them to a healthy and productive life.

The program is housed in a high-end residential ranch-like setting. There are separate sleeping quarters for male and female clients. Clients sleep two to a room. Meals and recreational activities are shared under supervision of the staff. The facility is in a rural setting making it inaccessible to public transportation thus discouraging runaways. The facility has a locked fence that surrounds twelve acres of wooded land. There is a swimming pool and horse facility on site.

Meals provided at the facility are high quality and nutritionally sound with an emphasis on natural, organic products that are chemical, sugar and preservative free. Meals are created under the supervision of a registered dietician with a specialty in nutritional therapy.

The program is in operation and staffed by a minimum of two staff members 24 hours a day, seven days a week. Crisis intervention is available on a 24-hour basis. Average length of stay is three months, with variations in length of stay determined by severity of symptom profile, psychosocial stressors, and global assessment of functioning upon intake and admission and during course of treatment.

Admission to the program is on a voluntary basis and all residents are expected to be actively involved in their own treatment. The staff believes that the individual is responsible for the consequences of his/her own actions and therefore encourage each resident to learn new approaches to understanding and expressing their needs and feelings. Random drug and alcohol urinalysis testing is conducted throughout all phases of treatment.

Given the strong influence of the family's overall level of functioning, treatment goals always incorporate some measurable behavioral improvement in family functioning, from a decrease or cessation of intense conflict within the family to the referral of parents or siblings to their own treatment.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of California, Department of Social Services

**Professional Affiliations:** NATSAP-Full Member; NAATP

# Vista, RTC

(Residential Treatment Center)



**Member Since:** 2003

**Admissions:** (801) 910-5901

Executive Contact: H. Matthew Dixon, Jr.

Admission Contact: Memory Dixon

Gender: Coeducational  
 Ages: 13 to 17  
 Grades: 7 to 12  
 Enrollment: 32  
 Duration: 6 to 9 months  
 Founded: 1991  
 Email: [memorydixon@vistatreatmentcenters.com](mailto:memorydixon@vistatreatmentcenters.com)  
 Fax: (801) 250-8483



Address: 8265 West 2700 South  
 Magna, UT 84044  
 Airport: Salt Lake City

**Website:** [www.vistatreatmentcenters.com](http://www.vistatreatmentcenters.com)

Vista Adolescent Treatment Center is a residential treatment center committed to providing adolescents and their families with experiences that will enable them to realize the choices that have limited their growth and personal development. The program is specifically designed to help adolescents and their families go beyond their boundaries and overcome the limiting beliefs that have kept them from achieving their potential.

The adolescents at Vista range in age from 13 to 17 years and are comprised of both males and females who possess special emotional, psychological, and behavioral needs. While these adolescents are as unique and diverse as adolescents everywhere, they all possess one common denominator: they have a need for change, and their lives and must be provided with the appropriate environment to learn, practice, and internalize changes necessary for successful re-entry into their home, social, and educational settings.

We provide an alternative to expensive short-term hospital care by offering a quality, cost-effective, safe, and home-like environment. Vista is a caring, teaching, family-oriented system that allows adolescents and their families to begin to rebuild their lives. This approach provides a more appropriate length of stay in an intensive therapeutic environment to allow adolescents and their families to integrate, internalize, and solidify age-appropriate and effective coping skills. Our multi-disciplinary staff stresses heightened awareness of potential difficulties adolescents may encounter. The staff helps adolescents confront those challenges while currently identifying, confronting, and ultimately resolving those inner conflicts that have interfered with physical, emotional, and intellectual growth. Individual, family, group, and experiential therapy are all part of the Vista program aimed at cognitive and affective skill development, modifying current self-defeating behaviors, promoting interpersonal skills, and improving responsibility to self and others.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Day, Residential & Outpatient Treatment and Child Placing; Joint Commission; Northwest Association of Accredited Schools (NAAS)

**Professional Affiliations:** NATSAP-Full Member

# Waterfall Canyon Academy

(Small Residential Program)



**Member Since:** 2009

**Phone:** (801) 737-9460

Executive Contact: Richard Dimick

Admission Contact: Karen Nickel

Gender: Boys Only  
 Ages: 12 - 18  
 Grades: K - 12  
 Enrollment: 12  
 Duration: 16 months avg.  
 Founded: 2008  
 Email: karen@waterfallcanyon.com  
 Fax: (801) 737-9466



Address: 818 North 950 East  
 Ogden, UT 84404

Airport:

**Website:** [www.waterfallcanyon.com](http://www.waterfallcanyon.com)

It is the mission of Waterfall Canyon Academy to provide the highest quality clinical, academic, and behavioral intervention services in order for our students to become contributing members to their family, and become able to live to their fullest potential as young adults in society.

Our students can best be described as cognitively impaired young men with complex behavioral, developmental, emotional, and psychiatric difficulties.

Waterfall Canyon Academy provides a highly structured behavioral shaping program designed to teach and instill appropriate social skills and daily living skills. Our Students receive individual and family therapy services at a minimum of two hours per week, and an average of three hours per week. A variety of group therapies are provided daily as well. Each student attends four to five group therapy sessions weekly. Academics are provided by Oak Grove School (accredited by Northwest Association of Accredited Schools) in our school building which includes classrooms, a library and a large physical fitness area. Social and daily living skills classes are taught daily by program staff as an integral piece of the academic program. Educational field trips are provided two times each week.

Recreational opportunities such as boating, snow skiing, sporting events, fishing, camping, fine arts and cultural events are enjoyed on a weekly basis.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Utah Department of Human Services/Office of Licensing

**Professional Affiliations:** NATSAP-Full Member, Utah Youth Provider Association

# Wediko NH School & Treatment Program

(Residential Treatment Center)



**Member Since:** 2005

**Phone:** (603) 478-5236

Executive Contact: Harry W. Parad, Ph.D.

Admission Contact: Rand Lounsbury, M.Ed.

Gender: Boys Only  
 Ages: 6 to 21  
 Grades: K to 12  
 Enrollment: 40  
 Duration: 12 months  
 Founded: 1989  
 Email: [wediko@wediko.org](mailto:wediko@wediko.org)  
 Fax: (603) 478-2049



Address: 11 Bobcat Blvd.  
 Windsor, NH 03244  
 Airport: Manchester

**Website:** [www.wediko.org](http://www.wediko.org)

Wediko believes that no child or family is beyond the reach of clinical and educational interventions. Wediko's mission is to provide the most effective services possible to children with serious emotional, behavioral, and academic problems. Wediko defines "serious problems" as issues which have persisted over time in multiple settings (e.g., home, school, peer group, and community).

Appropriate candidates include boys diagnosed with psychiatric disorders, including: Bipolar Disorder, Anxiety, Depression, Reactive Attachment Disorder, Major Issues with Attention, and Asperger's Disorder. Wediko has particular expertise in working with children and families struggling with issues of loss and trauma, long-term foster care and special needs adoptions. The academic program is structured to address complicated learning styles as well as deficits in social perception and reasoning.

Families are essential partners in our work with each child, and weekly family therapy is a critical component of the program.

Wediko offers daily group therapy and weekly individual therapy. Psychiatric consultation occurs weekly. Other essential components include: (1) milieu treatment plans individualized to capture successes and limit problems; (2) cognitive-behavioral contracts based on psychodynamic and family formulations; (3) prescriptive teaching with safety-net programs for literacy and math; (4) experiential education with indoor and outdoor options on 450-acre campus.

**Summer Program (Coed):** Since 1934, Wediko has offered an intensive residential treatment program from July 5 to August 18.

Admission Contact: Patrick Ryan; LICSW, MBA  
 Individual & Group Therapy: Yes

Phone: 617-292-9200  
 Family Therapy: Yes

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** New Hampshire Department of Health and Human Services, Child Care; Connecticut Department of Children & Families; New Hampshire, Massachusetts, and New Jersey Departments of Education

**Professional Affiliations:** NATSAP-Full Member; Massachusetts and New Hampshire Public Schools; American Association of Children's Residential Centers

# Wellspring Academy

(Specialized Boarding School)



**Member Since:** 2004

**Phone:** (866) 364-0808

Executive Contact: David Melear

Admission Contact: Ryan Craig

Gender: Coeducational  
 Ages: 13 to 18  
 Grades: 8 to 12  
 Enrollment: 70  
 Duration: Minimum 3 months  
 Founded: 2004  
 Email: admissions@wellspringacademies.com  
 Fax: (559) 638-2685



Address: 42675 Rd. 44  
 Reedley, CA 93654  
 Airport: Fresno

**Website:** [www.wellspringacademies.com](http://www.wellspringacademies.com)

Wellspring Academy is the first comprehensive solution for teens struggling with their weight. Many families with overweight children and teens have sent their children to summer weight loss camps. Wellspring Academy is a year-round weight loss program that is also a college preparatory school for grades 8-12. So you don't need to wait until next summer to start your child down the path to a healthier and better life.

A minimum of 3 months enrollment is required, but a semester (four months) is recommended. By attending the Academy for a semester, students will be able to:

- Achieve immediate and dramatic weight loss from thorough Diet and Activity Management.
- Undergo behavioral change through intensive cognitive-behavioral therapy, retraining the brain to make better decisions with regard to diet and physical activity as well as addressing other behavioral issues that may be causing (or resulting from) the weight. This will allow students to sustain and continue the weight loss after returning home.
- Accelerate academically through a rigorous, individualized educational program, fueled by the increase in energy and self-esteem that results from the weight loss and therapeutic programs. As our motto *Mens et Salvere* (mind and health) indicates, we believe the two go hand-in-hand.

After a semester at the Academy, students return to school ahead of where they otherwise would have been. The Clinical Director and the Members of the Advisory Board of Healthy Living Academies are among the world's leading experts in weight loss and the weight loss and control strategies employed at Wellspring Academy have been proven to be effective by research published in top scientific journals.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** Western Association of Schools and Colleges

**Professional Affiliations:** NATSAP-Full Member

# Wendigo Lake Expeditions

(Wilderness Program)



**Member Since:** 2006

**Phone:** (705) 386-2376, ext. 201

Executive Contact: Stephen Glass

Admission Contact: Abby Matchette, MSW

Gender: Boys Only  
 Ages: 14 to 17  
 Grades: 9 to 12  
 Enrollment: 10  
 Duration: Minimum 90 days  
 Founded: 1998  
 Email: [admissions@wendigolake.com](mailto:admissions@wendigolake.com)  
 Fax: (705) 386-2345



Address: P.O. Box 2000;  
 Lot 4 Concession 9  
 Ballantyne Township  
 South River, Ontario P0A 1X0  
 CANADA  
 Airport: Toronto or North Bay

**Website:** [www.wendigolake.com](http://www.wendigolake.com)

Wendigo Lake Expeditions (WLE) operates a 10-bed residential adventure therapy program. Wilderness expedition, challenge course activities, school, and interdependent responsibility and accountability within the group are core components of the program.

WLE specializes in working with male adolescents ages 14-17 who present with a profile of behaviors typically including substance abuse, chronic family conflict, defiance towards adults/authority, depression, poor grades, lack of motivation, low self-esteem, negative peer relations, entitlement and manipulation and conflict with the law.

