# Acceptable Snacks for Classroom Parties/School Day Events

## • Fruits and Vegetables

- Any fresh fruit (apples, oranges, bananas, grapes, pears, plums, clementines, strawberries, melons, berries, etc.)
- o Raisins, Craisins and other dried fruits
- Fresh vegetables (baby carrots, celery sticks, grape tomatoes, cucumber slices, broccoli, pepper strips, etc.)

### Cheese/Dairy

- String cheese or other cheeses (1 oz.)
- Kraft Handi-snacks with cheese (with red sticks) \*\*Be careful with any other type of pre-packaged cheese and cracker sandwiches, most contain traces of nuts

#### Crackers/Snack Items

- Triscuits, Wheat Thins, Vegetable Thins (all flavors)
- Ritz crackers/dinosaurs/sticks (NOT Ritz bits or sandwiches)
- Ritz Crackerfuls (Classic cheddar, Four cheese, Garlic herb)
- o Town House, Club, Toasteds
- Cheez-Its, Cheese Nips, Better Cheddars
- Saltines, Oyster crackers
- Wheatables, Air Crisps, Munch'ems, Keebler Snack Stix
- Kashi Tasty Little Crackers (TLC)
- Breton brand crackers
- Goldfish crackers
- Annie's Bunnies
- Teddy Grahams or Teddy Graham character brand
- Vanilla wafers
- Honey Maid Graham Crackers (only Honey Maid brand, no other brand)
- Pretzels (Rold Gold ONLY)

#### Cereals

- Cheerios (NOT Honey Nut or Frosted)
- Chex (Rice, Corn, Wheat)
- Cinnamon Toast Crunch
- Corn Flakes
- o Crispix
- Frosted Mini-Wheats
- Kashi (Go Lean Crunch, Good Friends, Cinnamon Raisin Crunch, Heart to Heart)
- Kix
- Life (Not Vanilla Yogurt Crunch)
- New Nabisco 100 Calorie Packs Yogurt flavored pretzels

- Nabisco Toasted Chips Ritz snack mix
- Wheaties
- Small bagels (Lenders or Thomas brand) with cream cheese ( no nut type)
- Popcorn
- Nutrigrain cereal bars/yogurt bars
- Special K Snack Bites
- Fig Newtons (all flavors)
- Potato Soy Crisps
- Cheez-It Party Mix

### Cakes/Cupcakes

- o Hostess cupcakes, Twinkies, Ho Hos, Ding Dongs
- Publix prepackaged mini cupcakes from bakery (say nut-free on label)

#### Cookies

- Kellogg's brand Rice Krispie Treats (original)
- Oreos (regular or golden)
- Keelber Fudge Stripes, Fudge Grahams, Grasshopper Fudge Mint, E.L. Fudge Sandwich cookies (original and double stuffed)
- Nabisco Lorna Doone Shortbread
- Gripz Chips Ahoy

### Donuts/Muffins (no grocery bakery items)

- Hostess brand (powder, frosted or glazed)
- o Muffins mini or regular Hostess
- Sara Donuts

### Chips

- Bugles
- Cheetos
- Doritos
- Fritos
- Pringles
- Sun Chips
- Tostitos

### • Candy (no chocolate candy, no m & m's)

- Air Heads
- Blow pops
- Dum-Dum suckers
- Jolly Ranchers

<sup>\*</sup>Important Note - Krispy Kreme donuts are no longer nut free

- Laffy Taffy
- Mike and Ike's
- Sixlets
- Smarties
- Starburst
- Life Savers (hard and gummy)
- Nerds
- Pop Rocks
- Ring Pops
- Runts
- Skittles
- o Spree
- Twizzlers
- Tootsie Rolls
- Swedish Fish
- Rolos
- Tootsie Roll Company ANDES
- Red Bird Brand Peppermints(sold at Target)
- Haribo Gummy Bears
- o Tootsie Co. Dots
- Hot Tamales
- Gimbal's Cherry Lovers Fruit Chews

#### Other

- o Fruit Snacks (twists, gushers, roll-ups, etc.)
- Yogos/Yogos Rolls
- o Duncan Hines, Betty Crocker, & Pillsbury Creamy Supreme Icing Vanilla
- Wilton Brand Icing
- McCormick food coloring
- Kraft Jet Puffed Mallow Bits-vanilla
- Kraft Jet-Puffed Marshmallows
- Peeps brand trees or snowmen
- Publix Ice Cream Cones
- Breyers Natural Vanilla
- Breyers French Vanilla
- Breyers Chocolate
- Philly Swirl Popperz (popsicles)

## Please AVOID these snacks at classroom parties:

trailmix
cracker jacks or other flavored popcorn
graham crackers (*Honey Maid* is acceptable)
m & m products(most chocolate candy)
Chick-fil-A
pretzels (*Rold Gold* is acceptable)
cookie cakes from the mall or pretzel shops

<sup>\*</sup>Note - This is not a comprehensive list. Please contact your division principal if you'd like to request other items.