

HOLIDAY "STRETCH & SIP"

A festive pairing of yoga and wine!



**SATURDAY, DECEMBER 8TH 4-6 PM
ST. JOHN'S EPISCOPAL CHURCH - GREAT HALL
12 PROSPECT STREET, HUNTINGTON**

**REGISTRATION IS LIMITED TO 30 PEOPLE!
PLEASE RSVP: ALICEWEISER@MAC.COM
\$25 PER PERSON, PAYABLE AT EVENT**

Take time from the holiday rush with a yoga class to stretch, relax and center. (Beginners welcome!) Then reward yourself with tastings of three seasonal wines with food pairing suggestions.

**Yoga with Alice Weiser (RYT-500)
Wine tasting with LV Kuhn, Certified Sommelier**