

## **Acceptable Snacks for Classroom Parties/School Day Events**

- **Fruits and Vegetables**

- Any fresh fruit (apples, oranges, bananas, grapes, pears, plums, clementines, strawberries, melons, berries, etc.)
- Raisins, Craisins and other dried fruits
- Fresh vegetables (baby carrots, celery sticks, grape tomatoes, cucumber slices, broccoli, pepper strips, etc.)

- **Cheese/Dairy**

- String cheese or other cheeses (1 oz.)
- Kraft Handi-snacks with cheese (with red sticks) \*\*Be careful with any other type of pre-packaged cheese and cracker sandwiches, most contain traces of nuts

- **Crackers/Snack Items**

- Triscuits, Wheat Thins, Vegetable Thins (all flavors)
- Ritz crackers/dinosaurs/sticks (NOT Ritz bits or sandwiches)
- Ritz Crackerfuls (Classic cheddar, Four cheese, Garlic herb)
- Town House, Club, Toasteds
- Cheez-Its, Cheese Nips, Better Cheddars
- Saltines, Oyster crackers
- Wheatables, Air Crisps, Munch'ems, Keebler Snack Stix
- Kashi Tasty Little Crackers (TLC)
- Breton brand crackers
- Goldfish crackers
- Annie's Bunnies
- Teddy Grahams or Teddy Graham character brand
- Vanilla wafers
- Honey Maid Graham Crackers (only Honey Maid brand, **no other brand**)
- Pretzels (Rold Gold ONLY)
- Pik-Nik Original Shoestring Potatoes
- Jones Original Potato Sticks
- Harvest Snaps
- Made Good Bites (free of all major allergens)

- **Cereal and Breakfast Items**

- Cheerios (NOT Honey Nut or Frosted)
- Chex (Rice, Corn, Wheat)
- Cinnamon Toast Crunch
- Corn Flakes
- Crispix
- Frosted Mini-Wheats

- Kashi (Go Lean Crunch, Good Friends, Cinnamon Raisin Crunch, Heart to Heart)
- Kix
- Life (Not Vanilla Yogurt Crunch)
- Wheaties
- Small bagels (Lenders or Thomas brand) with cream cheese ( no nut type)
- Nutrigrain cereal bars/yogurt bars
- Special K Snack Bites
- Fig Newtons (all flavors)

- **Chips, Popcorn, and More...**

- Bugles
- Cheetos
- Doritos
- Fritos
- Pringles
- Sun Chips
- Tostitos
- Potato Soy Crisps
- Cheez-It Party Mix
- Popcorn
- Pirate's Booty Popcorn
- New Nabisco 100 Calorie Packs – Yogurt flavored pretzels
- Nabisco Toasted Chips Ritz snack mix
- Rold Gold Pretzels

- **Cakes/Cupcakes**

- Hostess cupcakes, Twinkies, Ho Hos, Ding Dongs
- Publix prepackaged mini cupcakes from bakery (say nut-free on label)
- Trader Joe's Gluten Free Cupcakes, pack of 4 (nut and gluten free)

- **Cookies**

- Kellogg's brand Rice Krispie Treats (original)
- Oreos (regular or golden)
- Keebler Fudge Stripes, Fudge Grahams, Grasshopper Fudge Mint, E.L. Fudge Sandwich cookies (original and double stuffed)
- Nabisco - Lorna Doone Shortbread
- Gripz Chips Ahoy and Original Chips Ahoy
- Enjoy Life Products (free of multiple allergens)

- **Donuts/Muffins (*no grocery bakery items*)**

- Hostess brand (powder, frosted or glazed)
- Muffins - mini or regular - Hostess
- Abe's Muffins - found at Whole Foods
- Sara Donuts (please note - NOT Sarah's Donuts). The closest location to Cornerstone is 9760 Medlock Bridge Rd., Duluth.

*\*Important Note - Krispy Kreme donuts are no longer nut-free*

- **Candy (*no chocolate candy, no m & m's*)**

- Air Heads
- Blow pops
- Dum-Dum suckers
- Jolly Ranchers
- Laffy Taffy
- Mike and Ike's
- Sixlets
- Smarties
- Starburst
- Life Savers (hard and gummy)
- Nerds
- Pop Rocks
- Ring Pops
- Runtz
- Skittles
- Spree
- Twizzlers
- Tootsie Rolls
- Swedish Fish
- Rolos
- Tootsie Roll Company ANDES
- Red Bird Brand Peppermints (sold at Target)
- Haribo Gummy Bears
- Tootsie Co. Dots
- Hot Tamales
- Gimbal's Cherry Lovers Fruit Chews

- **Other**

- Fruit Snacks (twists, gushers, roll-ups, etc.)
- Yogos/Yogos Rolls
- Duncan Hines, Betty Crocker, & Pillsbury Creamy Supreme Icing - Vanilla
- Wilton Brand Icing

- McCormick food coloring
- Kraft Jet Puffed Mallow Bits-vanilla
- Kraft - Jet-Puffed Marshmallows
- Peeps brand - trees or snowmen
- Publix Ice Cream Cones
- Breyers Natural Vanilla
- Breyers French Vanilla
- Breyers Chocolate
- Philly Swirl Popperz (popsicles)
- Popsicle Rainbow Pops (Popsicle brand only)

***Please AVOID these snacks at classroom parties:***

trailmix

cracker jacks or other flavored popcorn

graham crackers (*Honey Maid* is acceptable)

m & m products(most chocolate candy)

Chick-fil-A

pretzels (*Rold Gold* is acceptable)

cookie cakes from the mall or pretzel shops

\*Note - This is not a comprehensive list. Please contact your division principal if you'd like to request other items.