



ST. JOHN'S EPISCOPAL CHURCH

—Est. 1745—

ST. JOHN'S SPIRITUALITY GROUP

Invites you to join us for an overnight retreat

Honoring Sabbath: Making Time for God



What is Sabbath?

Why is it so important?

How can we carve out time in our busy lives to keep the Sabbath?

Leslie Valentine helps us explore Sabbath practices in a restorative, overnight retreat at the beautiful Seminary of the Immaculate Conception in Lloyd Harbor.

The cost is \$125 per person and includes accommodations and three meals.

**FRIDAY, MAY 31ST, 4 PM TO
SATURDAY, JUNE 1ST, 4 PM**

To Register or for more information, contact Patti Aliperti at silverymoon33@yahoo.com
or Heather Kress at hkress@optonline.net.

A non-refundable deposit of \$65 is due at the time of registration.

12 Prospect Street, Huntington, New York 11743 ♦ (631) 427-1752
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