

Here are a few of the best items for a Blessing Bag:

- Gallon Ziplock Bags
- Toilet Paper/Small Tissue Packs
- Toothbrush and Toothpaste
- Dental Floss
- Sanitizing Wipes, Spray or Gel
- Ibuprofen
- Gum
- Granola bars
- Deodorant
- Socks
- Water
- Gloves
- Instant Warmers (for cold nights)
- Emergency Whistle
- Bible Verses/Bible
- Protein Bar
- Tuna (easy open packaging)
- Plastic Utensils
- Comb/Brush
- Nail File
- Hat
- Plastic Rain Poncho
- Flashlight
- Antibacterial Ointment
- Shaving Cream and Disposable Razors
- Nuts
- Beef Jerky
- Lotion (travel size)
- Pen, Pencil, and Notebook
- Chapstick
- Soap
- Shampoo and Conditioner (travel size)