Join SAAARMM at our Annual Conference, in our continuing effort to reform healthcare, while we can look forward to an extended healthy life span with vitality and vigour. The speciality of Anti-Aging Medicine is drawing tremendous support from healthcare professionals globally, because of its evidence based, preventive approach to wellness.

SAAARMM gratefully acknowledges His Royal Highness Sultan Muhammad V The Sultan of Kelantan as Patron of our society.

11th Malaysian Conference and Exhibition on Anti-Aging, Aesthetic and Regenerative Medicine &
4th International Congress on Anti-Aging, Aesthetic and Regenerative Medicine

LET'S GO EVERGREEN

Organised by
Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM)

Dates: 2nd - 4th May 2014
Venue: JW Marriot Kuala Lumpur

For more information please contact,
SAAARMM Secretariat
142, Jalan Ipoh, 3rd Floor, UMNO Selangor Building, 51200 Kuala Lumpur
Tel: 603-4041 0092 / 4041 6336 Fax: 603-4042 6970 / 4041 4990
Email: info@saamm.com / info@saaarmm.org Website: www.saaarmm.org

Organised by
In association with
In collaboration with
Supported by
This three (3) day Conference will open new frontiers as we all move to achieve our common vision: provide excellent care to our patients, in not only extending the life span but also able to provide quality of life in addressing and preventing age related diseases.

The main Scientific sessions of the Conference will take place at the Ballroom of the JW Marriott Hotel Kuala Lumpur, and there will be unopposed plenary symposia and workshop. In addition, we propose to have sponsored symposia and satellite symposia.

This will provide greater opportunity for participants to meet with fellow colleagues and also provide an opportunity to visit exhibitors and keep abreast on the most current technology and remedies. It is anticipated that a number of opportunities will be available for various Companies / Sponsors to organize satellite symposiums to run concurrently.

Our annual Grand Gala Dinner and Awards Presentation will be graced by our Patron, “His Royal Highness Sultan Muhammad V The Sultan of Kelantan”. We intend to provide an exquisite dinner with entertainment and a live band to entertain the crowd hence a more relaxed atmosphere.

For the first time, the ABAARM Oral Examination Part II will be held in Malaysia. Those of you planning to take this exam will be able to take it during the Conference.

The Organising Committee of the “Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia” (SAAARMM) look forward to welcoming you to our Conference 2014!

Prof Dr Selvaraj Y Subramaniam, JMK
MD (USM), FFSEM (Ireland), FSAAARMM, MFSEM (UK), FRNS (UK), FSSEMM, FFIMS
Board Certified Physician FAARM, ABAARM, Sports Physician
President, Society for Anti-Aging, Aesthetic & Regenerative Medicine Malaysia

President’s Welcome Message
The most sought after Anti-Aging, Aesthetic and Regenerative Medicine Conference of the year is now scheduled for 2nd to 4th May, 2014 at the JW Marriott Hotel Kuala Lumpur, Malaysia. It provides the perfect platform to get together and share new findings in an aspiring and exciting environment.

Our theme for this Conference is “Let’s Go Evergreen!” - In botany, an “evergreen” is a plant that has leaves in all four seasons, always green………. This theme reflects the modern day professional seeking to think, look and remain young always and forever!

This three (3) day Conference will open new frontiers as we all move to achieve our common vision: provide excellent care to our patients, in not only extending the life span but also able to provide quality of life in addressing and preventing age related diseases.

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SAAARMM Executive 2013/2014 and Organising Committee of SAAARMM Conference 2014

President Prof Dr Selvaraj Y Subramaniam
Founder & Past President Dato Dr S Harnam
Vice-President Dr K Kamalakaran
Secretary Datin Dr Kamaria Idris
Assistant Secretary Dr Syafiqah Shirleyna Chan
Treasurer Dr Ungku Mohd Shahrin B Ungku Mohd Zaman
Committee Members Dr S Sharma
Dr Saifuzzaman B Yusoff
Dato Dr Jekinder Singh Gendeh
Dr Sukhvinder Singh
Dr Leela Velusamy
Auditors Dr Anil Sivasankaran
Dr Sereen Lim Lye Keun

SAAARMM Scientific Committee 2013/2014

International Prof Dr Robert Goldman
Prof Dr Vladimir Krcmery
Dr Joseph Cummiskey
Dr Anoop Chaturvedi
Malaysia Prof Dr S Selvaraj
Dato Dr S Harnam
Dr K Kamalakaran
Dr Kamaria Idris
Dr Ungku Mohd Sharin

Secretariat
For more information please contact,
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Tel: 603-4041 0092 / 4041 6336 Fax: 603-4042 6970 / 4041 4990
Email: info@saamm.com / info@saaarmm.org Website: www.saaarmm.org
### Scientific Programme - Day 1

