

How to create with colour

Colour is the most important single ingredient in preparing a scheme for your house and costs very little. Colours in your home will give out messages about your personality and who you are. They also have a huge impact on your well-being.

Skilful use of colour improves the proportions of rooms, pale colours reflect light and therefore creates the illusion of a larger space. Dark colours have the opposite effect. Using a light colour on the ceiling, usually white, makes the ceiling appear higher and in hallways appear wider.

I suggest paint large test strips in the space before choosing colour and leave for a few days, take note on how the colour can change due to what surrounds it and also the light factor.

Cool colours work well in warm rooms that receive lots of sun, colours like blue, turquoise, violets and blue greens.

Warm colours are pinks, reds, oranges peaches, apricots and yellow: these create a welcoming mood and are good to use in rooms that are quite cold. These colours are physically stimulating and have an energising effect on us. They create an intimate feel and make the room warm & cosy.

Dark saturated and warm colours enclose a space and make it more intimate, cool colours have the opposite effect.

To create a feeling of harmony in the home you should be able to move between the main living areas with out loud colour changes or styles. Adjoining rooms look best when seen to be in harmony with the rest of the house. Adding similar pieces and different shades and tints of one or two colours work best.

If you are looking for an appropriate colour for the exterior of your home, the best possible colours are those found in the textures and colouring of the materials being used. Look around your environment and notice the different colours that are found in nature, things that you may have taken for granted. When we start to do this, we become more attuned to the world around us as well as to ourselves and to how certain colours affect us.

The process of choosing Colour when Interior Decorating

- Define the mood and goal of your project
- Choose the colour you feel best expresses this mood
- Play with the different possibilities using colour swatches to match fabrics and furnishings.
- Refine these colour options down to the best possible colour scheme.

Most of al have fun and enjoy!

