

## Meridian Stress Assessment Testing

Meridian Stress Assessment (MSA) is a well-known technology used in various healthcare practices to measure electrical characteristics at meridian points throughout the body. Using advanced hardware and sophisticated software, a person's energy measurements can be recorded and assessed by a trained practitioner. Different organs are associated with differ ent energy meridians, and health problems in various organs are believed to manifest them selves as energetic disturbances in the associated meridians.

Once a "baseline" test has been completed on selected meridians (which measures a begin ning or normal state of the subject), a practitioner can then introduce a product or stimulus (in this case, a Q-Link/SRT product) and repeat the test to see how these energetic readings/disturbances change or are brought back towards the balanced/ideal range.

In each of these selected meridian test areas, subjects are measured on a data output scale of 0-100. The ideal target zone typically falls within the 45-55 score range. Practitioners say that measurements above 55 can be seen as stressful as it indicates excess energy, or an inflamed condition in that part of the human biofield (energy system). Any measurement below 45 is also stressful because lower numbers represent impaired, weakened or blocked energy systems. The closer the measurements are to 50, the closer one is to actually being balanced and in their ideal performance zone.





