

## Appointment Reminder Request

Client: \_\_\_\_\_

Therapist: \_\_\_\_\_

I would like to receive appointment reminders as follows:

\_\_\_ Text me @ ( \_\_\_ ) \_\_\_ - \_\_\_\_\_  
(please write legibly)

**\*\* Appointment reminders count as a text message charged to your phone plan\*\***

OR

\_\_\_ Email me @ \_\_\_\_\_  
(please write legibly)

**Please note:**

**It is your responsibility to keep us updated with your current phone and email information. We are not responsible for failed text and/or email messages-you remain responsible for keeping track of your appointments.**

\_\_\_\_\_  
Signature of Client or Parent/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Client or Parent/Guardian

\_\_\_\_\_  
Relationship to Client