WLE (originally known as Project D.A.R.E.) has operated continuously since 1971 and is located three hours north of Toronto, Ontario, Canada (four hours from Buffalo, NY) on a well-kept campus on the edge of world-famous Algonquin Park.

WLE seeks to promote positive change and the learning of pro-social values and skills through a blending of experiential education and cognitive behavioral strategies to promote intense and accelerated learning in a safe and supportive environment. Student progress is measured based on the five core values of the program - Responsibility, Effort, Attitude, Community and Honor (REACH).

WLE provides action-learning experiences that promote the development of mind, body and spirit and enable participants to discover their capacity to achieve more than they thought possible. We are committed to the pursuit of excellence and ensuring that all our services operate in a manner which places the safety and security of participants, employees and community as our first priority.

WLE boasts an experienced management team with an average of eighteen years tenure at WLE/Project DARE. The school program is operated under affiliation with the Near North District School Board. Masters level clinicians provide counseling and clinical oversight to the therapeutic program.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Ministry of Children and Youth Services, Children's Residential Services; Association of Experiential Education Accreditation

**Professional Affiliations:** NATSAP-Full Member; OBHIC; Outdoor Behavioral Healthcare Research Co-Operative; Ontario Camping Association

# West Ridge Academy

(Residential Treatment Center)



**Member Since:** 2003

**Phone:** (801) 282-1000

Executive Contact: Kenneth Allen

Admission Contact: Jared Hamner

Gender: Boys Campus and Girls Campus  
 Ages: 9 to 18  
 Grades: 5 to 12  
 Enrollment: 120  
 Duration: 12 months  
 Founded: 1964  
 Email: [jhamner@wrcademy.org](mailto:jhamner@wrcademy.org)  
 Fax: (801) 282-1167



Address: 5500 West Bagley Park Road  
 West Jordan, UT 84088  
 Airport: Salt Lake City

**Website:** [www.westridgeacademy.com](http://www.westridgeacademy.com)

West Ridge Academy works with mild to moderately troubled youth in a professional, but caring therapeutic environment. Our program includes individual, family and group therapy. West Ridge services include a private, fully accredited school with over 70 courses offered, athletic programs, recreational therapy, and a very creative music program option. We also offer specialty groups for chemical dependency, grief, adoptive issues and character development.

Youth live in homes with 15 students to each home. These homes function as a team. Three residential staff are assigned to a specific home. Home staff coordinate all their efforts with the clinical therapist assigned to the specific home through daily progress reports, staff meetings and monthly treatment team meetings. Academics and recreation therapy are all represented in our monthly treatment team meetings.

All efforts are made to match the right youth with the right therapist. The right clinical relationships and mentoring is crucial to the changes that families are seeking for their sons and daughters being placed in our care.

Our average length of stay is 10-12 months. As a step down from residential care day programs and foster care are used as tools to test the waters with new found skills and attitudes. Programmatically, it is mandatory that every youth participate in the aftercare component of our clinical offering. We have found that this reduces recidivism dramatically and makes for an easier transition for our youth back home.

West Ridge is a unique, well rounded clinically based program designed to facilitate a change of heart in every young man and young women that we serve.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; California Non-Public School Certification; Northwest Association of Accredited Schools

**Professional Affiliations:** NATSAP-Full Member; AMCAP; National Association of Social Workers

# Wilderness Quest

(Wilderness Program)



**Member Since:** 1999

**Phone:** (435) 587-2801

Executive Contact: Troy Knight

Admission Contact: Anngele Ritter

Gender: Coeducational/Adolescent & Young Adult Groups  
 Ages: 14-17/18-28  
 Grades: n/a  
 Enrollment: 8 to 9 per group  
 Duration: 7 to 9 weeks  
 Founded: 1988  
 Email: family@wildernessquest.com  
 Fax: (435) 587-3164 (field office)



Address: P.O. Box 12  
 Monticello, UT 84535  
 Airport: Moab/Cortez, CO

**Website:** [www.wildernessquest.com](http://www.wildernessquest.com)

Wilderness Quest uses a modified 12-step program, self-discovery process in an experiential wilderness setting. Students “work” the first five steps in a Personal Success Workbook on the trail. This wilderness “doing” is enhanced by a unique family involvement; while students labor in the field, families are required to work in the Bringing Love Home Workbook to prepare for being reunited with their child. The quest ends with a three-day Family Enrichment Phase, where experienced professional counselors and therapists with special skills in communication and family systems facilitate the experience. Our specialty is substance use, abuse, addiction, and family systems, with over 30 years experience in helping individuals and families in an outdoor setting.

Wilderness Quest strives to provide the experience, environment, and knowledge necessary for students to develop love for themselves and their families, discover fulfillment from giving, and cultivate a feeling of belonging. In our program, students initiate journeys toward their full potential spiritually, emotionally, physically, and intellectually. We help young people and families identify feelings, take risks, and change behavior. By learning to love more and fear less, students begin to find respect, support, and harmony within the family.

Wilderness Quest offers coeducational wilderness trips with individualized and group substance abuse treatment for young people ages 14 to 17, and a separate program for ages 18 and older.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Outdoor Youth Treatment; Joint Commission ; Approved by SEVIS

**Professional Affiliations:** NATSAP-Full Member; AEE; NAADAC; NATWC; TAPG

# Wilderness Treatment Center

(Residential Treatment Center and Wilderness Program)



**Member Since:** 1999

**Phone:** (406) 854-2832

Executive Contact: John Brekke

Admission Contact: Ben Dorrington

Gender: Boys Only  
 Ages: 14 to 24  
 Grades: N/A  
 Enrollment: 35  
 Duration: 60 days  
 Founded: 1983  
 Email: [ben@wildernesstreatmentcenter.com](mailto:ben@wildernesstreatmentcenter.com)  
 Fax: (406) 854-2835



Address: 200 Hubbart Dam Rd.  
 Marion, MT 59925  
 Airport: Kalispell

**Website:** [www.wilderness-therapy-program.com](http://www.wilderness-therapy-program.com)

Wilderness Treatment Center believes that chemical dependency among adolescents and young adults can effectively be treated by providing a specialized program designed to treat both personal and social problem areas. Our program provides specific activities and a unique setting to allow for personal growth, self-confidence, better decision-making skills, and leadership growth. We combine group work and extensive therapy with personal inventory assessment to help residents develop the self-esteem, physical fitness, responsibility, and trust necessary to gain freedom from chemical dependency.

Wilderness Treatment Center is a 60-day, in-patient program for males, 14-24 years of age that have been diagnosed “chemically dependent” by a licensed counselor and subsequently referred to an in-patient treatment center.

We provide a comprehensive treatment experience designed to deliver the essentials of traditional chemical dependency treatment and the opportunity for patients to develop new personal standards and ethics. The structured residential daily schedule involves individual and group counseling and therapy, thought-provoking lectures and discussions, AA and NA meetings, and individual work and living responsibilities. The 16-21 day “true” wilderness experience utilizes the Outward Bound philosophy to build trust, accountability, self-respect, and the hard-earned self-confidence and humility that come from accomplishing challenging goals in the wilderness. A licensed Chemical Dependency Counselor is present for the duration of every expedition, maximizing the therapeutic value.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Montana Department of Public Health and Human Services; Association of Experiential Education Accreditation

**Professional Affiliations:** NATSAP-Full Member; AEE; NAADAC

# WinGate Wilderness Therapy

(Wilderness Program)



**Member Since:** 2008

**Phone:** (801) 376-2880

Executive Contact: Shayne Gallagher

Admission Contact: Brad Matheson

Gender: Single Gender Groups  
 Ages: 13 - 17  
 Grades: 9 - 12  
 Enrollment: 24  
 Duration: 6 - 8 weeks  
 Founded: 2008  
 Email: [brad@wingatetherapy.com](mailto:brad@wingatetherapy.com)  
 Fax: (435) 304-3199



Address: P.O. Box 347  
 Kanab, UT 84741

Airport:

**Website:** [www.wingatetherapy.com](http://www.wingatetherapy.com)

WinGate utilizes a strengths based approach to recognize potential in even the most challenging of students. Proper, thorough assessment coupled with proven treatment strategies implemented in a supportive environment, create the WinGate difference. It begins with our deep-seated belief that every student is unique, gifted, and capable of dramatic emotional and behavioral transformation.

As a result, we seek to provide a nurturing yet challenging environment where students can grow, gain perspective, and attain a new level of maturity, while addressing their specific behavioral issues and problems. We combined the best practices of the wilderness with the best clinical techniques in order to take wilderness therapy to a dramatically higher level of integration and results.

WinGate Wilderness Therapy program provides a powerful and proven intervention for students struggling a variety of emotional and behavioral problems including but not limited to; academic under achievement, family conflict, oppositionality, substance abuse, depression, personality disorder traits, trauma, poor self image, learning differences, mood instability, negative peer association and groups, ADD and ADHD, anger management, grief and loss, body image issues, lack of motivation and direction, adoption and others.

An average length of stay is six – eight weeks.

What you can expect from WinGate:

1. Accurate clinical assessments that start the day your child enters the program.
2. Extensive family participation including a parent seminar during the first part of your students stay.
3. Clinical experience and expertise with 70+ years of combined experience in our clinical and management team we our experts in our field.
4. A unique and different model that invites changes and encourages strengths in your student.
5. Preparation for the next step to insure a seamless transition.

Students average 6-9 weeks in the program, with a 1 to 5 day Base Camp stay at the outset. Admissions are year round, 7 days a week. Licensed therapists spend 2 days/1 night in the field each week and call parents weekly. Therapists average 5-7 students, allowing them to truly individualize treatment plans. Parents attend a parent seminar shortly after enrollment and spend 2 days with their child at the Base Camp at the end of the program for family therapy and graduation. Students earn 6 semester credits by completing the accredited high school curriculum and also complete service learning projects.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Department of Human Services, Office of Licensing, Outdoor Youth Treatment

**Professional Affiliations:** NATSAP-Associate Member

## Woodland Spring Lodge

(Residential Treatment Center)



**Member Since:** 2008

**Phone:** (573) 265-3251

Executive Contact: Sundhya Gelles

Admission Contact: Pat Banton

Gender: Coeducational  
 Ages: 6 to 16  
 Grades: 1 to 12  
 Enrollment: 26  
 Duration: 12 to 36 months  
 Founded: 1948  
 Email: Sundhya.Gelles@bgtm.org  
 Fax: (573) 265-5370



Address: 550 Route DD, P.O. Box 189  
 St. James, MO 65559  
 Airport: St. Louis, Lambert

**Website:** [www.woodlandspring.org](http://www.woodlandspring.org)

Woodland Spring Lodge enjoys a wooded setting in the Missouri Ozarks. Situated on 40 acres, the Lodge is located on the outskirts of St. James, Missouri. Woodland Spring Lodge is a specialized program of Boys and Girls Town of Missouri which has over 60 years of experience in residential care.

Woodland Spring Lodge specializes in long term placements with an average length of stay of 12 to 18 months. The program provides a therapeutic environment to males and females ages 6 through 16 who are experiencing emotional and behavioral problems. These behaviors may include depression, impulsivity, substance abuse, grief, anxieties and trauma issues that interfere with attachment and the development of trusting, healthy family relationships. Woodland Spring Lodge utilizes a philosophy which emphasizes the development of trusting relationships. We help children learn to trust others and sustain meaningful relationships which enable them to enhance their lives and reconnect with their families.