#### 2nd May 2014 Friday

**Scientific Programme - Day 1**

**Programme Summary**
- **Scientific Programme**
- **Exhibition and event details**

#### Track One (Main Ballroom)

**Chairperson:** Dr K Kamalakaran

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>08.00am onwards</td>
<td><strong>REGISTRATION &amp; BADGING</strong>&lt;br&gt;*Note: Registration Desk will open on 1st May 2014 from 05.00pm - 07.00pm</td>
</tr>
<tr>
<td>08.45am - 09.00am</td>
<td>Welcome Address by President of SAAARMM, Prof Dr Selvaraj Y Subramanian</td>
</tr>
<tr>
<td>09.00am - 09.45am</td>
<td>Free Radical Theory Revisited - the Wisdom of Vitamin and Antioxidant Supplementation Explored&lt;br&gt;Dr Michael Elstein</td>
</tr>
<tr>
<td>09.45am - 10.30am</td>
<td>Homocysteine, Vitamin B12 and Folic Acid - the Benefits and Dangers of Supplementation&lt;br&gt;Dr Michael Elstein</td>
</tr>
<tr>
<td>10.30am - 11.00am</td>
<td><strong>OPENING OF EXHIBITION AND TEA / COFFEE BREAK</strong></td>
</tr>
<tr>
<td>11.00am - 12.30pm</td>
<td>Nutrition in Anti Aging Medicine&lt;br&gt;Recipes for an Anti Stress Diet - Nutritional Regimes to Cope with Stress Part I&lt;br&gt;Assoc Prof Dr Habil Claus Muss</td>
</tr>
<tr>
<td>12.30pm - 01.00pm</td>
<td>Thermage: the Premier Solution to Skin Tightening&lt;br&gt;Dr Sutina Nordin&lt;br&gt;by courtesy of Solta Medical</td>
</tr>
<tr>
<td>01.00pm - 02.00pm</td>
<td><strong>LUNCH</strong></td>
</tr>
<tr>
<td>02.00pm - 03.00pm</td>
<td>Nutrition in Anti Aging Medicine&lt;br&gt;Recipes for an Anti Stress Diet - nutritional Regimes to Cope with Stress Part II&lt;br&gt;Assoc Prof Dr Habil Claus Muss</td>
</tr>
<tr>
<td>03.00pm - 03.45pm</td>
<td>Nutrition in Anti Aging Medicine&lt;br&gt;Zinc - the Nutrient with the Most Potential to Impact Ageing&lt;br&gt;Dr Michael Elstein</td>
</tr>
<tr>
<td>03.45pm - 04.30pm</td>
<td>Vitamin D - the Hormone that’s Not a Vitamin but Do We Really Need More?&lt;br&gt;Dr Michael Elstein</td>
</tr>
<tr>
<td>04.30pm - 05.00pm</td>
<td><strong>REFRESHMENTS AND TEA / COFFEE BREAK</strong></td>
</tr>
<tr>
<td>05.00pm</td>
<td><strong>11th ANNUAL GENERAL MEETING OF SAAARMM</strong></td>
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#### Track Two (Mayang Sari 3 & 4)

**Chairperson:** Dr Leela Velusamy

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>09.00am - 10.30am</td>
<td>Dermal Fillers for Facial Rejuvenation&lt;br&gt;Dr Kuljit Singh&lt;br&gt;by courtesy of Beauact</td>
</tr>
<tr>
<td>11.00am - 12.30pm</td>
<td>BTA for Facial Rejuvenation&lt;br&gt;Dr Kuljit Singh&lt;br&gt;by courtesy of Parvus</td>
</tr>
<tr>
<td>11th ANNUAL GENERAL MEETING OF SAAARMM</td>
<td><strong>OPENING OF EXHIBITION AND TEA / COFFEE BREAK</strong></td>
</tr>
<tr>
<td>02.00pm - 04.00pm</td>
<td>Cristal Macrofiller for Body and Face - the New Generation of Dermal Fillers&lt;br&gt;Dr Rocco Cerra&lt;br&gt;by courtesy of Skin Fitness</td>
</tr>
<tr>
<td>04.00pm - 04.30pm</td>
<td>Trends in Cosmetic Aesthetic, Plastic Surgery and Pigmentation&lt;br&gt;Prof Dr Colin Song&lt;br&gt;by courtesy of Medica Singapore</td>
</tr>
<tr>
<td>04.30pm - 05.00pm</td>
<td><strong>REFRESHMENTS AND TEA / COFFEE BREAK</strong></td>
</tr>
</tbody>
</table>

### AMERICAN BOARD OF ANTI-AGING AND REGENERATIVE MEDICINE (ABAARM EXAMS)

**Sit for your A4M Board Exam in Kuala Lumpur, Malaysia and become an A4M Board Certified in Anti-Aging and Regenerative Medicine by the world’s largest medical organization.**

