
Thinking about repentance:

Read Matthew 3:1–12, Mark 1:1–8, Luke 3:1–20, or John 1:19–28.

☞ Who was John the Baptist? Why did he tell people they should repent? How did people show their repentance?

☞ Look up “repent” in a dictionary and in a Bible dictionary. Write a brief definition here:

☞ John baptized for repentance, calling people to turn around. If our goal is to turn to God, what are some things in your life that you need to turn away from? (You may choose to keep some of this confidential. Other things you may want to share. The important thing is that you know what you need to change and that you tell God.)

☞ Is it hard for you to say “I’m sorry”? What makes it difficult at times? Why is it important?

☞ Is there someone that you need to tell “I’m sorry”? Take a moment to write a note to that person, or do this later if time does not allow. Now or later, be sure to do this.

Praying together:

Pray together a prayer of confession, telling God you are sorry for the times you have hurt God and hurt others. Ask for God’s strength for you both to keep turning toward God and acting in loving ways.