

# Crossing the River with ....



## Coyote Run MedExpress

*SAVE UP to 75% on  
Medical Cost with the Help  
Of a Medical Tourist Escort*

**By George M. Samano, ObI.S.B.**

As health-care cost continue to rise north of the border and less is covered by standard medical insurance more people are looking to Mexico for medical solutions and procedures. The economic situation in the U.S. has left a large number of Americans without health insurance and unable to pay for expensive surgeries, prescriptions, or even Routine dental care. Therefore, they are opting to travel across the border to access less expensive care in Mexico.

Hospitals in Mexico have long been a safe and affordable health-care alternatives for scores of Americans who cannot afford medical care in the USA... even when they have insurance. Some Americans find their Insurance Co -Pay too costly to afford the medical procedures they need. In Mexico the cost of the procedure may be lower than the U.S. insurance Co-Pay cost. If your insurance is accepted in Mexico you may have little or no Co-Pay cost. The same is true for expensive U.S. prescription drugs. The Co-pay may be more expensive than the cost of the Mexico prescription drug. Be it dental treatments, cosmetic surgery, weight loss procedures, general surgery or any other medical procedure, Mexico is one of the most popular places in terms of catering to US medical tourists.

### The Coyote is More than Just a Ride Across The Border



Coyote Run MedExpress is a Medical Tourism Facilitator. At **Coyote Run MedExpress** we arrange and coordinate the whole Mexico medical transportation and medical service process. **Coyote Run MedExpress is a non-emergency transportation service and are not Medicare or Medicaid providers.** We function much like a travel agency, requesting and obtaining passports, booking flights and arranging lodging, transportation and tours. The key difference, of course, is that we serve as the liaison or mediator between you and the Mexico hospital, doctor, dental clinic or medical service provider.

### Language and Cultural Barriers are Not an Issue



Language barriers and cultural differences can make crossing the border a frightening experience, especially for those with chronic medical conditions. At **Coyote MedExpress**, we hope to ease the traveler's anxiety and promote medical travel to Mexico. You will be dealing with people who speak your language and have a good understanding of the obstacles you face in order to get you from point A to point B.

At **Coyote MedExpress** you will be assigned a Medical Escort, he/she will be there for you every step of the way...on both sides of the border. This person will accompany you to all your doctor appointments and medical treatments. In some cases you will be given a cell phone upon your arrival so you can contact your Medical Escort at any time.

## Fast, Easy and Safe Ground Transportation to Mexico



Call **Coyote Run MedExpress** for a medical escort to help organize your trip and provide round trip ground transportation. If you're going for dental work ... we can ensure that you finish your dental treatments with the least amount of trips as possible. We will remain at your service throughout the duration of your treatments, ensuring you always receive the caring and assistance you deserve. On the day of service, you'll meet your Escort at a predetermined, Brownsville or Harlingen pick-up location. Sit back and enjoy the short ride in our shuttle vans to Mexico.

## Weekly Coyote Run for Low Cost Prescription Drugs



We make regular runs to Nuevo Progreso and Matamoros for the medical tourist who want low cost prescription drugs. Visitors can bring up to three-months' personal supply of prescription medications back to the US. Pharmacies are abundant, offering competitive prices of prescription medications selling for a fraction of US prices.

Prices for commonly purchased medications are usually posted, but for other prescriptions, you will have to ask about the prices. There are also pharmacists who are more than happy to assist you in choosing the right medication.

## Medication Cost Savings for Seniors



Even with the newly enacted Medicare Part D prescription plan many seniors still find medication costs to be a financial burden. They may not yet be old enough to be eligible for Medicare, they may have hit the "doughnut hole" in the Medicare plan and cannot afford to pay full retail price. They may also need medications that are not covered under their Medicare drug plan (some antidepressants are excluded from coverage).

Let us help. Coyote Run will call the Mexican pharmacies and compare prices ahead of time. This means your prescription will be ready for pick-up.

## Weekly Coyote Runs for Low Cost Dental Care



In Nuevo Progreso and Matamoros you will find low cost yet high-quality dental clinics. The most reputable dentists have undergone advanced training in the US. These dental clinics have modern equipment and use the latest techniques in dentistry.