**ABAARM Written Examinations (Part I)**
- **Date:** May 3, 2014 Saturday: 2.00pm - 5.00pm

**ABAARM Oral Examinations (Part II)**
- **Date:** May 2, 2014 Friday: 2.00pm - 5.00pm
- May 3, 2014 Saturday: 9.00am - 8.00pm
- May 4, 2014 Sunday: 8.15am - 5.00pm

**Order your study material today to start preparing for this highly acclaimed medical credentials. For ABAARM Fast Track Package, please email: internationalevents@a4m.com or lizwheeler@a4m.com**

The 11th Annual General Meeting of the Society for Anti-Aging, Aesthetic and Regenerative Medicine, Malaysia (SAAARMM) will be held on 2nd May 2014 (Friday) at 5.00pm at the Ballroom, JW Marriott Kuala Lumpur. All members of SAAARMM are kindly requested to be present.
# Scientific Programme - Day 2

**3rd May 2014 Saturday**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>08.00am onwards</td>
<td><strong>REGISTRATION &amp; BADGING</strong></td>
</tr>
<tr>
<td>08.45am - 09.00am</td>
<td><strong>Welcome Address by Founder and Past President of SAAARMM, Dato Dr S Harnam</strong></td>
</tr>
</tbody>
</table>
| 09.00am - 10.00am | **Update on Licensing, Credentialing and Privileging (LCP) for Aesthetic Medical Practice**  
  Dr Zabedah Baharuddin & Dr Shahila Amran  
  **Moderator:** Dr Ungku Mohd Shahrin  
  **Diagnosing Your Personal Stress Profile**  
  Assoc Prof Dr Habil Claus Muss |
| 10.00am - 10.30am | **Future in Body Contouring and Skin Tightening**  
  Dr Ko Chung Beng  
  by courtesy of BTL  
  **Alzheimers’ Disease and Dementia: Exploring New Options**  
  Dr Lenny Da Costa |
| 10.30am - 11.00am | **TEA / COFFEE BREAK WITH EXHIBITORS**                                    |
| 11.00am - 11.30am | **A Multi Mechanism Skin Brightening Regimen Delivers Pigment Evening Benefits in an Ethnically Diverse Population**  
  Dr Sutina Nordin  
  by courtesy of NeoAsia  
  **Assessment and Treatment of Adrenal Dysfunction**  
  Dr Sanjay Kapur |
| 11.30am - 12.30pm | **The Revolutionary Clinical Approach for Stubborn Facial Wrinkles by Smooth Liner, RF Subcision Machine**  
  Dr Kuljit Singh  
  by courtesy of GTG Wellness  
  **How to Pick a Lab Test for Testing Hormone Levels**  
  Dr Sanjay Kapur |
| 12.30pm - 01.00pm | **Anti-Aging and Regenerative Medicine: the Future of Health Care has Finally Arrived**  
  Dr Robert Goldman (Chairman of A4M) |
| 01.00pm - 02.00pm | **LUNCH**                                                                |
| 02.00pm - 02.30pm | **The Role of Mitochondrial Dysfunction in Accelerated Ageing**  
  Dr Aris Wibudi  
  **Rejuvenation of the Skin with Natural Source (Green Apple Stem Cells)**  
  Dr Leroy Rebello  
  by courtesy of Custommedz |
| 02.30pm - 03.00pm | **Serum Electrolytes for Decision Making in Anti-Aging Hormone Replacement Therapy**  
  Dr Anoop Chaturvedi  
  **02.30pm - 04.30pm**  
  **Live Demo / Satellite Session**  
  **Exilis-Elite / Vanquish Future in Body Contouring and Skin Tightening**  
  by courtesy of BTL |
| 03.00pm - 03.30pm | **Hormone Secreting Tumors: Testing and Conditions to be Aware of Before BHRT**  
  Dr Anoop Chaturvedi  
  **ABAARM Written Examination Part I**  
  (02.00pm to 05.00pm)  
  **Venue:** Starhill 5 |
| 03.30pm - 04.00pm | **Selecting a Dose for BHRT**  
  Dr Francis Nathan  
  **ABAARM Oral Examination Part II**  
  (09.00am to 05.00pm)  
  **Venue:** Bintang 6 |
| 04.00pm - 04.30pm | **Obesity and Pneumonia**  
  Prof Dr Vladimir Krcmery |
| 04.30pm - 05.00pm | **REFRESHMENTS AND TEA / COFFEE BREAK**                                   |
| 07.30pm - 11.00pm | **GALA DINNER & PRESENTATION OF AWARDS CEREMONY**                        |

**ABAARM Oral Examination Part II**  
(09.00am to 05.00pm)  
**Venue:** Bintang 6

(Delegates registered for the 3 day Conference are entitled to one (1) GALA Dinner ticket.)

