

## Heit's Point Lutheran Camp

Listed below are items that you may want to consider when packing for camp. Realize that being in God's beautiful creation means possibly getting dirty, wet, or encounter various kinds of living creatures. We want to make the experience as comfortable as possible for you when you come to camp. The list below are suggestions we have but is not limited. You may want to include a few extra things that we may not be aware of for your own personal needs.

### What to bring:

Bible  
Jeans/Outdoor Long Pants  
Shorts or Pajama's  
T-shirts  
Towels  
Underwear  
Jacket/Sweatshirt  
Toiletries  
Athletic Shoes  
Swimwear  
Flashlight  
Sleeping Bag  
Pillow  
Sunglasses  
Sunscreen  
Socks  
Hat  
Old Shoes and Clothes that can get dirty  
Money for Canteen (to be given to camp staff upon check-in)

### What not to bring:

Food or drinks.  
Fireworks  
CD's or Tapes  
Electronic Devices  
  
Extra Jewelry  
Pocket Knives  
Squirt Guns  
Pets  
Cell Phones

**Medications:** At the beginning of the weekend medication will be turned in to Heit's Point staff. We will be sure to give out medication as prescribed. We do not want any medications (including vitamins) in the cabin because there are too many variables on how they can be lost or someone else get a hold of them. If there are particular medications that need to be with the participant on a regular basis (like an inhaler) we can work that out.

**Extra:** Each of the leaders or counselors will reserve the right to make decisions on the appropriateness of dress and attitude. Any print wear with inappropriate language, references o sex, drugs, or alcohol, or other problems deemed inappropriate will remain in suitcases to be taken home after camp. Any child causing a disturbance may be sent home at the discretion of the child's leaders.