

Orientation, Review, Test Prep

INPATIENT OB REVIEW

Cindy Parke,
RNC, C-EFM, CNM, MSN

**EXCELLENT ORIENTATION TOOL
as well as an EXAM PREP!**

NCC and PEC are separate entities,
and providing the NCC exam on site
is an EXCLUSIVE PEC advantage
to our participants.

Convenient and concise, couple the review with the
exam (next morning) for improved results.

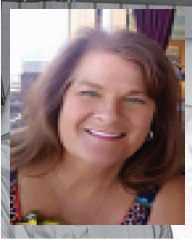
Learn from the Best and Pass the Test!



P.O. Box 7447 Chico, California 95927-7447
800-732-2387

WWW.PROEDCENTER.COM

MEET YOUR SPEAKER...



Cindy Parke, RNC,CNM, MSN

Certified Nurse Midwife, Legal Expert, Educator, and Clinician; Cindy has taught essentials of women's health, pregnancy, and childbirth topics to nurses nationwide. An active member of the ACNM, AWHONN, Sigma Theta Tau, and the International Cesarean Awareness Network, Cindy's focus has always been on physiologic focused care. Her review is a comprehensive coverage of maternal/fetal care throughout pregnancy, labor & delivery, and postpartum. This course will direct you in recognizing normal labor, as well as the risks in birth. The course assists you in choosing appropriate individualized interventions within standardized protocols, and brings you new tools. Respond well to both the normal and the critical clinical challenges that present in L&D and review for the RNC exam.

WHAT PEOPLE SAY...

"As a Nurse-Manager I wish ALL my staff could attend this conference, the logical, physiology based discussion was so geared to the SAFETY INITIATIVES as to be essential!"

"I have been to many classes with PEC and this has been my favorite! Cindy is engaging & KNOWLEDGEABLE that kept the class enthralled. I will look for Cindy in the future to take more classes."

"Thank you Cindy! You are an ENGAGING, ENTERTAINING teacher who empowers her students to think critically and helps us be the best nurses we can be!"

"This was the BEST conference I have been to in many years! GREAT speaker, knows her speciality. Also felt very relaxed to interact and ask questions!"

GUARANTEE - CANCELLATION - TAXES

GUARANTEE: If you are not satisfied with the content and presentation of this program, notify the registrar by 12 noon 1st day of attendance for refund of registration fees. **CANCELLATIONS:** Up to 7 days before the program choose: Registration fee refund minus \$25 per day administrative fee or full value credit letter. **Cancellation within 7 days:** No monetary refund. Send a substitute or request a credit letter (minus \$25/day administrative fee) which will allow you to apply fees to a future program of your choice. If program cannot be held due to circumstances beyond our control (natural disaster, strike, etc.) the seminar will be rescheduled if possible. Registrants may choose free admission to the rescheduled program, credit voucher good for any future PEC program. PEC reserves the right to substitute qualified speaker(s) in response to emergency circumstances beyond our control.

CE tuition, travel/meal expenses are tax deductible. Consult your tax advisor for details.

WHO SHOULD ATTEND?

- **Labor & Delivery Nurses**
Recertify; Review for Certification
- **New Labor & Delivery Nurses**
Excellent for Orientation
- **Midwives and Midwifery Students**
- **Legal Nurse Consultants**
Complexities of L&D Update
- **LDRP & Mother/Baby Nurses**
- **AP Nurses & Childbirth Educators**

PROGRAM OBJECTIVES:

Following comprehensive lecture, discussion, audiovisual presentation and case review, you will be able to:

- Review labor physiology, pathophysiology and components of effective labor progress and develop effective patient assessment, care and management techniques that assist birth physiology.
- Develop policies/strategies for labor induction and augmentation based on respect for physiology, safety, evidence and NICHD recommendations.
- Recognize and respond to abnormal labor patterns including tachysystole and dystocia.
- Review pain assessment and management in labor including non-pharmacologic and pharmacologic care techniques.
- Identify adverse fetal response to labor, causation, clinical observations, interventions and intrauterine resuscitation.
- Review new NICHD definitions, categories, and necessary nursing actions.
- Recognize a variety of pathologic and emergent labor situations including: GH, Diabetes, Uterine Rupture, Hemorrhage, DIC, and appropriate management and documentation issues.
- Discuss the new JACHO requirements for protocol development r/t hemorrhage and hypertensive disorders in pregnancy.
- Identify normal and abnormal parameters in second stage; explore new research based second stage management.
- Describe risk factors for shoulder dystocia noting clinical interventions and techniques to improve outcomes, and decrease liability.
- Describe indicators of stage III-IV labor emergency situations.
- Develop essential documentation and chart review skills for safer patient care.
- Locate and utilize key web resources for L&D skill building to enhance safe maternity and newborn care.

Would you like to bring this program to your hospital?