To purchase additional tickets, please contact the SAAARMM Secretariat
### Scientific Programme - Day 3

**4th May 2014 Sunday**

**TRACK ONE (Main Ballroom)**  
Chairperson: Dr S Sharma

<table>
<thead>
<tr>
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<td>08.00am onwards</td>
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</tr>
<tr>
<td>08.45am - 09.00am</td>
<td>Welcome Address by Vice President of SAAARMM, Dr K Kamalakaran</td>
</tr>
</tbody>
</table>
| 09.00am - 09.30am | Estrogen and Muscles: Breaking the Myth  
Dr Anoop Chaturvedi                             |
| 09.30am - 10.00am | Exercise Prescription for Health  
Prof Dr Joseph M Cummiskey                       |
| 10.00am - 11.00am | Cellular Therapy in Anti-Aging Program  
Nano Cell Super Transfer Factor  
Dr Mikhail Teppone  
by courtesy of MF3                            |
| 11.00am - 11.15am | TEA / COFFEE BREAK WITH EXHIBITORS                                      |
| 11.15am - 11.45am | Hormone Balance: Improving Skin Wellness  
Dr Sanjay Kapur                                  |
| 11.45am - 12.15pm | Metabolic Syndrome and Obesity - Looking at Alternatives  
Dr Lenny Da Costa                                |
| 12.15pm - 01.00pm | 'Prolotherapy - to Keep Joints Pain-Free, Flexible and Young' - Starting with the Knee  
Dr Margaret E Taylor                             |
| 01.00pm - 02.00pm | LUNCH                                                                   |
| 02.00pm - 03.30pm | Advances in PRP Cells  
Dr Leroy Rebello  
by courtesy of Custommedz                      |
| 03.30pm - 04.00pm | PRODUCT LAUNCH by SNA Wellness International Sdn Bhd                   |
| 04.00pm - 04.30pm | REFRESHMENTS AND TEA / COFFEE WITH EXHIBITORS                           |

**TRACK TWO (Mayang Sari 3 & 4)**  
Chairperson: Dr Sukhvinder Singh

<table>
<thead>
<tr>
<th>Time</th>
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</table>
| 09.00am - 10.00am | Hyaluronic Acid Peel for Facial Rejuvenation  
Dr Leela Velusamy   |
| 10.00am - 10.30am | The Sub-Optimal Thyroid - To Treat or Not To Treat. A Review of T3/T4, Thyroid Extract Combination  
Dr Satvinder S. Callay |
| 10.30am - 11.00am | The Asian Nose Augmentation  
Assoc Prof Dr Andrew Charles Gomez                                            |
| 11.30am - 12.00noon | Biofibre: the Immediate Hair Loss Solution  
Dr Saifuzzaman Yusoff                                       |
| 12.00noon - 12.20pm | Caloric Restriction Mechanism in Reversing Skin Aging  
Dr Saifuzzaman Yusoff                              |
| 12.20pm - 12.30pm | No Preservative Skin Care System  
Mr Thomas Bussman  
by courtesy of Venusys                          |
| 12.30pm - 12.45pm | FREE PAPERS (Oral)                                                       |
| 12.30pm - 12.45pm | A Study of Male Pattern Baldness Among Men Age 18 years and Above in Primary Care Clinic, Kuala Lumpur  
Dr Abdul Hafiz Bin Mohamad Gani                    |
| 12.45pm - 01.00pm | Neurotransmitters in Anti-Aging Therapy  
Dr Edward Chan                                                  |

#### ABAARM Oral Examination Part II  
(08.15am - 05.00pm)  
Venue: Bintang 6

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*Disclaimer: The Organising Committee of SAAARMM reserves the right to change the Programme as deemed necessary.*
Faculty of Distinguished Speakers

Prof Dr Robert Goldman
MD, PhD, DO, FAASP
is physician co-founder and Chairman of the Board of the American Academy of Anti-Aging Medicine and Chairman of the World Anti-Aging Academy of Medicine. He serves as Chairman of the International Medical Commission overseeing sports medicine committees in over 184 nations. Dr. Goldman is the President Emeritus of the National Academy of Sports Medicine. He founded the International Sports Hall of Fame. Dr. Goldman is the 2013 recipient of the Dwight David Eisenhower Fitness Award, bestowed for outstanding individual or cumulative achievement in fitness and contributions to the growth and development of sport fitness through outstanding leadership activity. Dr. Goldman has served as a Senior Fellow at the Lincoln Filene Center, Tufts University; as an Affiliate at the Philosophy of Education Research Center, Graduate School of Education, and Harvard University. He currently holds professorships at Universities in China, Indonesia, Korea, and Brazil.

