



## **Our Savior Christian Academy**

### ***Curriculum Framework for: Home Economics***

*Our Savior Christian Academy's "Curriculum Framework for Home Economics" is designed as a tool that will follow the same format for all grades K-7. Each grade level will have a separate section based on classroom structure, and it will be up to each individual teacher to design a lesson plan that fits their classroom needs based on these standards and suggestions. Our Savior Christian Academy's "Curriculum Framework for Home Economics" is offered to the glory of God that it may be a blessing among Lutheran school educators and their students.*

#### **✠ PHILOSOPHY ✠**

*Home Economics is concerned with the management of God's resources (material and human) to meet the physical, emotional, intellectual, social and economic needs of individuals and families. The study of home economics emphasizes the interdependent relationships that exist between God's people and their immediate and distant environments.*

# Home Economics-Level 1 & 2

**Objective 1- Personal Development-**Students are made aware of the connection between feeling good about themselves and looking good. Positive self esteem, being tolerant of others, being made aware of differences of people and how we can all get along.

- Write a positive paragraph describing themselves
- List methods used to feel better about themselves
- Describe ways to deal with people from various backgrounds, cultures, etc.

**Objective 2- Foods, Nutrition and Safety-**Introduction of tools and how to use them, Introduction of safety when working in a kitchen environment, manners, basic serving, definitions of cooking terms, abbreviations, how to measure, implementation of all new knowledge to make simple recipes.

- Read and follow written directions to make a simple snack.
- Set the table in an appropriate manner
- Follow safety advice working in groups in the kitchens
- Cooperate with others to perform the necessary tasks to make a simple breakfast.
- Cooperate with others to perform the necessary tasks to make a simple lunch
- Cooperate with others to perform the necessary tasks to make a simple dinner
- Cooperate with others to perform the necessary tasks to make a simple dessert
- Perform simple laundry tasks

**Objective 3-Fabric Construction-**Students will learn applicable tools and safety rules for using the tools. Students will learn techniques for various hand sewing methods. Students will construct a simple project using new techniques.

- Identify appropriate tools for sewing
- Demonstrate proper usage of tools for sewing
- Explain and demonstrate several sewing stitches
- Demonstrate how to pin on patterns, stitch backstitch, clipping curves, blind stitch, running stitch and the button stitch

# Home Economics-Level 3 & 4

**Objective 1- Child Development/Safety while Babysitting-** introduce students to safety issues when caring for children, to introduce students to the 4 areas of development and how they affect the development of children, to introduce students to activities that work well with children of this age group.

- Identify the qualities of a good babysitter
- List essential emergency situations and solutions
- Correctly call 911 and give proper information
- Explain basic first aid
- List and explain the 4 areas of development
- Identify age appropriate activities

**Objective 2- Foods, Nutrition and Safety-** Review of tools and how to use them, Review of safety when working in a kitchen environment, manners, basic serving, definitions of cooking terms, abbreviations, how to measure, implementation of all new knowledge to make simple recipes.

- Read and follow written directions to make a simple snack.
- Set the table in an appropriate manner
- Follow safety advice working in groups in the kitchens
- Cooperate with others to perform the necessary tasks to make a simple breakfast.
- Cooperate with others to perform the necessary tasks to make a simple lunch
- Cooperate with others to perform the necessary tasks to make a simple dinner
- Cooperate with others to perform the necessary tasks to make a simple dessert
- Perform simple laundry tasks

**Objective 3-Fabric Construction-** Students will learn applicable tools and safety rules for using the tools. Students will learn techniques for various hand sewing methods. Students will construct a simple project using new techniques.

- Identify appropriate tools for sewing
- Demonstrate proper usage of tools for sewing
- Explain and demonstrate several sewing stitches
- Demonstrate how to pin on patterns, stitch backstitch, clipping curves, blind stitch, running stitch and the button stitch
- Identify various parts of the sewing machine
- Use the sewing machine to construct a moderately advanced sewing project

# Home Economics-Level 4 & 5

**Objective 1- Surviving on their own** Introduces students to possible Career choices, section of the newspaper, Purchasing supplies for a home, Purchasing Food and personal needs.

- Identify personal talents and skills.
- Identify various careers and pick one based on their own personal talents and skills.
- Create a food shopping list of needs and wants and research the cost for all of the items.
- Balance a checkbook

**Objective 2- Foods, Nutrition and Safety-** Review of tools and how to use them, Review of safety when working in a kitchen environment, manners, basic serving, definitions of cooking terms, abbreviations, how to measure, implementation of all new knowledge to make simple recipes.

- Read and follow written directions to make a simple snack.
- Set the table in an appropriate manner
- Follow safety advice working in groups in the kitchens
- Cooperate with others to perform the necessary tasks to make a simple breakfast.
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- Identify various parts of the sewing machine
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## **Integrating Faith**

*All of creation and history exist for the glory of God. The value of our existence is derived from our knowing God and pleasing Him with our lives. All of creation is but a showplace where God can display His incredible magnificence to other living beings. We demonstrate our love for Him and our faith in Him through our obedience. Home Economics is concerned with the management of God's resources (material and human) to meet the physical, emotional, intellectual, social and economic needs of individuals and families. The study of home economics emphasizes the interdependent relationships that exist between God's people and their immediate and distant environments.*