

cathy gillen thacker

Migas

A traditional Tex-Mex breakfast dish. Fast and easy to make, they are a delicious addition to any buffet.

2 cups lightly crushed store-bought tortilla chips

6 eggs

6 tablespoons of cream

½ teaspoon salt

¼ teaspoon pepper

½ cup grated cheddar cheese

Your favorite salsa for garnish or to taste

Lightly coat skillet with cooking oil spray or one teaspoon oil, and heat to medium. Break eggs into a bowl, and add cream, salt, and pepper. Whisk until light and frothy. Pour into skillet and cook, stirring occasionally, until half set, then add crushed chips and cheese and finish cooking. Plate, and top with salsa, and if desired, extra cheese.

Read free excerpts online at www.cathygillenthacker.com

