

AMA Requirements for different Levels of Care

Issue	Outpatient	Intensive Outpatient	Partial Hospitalization	Residential	Inpatient
Medical	Medical monitoring is not required			Stable, may require medical monitoring initially	Severe medical issues requiring attention
Suicidality	Not typically suicidal; has coping skills to cope with pain			May struggle with thoughts of suicide	Intent, plan, or post-attempt
Weight	>85%	>80%	>80%	<85%	<85%, refusal to eat/drink fluids
Motivation to recover	Fair to good	Fair	Partial motivation; cooperative; patient preoccupied with intrusive, repetitive thoughts >3 hours/day	Poor-to-fair motivation; patient preoccupied with intrusive repetitive thoughts 4–6 hours a day; patient cooperative with highly structured treatment	Very poor to poor motivation; patient preoccupied with intrusive repetitive thoughts; patient uncooperative with treatment or cooperative only in highly structured environment
Meal plan	Self-sufficient	Self-sufficient	Needs structure to gain weight	Needs supervision at all meals or may act out	Requires supervision; can't control acting out
Compulsive Bxs	Focus on managing triggers	Gaining insight, connecting bxs	Some, but better controlled	Struggling	Difficulty controlling
Environmental stress	Others able to provide adequate emotional and practical support and structure		Others able to provide at least limited support and structure	Severe family conflict or problems or absence of family so patient is unable to receive structured treatment in home; patient lives alone without adequate support system	