Prof Dr Selvaraj Y Subramaniam, JMK
MD (USM), FFSEM (Ireland), FSAAARMM
MFSEM (UK), FRNS (UK), FSSEMM, FFIMS
Board Certified Physician FAARM, ABAAARM
Sports Physician
President, Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia

Dato Dr S Harnam
DSMT, DPMT, DJMK, JP, JSD, MBBS (S’pore)
FAMM, FICS, FACS, FMCAI, DLO (RCP Lond, RCS Eng)
FAAO-HNS, FRCS (Edinburgh), FRCS (England), FSAAARMM
Board Certified Physician (ABAARM)
Founder & Past President - Society for Anti-Aging, Aesthetic and Regenerative Medicine Malaysia (SAAARMM)
Consultant ENT/ Head & Neck Surgeon
Malaysia

Assoc Prof Dr Andrew Charles Gomez
Associate Professor Dr Andrew Charles Gomez is a consultant head and neck and otolaryngologist with special interest in cancer surgery and cosmetic surgery. He qualified with FRCS (Glasgow) in general surgery and FRCS (Edin) in head and neck surgery.

He worked in Edinburgh, Glasgow and Guys Hospital, London. On his return to Malaysia, he was the consultant surgeon to the Ministry of Defence, Malaysia, from 1980 to 1988. He was also an Adjunct Professor to the National University of Malaysia. He was also a visiting consultant surgeon to Malacca General Hospital under the Ministry of Health. During his stay in the Ministry of Defence, he was a visiting examiner to the Mahidol University in Bangkok and the National University of Singapore. After he left the Ministry of Defence, he furthered his training in Australia, New Zealand and Japan. He has attended various conferences in Germany, USA, the United Kingdom and China. He was in private practice in Malaysia till 2011 and had a stint as an Associate Professor at Perdana University. During this period, he got his FICS from USA, FAMM from Malaysia and FICCS from the United Kingdom.

Dr Anoop Chaturvedi
BSc, MBBS, DA, MD, DEd.
Founder President, Antiaging Medicine and Research (AMAR) India
International Scientific Advisor for EuroMediCom, The World Society of AntiAging Medicine (WOSAAM) and the International Hormone Society
Member of American Academy of Anti-Aging Medicine
International Advisor Antiaging Medicine, Amaya Antiaging Clinics USA,
Founder World Antiaging Network
Founder : INDOMEDICON
Faculty of Distinguished Speakers

Dr Aris Wibudi
Graduated from Faculty Medicine of University Indonesia (FKUI). Dr Aris started his career as an army doctor since 1980, held the position of Head of the Department of Internal Medicine at the Army Hospital (RSPAD) from 2002 to 2004, then was appointed as the personal physician to the President and Chairman of the Presidential Team of Doctors Republic of Indonesia from 2004 to present. Scientific board member of Society for the Study of Obesity (HISOBI) and The Indonesian Society of Endocrinology (PERKENI).

Besides being an endocrine expert, Dr Aris is also interested in natural and complementary medicine, especially Quantum Medicine, he is a member of the SCIO International. Since 2009 Dr Aris also observed the development of anti-aging medicine and actively learning and passing the exams ABAARM Part-1.

With his extensive clinical experience as a practicing doctor in the army hospital and private hospitals, Dr Aris is a multiple specialist medical doctor and academician who has the contemporary science and medical knowledge and vision to drive the future of integrated health care services.

Prof Dr Colin Song
MBBCh (Witwatersrand, South Africa), FRCS(Edin), FAMS(Plast Surg), MScMEL(UNE, Maine, USA)
Medical Director: Cape Plastic Surgery
Senior Consultant, Department of Plastic, Reconstructive and Aesthetic Surgery
Singapore General Hospital
Singapore

Dr Francis Nathan
He graduated in 1977 from UWA. After completing the usual degrees to practice in rural medicine, he worked in a rural practice till 1997. He noted that conventional medicine did not adequately manage many diseases of the 21st century. Consequently he completed degrees in Integrative Medicine especially the FAARM and the ABBARM. He has been the President of A5M (Australia) since 2010 and a Board examiner since 2011.

Assoc Prof Dr Habil Claus Muss
Department of Public Health St. Elisabeth University (EU)
International Research Group of Applied Preventive Medicine (I-GAP)
Clinic & Research Laboratories, Vienna

Prof. Muss is a well known and frequent speaker at international conferences. He is a researcher in clinical biochemistry and also a specialist in Nutritional medicine. After his graduation from the medicine School of Munich and Berlin in Germany he specialized in the field of preventive medicine. Prof. Muss has gathered now more than 15 years of clinical experience as head of medical clinical centres for preventive and nutritional medicine in European Countries such as Germany, Austria and Switzerland. Prof. Muss started his academic career as the chief lecturer of the first international postgraduate program in Nutritional Medicine at the Danube University in Austria. He has been involved in various research work and field studies organized by the WHO worldwide and completed his Ph.D Thesis and Habilitation as a Docent at the St. Elisabeth University Bratislava (EU). This University has appointed him accordingly as a Professor in the Department of Public Health. In 2011 he was also appointed visiting Professor to the UCSI University in Malaysia. Prof Muss is the President of the International Research Group for Preventive Medicine (I-GAP) Vienna. Austria/Germany
Faculty of Distinguished Speakers

