



## From our President

Dear Friends,

At CASH, we are celebrating all of the good things the season brings. We are especially grateful for our growing community that supports women who have been commercially sexually exploited. Together, we have helped women change their lives. One of the women we served this year explains:

***"CASH is the best place - I can come and be with women that have been through similar things and openly share."***

Our non-judgmental approach and genuine care helps women form connections and creates a sense of community. From there, new beginnings are possible. Thank you for believing in our work. We wish you a very festive holiday season and a joy-filled New Year!

Warmly,

Cindy Stinson

## Give the Gift of Kindness Meet Dr. Julie



When a woman comes to the CASH Center for Women, she is always met by a friendly face, a simple meal, and an offer to help her access the resources she needs.

Women can "Drop-In" whenever they need us. We care for women that have few available options. Your [gift](#) directly meets their most urgent needs.

**\$25.00** provides Drop In services for a woman for a day

**\$50.00** provides Individual Peer Mentoring

**\$100.00** Sponsors a Woman for our "Safe Passages" course

**\$250.00** provides Sack Lunches for a month

**Give your gift [here](#).**

We opened for our first Saturday "Health Day" on Nov. 20th so that our women could meet Dr. Julie Garchow.

Julie is a 2<sup>nd</sup> year resident in the Family and Community Medicine department at UC Davis. Her professional interests include international medicine, healthcare for the homeless, women's health, and community engagement.

Her goals for CASH include informative sessions on various health topics, attending drop-in hours to increase healthcare accessibility for clients, and facilitating educational opportunities for UC Davis physicians about working with this population.

We are fortunate to have this opportunity!

**Thank You!** A very special "*You're the Best!*" to the Sacramento Region Community Foundation and Capitol Network for supporting our new RESET program. This program is reducing recidivism while delivering critical services to women involved in the criminal justice system.



