

# Basic Yoga

WITH SUSIE



*balance, strength, flexibility and  
power in a fitness format*

WEDNESDAYS

JANUARY 16, 2019

JANUARY 30, 2019

6:00-7:00PM

\$5 DONATION



1522 Holmes Street  
Kansas City, MO 64108



For more information or RSVP, visit our  
website at [www.artstech-kc.org](http://www.artstech-kc.org)

LIGHT REFRESHMENTS

GIFT BAG RAFFLE

All proceeds benefit the youth art and tech programs at ArtsTech