

Quality is our Passion
Passion Flower (*Passiflora incarnata*)

Dong Quai: A Well-Known Women's Tonic

The root of Dong Quai has been used for centuries in China and Japan and is one of the most well-known and widely used traditional Chinese herbs in Western countries. It has a tradition of use amongst natural clinicians in Europe and the United States. Dong Quai is popularly known as the "female ginseng".^{1*}

How MediHerb Dong Quai Keeps You Healthy Provides a tonic action

In traditional Chinese medicine Dong Quai is regarded as a tonic. This is a traditional concept meaning that Dong Quai helps the body to return to a normal state of well-being. Tonics do this at least in part by strengthening the body's normal physiological processes. It is regarded as a female tonic, possibly because Dong Quai supports the healthy functioning of the female reproductive system and healthy blood production. In terms of traditional Chinese medicine, Dong Quai also "invigorates and harmonizes the blood".^{2*}

Supports healthy female reproductive system function

Dong Quai is highly regarded by natural clinicians to help the body produce a normal menstrual cycle (monthly period) and a normal menstrual flow.^{2,3*}

Supports healthy blood production and circulation

Dong Quai has been traditionally used to support the normal formation of blood and to help maintain healthy circulation. The normal production of blood is also important to help the body produce a normal menstrual cycle.^{2,4*}

Supplement Facts

Serving size:	1 tablet	
Servings per container:	60	
Amount per Serving		%DV
Calories	2	
Calcium	20 mg	2%
Dong Quai root 7:1 extract from <i>Angelica polymorpha</i> (<i>A. sinensis</i>) root 1.0 g	142.9 mg	†

† Daily Value (DV) not established.

Other ingredients: Calcium acid phosphate, cellulose, sodium starch glycolate, hypromellose and magnesium stearate.

Caution: Do not use in severe menorrhagia. Contraindicated in the first trimester of pregnancy, especially in higher doses. Not to be used during pregnancy and lactation unless otherwise directed by a qualified health care professional.

Product No	Content
M1235	60 Tablets



A Phytotherapist's Passion

"Philosopher and teacher Rudolf Steiner once said that, for every human illness, somewhere in the world there exists a plant which is the cure. I believe that there is a healing potential locked inside plants which is integral with their evolution, just as it is part of human evolution to learn to tap this wonderful gift of Nature."

Associate Professor Kerry Bone
MediHerb Co-Founder and
Director of Research and Development

What Makes MediHerb Dong Quai Unique

Unique Manufacture & Analytical Testing

Quality and safety ensured

- Manufactured in Australia to the high standards of international pharmaceutical Good Manufacturing Practice
- Raw materials and finished product are subjected to tough quality standards

References

- ¹ McKenna DJ, Jones K, Hughes K et al. *Botanical Medicines: The Desk Reference for Major Herbal Supplements*, 2nd Edn. New York, Haworth Herbal Press, 2002.
- ² Bensky D, Clavey S, Stoger E. *Chinese Herbal Medicine: Materia Medica*, 3rd Edn. Eastland Press, Seattle, 2004.
- ³ Bartram T. *Encyclopedia of Herbal Medicine*, 1st Edn. Grace Publishers, Dorset, 1995.
- ⁴ Pharmacopoeia Commission of the People's Republic of China. *Pharmacopoeia of the People's Republic of China*, English Edn. Chemical Industry Press, Beijing, 1997.



Quality is our Passion

MediHerb products are developed by experts and leaders in the field of herbal therapy, using scientific evidence and hundreds of years of traditional knowledge.

Kerry Bone and over 20 health care professionals work within MediHerb while still managing their own clinical practices, plus we consult with an advisory board of health care professionals from around the world.

Our products are made using only the highest quality ingredients which are extensively tested for purity and potency. The MediHerb manufacturing plant operates to a strictly regulated pharmaceutical standard and is regularly audited by the Therapeutic Goods Administration (similar to the FDA), the same body that audits conventional pharmaceutical manufacturing facilities. The comprehensive regulations in Australia mean that you receive a safe and effective product that has been manufactured to pharmaceutical standards.

We know from our experience as health care professionals that the quality of a product you take makes a huge difference to the health outcome you experience. We dedicate ourselves to researching and making the best possible products to deliver health solutions that work.



www.mediherb.com



Exclusive United States Distributor for MediHerb®

800-558-8740 www.standardprocess.com