**Dr Joseph Cummiskey**
Joseph Cummiskey, M.D., FRCPI, FACP, FCCP, FFSEM, FSA, BSc (Pharmacology), DCH, is Respiratory Physician in the Blackrock Clinic, Dublin Ireland. Past appointments and positions include: Medical Officer for the Olympic Council of Ireland (1991-2001) and Member of the International Olympic Committee, MC (2000-2014). He is a Foundation Fellow of the Faculty of Sports and Exercise Medicine, RCPI & RCSI and was Dean of the Faculty between 2011 and 2013. He is the immediate past President of the EFSMA (European Federation of Sports Medicine Association) since 2009. His research interests include sarcoidosis, asthma, sleep dysfunction, exercise physiology in Athletes, and anti-doping in sport.

**Dr Ko Chung Beng**
MD (Glasgow University, Scotland)
MRCP (UK), Diploma in Scientific Basis of Dermatology (Cardiff, UK)
Klinik Pakar Kulit Ko
Klang, Selangor

**Dr Kuljit Singh**
Medical Director
Damansara Height Wellness Clinique
Kuala Lumpur
Completed basic degree from KMC Manglore in 1997 and continued 1 year of internship in India. Returned to Malaysia and joined government service in 1999 as JHMO, in HKL. Had attachment with Reconstructive Surgery unit in HKL in 2001 while being attached to Orthopedic’s department. Transferred to Kuantan hospital as SMO in December 2001 and attached for a short period with Medical department, and later transferred to Orthopedic department in May 2002. Had started indulging in aesthetic procedures while being attached to Awana Kijal Clinic. Moved to emergency department in 2003, and stated the masters program with HUSM, Kubang Kerian. Had a short stint working in Mongolia and was attached to a private hospital in Ulan Bator. Returned to Malaysia in 2004 and decided to resign from service and the masters program. Started own practice in 2005. Interest was vested more into aesthetic procedures and research into cosmeceuticals and started KJS Pharma cosmeceuticals division in 2006 with Cosmeteq Skin Ventures Sdn. Bhd. Received diploma in AAAM for aesthetic and started DHWC in 2008. From 2006 till date had gone for multiple trainings in Korea, Thailand, Singapore, India, Vietnam, Philippines, Indonesia and Dubai to train and be trained in various aesthetic procedures. In 2013, planning to introduce the K-Lift with minimal invasive reabsorb-able sutures for multiple procedures for face and body.

**Dr Leela Velusamy**
MBBS (India), Masters Dermatology (University Herdfordshire)
FICGP, FIAMS (Hons)
Consultant Dermatologist
Poliklinik Vishu
Seremban, N. Sembilan

**Dr Lenny Da Costa**
MBBS, DGM, FCMT (USA), MCCP, MSASMS
President of Society for Regenerative Aesthetic and Anti Aging Medicine India – SRAAMI. Hon Secretary of the Indian Society for the Study of Metal Toxicology and Chelation Therapy – ISSMTCT. Executive Council Member of European Council Aging Research and Training – ECARE. Consultant Geriatrician, Preventive Cardiologist and an Anti-Aging Specialist, Goa India
Faculty of Distinguished Speakers

Dr. Mikhail Teppone
D. Derma, PhD, ACLS
Dr. Leroy Rebello is one of the founding Directors of Eternesse Anti Aging Clinic and BIOTEX. He received his Under Graduate Medical Degree from Mumbai University, in 2004 and went on to do his Diploma in Dermatology from St. Johns Hospital Australia. In 2008, he did his PhD with a special interest in Ocular Pathology and Lasers. He has also trained at Harvard in stem cells. Dr. Leroy Rebello has lectured in reputed Institutions such as AIIMS, JIPMER and other Medical Colleges around the country, and has over 10 Research papers published in Indexed Journals. He has participated in various clinical trials in the capacity of an Investigator including Stem Cell Therapy, Fresh Cell Therapy and Platelet Rich Plasma. He has two patents pending against his name. He is also on Board as a Medical Advisor for various Aesthetic companies. Dr. Rebello is a pioneer in PRP and the use of advanced cell therapy. He specialises in Facial and Body rejuvenation, hair treatments and sports injuries. Dr. Rebello is continuously Researching and Developing New Treatments and cures. His goals are to provide holistic therapy through a combination of traditional and modern medicine. He is currently researching IPS Cells. (Induced Pluripotent Stem Cells).

Dr Margaret E Taylor
MB, BS, BSc, FACNEM
(Fellow of the Australasian College of Nutritional and Environmental Medicine), Cert Sports Med in GP
Dr Taylor has been practicing musculoskeletal medicine for 23 years and complementary medicine for 33 years, after graduating in Science then Medicine from Adelaide University in 1973.

