

Niacinamide B₆

Encourages Physical and Mental Well-Being

The niacin and vitamin B6 contained in this product are both important vitamins in the B-complex family. They are each responsible for many important physiological processes concerned with physical and mental health and well-being. Niacin is a coenzyme essential for cell respiration, protein and carbohydrate metabolism, and lipid synthesis. Vitamin B6 performs many important regulatory tasks inside the body, but its main responsibility is to break down and synthesize amino acids. In addition, vitamin B6 plays a predominant role in other metabolic and chemical processes that influence many important bodily functions. For example, vitamin B6 regulates and maintains the delicate fluid balance within the body and assists in nervous and musculoskeletal system functions by maintaining a proper sodium and potassium balance at the cellular level. While deficiencies of both of these important vitamins are uncommon, today's fast-paced lifestyles and lack of nutrients in the diet can lead to insufficiencies often at times when our bodies require even greater amounts of these nutrients.†

How Niacinamide B₆ Keeps You Healthy

Supports immune and nervous system function

The vitamin B6 portion of niacinamide enhances immune efficiency, aids in antibody production, and promotes red cell formation. Both niacin and vitamin B6 play essential roles in nervous system function.†

Influences cellular health

Vitamin B6 is required to synthesize RNA and DNA, the important nucleic acids that carry genetic instructions for normal cellular growth and reproduction. Niacin is necessary to maintain healthy skin.†

Facilitates metabolic processes

Both niacin and vitamin B6 are integral components of essential daily metabolic processes inside our bodies. Niacin works to metabolize carbohydrates, fats, and proteins. Vitamin B6 is necessary for the production of hydrochloric acid and the proper absorption of fats and proteins.†

Maintains a healthy circulatory system

Niacin and vitamin B6 each have the ability to maintain healthy cholesterol levels in the blood in individuals with healthy levels. Niacin improves circulation. Vitamin B6 inhibits the formation of homocysteine, a toxic substance that attacks the heart muscle and deposits cholesterol around the heart muscle.†

Please copy for your patients.



Introduced in 1949

Content:
40 capsules

Suggested Use: One capsule per day, or as directed.

Supplement Facts:
Serving Size: 1 tablet
Servings per Container: 40

	Amount per Serving	%DV
Calories	2	
Niacin	50 mg	250%
Vitamin B ₆	9 mg	450%

Proprietary Blend: 416 mg
Bovine liver, porcine stomach, calcium lactate, soy (bean), bovine spleen, ovine spleen, defatted wheat (germ), para-aminobenzoate, porcine brain, and ascorbic acid.

Other Ingredients: Gelatin, niacinamide, water, pyridoxine hydrochloride, and colors.

Sold through health care professionals.

Whole Food Philosophy

Our founder, Dr. Royal Lee, challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over isolated nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to an isolated or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.



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Niacinamide B₆

What Makes Niacinamide B₆ Unique

Product Attributes

Multiple nutrients from a variety of plant and animal sources

- › Bovine and ovine tissues provide nutrients and support to the corresponding tissues in humans
- › Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect[†]

Manufacturing and Quality-Control Processes

Low-temperature, high-vacuum drying technique

- › Preserves the enzymatic vitality and nutritional potential of ingredients

Not disassociated into isolated components

- › The nutrients in Niacinamide B₆ are processed to remain intact, complete nutritional compounds

Degreed microbiologists and chemists in our on-site laboratories continually conduct bacterial and analytical tests on raw materials, product batches, and finished products

- › Ensures consistent quality and safety

Vitamin and mineral analyses validate product content and specifications

- › Assures high-quality essential nutrients are delivered

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Niacinamide B₆.

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