

DANCE
MEASUREMENTS IN *CENTIMETRES*

NAME _____

AGE _____ **SEX** _____

DRESS SIZE (APPROX) _____

HEIGHT _____

BUST/CHEST _____

WAIST _____

HIPS (hipbone) _____

BOTTOM _____

GIRTH _____

(body length - circled around - place tape measure at shoulder, circle under crotch and back up to shoulder)

PANTS INNER SEAM _____

(crotch to floor)