**Call 800-732-2387 or
email cindy@proedcenter.com**

InPatient OB Review

Day One

7:30 Check In - Continental Breakfast

8:00 RESPECTING PHYSIOLOGY FOR SAFER CARE

- Maternal Mortality • Resources exist

TRIAGE & ONGOING EVALUATION IN LABOR

- What is Physiologic Labor? • Essential Assessment Skills to Recognize Normal and the "Unexpected"

INDUCTION & AUGMENTATION

- Cervical Ripening - Methods and Rx
- Risks - Hazards - Tachysystole - Failure to Progress
- Dealing With the Drugs...** Cervidil - Cytotec - Pitocin
- Nursing Care Essentials • Determining Candidates
- Ensuring Safety with Drug Use

LACK OF PROGRESS – TAKING INITIATIVE...

- Recognizing Dystocia & 'Lack of Progress'
- Friedman vs Albers vs Zhang • Clinical Intervention

PAIN MANAGEMENT IN LABOR...

- Labor Support • Nitrous Oxide Use • Managing Epidurals: Timing - Precautions - Dosing
- Relieving Back Labor & Converting OP Positions

GROUP B STREP: Protocols & Procedures

STAGE II LABOR – Fetal Response/Reaction

- Pushing for Fetal Well-being • Laboring Down

4:30 Adjourn

Day Two

7:30 Check In - Continental Breakfast

8:00 ASSESSING FETAL HEALTH - Monitoring The Fetus:

- NICHD Terminology and Categories

- Identification • Management • Documentation
- Intrauterine Resuscitation

MATERNAL RISKS = FETAL HAZARDS

- Hypertension – Pre-eclampsia – Eclampsia
- Diabetes: Managing Labor: Maternal/Fetal Response
- Preterm Labor: Evaluation - Tocolytics - Steroids

MANAGING & DOCUMENTING EMERGENCIES

- Vaginal Bleeding Triage: Placenta Previa - Abruptio
- Uterine Rupture • Hemorrhage • DIC • AFE

SHOULDER DYSTOCIA – Labor Clues

- Recognition, Management & Responsibilities
- Fundal Pressure & Your Day in Court...

VACUUM EXTRACTION: Do's & Don'ts

- Protocols • Nursing Responsibilities • Double Set-Up...

STAGE III-IV LABOR & POSTPARTUM EMERGENCIES

- Retained Placenta - Accreta/Increta/Percreta
- Uterine Inversion - Why it Happens - What to Do...
- PPH: Assessing Maternal Status: Recognizing & Responding • Quantification of Blood Loss

4:30 Adjourn

Complete Syllabus, Morning Continental Breakfast - Lunch 12:00 - 12:45 PM

REGISTRATION: InPatient OB Review

NAME _____

RN APN CNM MD/DO PA License# _____

Home Address _____

City _____ State _____ Zip _____

Day Phone (____) _____

Email _____

Hospital/Clinic I work with: _____

Group Registration

Practice Area: LD PP NSY AP Education

Check Payable to: Professional Education Center (PEC)

Card #s _____ Exp. _____

Security Code: _____

Register On-line @ www.proedcenter.com

Call Today With Any Major Credit Card: 800-732-2387

24 Hour Registration: FAX 530-343-3575

Mail Your Course Registration To:

PEC:P.O. Box 7447; Chico, CA 95927-7447

Both Days \$439** \$279**
 One Day \$429 each \$269 each
 Group 4** \$419 each \$259 each
 Group 8+***

****Groups MUST PRE-REGISTER/PRE-PAY TOGETHER**

I am taking the on site exam \$30 NR fee due PEC
 Regular pricing for Early Birds. Add \$30 if within 10 days
 Within 3 days and at the door Registration: Add \$50
 (Late/at the door registration on 'Space Available' basis)

**I WILL ATTEND the checked 2020 Seminar Days:
 (NCC test day follows: Separate registration)**

Salem, OR	<input type="checkbox"/> 3/5	<input type="checkbox"/> 3/6
Jacksonville, FL	<input type="checkbox"/> 3/16	<input type="checkbox"/> 3/17
Denver, CO	<input type="checkbox"/> 3/23	<input type="checkbox"/> 3/24
Grapevine, TX	<input type="checkbox"/> 3/30	<input type="checkbox"/> 3/31
Monterey, CA	<input type="checkbox"/> 4/20	<input type="checkbox"/> 4/21
Boise, ID	<input type="checkbox"/> 4/30	<input type="checkbox"/> 5/1
Minneapolis, MN	<input type="checkbox"/> 5/14	<input type="checkbox"/> 5/15
Hilo, HI	<input type="checkbox"/> 7/29	<input type="checkbox"/> 7/30 <input type="checkbox"/> 7/31
Reno, NV	<input type="checkbox"/> 9/8	<input type="checkbox"/> 9/9
Farmington, CT	<input type="checkbox"/> 10/21	<input type="checkbox"/> 10/22
Pasadena, CA	<input type="checkbox"/> 10/26	<input type="checkbox"/> 10/27



Professional Education Center

P.O. Box 7447

Chico, California 95927-7447

**Option to sit the InPatient OB RNC exam on site. Registration is separate, and must be at least 21 days before test.
*Registration instructions:**

*The NCC InPatient OB exam is separate from and has no affiliation with this seminar. PEC has established the option for this hosted PEC InPatient OB Review and it's seminar attendees, to sit the NCC exam.