Woodland Spring Lodge consists of four primary treatment components: the therapeutic milieu, family involvement, experiential adventure therapy and year-round academic programming. The healing environment of the therapeutic milieu is the foundation of all programming. As a child progresses in his or her ability to sustain relationships, positive self-esteem results and behavioral difficulties begin to resolve. Family participation is an essential component of the program with parents participating in regular family therapy, day passes, home passes and parent weekends. The treatment team works closely with each child's family to help transition the child through each step of the therapeutic process to ensure successful reunification into the family home.

Experiential and adventure programming is offered through our Meramec Wilderness Learning Ranch. The ranch is located a short distance from the Lodge on 1,200 acres in the Ozarks offering three miles of river front, wooded hills, fields, streams, bluffs and caves. High adventure and wilderness activities are integrated into the therapeutic milieu and treatment goals of each resident. Ranch activities include equine skills and therapy, hiking, extended backpacking expeditions, canoeing, ropes courses, rappelling and cooperative and initiative activities.

The Woodland Spring Lodge School is certified by the Missouri Department of Education. The school offers a full school day taught by Missouri certified teachers and is located on-site of the campus. The school provides traditional classroom experiences including fine arts and practical arts. The school utilizes technology based learning opportunities including SMART boards and computer labs. Credit recovery is available to students who may need additional credits or working towards early completion. A traditional graduation ceremony is held annually for students earning a high school diploma. ACT and SAT preparation is also available.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Joint Commission; State of Missouri, Department of Mental Health, Division of Comprehensive Psychiatric Services; State of Missouri, Department of Social Services, Children's Division; Missouri Department of Education; American Camp Association

**Professional Affiliations:** NATSAP-Full Member; Alliance for Children and Families; Missouri Coalition of Children's Agencies; National Fellowship of Child Care Executives; Missouri Alliance for Children and Families

## Youth Care

(Residential Treatment Center)



**Member Since:** 1999

**Phone:** (800) 786-4924

Executive Contact: Trina Packard, M.Ed.

Admission Contact: Denice Dunker

Gender: Coeducational  
 Ages: 12 to 18  
 Grades: 7 to 12  
 Enrollment: 14 to 16 per home  
 Duration: Variable  
 Founded: 1989  
 Email: admissions@youthcare.com  
 Fax: (801) 553-7124



Address: P.O. Box 909  
 12595 Minuteman Drive  
 Draper, UT 84020  
 Airport: Salt Lake City

**Website:** [www.youthcare.com](http://www.youthcare.com)

For over 20 years Youth Care has provided clinically intensive and individualized interventions for the complex student. We specialize in working with teenagers experiencing emotional or behavioral problems such as: Pregnant teens, thought disorder, self injurious behaviors, physical and sexual abuse, reactive attachment disorder, Aspergers syndrome, substance abuse, anxiety, bipolar disorder, oppositional defiant disorder and running away. Our small, home-like environment combined with a respectful approach provides the safe framework students and families require to promote rapid engagement and positive change. Our program offers a seamless continuum of care that feature Youth Care, Pine Ridge Academy, Independent Community Placement, and Day Treatment.

Our clinically intensive program features Master or Ph.D. therapists who provide three hours of individual therapy and one hour family therapy per week. Students are involved in twenty plus hours of group therapy (seven of which are by a licensed therapist). Additionally, the students are assessed weekly by our psychiatrist and nursing team. The program offers full chemical addiction counseling which includes a weekly individual session and group therapy that is substance abuse specific. The student will also have the opportunity to attend community based AA and NA group meetings weekly. Youth Care offers a variety of therapeutic approaches to help students. Youth Care offers a DBT (Dialectical Behavioral Therapy) program where therapists, teachers, and line staff are all trained to help students through a DBT approach.

Students attend school for a full school day where they are taught by Utah Certified teachers. Their curriculum is matched with their home school requirements. Students participate in small, interactive classes where they are taught not only subject matter but techniques for improving success at their home school including note taking, test taking skills, assignment tracking, and school appropriate behaviors.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Utah, Office of Licensing, Department of Human Services, Residential Treatment; Joint Commission; Northwest Association of Accredited Schools (Pine Ridge Academy)

**Professional Affiliations:** NATSAP-Full Member



# Young Adult Affiliate Member Programs

## **Young Adult Affiliate Membership**

Program/Schools that are exclusively designed to work with young adults aged 18 and older:

- unlicensed or non-accredited programs serving an adult population of 18 and older
- therapeutic services implemented by a state-licensed mental health provider
- must aspire to NATSAP Ethical Principles and NATSAP Principles of Good Practice.

# Benchmark Young Adult School

(Transitional Independent Living and Young Adult Program)



**Member Since:** 1999

**Admissions: (800) 474-4848**

Office: (909) 307-3973

Executive Contact: Jayne Longnecker

Admission Contact: Richard Brimhall

Gender: Coeducational  
 Ages: 18 to 28  
 Grades: Secondary/Post Secondary  
 Enrollment: 55  
 Duration: 12 months+  
 Founded: 1993  
 Email: admissions@benchmarkyas.com  
 Fax: (909) 793-5090



Address: 1971 Essex Ct.  
 Redlands, CA 92373  
 Airport: Ontario

**Website: [www.BenchmarkYoungAdultSchool.com](http://www.BenchmarkYoungAdultSchool.com)**

Benchmark is a residential, co-educational emotional growth school. We are dedicated to assisting troubled young adults, between the ages of 18 and 28, as they learn to change their negative behaviors and prepare students to be able to live independently/inter-dependently as healthy, productive and responsible adults. Benchmark teaches the skills necessary for success in education, job/work, physical health, emotional well-being and independent living.

As a voluntary and private school, Benchmark provides an optimal setting that allows our students to achieve their independent living goals. Students live on campus with their peers and resident counselors, sharing their learning experiences through a structured curriculum. Students should be prepared to spend no less than 12 months at Benchmark. Some students will require 18-24 months, depending upon their individual progress.

**Curriculum highlights:**

- Academic coaching
- Appropriate boundaries
- Apartment living
- College classes
- Community involvement
- Daily living skills
- Emotional growth
- Finance and budgeting
- High school diploma
- Job experience
- Meal planning/preparation
- Peer group model
- Qualified and caring counselors
- Structured work skills
- 12-Step programs (AA/NA)
- Vocational education

Our curriculum is divided into three specific cornerstones – Emotional Growth, Academic/Vocational Development and Independent Living. We identify the strengths and limitations of the student during each phase of their program. We make an effort to address his or her individual needs and find the best possible process for independent/inter-dependent living to occur.

Our young people are referred to us by educational consultants, psychologists, psychiatrists, other emotional growth schools and by parents who know our work. Students will be admitted following an interview process consisting of the referring professional (if available,) parents and student, meeting with the Benchmark Admissions Director and Executive Director.

Our students are men and women between 18 and 28 years of age who have exhibited issues and behaviors that fall into the following categories:

- Academically unsuccessful
- Adoption issues
- Attention deficit (ADD/ADHD)
- Distressed family relationships
- Drug/alcohol abuse
- Inability to emancipate
- Irresponsible behavior
- Lacking motivation
- Learning differences
- Poor judgment
- Requiring structured environment
- Shy/withdrawn
- Signs of depression

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** California Private School Affidavit

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member

# Decision Point Center

(Residential Treatment Center)



**Member Since:** 2007

**Phone:** (928) 778-4600

**Toll-Free:** (877) 77-ADMIT

**Executive Contact:** Bob Perrone, MSW, LCSW

**Admission Contact:** 24 hr. Admissions: (877) 77-ADMIT

**Gender:** Coeducational  
**Ages:** 18+  
**Grades:** N/A  
**Enrollment:** 48  
**Duration:** Avg. is 4 to 6 months/Open-Ended  
**Founded:** 1997  
**Email:** info@decisionpointcenter.com  
**Fax:** (928) 778-2221



**Address:** 505 W. Whipple  
 Prescott, AZ 86301  
**Airport:** Phoenix

**Website:** [www.decisionpointcenter.com](http://www.decisionpointcenter.com)

**“Where Recovery is an Adventure”**

Decision Point Center is a licensed facility that provides long term care for both men and women ages 18 and over. The program is designed to meet the needs of those who continually struggle with Chronic Relapse Behaviors, Substance Abuse Disorders, Process Addictions, Compulsive Behaviors, Mental Health Issues, Co-Dependency, and Trauma Related Issues. The program is also designed for those who need a continuum of care beyond the traditional 30 day treatment center stay.

At Decision Point, we believe that addictive behaviors are dysfunctional coping mechanisms used as a way to medicate and escape from pain, shame and trauma. Overtime, these dysfunctional behaviors can become a progressive and fatal disease known as “addiction”. Through our comprehensive and individualized holistic approach, individuals are able to identify & address their core issues as well as the core features directly related to their addictive behaviors.

The Decision Point Treatment Model engages the union of mind, body and spirit by providing a comprehensive and individualized holistic program. We build new lives through adventure therapy, equine therapy, ropes/challenge course therapy, nutrition and wellness therapy along with a full range of traditional, experiential and integrated therapies with a strong emphasis on trauma resolution, the 12 steps, life skills, social responsibility, and having fun which engages a lifelong recovery.

Our purpose is to provide a confidential, therapeutic, caring environment to reduce or eliminate barriers to recovery. We reintegrate the individual into the community with the skills and tools to maintain a healthy and sober lifestyle through our 3 phase step down program to continue their education and/or back into the work force while attending our continuing care program. Our community offers a wide range of excellent education opportunities through local and state Universities. We facilitate and guide in the process of reintegrating the individual back into continuing their education through the third phase of our program.

Our experienced professional staff guides the individual through this transformation while affirming their dignity and respect. We challenge the individual to discover and use their own personal strengths and goals to become the healthy, loving person they aspire to be.

**Individual Psychotherapy Available:** Yes

**Insurance Accepted:** Yes

**Accreditation, Licensure:** Arizona Department of Health Services

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member; NAATP; NAADAC; SASH

# Dragonfly Transitions

(Young Adult Program/Transitional Independent Living Program)

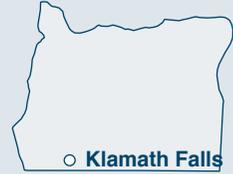


**Member Since:** 2005

**Phone:** (541) 850-0841

Executive Contact: Glenn White

Admission Contact: Mona Treadway, MSW, CADC I



Gender: Coeducational  
 Ages: 18 to 24  
 Grades: High School Completion or GED and College  
 Enrollment: 26  
 Duration: 9-12 months  
 Founded: 1999  
 Email: admissions@dragonflytransitions.com  
 Fax: (866) 341-3053

Address: 919 High St.  
 Klamath Falls, OR 97601  
 Airport: Klamath Falls Int'l Airport

**Website:** [www.dragonflytransitions.com](http://www.dragonflytransitions.com)

Founded by Mona Treadway and Glenn White, Dragonfly Transitions is an independent living program for young men and women ages 18-24.