Matamoros is a popular destination for patients in need of extensive dental treatments. You will find a specialist that can handle every aspect of your dental work. Some dental care centers have multiple specialists in one facility that can handle your full mouth restoration without having to go to multiple facilities. Mexico can offer the same dental treatment quality as your hometown dentist but in a much lower price.

If you're flying in from out-of-state for their dental work, the proximity of Matamoros to [Brownsville, Texas](#) provides plenty of convenience. The [Brownsville-South Padre Island Airport](#) is just fifteen minutes away from the Matamoros. Brownsville offers plenty of hotels to cater to its yearly flow of tourist to Matamoros.

# Coyote Run MedExpress: One Stop Medical Tourism Shopping



At Coyote Run you enjoy the convenience of being able to choose and access information about a variety of destinations, hospitals, procedures and services.

Users can come to Coyote and request a price estimate for a particular procedure from several different hospitals or clinics and then choose which provider better serves their needs and budget.

We can take care of all your travel logistics such as flights, lodging and ground transportation back and forth across the border.

**Convenient transfer of medical information:** At Coyote Run MedExpress we have a mechanism in place for quickly transferring your medical information including large files such as CT's and MRI. In addition, we can help you fill out your insurance forms to cover Mexico medical expenses .

**We Can Help You Get a Passport Quickly** If you require a passport within six weeks, the State Department offers an expedited service. This service takes two weeks and requires a fee of \$60 in addition to the regular application fee. For extremely quick passport service, some independent companies specialize in obtaining passports in an emergency situation. Three companies: [Official Travel Documents](#), [Passport Express](#), and [Passportandvisas.com](#) are listed at the National Association of Passport and Visa Services. These private services can deliver passports within 3 days. Fees vary depending on the company that you use.

## Relationships with International Providers



We have already done the groundwork to make sure your chosen dental clinic, pharmacy, hospital and doctor are accredited and safe to work with. We have visited the clinics, pharmacies and hospitals and have a system in place to make your medical trip process a smooth one. In addition we can offer you expert advice on choosing an alternative, holistic healer on both sides of the border.

For example, Centro Medico Internacional (CMI) located in Matamoros, Tamaulipas is very progressive and maintains relationships with Christus Muguerza Monterrey, the United States consulate, IMSS, and Seguro Social. CMI offers healthcare membership to both Mexican and United States citizens.



Look for the Grand Opening of Coyote Run MedExpress  
The Summer 2010

For more information on Coyote Run MedExpress,

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# Comparison of Average Medical Costs U.S. Versus Mexico

Medical Services	Mexico Cost	US Cost
Emergency room consultation	\$40-\$150	\$350-\$600
Open MRI	\$99	\$700-\$3,500
CT SCAN (head/neck)	\$150	\$1,000 -\$1,800
Abdominal ultrasound	\$60	\$350-\$600
Digital mammogram	\$25-\$45	\$125
Office visit with a specialist	\$25-\$50	\$100-\$200
Office visit with family practitioner	\$10-\$25	\$75-\$150
Appendectomy (laparoscopic)	\$2000	\$11,800
ESWL lithotripsy (kidney stones)	\$1,800	\$15,000
Cesarean section	\$2,500	\$8,300
Upper GI endoscopy	\$600	\$1,400—\$2,200
Colonoscopy	\$600	\$1,400- \$2,200
Lap band surgery (all inclusive)	\$8,000	\$17,000-\$28,000
Knee Surgery (meniscus repair)	\$2,500	\$4,500 -\$6,500
Laminectomy	\$3,000	\$15,000-\$20,000
Artificial disc replacement	\$12,000	\$35,000-\$45,000
Micro endoscopic discectomy (MED)	\$3,000	\$15,000-\$20,000
Posterior lumbar interbody fusion (PLIF)	\$7,000	\$25,000-\$35,000
Executive wellness checkup	\$500	\$2,500
Heart Bypass	\$20,000	\$144,000
Angioplasty	\$16,000	\$57,000
Heart Valve Replacement	\$30,000	\$170,000
Hip Replacement	\$13,125	\$50,000
Hip Resurfacing	\$12,800	\$50,000
Knee Replacement	\$10,650	\$50,000
Spinal Fusion	\$7,000	\$100,000
Dental Implant	\$910	\$2,000- \$10,000
Breast Implants	\$8,000	\$10,000
Rhinoplasty	\$4,165	\$8,000
Face Lift	\$7,200	\$15,000
Hysterectomy	\$6,675	\$15,000