

22nd Annual Conference Schedule and Objectives

Thursday, April 15th

7:30 – 8:00am	Registration, Visit with Vendors, Breakfast
8:00 – 9:30am	<p>Documentation: Connecting Points for Quality Care and Communication in 2021 <i>Rebecca Cypher, MSN, PNNP</i></p> <p>Name four elements of a liability claim. Identify the impact of documentation on malpractice allegations. Discuss the CLEAR approach to documentation.</p>
9:30 -10:00am	Break, Visit with Sponsors
10:00-11:30am	<p>Corrective Measures: Taking a Proactive Approach to Category II FHR Tracings <i>Rebecca Cypher, MSN, PNNP</i></p> <p>Review FHR principles using a standardized approach. Discuss prevalence of intrapartum Category II FHR tracings. Recognize optimal management strategies for Category II FHR tracings.</p>
11:30-12:30pm	Lunch, Visit with Sponsors
12:30 –1:30pm	<p>Lessons Learned from the COVID-19 Pandemic <i>Rebecca Hesse, MPH, RN, CIC</i> <i>Becky Gams, MS, APRN, BC-WHNP</i> <i>Lisa Johnson, MHA, BSN, RN</i></p> <p>Discuss lessons learned from the COVID-19 pandemic (readiness, staffing, treatment algorithms, etc.). Identify potential impact to the patient, regardless of COVID status. Strategize ways to prepare health systems, caregivers, and patients for future pandemics.</p>
1:30-2:30 pm	<p>Survivors Panel <i>Nancy Costanzo presents TBD</i> <i>Sarah Rucker-Johanson, MSN, RN presents Chronic Hypertension with Superimposed Severe Preeclampsia</i> <i>Lindsey Thurber, RNC-OB presents Preterm, Septic, Strep-A, Abrupton: Zander’s Birth Story</i></p> <p>Provide a unique perspective into a patient’s journey through a complicated and high-risk pregnancy and delivery.</p>
2:30-2:45 pm	Break: Chocolate Moment, Visit with Sponsors
2:45 – 4:00 PM	<p>Doulas in the Birth Room – Collaboration for Better Outcomes <i>Liz Hochman FACCE, LCCE, CLC, CD(DONA); Nicole Stecker MN, RN, IBCLC, LCCE, BD</i></p> <p>Discuss qualifications, scope, and demographics of the doula. Review the role of the doula and how to effectively use doulas to promote optimal health outcomes. Identify tools of how to gain a partnership with the doula to utilize the doula’s relationship with the patient.</p>

Friday, April 16th

Poster Presentations available during registration, breaks and lunch.

Poster presentations are original and pertain to completed clinical education, leadership change or evidence-based practice projects related to women's health, obstetric and/or neonatal practice, education or administration. Each poster has specific, individualized, objectives and presenters will be available for questions and discussion.

7:30 – 8:00am Registration, Poster Presentations, Breakfast

By the Community, For the Community: Community-Based Initiatives to Improve Poor Birth Outcomes and Reduce Infant Mortality in the Black/African American Population in Minnesota

*Michelle Chiezah, MA, MPH; Helen Jackson Lockett-El; LaSherion McDonald, BA
Tamiko Ralston, BSN, MA; Akhmiri Sekhr-Ra, BA, CPE Trainer*

8:00 – 9:30am Define infant mortality and describe variations in trends, causes, and contributing factors across populations in Minnesota and the U.S. Discuss reducing infant mortality in the context of health equity, and identify opportunities for interventions to reduce disparity in rates between populations or groups in Minnesota. Describe authentic community engagement and the importance of changing the narrative in addressing infant mortality in the Black/African American community. Discuss practices in understanding the importance of partnering and listening to the families we serve to address infant mortality.

9:30 -10:00am Break, Poster Presentations

Cardiopregnancy

Retu Saxena, MD

10:00-11:00am Review the importance of cardiopregnancy. Discuss the statistics and current guidelines around cardiopregnancy. Evaluate heart disease in pregnancy. Recognize novel risk factors for heart disease in women, especially adverse pregnancy outcomes. Outline follow up recommendations.

11:00- 12:00am Lunch, Poster Presentations

Trauma Informed Care

Jayne Conley Braun, LISCW

12:00 -1:00PM Increase understanding of social, emotional, behavioral, physical, and psychological impact of trauma. Increase knowledge and understanding of Trauma Informed Care. Identify at least three trauma informed strategies to use in daily interactions.

Supporting Mom and Baby – The Eat, Sleep, Console Evaluation for NAS

Ancil "AJ" Abney, MD

Samantha A Sommerness, DNP, APRN, CNM

1:00 – 2:00PM Discuss neonatal abstinence syndrome (NAS) history. Introduce the Eat, Sleep, Console algorithm. Reinforce the efficacy of the mom-baby dyad in the treatment of NAS. Review non-pharmacological treatment of NAS.

Fetal Malposition in Labor. How to prevent, identify, and promote rotation.

Ann Marie Gilligan, RN, SANE-A, LNC, Evidence Based Birth® Instructor, Prenatal Yoga Instructor, SpBAP

2:00-3:00 PM Discuss how to prevent malposition of the infant in the third trimester. Identify via viewing of the pregnant abdomen Leopold's maneuver. Review anatomy/physiology of maternal/fetal structures associated with birth. Discuss Gilligan's Guide to Maternal Positioning: An Algorithm to Guide You in Labor.
