

Summer Schedule: June 14- September 13th 2010

First Class FREE

Day /Time	Teacher	Level/Style
MONDAY (c)9:30-11:00AM 9:30-11:00AM **11:30-12:30PM 4:30-6:00PM 7:00-8:15PM	Jennifer Hahalis Silver Kim Susan Amato/YTT Florence Corcoran Lori Hallman	Level 1-2/Anusara Inspired Therapeutic Yoga "HourYoga"/Teen Yoga (13-18)(new \$5) Mixed Level/YogAnatomy (new time & day)** Mixed Level/Ashtanga Inspired (new time)**
TUESDAY **7:00-8:00AM 10:00-11:15AM 5:30-6:45PM	Lori Hallman/YTT Isabelle Godin Silver	"HourYoga"/Level 2 Flow (new \$5) Level 2-3/Vinyasa Flow (new time)** Level 1/Restorative
WEDNESDAY (c)9:30-11:00AM **11:30-12:30PM 5:30-7:00PM **7:30-8:30PM	Silver/Jen H. Jeanne Smith/YTT Silver/Jen H. Lisa Gannon/YTT	Level 2/Anusara Inspired "HourYoga"/Kids Yoga (6-12)(new \$5) Level 2-3/Anusara Inspired "HourYoga"/Foundation (new \$5)
THURSDAY **7:00-8:00AM 12:30-2:00PM **4:30-5:30PM (tt)6:00-9:00PM	Scott Slingerland/YTT Silver Heather Pagano/YTT Teacher Training	"HourYoga"/Level 2 Flow (new \$5) Therapeutic Yoga "HourYoga"/Level 1 (new \$5) In-Depth Study
FRIDAY (c)9:30-11:00AM 4:30- 5:45PM (tt)6:00-9:00PM	Silver Beverly Fatebene Teacher Training	Level 2-3/Anusara Inspired TGIF-YOGA In-Depth Study
SATURDAY 8:00-9:15AM (tt)9:30-5:00PM TBA	Staff Rotation Teacher Training Special	Mixed Level//Rise and Shine In-Depth Study Workshop/Series*
SUNDAY SPECIAL 9:00-10:30AM 11:00- 12:30	FREE Joe Premecz Ravi Hari	Kula Circle/ Community Events Level 2-3/Core Vinyasa Chakra Yoga/ Kundalini Yoga (new time)**

**CLASSES SUBJECT TO CHANGE, log onto website*

Yoga Class Pricing

"HourYoga"	\$5.00 (cash only)
Drop-In	\$15.00
5 Class Card	\$60.00
10 Class Card	\$110.00
Monthly-Unlimited	\$100.00
Annual Unlimited	\$1000.00
Private & Semi-Private	\$70.00

(c) ChildWatch \$5.00 1st. child, \$2.50/sibling
(pre-registration required)

(s)Series- Pre-Registration required

(tt)In-Depth Study/Teacher Training