

# Palmettoplex®

## Combines Phytonutrients, Amino Acids, and Antioxidants to Support Male Reproductive System Health

The prostate is a male endocrine gland, round in shape and approximately the size of a walnut. It lies beneath the bladder and is wrapped around the urethra. The prostate gland makes most of the fluid found in semen. Information on prostate health can be found at [www.healthfinder.gov](http://www.healthfinder.gov) under "Prostate Health."

### How Palmettoplex Keeps You Healthy

#### *Supports healthy male reproductive system function*

Saw palmetto (*Serenoa repens*) produces berries rich in fatty acids, steroids, diterpenes, triterpenes, sesquiterpenes, and alcohols. The constituents of these berries appear to act biologically in support of prostate health.

Bovine prostate Protomorphogen™ extracts are uniquely derived nucleoprotein-mineral extracts that support prostate health at the cellular level. Prostate PMG™ extract encourages healthy cellular metabolism and cell cycling in the prostate gland.

Stinging nettle root (*Urtica dioica*) helps support healthy urinary tract and prostate gland function. It contains phenols and sterols. Research suggests that stinging nettle root extracts help maintain prostate health at the cellular level.†

Pygeum africanum helps support bladder-wall flexibility and helps maintain healthy prostatic secretions for proper sexual functioning.†

#### *Supports immune system health*

Tomato powder, a source of lycopene, helps strengthen the immune system and provides antioxidant protection. Alanine, glutamine, and glycine enhance herbal efficacy. Zinc is essential to prostate gland function and also supports immune system health.†



Introduced in 2001



#### **Content:**

150 capsules

**Suggested Use:** Three capsules per day, or as directed.

#### **Supplement Facts:**

Serving Size: 3 capsules  
Servings per Container: 50

	Amount per Serving	%DV
Calories	9	
Zinc	7.5 mg	50%
Saw Palmetto (Berry) Extract ( <i>Serenoa repens</i> ) (45% liposterolic fatty acids)	320 mg	
Saw Palmetto (Berry) Powder	320 mg	
Stinging Nettle (Root) Extract ( <i>Urtica dioica</i> )	220 mg	
Pygeum (Bark) Extract ( <i>Pygeum africanum</i> ) (3% sterols)	24 mg	

#### **Proprietary Blend:** 278 mg

Bovine prostate PMG™ extract, glutamic acid, tomato (fruit) powder, alanine, and glycine.

Other Ingredients: Maltodextrin, gelatin, zinc liver chelate, water, silica, colors, calcium stearate, and corn starch.

**Sold through health care professionals.**

#### **Whole Food Philosophy**

Our founder, Dr. Royal Lee, challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over isolated nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to an isolated or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Please copy for your patients.

**GF** This product contains less than 10 parts per million of gluten per serving size or less than 20 parts per million per the suggested use listed on each product label.

†These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



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# Palmettoplex<sup>®</sup>

## What Makes Palmettoplex Unique

### Product Attributes

Formulated to provide broad-spectrum prostate health support from the best nature has to offer

- › Contains three different herbs to provide strong and natural prostatic support
- › Enlists the unique properties of prostate PMG™ extract to provide prostate gland support at the cellular level
- › Provides antioxidant protection from tomato powder
- › Combines three specific amino acids recognized for their role in maximizing herbal efficacy for prostate gland health
- › Provides zinc to support healthy prostate gland function†

### Multiple nutrients from a variety of plant and animal sources

- › Extracts from bovine tissues provide nutrients and support to the corresponding tissues in humans
- › Vitamins, minerals, and nutrients from plants and animal tissues work synergistically for maximum effect†

### Manufacturing and Quality-Control Processes

#### Low-temperature, high-vacuum drying technique

- › Preserves the enzymatic vitality and nutritional potential of ingredients

Degreed microbiologists and chemists in our on-site laboratories continually conduct bacterial and analytical tests on raw materials, product batches, and finished products

- › Ensures consistent quality and safety

### Vitamin and mineral analyses validate product content and specifications

- › Assures high-quality essential nutrients are delivered

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication about whole food ingredients. See the supplement facts for Palmettoplex<sup>®</sup>.

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