

golden earth chakra wellness therapy™



golden earth chakra oils are harmonized to match the wellness attributes of each chakra.

Chakra oils are made with 100% pure organic and wild crafted essential oils. They are made with specific essential oils that resonate with each chakra. Each essential oil has its own unique vibration to promote wellness in the body. The essential oils work energetically and physically to help restore natural balance to the body. They smell wonderful! They are healthy, green and good for you!

How to choose a chakra oil:

Ask yourself “which chakra oil will bring me wellness today”? You will be attracted to the color, scent or the specific chakra oil and the healing qualities they offer. Or you can ask yourself intuitively the same question and rub your hands together, then lightly wave your right hand over the chakra oils. Allow your hand to intuitively pick the right oil for this step in your healing process.

How to apply a chakra oil:

Apply often throughout the day to receive the benefits from the essential oils that nourish your well being and create positive energy in your life.








Massage:

Select the chakra oil that matches the wellness of the recipient (see above). Add a few drops to golden earth unscented massage lotion and massage throughout the body.

Contraindications: Avoid during pregnancy. Do not use rosemary essential oil if you have epilepsy.

No parabens, sulfates, artificial colors or fragrances, no animal testing.



chakra oil	vibrate at a state of wellness	to help heal a state of imbalance	key ingredients	
7 	higher knowledge, wisdom, certainty, control of your life	headaches, insomnia, anxiety, depression, chronic tiredness	organic jojoba oil, sandalwood and jasmine essential oil blend, amethyst crystal infusion, passion fruit oil	 crown
6 	insight, intuition, clarity, awareness, visualization	allergies, sinus, pessimism, stress, self pity, sleeplessness	organic jojoba oil, lavender and rosemary essential oil blend, kyanite crystal infusion, passion fruit oil	 3rd eye
5 	communication, expression, speaking and hearing truth	critical of self and others, unable to express yourself, dishonesty	organic jojoba oil, chamomile and cypress essential oil blend, turquoise crystal infusion, passion fruit oil	 throat
4 	inner nurture, compassion, universal and self love	over protective, sadness, emotional abuse, greed, fear of love	organic jojoba oil, rose and neroli essential oil blend, rose quartz crystal infusion, passion fruit oil	 heart
3 	self esteem, self trust, confidence, freedom, forgiveness	anxiety, lack of trust, emotional instability, controlling, materialism	organic jojoba oil, neroli essential oil blend, citrine crystal infusion, passion fruit oil	 solar plexus
2 	miracle energy, creativity, grace, sensuality, procreation	sexuality, jealousy, desire, pride, anger, lust, addictions	organic jojoba oil, jasmine essential oil blend, carnelian crystal infusion, passion fruit oil	 sacral chakra
1 	life force, positive outlook on life, abundance, stability	financial instability, fearful, ungrounded, obsessive compulsive	organic jojoba oil, patchouli and myrrh essential oil blend, hematite crystal infusion, passion fruit oil	 base chakra