

## **SERMON: WHAT'S IN YOUR CUP?**

### **Psalm 23:5c**

**My cup runneth over.**

### **Introduction**

The 23<sup>rd</sup> Psalm is one of the most well-known portions of God's Holy Word. It is a staple of comfort and assurance. When exhaustively exegeted, each verse can lead to a theological treatise or a series of sermons. The subject of today's sermon, I am piously and proudly plagiarizing from my late father, William Bradford Ward, Sr. He used this title for a Men's Day speech in Dothan, Alabama. (Let it be known, that I thank God for a great mother and a great father.) In his speech he asked the men of the First Missionary Baptist Church, "What's in your cup?" He told them there should be responsibility, commitment, and loyalty in their cups. He was really reaffirming by query, what they were already doing. This question is not just for "us guys;" everyone can and should pose this question to themselves. This is especially important in our contemporary era of constant change and transition. Before we ask this question, however, there are other questions that also beg for an answer.

### **Exposition**

#### **1. What Was Poured Into Your Cup In The Developmental Years?**

(We Have To Deal With The Good, The Bad And The Ugly.)

(What Individuals And Events Shaped Your Development?)

#### **2. What, If Anything, Have You Removed From Your Cup?**

(Some Things Just Don't Belong In It.)

#### **3. Who Is Pouring Stuff In Your Cup Right Now?**

(God Pours Good Things In Your Cup.)

(The Devil Will Put Lies And Other Poisons In Your Cup.)

#### **4. What Is In Your Cup Right Now?**

(Introspection Is Always Beneficial.)

(Think About What You Think About-Philippians 4:8.)

### **Closing Thoughts**

Our cups should be running over with gratitude. Our cups should be overflowing with thanksgiving. God is worthy of our praise. God has done great things for us. Great things! Yes, great things! Give God Glory! Give God All The Glory!

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