

## 25<sup>th</sup> Annual Conference Schedule and Objectives

### Wednesday, April 17<sup>th</sup>

**View the documentary *Aftershock* with Keynote Speaker Shawnee Renee Benton Gibson, LMSW / FDLC!** Shawnee will be onsite to interact with attendees and answer questions after the viewing.

5:30-7:30PM Describe the lived experiences of people directly impacted by the disparities in the maternal health crisis. Identify three changes that can be made in the medical system to address racial and gender bias for Black and Brown birthing people.

*Location:* Hilton Garden Inn, 420 Inwood Ave N, Oakdale MN 55128

No cost to attend, light refreshments available. Attendees must register to attend Thursday and/or Friday sessions. **Register early – Seating is Limited!**

### Thursday, April 18<sup>th</sup>

7:30-8:00AM Registration, Visit with Sponsors, Breakfast

**Speak, Move, Change: A Reclamation of Black Reproductive Freedom**

*Shawnee Renee Benton Gibson, LMSW / FDLC*

8:00-10:00AM Present the black maternal health crisis in the United States and the factors that are contributing to high rates of maternal and infant morbidity and mortality for black mothers and birthing people. Present the stories behind the statistics by talking about the lived experiences of mothers/birthing people and their families who have been directly impacted. Define and explore the characteristics of White Supremacy Culture and Patriarchy and how they work synergistically with capitalism to create imbalance, inequity, and harm in the realm of reproductive health. Explore how hospitals, clinicians, and healthcare systems can identify and address inequities in reproductive care that contribute to tragic and preventable birth outcomes for Black mothers and birthing people.

10:00-10:30AM Break, Visit with Sponsors

**Sex Trafficking Awareness in the Health Care Setting**

*Cynthia (CeCe) Terlouw-Kvistad, Founder & Executive Director*

10:30-12:00AM *Emily Lange, RN, BSN, Nurse Manager*

Describe physical, mental, psychological, and medical indicators of sex trafficking survivors with a trauma informed approach. Present a survivor's view through the experience of an RN.

12:00-1:00PM Lunch, Visit with Sponsors

**Safe Vaginal Birth: Positioning for Labor Progress**

*Rhianna Britton, MSN, RNC-OB, C-EFM, NPD-BC &*

*Nanette Vogel, MS, RNC-OB, C-EFM, NPD-BC; Clinical Education Specialist, Birthplace, MHealth Fairview*

1:00-2:00PM Describe the Safe Vaginal Birth Initiative and the nurse's role in decreasing NTSV cesarean births. Implement algorithms, multidisciplinary huddles, and standardized documentation in the EHR that supports safe vaginal birth. Demonstrate positioning and the use of birthing tools for laboring patients that facilitates labor progress and vaginal birth.

***Mindful Documentation: What to document and what not to document.....that is the Question!***

*Kris M. Schueren, RN, CPHRM*

2:00-3:00PM Identify the elements of negligence. Identify what outlines the Standard of Care for patients. List leading causes of malpractice suits against nurses. Demonstrate thorough documentation in a patients record when an adverse event occurs.

3:00-3:15PM Break, Visit with Sponsors



MN Section

## 25<sup>th</sup> Annual Conference Schedule and Objectives

3:15-4:15PM	<p><b>Digital Storytelling: A Mother &amp; Nurses' Road to Healing</b>  <i>Autumn Mels, DNP, MSN-Ed, RNC-OB, C-EFM, CNE</i>          Identify and discuss how traumatic birth events can affect both patients and healthcare workers. Review the capabilities of digital storytelling in healing and elevating women's voices.</p>
4:15-4:30PM	Business meeting, door prizes

### Friday, April 19<sup>th</sup>

Poster presentations are original and pertain to completed clinical education, leadership change, or evidence-based practice projects related to women's health, obstetric and/or neonatal practice, education, or administration. Each poster has specific, individualized objectives and presenters will be available for questions and discussion.

7:30-8:00AM	Registration, Breakfast, Posters
8:00-9:00AM	<p><b>Promoting Population Health with the use of Human Milk</b>  <i>Jeanne L Friebe, RN, BSN, IBCLC, RNC-LRN</i>          Discuss the potential value of prenatal hand expression/colostrum harvesting and why some mothers choose not to do so. Describe how to teach hand expression/colostrum harvesting. Discuss how to get parents, providers, and your organization on board with colostrum harvesting and the use of pasteurized donor human milk.</p>
9:00-10:00AM	<p><b>Stigmatizing Language in Documentation</b>  <i>Mandy Huber, CNM, IBCLC</i>          Identify stigmatizing language in healthcare documentation. Describe harm caused by stigmatizing language. Practice use of objective and neutral documentation.</p>
10:00-10:30AM	Break, Posters
10:30-12:00PM	<p><b>Reducing Weight Bias in Maternity Care: Barriers and Bridges</b>  <i>Jen McLellan, CBE Founder of Plus Size Birth</i>          This presentation explores the barriers that weight bias places in maternity care and presents strategies for building bridges to inclusive care. Following the presentation, attendees will be able to 1) Explain weight bias and identify their own bias to start working through it, 2) Identify at least three types of specialized equipment for providing maternity care to people of size, with the ability to match these to corresponding care needs in situational assessments, and 3) Demonstrate using size-inclusive language. In the month succeeding the presentation, participants are encouraged to monitor their use of size-inclusive language, setting a goal of reducing size-discriminatory language incidents to zero.</p>
12:00-1:00PM	Lunch, View Posters
1:00-2:45PM	<p><b>Mothers in Recovery: In Our Own Words</b>  <i>Helena Girouard, MPH and Lucy Battles, Recovery Coach Professional</i>          Discuss strategies to convey a supportive, non-judgmental attitude while caring for a birth parent in recovery. Describe barriers to attaining and sustaining recovery faced by birth parents during pregnancy and following childbirth. Describes supportive measures the health care team can provide to remove barriers to care for birth parents in recovery.</p>
2:45PM	Closing, Door prizes and meet AWHONN section team