

**1 Corinthians 11:23–32.** Read and discuss these questions together.

1 From whom did Paul receive instructions about the Lord's supper?

Who is to be remembered when we take communion?

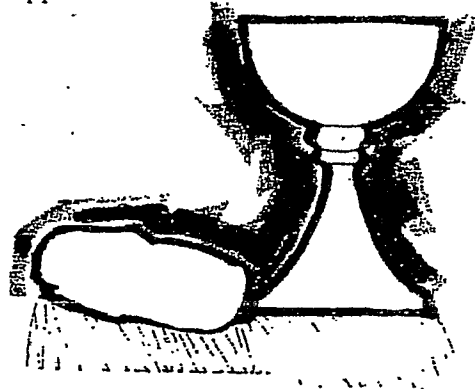
What should be remembered about Jesus?

What is "proclaimed" when we take communion?

What should a person do before eating the bread and drinking the cup? (v. 28)

To discern is to be aware of, or to think about. What are we to be aware of or think about when we take or "participate in" communion?

To "profane" is to show contempt, or to be irreverent toward God. How could one take communion in an unworthy manner?



**Acts 20:7.** Read and discuss these questions together.

1 When did the early Christians come together?

Why did they come together?

2 Why do you think celebrating the Lord's supper would have been important to them?

## *Words of Institution*

When we observe communion at church each Sunday, often we hear words of scripture read as the bread is broken or the cup is raised. They are called the "words of institution," because Jesus used them to institute, or begin the observance of, the Lord's supper. Listen for them each Sunday. They help us remember Jesus. Different sets of words are used from different parts of the New Testament, but here is one set of them.

"This is my body that is for you. Do this in remembrance of me."  
(1 Corinthians 11:24)

"For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes."  
(1 Corinthians 11:26)