

Dear Families,

Amanda Dounis, owner of our child care centre's is expanding her Psychotherapy Business.



Already serving our community in the Early Childhood industry for 20 years, working for Lifeline Australia, and being a Professional Counsellor over the last 10 years or so, Amanda is adding Hypnosis to her techniques.

After extensive research on the benefits and of treatment, and how quickly results are obtained, Amanda believes it to be extremely helpful for issues including anxiety, stopping habits, relationships, mental focus, and more.

As a means of introducing her exciting service, I would like you to be the first to know the clinic will be located in Wolli Creek, and it will be called The Positive Thinking Clinic.

As mentioned, Amanda's focus on child care is to meet high quality standards with an added feature of providing our children with positive mental health skills. Since the beginning of the year, all our centres have been categorised Positive Living Skills Child Care Centres, and we are one of the first in our area to adopt this initiative.

We look forward to promoting such skills throughout the year, and we look forward to our new experience of offering Psychotherapy to members of the community, both young and old.