

Application for:
Kula Heart Yoga
200 Hour Yoga Teacher Training Program
June 2010 - December 2010



Please complete the all the questions and submit the application and a \$200.00 deposit to The Kula Heart Yoga Center.

All applicants are required to take 1 yoga class with Silver Kim, Debbie Ketter or Florence Corcoran, for final approval into the program (Please let the teacher know you are interested in the TT Program).

Please write legibly. If you need more space, please use the back of the page.

Call or email us with any questions you have about the program or application process.

Name:

Address:

Phone(s):

Email:

1. How long have you been practicing yoga and what styles or methods of yoga have you practiced and with whom?

2. Do you have a regular yoga practice? If so, how many times a week?

3. Do you have any injuries or medical conditions?

4. Are you taking the training to teach yoga or to deepen your practice? If you want to teach, why would you like to teach?

5. Please complete this Phrase: "Yoga is....."

Tuition includes unlimited regular yoga classes at The Kula Heart Yoga Center while you are participating in the program and Teaching Manual (additional books are not included). Trainees will also receive 20% off all workshops hosted by Kula Heart Yoga.

Early registration (by June 7, 2009): \$1,775.00

Late registration (after June 8, 2009): \$1,975.00

Required Books for the Training:

"Hatha Yoga Illustrated" by Martin Kirk, Brooke Boon, Daniel DiTuro

"Yoga Anatomy" by Leslie Kaminoff

"Light on Yoga" by BKS Iyengar

"Yoga Sutra of Patanjali" Interpreted by Mukunda Stiles