



## Little Starz

This fun program includes ballet and jazz for the beginner students ages 2---5, and taught in a nurturing environment making dance a fun experience. It provides the young dancer with a strong foundation in dance and movement. The class introduces students to the basic elements of dance including locomotor movements (hopping, skipping, jumping), beat and Bme, musical rhythm, simplified ballet steps, limbering exercises, coordination skills, left and right discrimination and patterns of movement. Integrated with these physical concepts are the intellectual concepts of self---awareness, creative expression, teamwork, and self---confidence. Students will also learn the basics of classroom behavior and manners.