

# “Soulful Saturdays”

## Yoga



**Quiet your mind, stretch your body, feed your soul.**

**April 20 – June 29 (No class May 4<sup>th</sup>)  
10-11 am in the Great Hall; \$20 per class.  
All are welcome to this gentle flow class.**

**Taught by parishioner Alice Weiser (RYT-500)  
Questions: [aliceweiser@mac.com](mailto:aliceweiser@mac.com)**

**St. John's Church, 12 Prospect Street, Huntington village**