

Payment Options?

We here at the Refuge Trauma & Counseling center know how important healing from trauma is to the individual, family and friends.

We also know how expensive it can be. We want you to know that we are here to help.

We accept many insurances and will be happy to work with you in determining insurance assistance. In some cases scholarships can be given, based upon availability and need. If we have none available, we can offer you resources and or ideas for locating scholarships.

Please consider coming in to Refuge Trauma & Counseling Center. We care about you. We care about your family. We want to see you healed, and we want to help you get there.

Please call for more information on starting your healing today.

Program Director



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Somebody's Hero

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VETERANS

Somebody's Hero



REFUGE



Our vision for this program is not a modest one. Our hope is to make a significant impact in the lives of a multitude of people and change this community.

We need your help in accomplishing this goal.

We want to bring those who are hurting and dealing with the pain of trauma to a place of peace and hope. This will be accomplished through incorporating faith, counseling, and personal development to see each person achieve his or her goals.

Warrior Groups

Warrior groups at the Refuge are a place where combat veterans of all wars, from any era, can come and share their experiences and develop skills needed to move towards healing.

Intensive Day Program

Our intensive day program is designed as a three month treatment program using a combination of intense therapy and personal development. The focus here will be on resiliency while working within the confines of external needs such as job requirements and or family obligations.

The program will consist of meeting 3 days per week, 6 hours per day.

During these periods at the Refuge, you will engage in 3 hours of counseling, and 3 hours of personal development as needed for treatment.

Personal Development is where we will concentrate on things such as:

- Social Skills

- Compassion
- Money Management
- Problem Solving
- Unity
- Leadership

Total time obligations for our Intensive Day Program is 108 hours of counseling, and 108 hours of personal development.

In some cases the counselor or the client may feel like additional counseling is needed. In these cases, an arrangement can be made to continue with one-on-one counseling once the Intensive Day Program is complete.

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