Dragonfly Transitions is located in downtown Klamath Falls and serves 18-24 year old men and woman who are struggling to launch in their potential in academics, occupation and relationships. Dragonfly Transitions is designed to address problems that result from:

- Mood and Anxiety disorders
- Adjustment Disorders
- Substance-Abuse
- Trauma
- Problems related to delayed emotional development

Integrating our young adults back into the “flow” of life in healthy, adaptive ways is the ultimate goal. The program is interwoven into the community. Clients are expected to build a full time schedule of school apprenticeships, work, or a combination. Clients are mentored to learn how to connect with their community to build a meaningful social network and healthy recreational outlets.

The treatment team at Dragonfly Transitions is comprised of several Bachelor level mentors, Master’s Level Therapists, Program Director, and a Psychiatrist. This multidisciplinary approach allows the team to make use of the teachable moments that invariably occur throughout daily living.

**Individual Counseling Available:** Yes

**Accreditation, Licensure:** Oregon Department of Human Services, Child Caring Agency

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member; Independent Small Program Alliance (ISPA)

# Echo Springs Transition Study Center

(Transitional Independent Living and Young Adult Program)



**Member Since:** 2004

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**Phone:** (888) 688-3246

Executive Contact: Doug Kim-Brown

Admission Contact: Lisa Sutton/Rhea Ver-



**Bonners Ferry**

**Gender:** Coeducational  
**Ages:** 18 to 24  
**Grades:** N/A  
**Enrollment:** 8 to 10 in each phase  
**Duration:** 12 to 18 months  
**Founded:** 1993  
**Email:** echosprings@meadowcrk.com  
**Fax:** (208) 267-1122

**Address:** 3210 Kootenai Trail Rd.  
 Bonners Ferry, ID 83805  
**Airport:** Spokane, WA

**Website:** [www.echosprings.net](http://www.echosprings.net)

Echo Springs is designed to empower young adults to live effective and productive lives. This post-graduate program assists students in identifying their interests and assessing their strengths and weaknesses. It is a time to re-envision their dreams and learn that they can accomplish realistic goals. Echo Springs enables students to move from being passive onlookers to active participants in their lives.

Students who attend Echo Springs are young men and women with the common desire to get on with life, experience success and become confident in themselves again. Students may have dropped out of high school and now seek a diploma or GED, or completed high school but would benefit from an additional year of academic preparation and emotional maturity. Some students lost their way at college, overcome by peer pressure and academic expectations. Common issues include poor organizational and coping skills, lack of motivation, procrastination, poor decision making, ADHD and/or learning disabilities, issues with authority, general immaturity, recovery issues, depression, anxiety, mood disorders and/or social ineptness.

Echo Springs offers a small, family-style living environment of supportive peers, with caring staff who mentor, guide and foster the opportunity for real growth. Students can develop community living skills, practice more effective communication and learn to balance the daily requirements of greater independence. Phase One functions as a kind of laboratory for personal expression where students can express feelings and frustrations, learn to set limits and develop an awareness of time management in relation to immediate and long term goals. These ideas are applied practically to the management of personal finances, home maintenance, employment, academics and independent activities. In Phase Two, students apply the principles they have learned to a new and more independent living situation, creating a support system of their own in addition to the ongoing mentoring of Echo Springs' staff. All students have the opportunity to attend community college, receive therapeutic support and continue a personal recovery program as needed during their enrollment at Echo Springs.

**Individual Counseling Available:** Yes

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member

# Fulshear Ranch Academy

(Transitional Independent Living and Young Adult Program)



**Member Since:** 2004

**Phone:** (888) 874-7503

**Admissions:** (281) 961-6890

Executive Contact: Kathleen Donovan

Admission Contact: Shay Butts

Gender: Girls Only  
 Ages: 18 to 24  
 Grades: College/GED/Online High School  
 Enrollment: 44  
 Duration: 12 months  
 Founded: 2004  
 Email: info@fulshearranchacademy.com  
 Fax: (979) 793-3034



Address: P.O. Box 1377  
 Needville, TX 77461

Airport: Houston Intercontinental  
 Houston Hobby

**Website:** [www.fulshearranchacademy.com](http://www.fulshearranchacademy.com)

Fulshear Ranch Academy is a holistic therapeutic learning community where young women come together to experience an environment where their strengths, talents and passions can be discovered and applied. The Academy accepts young women between the ages of 18 – 24 who have issues with body image, boundary setting, addictions, PTSD, low self-esteem, depression, and school failure

At Fulshear Ranch young women are invited on a journey of self-discovery and education. Using a holistic model, participants experience field-based experiential education and classroom academics, therapeutic groups and activities, life skills and career training, all in an environment which promotes overall health and wellness. Our program is divided into six areas of concentration. Each one of these areas has been created to help young women become healthy, strong, and sure of their own power. The six areas are:

- Life Skills
- Education
- Nature-Based Skills and Therapy
- Equine Skills and Therapy
- Holistic Health
- Career Training
- 12 Step Support

The primary focus of all classes, activities and groups is to assist young women in the process of discovering their individual talents and passions, and teaching them the life skills needed to take the next step in pursuing their dreams. We believe through a community based holistic approach to living and learning, we can assist in alleviating issues of negative body image, eating disorders, addictions, sexual boundaries, depression and school difficulties. Our program is divided into phases that offer an individually-paced progressive movement through important transitional phases of personal growth.

**Individual Counseling Available:** Yes

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member

# Life Designs Ranch

(Young Adult Program)



**Member Since:** 2000

**Phone:** (509) 445-0185

Executive Contact: Vince Barranco (509) 445-0666

Admission Contact: Vince Barranco (509) 671-2487

Clinical Director: Kim Mlinarik, LMHC, CDP

Gender: Coeducational  
 Ages: 18 to 26  
 Grades: Optional High School/GED  
 Enrollment: 14  
 Duration: 5 to 7 months  
 Founded: 1998  
 Email: [admissions@lifedesignsranch.com](mailto:admissions@lifedesignsranch.com)  
 Fax: (208) 439-4422



Address: 10302 N. LeClerc Rd.

Cusick, WA 99119

Airport: Spokane

**Website:** [www.lifedesignsranch.com](http://www.lifedesignsranch.com)

Life Designs Ranch prepares young people for responsible adulthood, in an age when many students find college to be frightening at first and they are paralyzed by the challenges and choices in the “real world”. We specialize in leadership training and the transition into adulthood, where the foundation for autonomy is addressed and created. Life Designs offers a safe but challenging “homelike” environment where this important introspective journey can take place.

Life Designs Ranch works to empower young adults to explore who they are: their values, talents and passions. Students learn to take action toward their personal goals, confronting their fears and former ways of self-sabotage. Our experiential learning style uses the home environment and daily work around the 29-acre ranch to teach “transferable skills” that will apply to any relationship, living situation, or job. Art, music, animal therapy and nature are also used as teaching tools. The curriculum is self-empowerment: personal identity, leadership, finance, work ethic, psychology, home management, family living, problem-solving, friendships, personal fitness, recreation and leisure. Students graduate with a well-defined future plan. Parent growth parallels student progress through educational workshops and bi-weekly communication that fosters post-adolescent parenting.

Our staff is excellent at creating an ideal learning climate and “real life” situations where students create new thought patterns and actions for positive self-empowerment. Whether a student needs to complete high school or is a college graduate, Life Designs offers the building blocks for success.

**Individual Psychotherapy Available:** Yes

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member

# Living Well Transitions

(Transitional Independent Living Program)



**Member Since:** 2006

**Phone:** (303) 245-1020

Admission Contact: Julie Randall

Gender: Coeducational  
 Ages: 18+  
 Grades: N/A  
 Enrollment: 15  
 Duration: 9 to 12 months  
 Founded: 2004  
 Email: [info@livingwelltransitions.com](mailto:info@livingwelltransitions.com)  
 Fax: (303) 245-1001



Address: P.O. Box I  
 Boulder, CO 80306-1356  
 Airport: Denver

**Website:** [www.livingwelltransitions.com](http://www.livingwelltransitions.com)

Living Well Transitions is a therapeutic, independent-living program for young men and women ages 18+. Our goal is to help young adults create a happy, healthy and rewarding life of independence. We strive to teach our clients how to reduce the harm from high-risk behaviors, while creating a balance in life between opportunity and responsibility.

Appropriate candidates for our program include those aged 18+ who are admitted voluntarily and are capable of caring for themselves in an independent living environment. Our highly trained clinical teams, consisting of Masters level mental health professionals, provide both cognitive and insight-based therapeutic methodologies to assist our clients in achieving personal success. A customized transition plan is developed for each client and is modeled on the five elements of our program: Life, School, Work, Relationships, and Meaning. Services available include individual and group psychotherapy, family counseling, life-skills training, vocational support and assistance, educational support and assistance, community networking, clinical assessment and diagnosis, crisis intervention, and consultation.

Managing the responsibilities of adult life takes time, practice, and support. When these responsibilities are coupled with the challenges posed by learning disabilities, social anxiety, chronic impulsivity, or symptoms related to psychological disorders, they can seem overwhelming. However, the maintenance of these responsibilities is also fundamental to fostering self-esteem and ultimately to one's creation of a successful life.

**Individual Psychotherapy Available:** Yes

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member

# Pasadena Villa

(Residential Treatment Facility)



**Member Since:** 2003

**Phone:** (877) 245-5235

Executive Contact: David Nissen  
Admission Contact: Heather Williams



Gender: Coeducational  
Ages: 18 and above  
Grades: GED and College  
Enrollment: 24  
Duration: 6 to 9 months average  
Founded: 2002  
Email: [info@pasadenavilla.com](mailto:info@pasadenavilla.com)  
Fax: (407) 329-3300

Address: 625 Virginia Drive  
Orlando, FL 32803  
Airport: Orlando

**Website:** [www.pasadenavilla.com](http://www.pasadenavilla.com)

Pasadena Villa is a residential treatment facility for adults and young adults with mental illness, and those with co-occurring issues, including substance abuse, developmental disorders and Asperger's Syndrome. We provide a comprehensive program of education, support and therapy in a dynamic environment supported by many amenities.

Pasadena Villa implements a truly unique social integration model as the core component of treatment. No matter what diagnoses our residents have upon coming to our program, they all share similar impairments and deficits in social functioning. Our social integration model is supported by individual, group and family therapies, recreational and activities therapies, medication management, and life skills training.

Pasadena Villa offers a full continuum of care, which includes intensive residential treatment and day treatment. Through its affiliate program, Transitional Living and Learning Center, we offer supportive case management, social mentoring and academic/vocational assistance to young adults.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** State of Florida Agency for Healthcare Administration, Residential Treatment

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member; Mental Health Association of Central Florida; ARTA; NAATP

# Passages To Recovery

(Wilderness Program)



**Member Since:** 2002

**Phone:** (866) 625-8809

Executive Contact: Dori Them  
 Admission Contact: Paige Deffert  
 Brandi Bradbury

Gender: Male  
 Ages: 18 and up  
 Enrollment: 6 per group  
 Duration: Flexible with 90 day average  
 Founded: 2000  
 Email: [info@passagestorecovery.com](mailto:info@passagestorecovery.com)  
 Fax: (435) 836-2258



Address: 30 South Main Street  
 P.O. Box 379  
 Loa, UT 84747  
 Airport: Salt Lake City

**Website:** [www.passagestorecovery.com](http://www.passagestorecovery.com)

Passages To Recovery is a clinically integrated 12 Step treatment for young adult men. We are primary care recovery program set in the Utah wilderness. Our program has a flexible length of stay and is designed to be completed in 90 days.

