

Training Philosophy

What I hear, I forget.

What I see, I remember.

What I do, I know.

Chinese proverb

Step Up to Leadership curriculum is hands-on learning. Participants are encouraged to share their experiences so they can apply them to their own situations and learn from one another. Incorporating the experiences that participants share with the class as a whole, the instructor utilizes various techniques to facilitate resolution to real-life problems.

This program is offered free of charge to anyone who is interested in making a difference in their community and who is willing to commit to attending all 12 sessions. Each session is 3 hours long and includes a light dinner.

A \$20.00 stipend may be paid for each meeting attended to help income-eligible participants with childcare and transportation expenses.

Step Up to Leadership graduates who participate in a community organization/group will be eligible to apply for a mini-grant of up to \$500 to support their group.

Step Up to Leadership was developed by Community Action Agencies in the State of Missouri and the University of Missouri Extension with support from the State of Missouri Community Services Block Grant office and the Missouri Association for Community Action, Inc.

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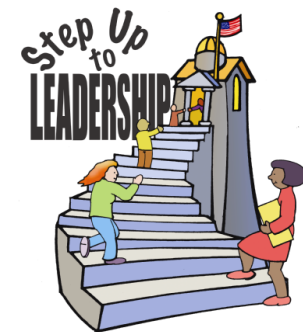
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PRESENTED IN COLLABORATION BY:

COMMUNITY ACTION
PARTNERSHIP OF GREATER ST. JOSEPH
AND MERIL

STEP UP TO LEADERSHIP

*New Class Begins on
Monday, February 6, 2012*



**To request an application or for more
information, call:
Jackie at 816.233.8281**

STEP UP TO LEADERSHIP

Are You Ready for Step Up to Leadership?

Step Up to Leadership is designed for community-minded people wanting to make a difference.

- ⇒ People who are willing to assume the responsibilities of board membership.
- ⇒ People who want to work well in groups and develop strong working partnerships.
- ⇒ People who want to be good leaders.



Step Up to Leadership Goals

Help new board members:

- Understand board responsibilities, parliamentary procedures, how to run a committee meeting, and public speaking tips.
- Understand themselves and others and how to build strong relationships.
- Learn in a safe and fun environment.

12 Session Curriculum

Session 1 Come As You Are	<ul style="list-style-type: none"> · Program orientation · The value of grass roots participation · Diversity and team building · Self-awareness and empowerment
Session 2 Planning for your Passion	<ul style="list-style-type: none"> · Identifying your passion and where to make your community contribution · Setting goals, exploring values and identifying personal strengths · Importance of a vision
Session 3 Team Up	<ul style="list-style-type: none"> · Collaborative leadership · Phases of group dynamics · Explore power and trust
Session 4 Understanding Diversity	<ul style="list-style-type: none"> · Deeper understanding of diversity · Social perpetuation of injustice · Methods to combat prejudice and Institutionalize injustice
Session 5 Embracing Diversity	<ul style="list-style-type: none"> · Building relationships for an inclusive community · Identifying and respecting uniqueness · The importance of effective communication · Identifying and respecting uniqueness
Session 6 All Aboard: The Legalities	<ul style="list-style-type: none"> · How nonprofits work · Understanding legal standards board members must follow · Roles and responsibilities for board members
Session 7 All Aboard: The Practicalities	<ul style="list-style-type: none"> · How to be an effective board member · How to review budgets and financial reports · Preparing to join a board
Session 8 Meeting Manners and Meeting Matters	<ul style="list-style-type: none"> · How to plan and conduct meetings · Basics of parliamentary procedure as explained in Robert's Rules of Order · Understanding the importance of meeting decorum
Session 9 Conflict As Opportunity	<ul style="list-style-type: none"> · Understanding conflict · Anger management · Process for resolving conflict

Session 10 Speak Up! Speak Out!	<ul style="list-style-type: none"> • Tips to speak effectively and persuasively • Types of speeches • Impromptu public speaking
Session 11 Funding the Way	<ul style="list-style-type: none"> • Grant writing • Writing a resume and a press release • Planning for graduation • Reflection: Where you started and where you are today
Session 12 Stepping Out!	<ul style="list-style-type: none"> • Celebrate your learning experience • Make a commitment to public service and leadership

"Step Up To Leadership was a positive experience. The program is full of hands on learning and training which I believe promotes each person to gain self-confidence. The various views of the fellow students gives you respect for your neighbors and how they meet challenges. I would recommend this program to anyone who wants to get ahead and gain insight."

Steve Holdenried, Alumni

**New Class begins on Monday
February 6, 2012**

**Class meets every Monday from
5:30 to 8:30 pm at MERIL
4420 S. 40th Street, St. Joseph**