## Section 9- Athletic Program Policies

9.008 - Qualifications for a Varsity Letter

To qualify for a Varsity Letter, students must meet the requirements listed below for the area they wish to qualify in. They must also demonstrate Christ-like behavior in and out of school and end the season in good standing. Good standing is defined as regular attendance at practices, games/events and by returning equipment in good order.

## Academic Bowl: 1. 3.5 cumulative GPA

## Academic Letter:

1. A student must be enrolled as a full-time student at Our Savior Christian Academy
2. Students qualify for an academic letter second semester of their junior year.
3. A student must earn a minimum of a 3.5 grade point for two consecutive semesters.
4. After receiving an Academic Letter, students who earn a 3.5 grade point or above for any semester thereafter will receive a gold bar to signify continued academic excellence.
5. All credit awarding classes count for grade point credit.

## Academy Service

1. A student can be nominated for Academy Service due to their consistent (more than a semester) volunteering, mentoring, general support of the school with fund-raising events, helping during the school day and by being highly regarded by a or multiple staff members.

Archery:
The Archer must have completed at least 3 of the 4 credentials.

1. Completed 20 hours of mentoring instruction or classroom leadership.
2. Scored at least an averaged 250 in competition.
3. Completed 3 or more competitions with an averaged score of 250.
4. Qualified for State competition.

Band:

1. Must have an A in band the previous semester and II or better in a solo or ensemble at Districts or other competition or gathering.

Baseball:

1. Individuals must participate in one/half of the total innings played and make a significant contribution to the team

## Basketball Boys:

1. Individuals must participate in one/half of the total quarters played, while the player is an active member of team.

Basketball Girls:

1. Individuals must participate in one/half of the total quarters played, while the player is an
active member of team.

Choir:

1. Must have an A in band the previous semester and II or better in a solo or ensemble at Districts or other competition or gathering.

## Cross Country:

1. Score 15 points on point system.
2. Run in at least $70 \%$ of the meets. 3. Run in districts or state.

## Drama:

1. Earn the minimum of 5 points based on the Official High School Thespian Point System.

Football:

1. Individual must play a minimum of twenty quarters out of a possible forty quarters.
2. Individual must play a minimum of ten quarters and up to nineteen quarters for a provisional letter.

Forensics:

1. Participate in a tournament and qualify for semi-final

Golf:

1. Individuals must participate in at least half the meets.
2. A provisional letter will be issued if the player participates in at least two meets.

Gymnastics:

1. Individuals must participate on a gymnastics team and compete within competitions.

Internship:

1. Individuals must be recommended by their supervisor (during mid or end of quarters)
2. Individuals would have volunteered their time outside of their normal internship hours to work at their internship business
3. Individuals score $90 \%$ within their mid quarter and end of quarter reviews.

## National Honor Society:

1. Individuals must hold a substantial position within the NHS for the minimum of two quarters and meet all the necessary requirements for membership.

Rifle Team:

1. Shooter must consistently attain a score of $75 / 90$ in the prone position.

Softball:

1. Individuals must participate in one/half of the total innings played and make a significant contribution to the team.

Soccer: Individuals must participate in one/half of the total games played, while the player is an active member of team.

Swimming:

1. Score twice the amount of points as meets you participate in.

Tennis:

1. Participant must compete in one/half of the matches or place in the conference or district contests.
2. Provisional letters may be awarded to participants who competed in three meets.

Track Boys:

1. Individuals must earn ten (10) points or more for the season or place in the conference or the district meet providing there is one more contestant than places awarded.
2. Individuals must follow the rules of the track program.
3. Individuals must train during the season for self-improvement.
4. A provisional letter is awarded when the participant works during the season for performance improvement, follows all rules of the track program with Workout each day and completes the season in good standing.

## Track Girls:

1. Individuals must earn ten (10) points or more for the season or place in the conference or the district meet providing there is one more contestant than places awarded.
2. Individuals must follow the rules of the track program.
3. Individuals must train during the season for self-improvement.
4. A provisional letter is awarded when a participant works during the season for performance improvement, follows all rules of the track program with work-out each day and completes the season in good standing.

Volleyball:

1. Individuals must participate in one/half of the total games played by the team, while the player is an active member of team.

Participants not reaching the required participation may letter when the player has shown exceptional dedication for more than one season, thereby contributing to the team performance. Individuals must complete the season in good standing with the school and the coach, with the exception of disabling injury.

First adopted: March 28, 2017
Last Revised: March 18, 2021
Last Reviewed: July 20, 2023
Review Schedule: Every 2 Years