Passages To Recovery is an intervention with a primary focus on the treatment of addiction and co-occurring mental health disorders. We provide each client with a master's level licensed therapist and an LSAC who together deliver individualized treatment planning, a bio-psycho-social assessment, individual and group therapy, life skills training, 12 Step work and meetings, meditation instruction, motivation enhancement, and gender specific treatment. Each client undergoes a psychiatric evaluation upon admission, and psychological testing within the first month.

Passages To Recovery integrates the philosophy of the 12 Steps with evidenced-based therapeutic practices including motivational interviewing and cognitive-behavioral therapy with classical wilderness therapy. Therapeutic interventions are complemented by backpacking, rites of passage ceremonies including sweat lodges and a vision quest, and primitive living skills. The wilderness serves as an alternative to traditional treatment settings. Living outside with a small nomadic group enhances accountability and engenders renewed hope and confidence. At Passages To Recovery, we understand the nature of addiction and the power of personal choice. We educate our clients on the detrimental effects of substance abuse and dependency as it relates to their physical, emotional, mental and spiritual health. The treatment team includes licensed clinicians, highly skilled wilderness guides and licensed substance abuse counseling staff with personal recovery experience.

Passages To Recovery is a journey of reconnection with self, family and loved ones, and one's higher power.

**Individual Psychotherapy Available:** Yes

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member

# Penrith Farms

(Young Adult Program)



**Member Since:** 2004

**Phone:** (509) 447-0665

Executive Contact: James Brewster  
Admission Contact: James Brewster

Gender: Coeducational  
Ages: 18 to 26  
Grades: High School/GED/College  
Enrollment: 15  
Duration: 6 months minimum; 12 months recommended.  
Founded: 1983  
Email: penrith@povn.com  
Fax: (509) 447-3799



Address: 662 Scotia Road  
Newport, WA 99156  
Airport: Spokane International Airport

**Website:** [www.penrithfarms.com](http://www.penrithfarms.com)

Penrith Farms, a therapeutic community for young adults, was established in 1983 and offers a unique and innovative community designed to assist troubled and challenged young adults in the acquisition of essential life skills. Our residents learn the importance of personal accountability, effective communication, and appropriate coping skills while living in, and contributing to, a therapeutic, family-based farm community. At Penrith, we pride ourselves on our ability to offer dynamic psychotherapy and equine therapy coupled with an in-depth horsemanship program with educational, and recreational options.

All residents participate in Penrith's Independent Living Skills Curriculum, where they learn the importance of personal, financial, occupational, and academic responsibility.

Through a multitude of vocational training opportunities and community projects, residents of Penrith Farms develop a solid work ethic, while gaining the knowledge and skills necessary to build the foundation for future success. Penrith Farms offers vocational training in the following areas: Organic Gardening, Greenhouse Production, Woodworking, Visual Arts, Music (Keyboard, Piano, Guitar and Drums) Basic Automobile Mechanics, Organic Tofu Production (through an apprenticeship in our organic tofu business, Small Planet Tofu), Animal Husbandry, General Construction, and Culinary Arts and an Outdoorsman Safety Program.

Penrith Farms offers twice weekly individual therapy, twice weekly group therapy and family therapy conducted by our Clinical Director, a Master's level therapist, DBT therapy and EMDR

**Individual Psychotherapy Available:** Yes

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member; AEE; Equine Assisted Growth and Learning Association (EAGALA)

# Prescott House

(Residential Treatment Center)



**Member Since:** 2005

**Phone:** (866) 425-HOPE

Executive Contact: Mark McGuiness

Admission Contact: David Frey

Gender: Males Only  
 Ages: 18+  
 Grades: N/A  
 Enrollment: 36  
 Duration: Open-Ended (Avg. 4 to 6 months)  
 Founded: 1987  
 Email: mark@prescotthouse.net  
 Fax: (928) 771-2024



Address: 214 N. Arizona Ave.  
 Prescott, AZ 86301

Airport: Phoenix or Prescott

**Website:** [www.prescotthouse.net](http://www.prescotthouse.net)

Since 1987 Prescott House has fostered a sense of community in a group of men who typically have destroyed relationships, lives, careers, and opportunity by going at life alone, addicted, wounded and hurtful. We have developed a program and a process rooted in the principles of the 12 steps of Alcoholics Anonymous. We provide an intensive, nurturing and confrontational environment that allows men to feel the emotional safety they need to address and confront the issues that have often been buried in a lifetime of denial and abuse. We strive to offer men a new lifestyle, new values, and new spiritual principles with which they may design a life that will foster continued growth and sobriety.

Appropriate candidates are men 18 years old and over who typically have successfully completed a primary treatment program of at least 28 days. Many are dual diagnosis clients. We treat areas of drug and alcohol addiction, life skill impairment, compulsive behaviors such as gambling and sex, eating disorders, family of origin issues, trauma resolution, grief recovery, self-esteem, co-dependence, intimacy barriers, and severe entitlement. We serve those clients who clearly have some deep therapeutic issues to address, and have not yet been given the full opportunity, time or challenge to go through the extended process.

Ours is an intensive therapeutic program. Clients participate in 12 weekly process groups rooted in expressive, cognitive-behavioral and experiential therapy. Each client is assigned a primary therapist who they will meet with in a one on one setting as well as daily primary groups. Psychiatric assessment and regular consultation is handled by our staff psychiatrist. Clients also give back to the community in the form of 2 hours volunteer work each weekday. Thorough assessments are given through the course of treatment to determine the complete range of issues and potential issues that each client may face in the recovery processes. Assessments include those for: alcoholism, chemical dependency, gambling, sex, eating disorders, codependency, dysfunctional family, money and spending, nutrition, general life skills. Complete neuro-psychological testing is also available for those clients identified by the clinical staff as cognitively questionable.

**Individual Psychotherapy Available:** Yes

**Accreditation, Licensure:** Arizona Department of Health Services, Office of Behavioral Health Licensing

**Professional Affiliations:** NATSAP-Young Adult Affiliate Member

## Program Listing by State

<u>State</u>	<u>School</u>	<u>Phone</u>
Alabama	Paint Rock Valley	(256) 776-2503
	Pinnacle Schools/Elk River	(256) 518-9998
Arizona	ANASAZI Foundation	(480) 892-7403
	Copper Canyon Academy	(928) 567-1322
	Cottonwood de Tucson	(800) 877-4520
	Gatehouse Academy	(888) 730-0905
	In Balance Ranch Academy	(520) 722-9631
	Prescott House	(928) 776-8251
	Remuda Ranch	(800) 445-1900
Decision Point Center	(928)778-4600	
California	Benchmark Young Adult School	(800) 474-4848
	Echo Malibu Youth Treatment Center	(310) 589-2090
	Family Life Center	(707) 795-6954
	Optimum Performance Institute	(818) 610-3956
	Visions Adolescent Treatment Centers	(818) 889-3665
	Wellspring Academy	(866) 364-0808
Colorado	Living Well Transitions	(303) 245-1020
	Monarch Center for Family Healing	(303) 569-0767
	Open Sky Wilderness Therapy	(970) 497-2725
Connecticut	Grove School	(203) 245-2778
Delaware	Cedars Academy	(302) 337-3200
Florida	Eckerd Academy at Brooksville	(800) 914-3937
	La Amistad	(407) 647-0660
	Pasadena Villa	(877)245-5235
Georgia	Eckerd Academy of the Blue Ridge	(800) 914-3937
	Hidden Lake Academy	(800) 394-0640
	Ridge Creek	(706) 867-1720
	Second Nature Blue Ridge	(706) 212-2037
Idaho	Ascent	(800) 974-1999
	Boulder Creek Academy	(877) 348-0848
	Cherry Gulch	(208) 365-3437
	Clearview Horizon, Inc.	(208) 263-5894
	Daybreak Canyon	(208) 312-4117

<b><u>State</u></b>	<b><u>School</u></b>	<b><u>Phone</u></b>
Idaho (Cont'd)	Echo Springs Transition Study Center	(208) 267-1111
	Innercept	(208) 665-7178
	Kootenai Behavioral Health Center	(208) 765-4800
	Northwest Academy	(208) 267-3524
	Schrom Boy's Home at Hawks Landing	(208) 267-6569
	SUWS Adolescent & Youth Programs	(208) 886-2565
Illinois	Chaddock	(217) 222-0034
Louisiana	Evangel House Christian Academy	(800) 924-4012
Massachusetts	Academy at Swift River	(800) 258-1770
	Eagleton School, Inc	(413) 528-4385
	F.L. Chamberlain School	(508) 947-7825
	John Dewey Academy	(413) 528-9800
	Penikese Island School	(508) 548-7276
	Stevens Treatment Programs	(508) 679-0183
	Valley View School	(508) 867-6505
Maine	Elan School	(207) 998-4666
	Good Will-Hinckley	(207) 238-4035
	Ironwood	(207) 342-3655
	Summit Achievement	(207) 697-2020
Michigan	Montcalm Outdoor Challenge Program	(866) 244-4321
	Montcalm School for Boys	(866) 244-4321
Minnesota	Soltreks	(218) 834-4607
Missouri	CALO Change Academy Lake of the Ozarks	(573) 365-2221
	Eagle Summit	(573)-485-4650
	Woodland Spring Lodge	(573) 265-3251
Montana	Building Bridges	(406) 827-9853
	Chrysalis	(406) 889-5577
	Cramer Creek School	(406) 825-2600
	Elk Mountain Academy	(406) 847-4400
	Explorations	(406) 827-3863
	Florence Crittenton's Center for Pregnant & Parenting Teens	(406) 442-6950
	Intermountain	(800) 200-9112
	Montana Academy	(406) 755-3149
Star Meadows Academy At Hope Ranch	(406) 862-7871	
	Summit Preparatory School	(406) 758-8113

<b><u>State</u></b>	<b><u>School</u></b>	<b><u>Phone</u></b>
<u>Montana (Cont'd)</u>	Turning Winds Academic Institute	(406) 295-5400
	Wilderness Treatment Center	(406) 854-2832
North Carolina	Aulderm Academy	(919) 837-2336
	New Leaf Academy of North Carolina	(866) 479-5323
	Stone Mountain School	(828) 669-8639
	SUWS of the Carolinas	(888) 828-9770
	Trails Carolina	(828) 885-5920
Nebraska	Ponca Pines Academy	(402) 457-1421
New Hampshire	Hunter School	(603) 786-2922
	Lakeview School	(603) 539-8712
	Shortridge Academy	(603) 755-3096
	Wediko NH School & Treatment Program	(603) 478-5236
New Mexico	Rancho Valmora	(505) 425-6057
New York	Adirondack Leadership Expeditions	(518) 897-5011
	Family Foundation School	(845) 887-5213
Ohio	Montcalm School for Girls	(866) 289-9201
Oregon	Academy at Sisters	(541) 389-1409
	Bridges Academy	(888) 283-7362
	Catherine Freer Wilderness	(800) 390-3983
	Dragonfly Transitions	(541) 850-0841
	Mount Bachelor Academy	(800) 462-3404
	New Leaf Academy of Oregon	(541) 318-1676
	NorthStar Center	(541) 385-8657
	Rimrock Trails Adolescent Treatment	(541) 447-2631
	Sage Walk, The Wilderness School	(800) 877-1922
	Santiam Crossing School	(503) 394-4294
Second Nature Cascades	(541) 382-1620	
Pennsylvania	Caron Adolescent Residential Treatment Center	(800) 678-2332
Tennessee	Eckerd Academy at Deer Lodge	(800) 914-3937
	Peninsula Village	(800) 255-8336
Texas	Fulshear Ranch Academy	(888) 874-7503
	Meridell Achievement Center	(800) 366-8656
	The High Frontier, Inc.	(432) 364-2241

