

Quality is our Passion  
Passion Flower (*Passiflora incarnata*)

## DermaCo: Formula for Healthy Blood & Skin

DermaCo is a unique combination of Oregon Grape root and rhizome, Sarsaparilla root and rhizome, Cleavers herb, Burdock root and Yellow Dock root that cleanses the blood and maintains healthy skin.\*

### Healthy elimination

In order to live we need to move materials in and out of our bodies, be it gases, food, water or wastes. Wastes are delivered from the tissues to the excretory (elimination) system. Blood is a very important waste remover, with the help of the kidneys. Other organs that are involved with elimination include the large intestine, skin and lungs.<sup>1\*</sup>

Blood transports materials to and from the body tissues. The interstitial fluid surrounds the body cells and is responsible for the delivery and removal of materials to and from the cells. It leaves the capillaries (where it is called plasma), circulates around the cells delivering water, nutrients, oxygen, and removing wastes and carbon dioxide. Interstitial fluid is returned to the bloodstream via the lymphatic system (where it is called lymph). The plasma links the cardiovascular and lymphatic systems together in a continuum: plasma to interstitial fluid to lymph and back to plasma.<sup>1\*</sup>

### Depurative action

Depuratives are herbs that have been widely used throughout history for their generally eliminative, detoxifying or cleansing roles. By helping the normal eliminatory and processing functions, depuratives help reduce the accumulation of normal metabolic waste products. It is important to have elimination functioning well, as increased metabolic processing without healthy elimination would increase the toxic load of the body, with implications for general health.<sup>2,3\*</sup>

Depuratives encourage the products of elimination into whatever elimination channel is appropriate. Depending on the circumstances or the herb, depuratives may increase activity in the large intestine or kidneys, increase tissue blood flow or assist normal drainage of the lymphatics. They can be thought of as non-specifically cleansing the tissues and bloodstream. Depurative herbs have also been called blood cleansers.<sup>2\*</sup>

Natural clinicians use depurative herbs to support the healthy functioning of skin, joints and the lymphatic system. They are used when normal liver detoxification is less than optimal. Many depuratives are also used to support healthy immune function.<sup>2,3</sup> In the past, particularly in Europe, pharmacies stocked depurative teas ready for sale each spring, as part of a supportive general detoxification regime.<sup>3,4\*</sup>

### Supplement Facts

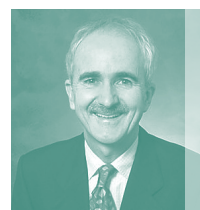
Serving size:	1 tablet	
Servings per container:	40	
Amount per Serving		%DV
Calories	2	
Calcium	40 mg	4%
Oregon Grape root & rhizome 4:1 extract from <i>Berberis aquifolium</i> ( <i>Mahonia aquifolium</i> ) root & rhizome 360 mg	90 mg	†
Sarsaparilla root & rhizome 4:1 extract from <i>Smilax ornata</i> root & rhizome 360 mg	90 mg	†
Cleavers herb 5:1 extract from <i>Galium aparine</i> herb 360 mg	72 mg	†
Burdock root 4:1 extract from <i>Arctium lappa</i> root 270 mg	67.5 mg	†
Yellow Dock root 4:1 extract from <i>Rumex crispus</i> root 270 mg	67.5 mg	†

† Daily Value (DV) not established.

Other ingredients: Calcium acid phosphate, cellulose, hypromellose, magnesium stearate, silica and sodium starch glycolate.

**Caution:** Contraindicated in pregnancy and lactation.

**Product No** M1220  
**Content** 40 Tablets



Associate Professor Kerry Bone  
MediHerb Co-Founder and  
Director of Research and Development

### A Phytotherapist's Passion

"Philosopher and teacher Rudolf Steiner once said that, for every human illness, somewhere in the world there exists a plant which is the cure. I believe that there is a healing potential locked inside plants which is integral with their evolution, just as it is part of human evolution to learn to tap this wonderful gift of Nature."

# How DermaCo Keeps You Healthy

## Maintains healthy skin

Oregon Grape, Sarsaparilla, Cleavers, Burdock and Yellow Dock are depurative herbs used traditionally to support healthy skin.<sup>2,3,5\*</sup>

## Supports normal flushing of toxins from the body and cleanses the blood

As traditional depuratives, the herbs in DermaCo support the normal flushing of toxins from the body and cleanse the blood.\*

## Supports lymphatic system function

In addition to their main use as depuratives, Cleavers and Yellow Dock have been used traditionally to support healthy functioning of the lymphatic system.<sup>5,6\*</sup>

# What Makes DermaCo Unique

## DermaCo is unique in the professional herbal products industry because:

- Top quality organically grown Burdock and wildcrafted Oregon Grape and Cleavers are used in the manufacture of this tablet

## Unique Manufacture & Analytical Testing

### Quality and safety ensured

- Manufactured in Australia to the high standards of international pharmaceutical Good Manufacturing Practice
- Raw materials and finished product are subjected to tough quality standards
- Unique extraction method using cold percolation (protects the delicate plant constituents, ensuring a full range of constituents)
- Control of all stages of the manufacturing process – from plant to tablet to you

## References

- <sup>1</sup> Lazaroff M. *The Complete Idiot's Guide to Anatomy & Physiology*. Alpha, Indianapolis, 2004.
- <sup>2</sup> Mills SY. *The Essential Book of Herbal Medicine*. Penguin Arkana (Penguin), London, 1991.
- <sup>3</sup> Mills S, Bone K. *Principles and Practice of Phytotherapy: Modern Herbal Medicine*. Churchill Livingstone, Edinburgh, 2000.
- <sup>4</sup> Weiss RF. *Herbal Medicine*, translated by Meuss AR from the 6th German Edition of *Lehrbuch der Phytotherapie*. Gothenburg, AB Arcanum, Sweden, 1988.
- <sup>5</sup> Felter HW, Lloyd JU. *King's American Dispensatory*. 18th Edn, 3rd revision. First published 1905, reprinted Eclectic Medical Publications, Portland, 1983.
- <sup>6</sup> British Herbal Medicine Association. *British Herbal Compendium*, Vol 1. BHMA, Bournemouth, 1992.



## Quality is our Passion

MediHerb products are developed by experts and leaders in the field of herbal therapy, using scientific evidence and hundreds of years of traditional knowledge.

Kerry Bone and over 20 health care professionals work within MediHerb while still managing their own clinical practices, plus we consult with an advisory board of health care professionals from around the world.

Our products are made using only the highest quality ingredients which are extensively tested for purity and potency. The MediHerb manufacturing plant operates to a strictly regulated pharmaceutical standard and is regularly audited by the Therapeutic Goods Administration (similar to the FDA), the same body that audits conventional pharmaceutical manufacturing facilities. The comprehensive regulations in Australia mean that you receive a safe and effective product that has been manufactured to pharmaceutical standards.

We know from our experience as health care professionals that the quality of a product you take makes a huge difference to the health outcome you experience. We dedicate ourselves to researching and making the best possible products to deliver health solutions that work.



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