# e-Poise<sup>®</sup>

### Supports Electron Physiology Within a Multivitamin, Mineral, and Trace-Mineral Framework

Formulated in a similar spirit to Catalyn<sup>\*</sup> but with a different emphasis, e-Poise fits Dr. Royal Lee's belief that the most powerful and efficient approach to vitamin and mineral supplementation lies in capturing nutrients in their natural forms. This supplement contains important vitamins, minerals, and trace minerals from ingredients that are in a form the body can properly assimilate as they exist in nature. The vitamin and mineral complexes in e-Poise work, in effect, as organic catalysts, stimulating and supporting both the physiological and the biochemical processes inside the human body.

Nutrients, such as trace minerals, exist as integral parts of food concentrates, in combination with and inseparable from the vitamin/mineral complexes they activate. Dr. Lee recognized that trace minerals are among the most important components of nutritional compounds. Ingredients from bovine adrenal glands, liver, kidney, and spleen are natural sources of nutrients and offer nutritional support to the corresponding organs and glands in humans. Like Catalyn, e-Poise derives its strength and bioavailability from a variety of catalysts, which contain living units of nutritional activity. There is one major difference—e-Poise also supports electron physiological processes, which allow cells to generate energy from macronutrients.<sup>†</sup>

#### How e-Poise Keeps You Healthy

#### Maintains cellular health

Vitamin A from bovine liver, carrots, and vitamin A palmitate; thiamine (vitamin B<sub>1</sub>) from wheat germ, nutritional yeast, and cocarboxylase; plus vitamin C from alfalfa and oat flour provide antioxidant protection to cells. Riboflavin (vitamin B<sub>2</sub>) from wheat germ, oat flour, riboflavin 5'-phosphate, and alfalfa is essential to red-blood-cell formation plus cellular respiration and growth. Pyridoxine (vitamin B<sub>c</sub>) from nutritional yeast, wheat germ, alfalfa, pyridoxine hydrochloride, and rice bran promotes red-blood-cell formation and assists in RNA and DNA synthesis to maintain cellular reproduction and growth. Cyanocobalamin (vitamin  $B_{12}$ ) helps regulate the formation of red blood cells and assists in regular cell formation and longevity. Calcium from calcium lactate, nutritional yeast, and oat flour helps maintain cellular membrane permeability. Iron from liver, grains, nutritional yeast, licorice, rice, ferrous lactate, and soy helps oxygenate red blood cells. Iron is also necessary for energy production. Magnesium from nutritional yeast, soy, grains, magnesium citrate, and alfalfa activates the enzymes that facilitate energy production. Potassium from whole grains, rice, and nutritional yeast regulates the passage of nutrients through cellular membranes. Together these essential nutrients and their synergistic cofactors help support cellular function.<sup>†</sup>

### Please copy for your patients.



#### Introduced in 1984

Content: 150 capsules

Suggested Use: Two capsules per day, or as directed.

Supplement Facts: Serving Size: 2 capsules Servings per Container: 75

	Amount per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Vitamin A	1,400 IU	30%
Vitamin C	10.8 mg	20%
Vitamin D	300 IU	80%
Thiamine	0.2 mg	15%
Riboflavin	0.3 mg	20%
Vitamin B <sub>6</sub>	1.2 mg	60%
Vitamin B <sub>12</sub>	0.4 mcg	6%
Calcium	20 mg	2%
Iron	2 mg	10%
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\*Percent Daily Values (DV) are based on a 2,000-calorie diet.

#### Proprietary Blend: 854 mg

Defatted wheat (germ), carrot (root), bovine adrenal, nutritional yeast, fat soluble extract (from alfalfa [whole plant], sunflower [seed], carrot [root], *Tillandsia usneoides*, dried buckwheat [leaf] juice and seed, and pea [vine]), magnesium citrate, bovine liver, bovine kidney, bovine spleen, ovine spleen, mushroom, dried alfalfa (whole plant) juice, bovine bone, oat flour, bovine spleen PMG<sup>TM</sup> extract, carbamide, soybean lecithin, rice (bran), veal bone, porcine duodenum, choline bitartrate, citric acid, porcine stomach parenchyma, flaxseed oil, bovine liver fat extract, and liccrice (root).

Other Ingredients: Calcium lactate, gelatin, water, ferrous lactate, ascorbic acid, calcium stearate, colors, cholecalciferol, pyridoxine hydrochloride, arabic gum, starch, sucrose (beets), vitamin A palmitate, cocarboxylase, mixed tocopherols (soy), gum acacia, riboflavin 5'-phosphate, dicalcium phosphate, and cyanocobalamin.

Two capsules supply approximately: 80 mg bovine adrenal, 54 mg tillandsia extract (including naturally occurring chlorophyll and trans-betacarotene), 30 mg bovine and ovine spleen, 17 mg bovine liver powder, 15 mg bovine kidney, and 7 mg bovine spleen PMG<sup>™</sup> extract.

Warning: Accidental overdose of ironcontaining products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Sold through health care professionals.



# e-Poise<sup>®</sup>

#### What Makes e-Poise Unique

#### **Product Attributes**

#### Multiple nutrients from a variety of plant and animal sources

- > Contains bovine spleen PMG<sup>™</sup> extract to offer support at the cellular level
- > Extracts from bovine tissues provide nutrients and support to the corresponding tissues in humans
- > Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect<sup>†</sup>

#### Certified Organic Farming

A healthy ecosystem is created by using organic farming techniques, such as rotating crops, fertilizing the soil with nutrient-rich cover crops and byproducts from our processing, practicing strict weed-control standards, and continually monitoring the health of our plants

- > Assures the soil is laden with minerals and nutrients
- > Ensures plants are nutritionally complete and free from synthetic pesticides

#### Manufacturing and Quality-Control Processes

Upon harvesting, nutrient-rich plants are immediately washed and promptly processed

> Preserves nutritional integrity

#### Low-temperature, high-vacuum drying technique

> Preserves the enzymatic vitality and nutritional potential of ingredients

#### Not disassociated into isolated components

> The nutrients in e-Poise are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories continually conduct bacterial and analytical tests on raw materials, product batches, and finished products

> Ensures consistent quality and safety

#### Vitamin and mineral analyses validate product content and specifications

> Assures high-quality essential nutrients are delivered

#### Whole Food Philosophy

Our founder, Dr. Royal Lee, challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature-in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists-known and unknown-bioactivity is markedly enhanced over isolated nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to an isolated or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for e-Poise®

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