Testing site inclusion does not constitute NCC endorsement of course, course content, or materials provided. NCC and PEC are not affiliated organizations. A collaborative effort has provided an educational (PEC) and testing (NCC) opportunity to clinicians nationwide. PEC has no authority to approve, disapprove or vary any requirement for qualifying for or taking any NCC exam.

Registration for the seminar is through PEC, see the PEC website: www.proedcenter.com, click on Seminars and InPatient OB Review to find your site options.

Application for the exam is through NCC. Exam application **MUST BE MADE AT LEAST 21 DAYS PRIOR TO THE TEST DATE.** NCC sends you an admission letter following receipt/approval of exam application. Contact NCC if you have applied and have not received your admission to exam letter.

Registration for the on-site NCC exam following attendance at the seminar is separate, and a cost of \$275, paid to NCC. We suggest registering with NCC from the PEC website (see the drop down on the home page. In addition, there is an additional \$30 administrative fee due to PEC for managing the test.

CONTINUING EDUCATION CREDITS: 16 Hours BRN Credits. (Includes 3 Hours Pharmacology).

Professional Education Center (PEC) is a provider approved by the California Board of Registered Nursing, Provider #9890, Florida FBN #2219 approved for a total of 15 (7.5 per day) Contact Hours. Meets Texas Type I provider criteria. This course is designed to meet Board of Nursing CE requirements in all 50 states. Neither program planners nor presenters have any commercial conflict of interest.

2020 SEMINAR LOCATION & LODGING

PEC has arranged a limited number of rooms at a preferred rate at hotel seminar site (or near host site) when possible.

Call, (use code if stated) or use the direct website link (on our website) to make a reservation.

Be sure to reserve at least 30 days ahead to get a room and get the special discounted rate.

SALEM, OR - MARCH 5-6 (*7)

HOST: Salem Health

SEMINAR SITE: Salem Hospital: Building B Auditorium:
890 Oak St. SE Salem, Oregon 97309

LODGING: Your choice, No room block done.

JACKSONVILLE, FL MARCH 16-17 (*18)

HOST: Ascension | St. Vincent's HealthCare

SEMINAR SITE: Bryan Auditorium
4201 Belfort Rd.: Jacksonville Fl, 32216

LODGING: Your choice, No room block done.

DENVER, CO MARCH 23-24 (*25)

HOST: Centura Health - St. Anthony North Hospital

SEMINAR SITE: St Anthony's North Health Campus
14300 Orchard Pkwy.: Westminster, CO 80023

LODGING: Your choice, No room block done.

GRAPEVINE, TX MARCH 30-31 (*April 1)

HOST: Baylor Regional Medical Center at Grapevine
Baylor Scott & White Medical Center

SEMINAR SITE: 1650 W. College St.: Grapevine TX, 76051

LODGING: Your choice, No room block done.

SALINAS, CA APRIL 20-21 (*22)

HOST: Salinas Valley Memorial Healthcare System

SEMINAR SITE: 5 Lower Ragsdale, Montgomery, CA 93940

LODGING: Your choice, No room block done.

BOISE, ID APRIL 30- MAY 1 (*2)

HOST: St. Luke's Health System

SEMINAR SITE: 400 S. Broadway Ave. Boise, ID 83712

LODGING: Your choice, No room block done.

MINNEAPOLIS, MN MAY 14-15 (*16)

HOST: Fairview Health Services

SEMINAR SITE: Wilf Auditorium
University of Minnesota Masonic Children's Hospital
2450 Riverside Ave.: Minneapolis, MN 55454

LODGING: Your choice, No room block done.

HILO, HI JULY 29-31 (*8/1) Special added Maternal day

HOST: Hilo Medical Center

SEMINAR SITE: Hilo MC: 1190 Walaanue Ave. Hilo, HI 96720

LODGING: Your choice, No room block done.

RENO, NV SEPTEMBER 8-9 (*10)

SEMINAR and LODGING: Whitney Peak Resort

255 N Virginia St, Reno, 89501

Phone: (775) 398-5400 \$ 119/159/259 PEC0420

FARMINGTON, CT OCTOBER 21-22 (*23)

HOST: UCONN Health

SEMINAR SITE: 263 Farmington Ave. Farmington, CT 06030

LODGING: Your choice, No room block done.

PASADENA, CA OCTOBER 26-27 (*28)

HOST: Huntington Hospital 100 W. California Blvd. Pasadena, 90015

SEMINAR SITE: East Conf. Rm.

LODGING: Your choice, No room block done.