She has taught Prolotherapy workshops for medical practitioners approximately twice a year since 1998. Now totalling 30 workshops, and attended by over 250 doctors, they are accredited by the Royal Australian College of GPs. This 2.5 day workshop teaches diagnosis and treatment of most common musculoskeletal injuries and pain, emphasizing manual palpation and revision of anatomy. Prolotherapy is a simple irritant solution, usually glucose and lignocaine, which restarts the healing cascade and strengthens ligaments.

Dr Michael Elstein
Doctor Michael Elstein is a physician practicing at The Eternal Health Medical Centre in Sydney, Australia. Doctor Elstein’s areas of specialty include Anti-Ageing medicine, allergy testing, nutritional and dietary therapy, sexual health, and weight-loss. Doctor Elstein is the clinical director of the first Anti-Ageing program to be instituted in Sydney, Australia and is a Fellow of the American Academy of Anti-Ageing Medicine. Doctor Elstein is one of an elite band of physicians in Australia who are board certified with the Academy. Doctor Michael Elstein has appeared on radio and television with regard to matters of health and well-being. Dr Elstein has presented talks and seminars to doctors and the lay public both in Australia and internationally on matters of health and well-being.

Having been in clinical practice for the past eighteen years, Doctor Elstein has a wealth of experience in the alternative health field and has also completed post-graduate studies in acupuncture, herbal medicine, iridology, nutritional medicine and psychotherapy. He is currently completing a Masters in Nutrition at the Royal Melbourne Institute of Technology. Michael Elstein is a Fellow of the Australian College of Nutritional and Environmental Medicine. Anti-Ageing medicine is his current passion and he is the author of Eternal Health and You Have The Power which are available on the e-Books tab as an e-book through this website.

Dr Mikhail Teppone
Dr. Mikhail Teppone is a neurologist with over 20 years of medical experience gained primarily in Russia and Canada. He’s a leading global expert on pioneering the integration of electromagnetic-based treatment modalities with cellular therapy. He has specialized in laser medicine, advanced acupuncture, neurology, reexotherapy, moxibustion and integrative medicine.
Faculty of Distinguished Speakers

Dr Shahila Amran
Principle Assistant Director
Medical Practice Division
Ministry of Health Malaysia

Dr Sutina Nordin
En-hanze Medical Aesthetic Centre
En-hanze MediSpa
Kuala Lumpur, Malaysia
Dr Sutina Nordin received the French-certification in Mesotherapy in 2006, holds a Diploma for Aesthetic Medicine in Dermatology as well as is Board Certified in Aesthetic Medicine by the Academy of Aesthetic Medicine, USA. She is a founder member of the Malaysian Society for Aesthetic Medicine (MSAM).

Dr Rocco Cerra
Plastic Surgeon
Scientific First Level Manager
SC Department of Surgery Breast Cancer
Breast Plastic Surgery and Reconstructive Microsurgery
National Institute for the Study and Treatment of Cancer 'IRCCS - Fondazione G Pascale'
Naples, Italy

Dr Sanjay Kapur
Dr. Sanjay Kapur, Scientific Director at ZRT Laboratory in Beaverton, Oregon has strong interests in development of new anti aging testing methodologies and innovative laboratory procedures and conducts research into new applications of clinical laboratory testing at ZRT. He has extensive experience in hormone research and has served in several lead positions directing large research studies involving development of novel laboratory tests and technologies related to diabetes, cancer, obesity, heart disease and hormonal imbalance. He has published several articles in the field of drug metabolism, cytotoxicity, signal transduction and hormone testing in peer reviewed national and international journals. In addition to being the Founder Chairman of Indian anti-aging society (SRAAMI), he serves on Editorial and Scientific Boards of many scientific journals and International Associations. Dr Kapur is a sought after speaker on anti aging and hormone health and wellness at national and international medical conferences.

Dr Saifuzzaman Yusoff
MD
Universiti Sains Malaysia
Klinik Famili
Sabah
Dr Saifuzzaman started his professional career in Sabah after acquiring M.D from Universiti Sains Malaysia. After spending 23 years honing his skills in various medical and surgical, he ventured into anti-aging medicine for a good 6 years. Dr Saifuzzaman is now a certified LCP holder, with his name listed in the National Registry of Registered Medical Practitioners. Practising Aesthetic Medical.
Dr Satvinder S Callay
Dr Satvinder S Callay has degrees in anaesthesiology and intensive care management. He also is specialized in chronic pain management. Currently Dr Satvinder is following his lifelong interests in reverse aging programs cell therapy, medical aesthetics and restorative medicine protocols for almost 20 years. He is considered a pioneer in Anti-Aging both in Malaysia and the South East Asian region. His additional passion is being involved in the teaching treatment of autism spectrum disorder children - which includes autism and ADHD Asperger’s Syndrome. He has lectured in various countries as India, Indonesia, Singapore, Malaysia, China and Hong Kong. He is on the Board of Anti-Aging Faculty Members in India (SRAAAM) and in Indonesia too. Dr Satvinder currently runs reverse aging clinics in Malaysia and compounding pharmacy.