<b><u>State</u></b>	<b><u>School</u></b>	<b><u>Phone</u></b>
Utah	Alpine Academy	(800) 244-1113
	Aspen Achievement Academy	(800) 283-8334
	Aspen Ranch	(877) 231-0734
	Aspiro, Inc.	(888) 266-5136
	Birdseye Boys Ranch	(877) 467-1681
	Catalyst Residential Treatment, LLC	(435) 723-4600
	Cedar Ridge Academy	(435) 353-4498
	Center for Change	(888) 224-8250
	Copper Hills Youth Center	(800) 776-7116
	Diamond Ranch Academy - Crystal Springs	(435) 635-4297
	Diamond Ranch Academy - Stone Ridge	(435) 635-4297
	Discovery Academy	(801) 374-2121
	Discovery Ranch	(801) 489-3311
	Falcon Ridge Ranch Academy	(435) 635-5260
	Gateway Academy	(801) 463-7888
	Heritage Schools	(800) 433-9413
	Island View RTC	(866) 952-7930
	Kolob Canyon	(435) 865-1437
	La Europa Academy	(801) 268-9300
	Life-Line, Inc.	(801) 936-4000
	Logan River Academy	(435) 755-8400
	Maple Lake Academy	(801) 798-7700
	Mountain Homes Youth Ranch	(435) 781-2450
	New Haven	(801) 794-1220
	Oakley School	(435) 783-5001
	Outback Therapeutic Expeditions	(801) 766-3933
	Oxbow Academy	(435) 436-9460
	Passages to Recovery	(435) 836-1400
	Provo Canyon School - Springville	(801) 491-3910
	Red Rock Canyon School	(800) 635-4441
	RedCliff Ascent	(800) 898-1244
	Second Nature Entrada	(435) 674-9310
	Second Nature Uintas	(435) 738-2040
	Solstice RTC	(801) 444-0794
	SunHawk Academy	(800) 214-3878
	Sunrise RTC	(435) 635-1185
	Telos Residential Treatment, LLC	(801) 426-8800
	Top Flight Academy	(435) 462-2699
	Turn-About Ranch	(800) 842-1165
	Turnabout/Stillwater Academy	(866) 369-4600
	Uinta Academy	(435) 245-2600
	Vista, RTC	(801) 250-9762
	Waterfall Canyon Academy	(801) 737-9460

<b><u>State</u></b>	<b><u>School</u></b>	<b><u>Phone</u></b>
Utah (Cont'd)	West Ridge Academy	(801) 280-2697
	Wilderness Quest	(435) 587-2801
	WinGate Wilderness Therapy	(435) 644-3654
	Youth Care	(800) 786-4924
Virginia	Graydon Manor	(703) 777-3485
	New Lifestyles	(540) 722-4521
	The Discovery Schools of Virginia	(434) 983-5616
	Little Keswick School	(434) 295-0457
Vermont	Bromley Brook School	(802) 362-9966
	King George School	(802) 467-1200
	Spruce Mountain Inn	(802) 454-8353
	True North Wilderness Program	(802) 583-1144
Washington	Gray Wolf Ranch	(800) 571-5505
	Life Designs Ranch	(509) 445-0185
	Odyssey Wilderness Programs	(360) 671-4999
	Penrith Farms	(509) 447-0665
	Tamarack Center	(509) 326-8100
Wisconsin	Rogers Memorial Hospital - Child & Adolescent Center	(800) 767-4411
West Virginia	Greenbrier Academy for Girls	(304) 445-7790
Wyoming	Heart Mountain New Beginnings	(307) 754-0180
	Mount Carmel Youth Ranch	(307) 645-3322
	Trinity Teen Solutions, Inc.	(307) 645-3384

### **International Programs**

#### **Canada**

Ontario	Applewood Academy	(613) 962-1042
	Pine River Institute	(519) 925-9225
	Wendigo Lake Expeditions	(705) 386-2376

#### **Costa Rica**

Alajuela	New Summit Academy of Costa Rica	(414) 921-1388
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#### **Samoa**

Apia	Coral Reef Academy	(702) 233-0444
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## Program Listing by Gender

### Female Only Programs

Academy at Sisters	(541) 389-1409
Alpine Academy	(800) 244-1113
Auldern Academy	(919) 837-2336
Bromley Brook School	(802) 362-9966
Center for Change	(888) 224-8250
Chrysalis	(406) 889-5577
Clearview Horizon, Inc.	(208) 263-5894
Copper Canyon Academy	(928) 567-1322
Cottonwood de Tucson	(800) 877-4520
Diamond Ranch Academy - Crystal Springs/Whisper Creek	(435) 635-4297
Evangel House Christian Academy	(800) 924-4012
Falcon Ridge Ranch Academy	(435) 635-5260
Florence Crittenton's Center for Pregnant Teens	(406) 442-6950
Fulshear Ranch Academy	(888) 874-7503
Greenbrier Academy for Girls	(304) 445-7790
Kolob Canyon	(435) 865-1437
La Europa Academy	(801) 268-9300
Maple Lake Academy	(801) 798-7700
Mission Mountain School	(406) 754-2580
Montcalm School for Girls	(866) 289-9201
New Haven	(801) 794-1220
New Leaf Academy of North Carolina	(866) 479-5323
New Leaf Academy of Oregon	(541) 318-1676
Ponca Pines Academy	(402) 457-1421
Remuda Ranch Programs for Eating Disorders	(800) 445-1900
Solstice RTC	(801) 444-0794
South Shore Academy	(219) 766-2999
Star Meadows Academy At Hope Ranch	(406) 862-7871
Sunrise RTC	(435) 635-1185
Trinity Teen Solutions	(307) 6450338
Uinta Academy	(435) 258-2400

### Telephone

### Male Only Programs

Birdseye Boys Ranch	(877) 467-1681
Bridges Academy	(888) 283-7362
Building Bridges	(406) 827-9853
Catalyst Residential Treatment, LLC	(435) 723-4600
Cherokee Creek Boys	(864) 647-1885
Cherry Gulch	(208) 365-3437
Coral Reef Academy	(702) 233-0444
Daybreak Canyon	(208) 312-4117
Diamond Ranch Academy - Stoneridge/Lava Falls	(435) 635-4297
Eagle Summit	(573) 485-4650
Eagleton School	(413) 528-4385

### Telephone

## Program Listing by Gender (Cont'd)

### Male Only Programs (Cont'd)

	<u>Telephone</u>
Elk Mountain Academy	(406) 847-4400
Gateway Academy	(801) 463-7888
Gray Wolf Ranch	(800) 571-5505
Heart Mountain New Beginnings	(307) 754-0180
In Balance Ranch Academy	(520) 722-9631
Little Keswick School	(434) 295-0457
Montcalm School for Boys	(866) 244-4321
Mount Carmel Youth Ranch	(307) 645-3322
New Summit Academy of Costa Rica	(414) 921-1388
Oxbow Academy	(435) 436-9460
Penikese Island School	(800) 828-7677
Prescott House	(866) 425-HOPE
Schrom Boy's Home at Hawks Landing Boys	(208) 267-6569
Seven Arrows Academy	(813) 334-1292
Sommerset at Canyon Creek	(801) 491-3910
Stevens Treatment Programs	(508) 679-0183
Stone Mountain School	(828) 669-8639
Telos Residential Treatment, LLC	(801) 426-8800
Top Flight Academy	(435) 462-2699
Transitions of Galveston Island	(866) 918-8383
Valley View School	(508) 867-6505
Wediko NH School & Treatment Program	(603) 478-5236
Wendigo Lake Expeditions	(705) 386-2376
Waterfall Canyon Academy	(801) 737-9460
Wilderness Treatment Center	(406) 854-2832

### Programs with Single Gender Groups

	<u>Telephone</u>
Adirondack Leadership Expeditions	(518) 897-5011
Aspen Achievement Academy	(800) 283-8334
Aspiro, Inc.	(888) 266-5136
Caron Adolescent Residential Treatment Center	(800) 678-2332
Family Life Center	(707) 795-6954
Monarch Center for Family Healing	(303) 569-0767
Montcalm Outdoor Challenge Program	(866) 244-4321
New Dominion School of Virginia	(434) 983-2051
Open Sky Wilderness Therapy	(970) 497-2725
Outback Therapeutic Expeditions	(801) 766-3933
Paint Rock Valley	(256) 776-2503
Provo Canyon School Springville	(801) 491-3910
RedCliff Ascent	(800) 898-1244

**Programs with Single Gender Groups (Cont'd)**

Sage Walk, The Wilderness School	(800) 877-1922
Second Nature, Uintas	(801) 947-1338
Second Nature Blue Ridge	(706) 212-2037
Second Nature Cascades	(541) 382-1620
Soltreks	(218) 834-4607
SUWS of the Carolinas	(888) 828-9770
The Discovery Schools of Virginia	(434) 983-5616
The High Frontier, Inc.	(432) 364-2241
West Ridge Academy	(801) 280-2697
WinGate Wilderness Therapy	(435) 644-3654

**Telephone**

**Programs Listing by Age Group**

<b><u>Program</u></b>	<b><u>Age From</u></b>	<b><u>Age To</u></b>	<b><u>Telephone</u></b>
Intermountain	4	12	(800) 200-9112
Hunter School	5	15	(603) 786-2922
La Amistad	5	17	(407) 647-0660
Meridell Achievement Center	5	17	(800) 366-8656
Woodland Spring Lodge	6	16	(573) 265-3251
Applewood Academy for Progressive Learning	6	18	(613) 962-1042
Good Will-Hinckley	6	21	(207) 238-4035
Wediko NH School & Treatment Program	6	21	(603) 478-5236
Chaddock	8	16	(217) 222-0034
Rogers Memorial Hospital - Child & Adolescent Center	8	18	(800) 767-4411
Lakeview School at Lakeview NeuroRehabilitation Center	8	21	(603) 539-8712
West Ridge Academy	9	18	(801) 280-2697
Eagleton School, Inc	9	22	(413) 528-4385
Cherry Gulch	10	14	(208) 365-3437
New Leaf Academy of North Carolina	10	14	(866) 479-5323
New Leaf Academy of Oregon	10	14	(541) 318-1676
Valley View School	10	15	(508) 867-6505
Eckerd Academy at Brooksville	10	17	(800) 914-3937
Graydon Manor	10	17	(703) 777-3485
Little Keswick School	10	17	(434) 295-0457
Eckerd Academy at Deer Lodge	10	18	(800) 914-3937
Eckerd Academy of the Blue Ridge	10	18	(800) 914-3937
Monarch Center for Family Healing	10	18	(303) 569-0767

