

# Regeneplex

## Essential Skin Nutrients Provide Clinically Studied Skin Support and Cellular Regeneration

Regeneplex provides a supportive nutritional foundation for the body's natural tissue-healing process related to the natural effects of skin aging. This formula contains key ingredients targeted to synergistically support healthy skin.†

Skin is our canvas, and on it is written our history for all to see. It's natural that as we age our skin shows the collective effects of the air we've breathed, the food we've eaten, and environment we've been exposed to. Skin is an indicator of our overall health and wellness and is renewed by our body's natural healing processes daily.†

Regeneplex supports skin elasticity, luminance, and the appearance of fine lines around the eyes when taken over time. And best of all, the benefits go more than skin deep. The ingredients in Regeneplex target skin health but also support overall health by taking advantage of the best nutrient-delivery method there is—your digestive system.†

## What does Regeneplex contain?

### Carotenoids

Regeneplex contains a number of pigments called carotenoids. These compounds, such as lutein, beta carotene, alpha carotene, lycopene, and zeaxanthin, have a structure that helps them manage potentially damaging molecules like free radicals and reactive oxygen species that naturally occur in the body. Lycopene also supports skin smoothness. Carotenoids in general provide support against skin reddening and photo aging.†

### Buckwheat

Both buckwheat flour from the plant seed and buckwheat juice from the plant's leaves and stems provide plant chemicals linked to cellular protection from free radicals. Rutin, linked to decreased capillary fragility, is found in the juice and seed, while buckwheat flour provides small amounts of vitamin E.†

### Zinc and Vitamin C

Zinc is abundant in the top two layers of our skin, the epidermis and the dermis, as well as in connective tissue. Vitamin C plays an essential role in supporting collagen creation. Both zinc and vitamin C have the potential to protect cells from damage by free radicals. Mild zinc deficiency, while not generally considered an area of concern for the population at large, is more prevalent in certain subgroups of the population and has been linked to roughened skin, among other concerns.†

*Please copy for your patients.*



Introduced in 2013

#### Content:

90 capsules

**Suggested Use:** Two capsules twice per day, or as directed.

#### Supplement Facts:

Serving Size: 2 capsules

Servings per Container: 45

	Amount per Serving	%DV
Calories	5	
Vitamin C	20 mg	30%
Zinc	2.0 mg	10%
Coenzyme Q <sub>10</sub> (CoQ <sub>10</sub> )	15 mg	
Choline	10 mg	
Lutein	3.5 mg	

#### Proprietary Blend: 750 mg

Buckwheat leaf, B-complex blend (guava, holy basil, and lemon extracts), soybean lecithin powder, dried buckwheat leaf juice, and tuna oil.

Other Ingredients: Gelatin, camu camu, choline bitartrate, food starch, dried glucose syrup, manioc root, CoQ<sub>10</sub>, zinc rice chelate, water, sodium caseinate, dextrose, mixed carotenoids, corn starch, sodium ascorbate, mixed tocopherols (soy), lutein (*Tagetes erecta*), colors, ascorbyl palmitate, sucrose, and palm oil.

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## What does Regeneplex contain? (continued)

### B Vitamins and Coenzyme Q<sub>10</sub>

Both the B-vitamin complex and coenzyme Q<sub>10</sub> support the body's energy pathways and protect cell structures. B vitamins also support digestion and the circulatory system, both vital to proper delivery of nutrients throughout the body.<sup>†</sup>

## How Regeneplex Keeps You Healthy

In a double-blind, randomized, placebo-controlled study of 76 men and women who took the product for nine months, the authors found that:<sup>‡</sup>

- › Those taking the skin health formula had fewer wrinkles around the eyes.
- › There was a strong trend for shallower wrinkles in the group taking the product.
- › When asked to grade “aesthetic improvement” of their skin, the product group was more likely to choose “improved,” “much improved,” or “very much improved” when comparing photos taken at different intervals during the study to photos taken at the beginning of the study. These results were published in 2011.

By combining key ingredients such as carotenoids, buckwheat, zinc, B vitamins, vitamin C, and tuna oil, Regeneplex supports all three layers of the skin (epidermis, dermis, subcutaneous); supports the body's ability to protect cells; and supports the body's cellular energy pathways, function, and structure.<sup>†</sup>

## What Makes Regeneplex Unique

### Product Attributes

- › Systemic skin health product that works from the inside out
- › Designed to target all three layers of skin, the circulatory and digestive systems, and cellular structure and functions
- › Combination of whole food and other ingredients to promote synergistic efficacy
- › Daily supplement to combat normal aging-related skin change<sup>†</sup>

<sup>‡</sup>Dayan et al., 2011. *Journal of Drugs in Dermatology*, volume 10, issue 10. The skin health formula has been updated to include a broader spectrum of B vitamins and named Regeneplex. There are no other differences between the two.

## Whole Food Philosophy

Our founder, Dr. Royal Lee, challenged common scientific beliefs by choosing a holistic approach of providing nutrients through whole foods. His goal was to provide nutrients as they are found in nature—in a whole food state where he believed their natural potency and efficacy would be realized. Dr. Lee believed that when nutrients remain intact and are not split from their natural associated synergists—known and unknown—bioactivity is markedly enhanced over isolated nutrients. Following this philosophy, even a small amount of a whole food concentrate will offer enhanced nutritional support, compared to an isolated or fractionated vitamin. Therefore, one should examine the source of nutrients rather than looking at the quantities of individual nutrients on product labels.

Studies on nutrients generally use large doses and these studies, some of which are cited below, are the basis for much of the information we provide you in this publication. See the *supplement facts for Regeneplex*.

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