

# BRAIN MASSAGE OILS

## **Aggression**

Trauma life  
Peace and calming  
Trauma life  
White angelica

## **Autism**

Frankincense  
Brain power  
Trauma life  
Vetiver

## **ADD**

Brain power  
Frankincense  
peppermint

## **Alzheimers**

Brain power  
Trauma life  
**Frankincense**  
**Vetiver**  
**Palo santo**

## **Anxiety, Panic**

Gathering  
Trauma Life  
Peppermint  
Palo Santo

## **Bipolar**

Rose  
Palo santo

Brain power  
Trauma life  
Frankincense  
Vetiver

## **Coma**

Awaken  
Sara

Trauma life  
Frankincense  
Palo santo  
Peppermint

## **Delayed Development**

Cedarwood  
Motivation  
Frankincense  
Peppermint

## **Dyslexia**

Brain power  
Frankincense  
Lavender  
Peppermint

## **Depression**

Frankincense  
Sacred mountain  
Endo flex

## **Head Injury**

TRAUMA LIFE  
Frankincense

Palo santo

## **Learning Disability**

Valor  
Trauma life  
Frankincense  
Vetiver

## **Brain Injury**

Endoflex  
Jasmine  
Frankincense  
peppermint

## **Memory loss**

Palo santo  
Peppermint

Trauma life  
Frankincense

## **OCD**

Peace and calming  
Trauma life  
Vitex  
Palo santo

## **Paralysis**

Palo santo  
Valerian  
Frankincense  
Juniper  
Trauma life

## **PTSD**

Cedarwood  
Trauma Life  
Ruta VaLa  
Palo Santo

## **Seizures**

Brain power  
Frankincense  
Jasmine  
Palo santo

## **Tourettes**

Trauma life  
Palo Santo  
Sandalwood

## **Fetal Alcohol Syndrome**

Awaken  
Brain power  
Trauma life

The oil combinations are applied 3-6 x a day. Use only Young Living Therapeutic Oils with no impurities in them. Combine 1 drop of each oil in palm of hand. Use index finger of opposite hand to mix in clockwise direction. Choose one or more of the following application methods:

1. Apply with index finger to temples, under ears and on base of neck
2. Apply using same technique of mixing, to the big toe on one or both feet
3. Put the oils on the tips of the fingers of both hands and apply to the scalp. Run several times under the hair on the scalp.
4. Breathe the oils several times through the nose. Close the left nostril and breathe through the right. Then close the right nostril and breathe through the left. Then breathe through both nostrils. Take deep breaths each time.

For quicker results and deeper action apply 2-3x a day up the spine and base of neck as well.

For more information contact Dr. Corinne Allen at 866-81-BRAIN or  
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