Dr Thomas Bussmann
Dipl.-Ing. (FH)Thomas Bussmann holds a chemical engineer degree from the University of Applied Sciences in Münster, Germany.

He started his career in 1993 as a Sales Manager at a cosmetic company of the L’Oréal group. After 12 years with L’Oréal he took over leading sales positions in the field of environmental technology and plastic industry, where he assumed responsibility for European and US markets.

Since April 2011 Thomas Bussmann is working at Dr. Straetmans GmbH as International Sales Manager in the field of raw materials for the Asian-Pacific cosmetic market.

Prof Vladimir Krcmery
Vladimir Krcmery, MD PhD, Dr.h.c., DSc., FRCP, FACP, is acting as a president of the St Elizabeth University in Bratislava, Slovakia and director of Slovak Tropical Institute. He received his MD in 1985 at Comenius University (Bratislava, Slovakia) and PhD in 1990 after fellowship at Prof Granninger’s and Prof Georgopoulos’s teams at Vienna Hospital (AKH Vienna, Austria); Followed by fellowship in 1991 at LMU Munich as a part of German Academic Exchange. In 1992 he started another fellowship at University of Scranton at the School of Professional studies (Pennsylvania, USA). He received his ScD in 1995, FACP in 1999 (Philadelphia, USA), and FRCPE (Edinburgh, Scotland) in 1996. He was awarded with honorary degrees by Universities in Scranton (Pennsylvania, USA), Varna (Bulgaria), Budweis (Czech Republic), and Warsaw (Poland).

Dr Zabedah Baharudin
Graduated from University of Malaya with MBBS and Masters in Public Health in National University of Singapore which conferred her as Public Health Physician. Has served in Johor as a District Senior Health Officer. Deputy Director of Health (Public health), State of Johor, Director for the Public Health Lab Johor. Currently the Deputy Director in the Medical Practice Division.

The Mayang Sari 2 Room will be available for all speakers where they can rehearse and view their presentation prior to their session.

All speakers are requested to adhere strictly to their allotted time.

Please remember to “switch off” or put your phone on “silent mode”.

Faculty of Distinguished Speakers
DELEGATE REGISTRATION FORM (Please print)

Full Name: ____________________________________________________________

Mailing address: ____________________________________________________________________________________________

Company/Organisation/Institute: ________________________________________________

Office Telephone: ______________________________ Facsimile: __________________________ Mobile: ___________________________

e-mail: _________________________________________________________________________________ Speciality: ________________________________

REGISTRATION FEE

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GALA DINNER (ADDITIONAL TICKETS)*

Gala Dinner (Sat, May 3, 2014) RM 200 per ticket

*SAAARMM Fast Track Candidates are entitled to the SAAARMM Member rates

Mode of Payment: CASH / CHEQUE / BANK DRAFT / TELEGRAPHIC TRANSFER / CREDIT CARD

Enclosed is cheque No. __________________ for RM __________________ in favour of Society for Anti-Aging Medicine (Please refer below for mailing address).

Credited Alliance Bank Malaysia Bhd. A/C No. 1402800100 46084 for the sum of CASH / CHEQUE. (Please fax proof of payment)

Sent payment via telegraphic transfer for RM __________________ to Society for Anti Aging Medicine. Account No. 1402800100 46084 Swift Code: MFPBMYKL Alliance Bank Malaysia Berhad 41 & 43 Jalan Ipoh, 51200 Kuala Lumpur, MALAYSIA.

Authorize Society for Anti-Aging Medicine to debit the following credit card for the amount of US / RM ________________ as payment for registration. 

Name of Card-Holder: ____________________________________________

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Card-Holder's Signature: __________________________ Date: ____________

SAAARMM Conference Secretariat

142, Jalan Iphoi, 3rd Floor, UMNO Selangor Building, 51200 Kuala Lumpur.

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Email: info@saaarmm.com, info@saaararm.org
Website: www.saaarmm.org

For Secretariat Use:

Registration No. __________________ Date Received: ____________

Total Amount RM ____________

Rec. No. __________________ Payment via: ____________________________

Disclaimer

*Registration will be accepted only upon payment.
*No refunds will be issued for cancellation received after April 11, 2014
*All approved refunds will be processed after the Conference

SAAARMM Member: Yes / No
A4M Member: Yes / No
ABAARM Fast Track: Yes / No
Vegetarian Diet: Yes / No

Vegetarian Diet: Yes / No