<b><u>Program by Age Group (Cont'd)</u></b>	<b><u>Age</u></b>		<b><u>Telephone</u></b>
	<b><u>From</u></b>	<b><u>To</u></b>	
SUWS Adolescent & Youth Programs	11	13	(208) 886-2565
Cherokee Creek Boys School	11	15	(864) 647-1885
Second Nature Blue Ridge	11	17	(706) 212-2037
Stone Mountain School	11	17	(828) 669-8639
The Discovery Schools of Virginia	11	17	(434) 983-5616
F.L. Chamberlain School	11	18	(508) 947-7825
Grove School	11	18	(203) 245-2778
Cedars Academy	11	20	(302) 337-3200
Alpine Academy	12	17	(800) 244-1113
ANASAZI Foundation	12	17	(480) 892-7403
Copper Hills Youth Center	12	17	(800) 776-7116
Daybreak Canyon	12	17	(208) 312-4117
Diamond Ranch Academy - Crystal Springs/Whisper Creek	12	17	(435) 635-4297
Diamond Ranch Academy - Stone Ridge/Lava Falls	12	17	(435) 635-4297
Echo Malibu Youth Treatment Center	12	17	(310) 589-2090
La Europa Academy	12	17	(801) 268-9300
Mount Carmel Youth Ranch	12	17	(307) 645-3322
Mountain Homes Youth Ranch	12	17	(435) 781-2450
Rancho Valmora	12	17	(505) 425-6057
Rimrock Trails Adolescent Treatment Services (ATS)	12	17	(541) 447-2631
Stevens Treatment Programs	12	17	(508) 679-0183
Sunrise RTC	12	17	(435) 635-1185
Tamarack Center	12	17	(509) 326-8100
Trinity Teen Solutions, Inc.	12	17	(307) 645-3384
Turnabout/Stillwater Academy	12	17	(866) 369-4600
Uinta Academy	12	17	(435) 245-2600
Visions Adolescent Treatment Centers	12	17	(818) 889-3665
Cramer Creek School	12	18	(406) 825-2600
Discovery Academy	12	18	(801) 374-2121
Evangel House Christian Academy	12	18	(800) 924-4012
Explorations	12	18	(406) 827-3863
Falcon Ridge Ranch Academy	12	18	(435) 635-5260
Family Foundation School	12	18	(845) 887-5213
Family Life Center	12	18	(707) 795-6954
Heritage Schools	12	18	(800) 433-9413
Montcalm School for Boys	12	18	(866) 244-4321
Montcalm School for Girls	12	18	(866) 289-9201
Pinnacle Schools/Elk River	12	18	(256) 518-9998
The High Frontier, Inc.	12	18	(432) 364-2241
Turning Winds Academic Institute	12	18	(406) 295-5400
Waterfall Canyon Academy	12	18	(801) 737-9460

<b><u>Program by Age Group (Cont'd)</u></b>	<b><u>Age From</u></b>	<b><u>Age To</u></b>	<b><u>Telephone</u></b>
Youth Care	12	18	(800) 786-4924
Elan School	12	19	(207) 998-4666
Florence Crittenton's Center for Pregnant & Parenting Teens	12	20	(406) 442-6950
South Shore Academy	12	21	(219) 766-2999
Adirondack Leadership Expeditions	13	17	(518) 897-5011
Aspen Achievement Academy	13	17	(800) 283-8334
Aspiro, Inc.	13	17	(888) 266-5136
Cedar Ridge Academy	13	17	(435) 353-4498
Center for Change	13	17	(888) 224-8250
Discovery Ranch	13	17	(801) 489-3311
Heart Mountain New Beginnings	13	17	(307) 754-0180
Innercept	13	17	(208) 665-7178
Island View RTC	13	17	(866) 952-7930
Kootenai Behavioral Health Center	13	17	(208) 765-4800
Life-Line, Inc.	13	17	(801) 936-4000
Logan River Academy	13	17	(435) 755-8400
Maple Lake Academy	13	17	(801) 798-7700
New Haven	13	17	(801) 794-1220
Odyssey Wilderness Programs	13	17	(360) 671-4999
Open Sky Wilderness Therapy	13	17	(970) 497-2725
Outback Therapeutic Expeditions	13	17	(801) 766-3933
Oxbow Academy	13	17	(435) 436-9460
Peninsula Village	13	17	(800) 255-8336
Provo Canyon School - Springville	13	17	(801) 491-3910
Red Rock Canyon School	13	17	(800) 635-4441
RedCliff Ascent	13	17	(800) 898-1244
Ridge Creek	13	17	(706) 867-1720
Sage Walk, The Wilderness School	13	17	(800) 877-1922
Schrom Boy's Home at Hawks Landing	13	17	(208) 267-6569
Second Nature Entrada	13	17	(435) 674-9310
Second Nature Uintas	13	17	(435) 738-2040
Star Meadows Academy At Hope Ranch	13	17	(406) 862-7871
SunHawk Academy	13	17	(800) 214-3878
Top Flight Academy	13	17	(435) 462-2699
Trails Carolina	13	17	(828) 885-5920
Turn-About Ranch	13	17	(800) 842-1165
Vista, RTC	13	17	(801) 250-9762
WinGate Wilderness Therapy	13	17	(435) 644-3654
In Balance Ranch Academy	13	17.5	(520) 722-9631
Academy at Sisters	13	18	(541) 389-1409
Ascent	13	18	(800) 974-1999
Aspen Ranch	13	18	(877) 231-0734

<b><u>Program by Age Group (Cont'd)</u></b>	<b><u>Age From</u></b>	<b><u>Age To</u></b>	<b><u>Telephone</u></b>
Birdseye Boys Ranch	13	18	(877) 467-1681
Boulder Creek Academy	13	18	(877) 348-0848
Bridges Academy	13	18	(888) 283-7362
Bromley Brook School	13	18	(802) 362-9966
CALO (Change Academy Lake of the Ozarks)	13	18	(573) 365-2221
Catherine Freer Wilderness Therapy Programs	13	18	(800) 390-3983
Chrysalis	13	18	(406) 889-5577
Cottonwood de Tucson	13	18	(800) 877-4520
Eagle Summit	13	18	(866) 924 0304
Hidden Lake Academy	13	18	(800) 394-0640
Ironwood	13	18	(207) 342-3655
Paint Rock Valley	13	18	(256) 776-2503
Santiam Crossing School	13	18	(503) 394-4294
Second Nature Cascades	13	18	(541) 382-1620
Telos Residential Treatment, LLC	13	18	(801) 426-8800
Wellspring Academy	13	18	(866) 364-0808
Caron Adolescent Residential Treatment Center	13	19	(800) 678-2332
Pine River Institute	13	19	(519) 925-9225
Summit Achievement	13	19	(207) 697-2020
Clearview Horizon, Inc.	13	21	(208) 263-5894
Soltreks	13	25	(218) 834-4607
Catalyst Residential Treatment, LLC	14	17	(435) 723-4600
Copper Canyon Academy	14	17	(928) 567-1322
Kolob Canyon	14	17	(435) 865-1437
Montana Academy	14	17	(406) 755-3149
Shortridge Academy	14	17	(603) 755-3096
Solstice RTC	14	17	(801) 444-0794
Summit Preparatory School	14	17	(406) 758-8113
SUWS of the Carolinas	14	17	(888) 828-9770
True North Wilderness Program	14	17	(802) 583-1144
Wendigo Lake Expeditions	14	17	(705) 386-2376
Wilderness Quest	14	17	(435) 587-2801
Academy at Swift River	14	18	(800) 258-1770
Aulder Academy	14	18	(919) 837-2336
Building Bridges	14	18	(406) 827-9853
Elk Mountain Academy	14	18	(406) 847-4400
Greenbrier Academy for Girls	14	18	(304) 445-7790
King George School	14	18	(802) 467-1200
Mount Bachelor Academy	14	18	(800) 462-3404
Oakley School	14	19	(435) 783-5001

<u>Program by Age Group (Cont'd)</u>	<u>Age From</u>	<u>Age To</u>	<u>Telephone</u>
Wilderness Treatment Center	14	24	(406) 854-2832
Gray Wolf Ranch	14	25	(800) 571-5505
Gateway Academy	15	17	(801) 463-7888
New Summit Academy of Costa Rica	15	18	(414) 921-1388
Penikese Island School	15	18	(508) 548-7276
Coral Reef Academy	15	20	(702) 233-0444
Northwest Academy	16	18	(208) 267-3524
Ponca Pines Academy	17	19	(402) 457-1421
Gatehouse Academy	17	25	(888) 730-0905
Optimum Performance Institute	17	25	(818) 610-3956
Spruce Mountain Inn	17 and	up	(802) 454-8353
NorthStar Center	17.5	24	(541) 385-8657
Echo Springs Transition Study Center	18	24	(208) 267-1111
Fulshear Ranch Academy	18	24	(888) 874-7503
Life Designs Ranch	18	26	(509) 445-0666
New Lifestyles	18	26	(540) 722-4521
Penrith Farms	18	26	(509) 447-0665
Benchmark Young Adult School	18	28	(800) 474-4848
Pasadena Villa	18 and	up	(877) 245-5235
Passages to Recovery	18 and	up	(435) 836-1400
Dragonfly Transitions	18	24	(541) 850-0841
Living Well Transitions	18+		(303) 245-1020
Prescott House	18+		(928) 776-8251
Decision Point Center	18+		(928) 778-4600
Remuda Ranch Programs for Eating Disorders	All Ages		(800) 445-1900

## Program Listing by Type

### Boarding Schools

Academy at Swift River  
 Elan School  
 New Leaf Academy of Oregon  
 Oakley School  
 Shortridge Academy  
 Stone Mountain School

### Boarding Schools - Emotional Growth

Academy at Sisters  
 Boulder Creek Academy  
 Bridges Academy  
 Bromley Brook School  
 King George School  
 New Leaf Academy of North Carolina  
 The Discovery Schools of Virginia

### Boarding Schools - Specialized

Wellspring Academy

### Boarding Schools - Therapeutic

Applewood Academy  
 Aulderm Academy  
 Cedar Ridge Academy  
 Cedars Academy  
 Cherokee Creek Boys School  
 Cherry Gulch  
 Chrysalis  
 Clearview Horizon, Inc.  
 Copper Canyon Academy  
 Cramer Creek School  
 Diamond Ranch Academy - Crystal Springs/  
 Whisper Creek  
 Discovery Academy  
 Eagle Summit  
 Elk Mountain Academy  
 Evangel House Christian Academy  
 F.L. Chamberlain School  
 Family Foundation School  
 Good Will-Hinckley  
 Greenbrier Academy for Girls  
 Grove School  
 Hidden Lake Academy

### Boarding Schools - Therapeutic

Hunter School  
 In Balance Ranch Academy  
 Innercept  
 Little Keswick School  
 Mission Mountain School  
 Montana Academy  
 Montcalm School for Boys  
 Mount Bachelor Academy  
 New Summit Academy of Costa Rica  
 Northwest Academy  
 Penikese Island School  
 Pine River Institute  
 Ponca Pines Academy  
 Santiam Crossing School  
 Star Meadows Academy At Hope Ranch  
 Summit Preparatory School  
 Turning Winds Academic Institute  
 Valley View School

