

Application for:
Kula Heart Yoga
Restorative Yoga Teacher Training Program
With Jillian Pransky
November 5, 2011



Please write legibly. If you need more space, please use the back of the page.
Call or email us with any questions you have about the program or application process.

Name:

Address:

Phone(s):

Email:

1. How long have you been practicing yoga and what styles or methods of yoga have you practiced and with whom?
2. Are you a Yoga Teacher? Please provide your Yoga Teacher status.
3. Do you have a regular yoga practice? If so, how many times a week?
4. Do you have any injuries or medical conditions?
5. Are you taking the training to teach restorative yoga or to deepen your practice? Please share your thoughts.

Please complete all the questions and submit the application and \$150.00 deposit to reserve your space.
To: "Kula Heart Yoga Center"
We will contact you after receipt.