### Outdoor Therapeutic Programs

Eckerd Academy at Brooksville  
 Eckerd Academy at Deer Lodge  
 Monarch Center for Family Healing  
 Mount Carmel Youth Ranch  
 Mountain Homes Youth Ranch  
 Paint Rock Valley  
 Pinnacle Schools/Elk River  
 Second Nature Blue Ridge  
 SUWS Adolescent & Youth Programs  
 Trails Carolina

### Residential Treatment Centers

Alpine Academy  
 Aspen Ranch  
 Birdseye Boys Ranch  
 CALO (Change Academy  
 Lake of the Ozarks)  
 Caron Adolescent Residential  
 Treatment Center  
 Catalyst Residential Treatment, LLC  
 Chaddock  
 Copper Hills Youth Center  
 Coral Reef Academy

## Program Listing by Type (Cont'd)

### Residential Treatment Centers (Cont'd)

Cottonwood de Tucson  
 Daybreak Canyon  
 Diamond Ranch Academy -  
     Stone Ridge/Lava Falls  
 Discovery Ranch  
 Eagleton School, Inc.  
 Echo Malibu Youth Treatment Center  
 Falcon Ridge Ranch Academy  
 Family Life Center  
 Gatehouse Academy  
 Gateway Academy  
 Gray Wolf Ranch  
 Heritage Schools  
 Intermountain  
 Ironwood  
 Island View RTC  
 Kolob Canyon  
 Kootenai Behavioral Health Center  
 La Amistad  
 La Europa Academy  
 Lakeview School at Lakeview  
 NeuroRehabilitation Center  
 Logan River Academy  
 Maple Lake Academy  
 Meridell Achievement Center  
 Montcalm School for Girls  
 New Haven  
 Oxbow Academy  
 Pasadena Villa  
 Pendleton Academies  
 Peninsula Village  
 Prescott House  
 Provo Canyon Springville  
 Rancho Valmora  
 Red Rock Canyon School  
 Remuda Ranch Programs for  
     Eating Disorders  
 Stevens Treatment Programs  
 SunHawk Academy  
 Sunrise RTC  
 Tamarack Center  
 Telos Residential Treatment, LLC  
 The High Frontier, Inc.  
 Top Flight Academy

### Residential Treatment Centers (Cont'd)

Turn-About Ranch  
 Uinta Academy  
 Visions Adolescent Treatment Centers  
 Vista, RTC  
 Wediko NH School & Treatment Program  
 West Ridge Academy  
 Wilderness Treatment Center  
 Willow Creek School  
 Woodland Spring Lodge  
 Youth Care

### Residential Treatment Centers -

#### Eating Disorders

Center for Change  
 Remuda Ranch Programs for  
     Eating Disorders

### Small Residential Programs

Building Bridges  
 Explorations  
 Florence Crittenton's Center for Pregnant  
 & Parenting Teens  
 Heart Mountain New Beginnings  
 Life-Line, Inc.  
 Schrom Boy's Home at Hawks Landing  
 Turnabout/Stillwater Academy  
 Waterfall Canyon Academy

### Specialty Psychiatric &

#### Behavioral Hospitals

Rogers Memorial Hospital -  
     Child & Adolescent Center

### Transitional Independent

#### Living Programs

Chaddock  
 Dragonfly Transitions & Adventures  
 Echo Springs Transition Study Center  
 Fulshear Ranch Academy  
 Living Well Transitions

### Wilderness Programs

Adirondack Leadership Expeditions

## Program Listing by Type (Cont'd)

### Wilderness Programs (Cont'd)

ANASAZI Foundation  
 Ascent  
 Aspen Achievement Academy  
 Aspiro, Inc.  
 Catherine Freer Wilderness  
     Therapy Programs  
 Dragonfly Transitions  
 Odyssey Wilderness Programs  
 Open Sky Wilderness Therapy  
 Outback Therapeutic Expeditions  
 Passages to Recovery  
 Pinnacle Schools/Elk River  
 RedCliff Ascent  
 Ridge Creek  
 Sage Walk, The Wilderness School  
 Second Nature  
 Second Nature Cascades  
 Second Nature Entrada  
 Soltreks  
 Summit Achievement  
 SUWS of the Carolinas  
 True North Wilderness Program  
 Wendigo Lake Expeditions  
 Wilderness Quest  
 Wilderness Treatment Center

### Wilderness Programs (Cont'd)

WinGate Wilderness therapy

### Young Adult Affiliate Programs

Benchmark Young Adult School  
 Decision Point Center  
 Dragonfly Transitions & Adventures  
 Echo Springs Transition Study Center  
 Fulshear Ranch Academy  
 Life Designs Ranch  
 Living Well Transitions  
 New Lifestyles  
 Pasadena Villa  
 Passages to Recovery  
 Penrith Farms  
 Prescott House

## SEVIS (Student and Exchange Visitor Information System) Approved

### Program

Academy at Sisters  
 Academy at Swift River  
 Ascent  
 Aspen Achievement Academy  
 Auldern Academy  
 Boulder Creek Academy  
 Bridges Academy  
 Bromley Brook School  
 Cedars Academy  
 Chaddock  
 Cherokee Creek Boys  
 Cherry Gulch  
 Diamond Ranch Academy -  
     Crystal Springs/Whisper Creek

### Telephone

(541) 389-1409  
 (800) 258-1770  
 (800) 974-1999  
 (800) 283-8334  
 (919) 837-2336  
 (877) 348-0848  
 (888) 283-7362  
 (802) 362-9966  
 (302) 337-3200  
 (217) 222-0034  
 (864) 647-1885  
 (208) 365-3437  
 (435) 635-4297

**SEVIS (Student and Exchange Visitor Information System) Approved  
(Cont'd)**

<b><u>Program</u></b>	<b><u>Telephone</u></b>
Diamond Ranch Academy - Stone Ridge/Lava Falls	(435) 635-4297
Diamond Ranch Academy - Crystal Springs/Whisper Creek	(435) 635-4297
Discovery Academy	(801) 374-2121
Eckerd Academy at Brooksville	(800) 914-3937
Eckerd Academy at Deer Lodge	(800) 914-3937
Elan School	(207) 998-4666
Elk Mountain Academy	(406) 847-4400
F.L. Chamberlain School	(508) 947-7825
Family Foundation School	(845) 887-5213
Schrom Boy's Home at Hawks Landing	(208) 267-6569
Heritage Schools	(800) 433-9413
Hidden Lake Academy	(800) 394-0640
Hunter School	(603) 786-2922
Island View RTC	(801) 773-0200
Kolob Canyon	(435) 865-1437
La Europa Academy	(801) 268-9300
Logan River Academy	(435) 755-8400
Montana Academy	(406) 755-3149
Montcalm School for Boys	(866) 244-4321
Mount Bachelor Academy	(800) 462-3404
New Haven	(801) 794-1220
New Leaf Academy of Oregon	(541) 318-1676
Northwest Academy	(208) 267-3524
Outback Therapeutic Expeditions	(801) 766-3933
Peninsula Village	(800) 255-8336
Sage Walk, The Wilderness School	(800) 877-1922
Stevens Treatment	(508) 679-0183
Summit Achievement	(207) 697-2020
Summit Preparatory School	(406) 758-8113
SUWS Adolescent & Youth Programs	(888) 879-7897
The Discovery School of Virginia	(434) 983-5616
Turn-About Ranch	(800) 842-1165
Valley View School	(508) 867-6505
Wilderness Quest	(435) 587-2801

## Acronym Definitions

- AACAP** - American Academy of Child & Adolescent Psychiatry
- AACC** - American Association of Christian Counselors
- AACRC** - American Association of Children's Residential Centers
- AAMFT** - American Association for Marriage and Family Therapy
- ACA** - American Camp Association
- ACATA** - Alliance Counteracting Alcohol and Tobacco Advertising Targeting Youth
- ACCT** - Association for Challenge Course Technology
- AED** - Academy for Educational Development
- AEDP** - Association of Eminent Domain Professionals
- AEE** - Association for Experiential Education
- AHHA** - American Holistic Health Association
- AHHAP** - Association of Halfway House Alcoholism Programs
- AMCAP** - Association of Mormon counselors and Psychotherapists
- ANAD** - National Association of Anorexia Nervosa and Associated Disorders
- APA** - American Psychological Association
- ARTA** - American Residential Treatment Association
- CAMFT** - California Association for Marriage and Family Therapy
- CAPS** - Christian Association of Psychological Studies
- CHADD** - Children and Adults with Attention Deficit Disorder
- CITA** - Commission on International and Trans-Regional Accreditation
- CWLA** - Child Welfare League of America
- EAGALA** - Equine Assisted Growth and Learning Association
- EAP** - Employee Assistance Professional Association
- EIA** - Education Industry Association
- GAIS** - Georgia Association of Independent Schools
- GAPSEC** - Georgia Association of Private Schools for Exceptional Children
- GISA** - Georgia Independent Schools Association
- IADDA** - Illinois Alcoholism and Drug Dependence Association
- IAEDP** - International Association of Eating Disorders Professionals
- IASE** - International Association for Statistical Education
- IECA** - Independent Educational Consultants Association
- ISPA** - Independent Small Programs Alliance
- LDA** - Learning Disabilities Association of America
- MAAPS** - Massachusetts Association of Approved Private Schools
- MADSEC** - Maine Administrators of Services for
- MEDA** - Massachusetts Eating Disorder Association
- MHA** - Mental Health Association Children with Disabilities
- MPA** - Maine Principles Association
- NAADAC** - The Association for Addiction Professionals
- NAAS** - Northwest Association of Accredited Schools
- NAATP** - National Association of Addiction Treatment Providers
- NAIS** - National Association of Independent Schools
- NAPHS** - National Association of Psychiatric Health Systems
- NAPSEC** - The National Association of Private Special Education Centers
- NASW** - National Association of Social Workers
- NATWC** - National Association of Therapeutic Wilderness Camps
- NBCDI** - National Black Child Development Institute
- NCTRC** - National Council for Therapeutic Recreation Certification
- NEDA** - National Eating Disorders Association
- NHASEA** - New Hampshire Association of Special Education Administrators
- NIPSA** - National Independent Private Schools Association
- NNY** - Northwest Network of Youth
- NPSAG** - National Private Schools Association Group
- NSC** - National Safety Council
- NWEA** - Northwest Evaluation Association
- OBHIC** - Outdoor Behavioral Healthcare Industry Council
- OBHRC** - Outdoor Behavioral Healthcare Research Cooperative
- SAATB** - Secondary School Admission Test
- SACAVA** - Substance Abuse Certification Alliance of Virginia
- SACS** - Southern Association of Colleges and Schools
- SBSA** - Small Boarding School Association
- SBSI** - Strength Based Services International
- SEVIS** - Student and Exchange Visitor Information System
- SSATB** - Secondary School Admission Test
- TACC** - Tennessee Association of Children's Centers
- TAPG** - Therapeutic Adventure Professional Group
- USPRA** - United States Psychiatric Rehabilitation Association
- VAISEF** - Virginia Association of Independent Specialized Education Facilities
- WFMH** - World Federation for Mental Health

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