

SERMON: COPING WITH OUR CARES

1st Peter 5:7

Casting all your cares upon Him; for He careth for you.

Introduction

Peter is writing to persecuted Christians. The devil is running rampant seeking to steal, kill, and destroy everything and every person he can. Peter defines the problem, but also gives solutions. In today's world, just about everybody has an opinion about every problem whether grave or trivial. Yet few people offer implementable solutions. He gives both practical and spiritual advice.

Let's keep it real. Even though we are saved, there are many things in life that can make us temporarily anxious: health issues, financial issues, physical safety issues, domestic issues, legal issues, political issues, and even church issues.

Peter admonished the anxious Christians to maintain their personal holiness, to remain humble, to follow the wisdom of the elders, to be willing to suffer for the cause, and to continue to trust in God in spite of the attacks of the evil one. He gave them and gives to us the best way to cope with our cares. Let's look at three of the many ways people handle their cares. We will save the best way for the last point.

Exposition

1. Careless.

(Denial Of The Situation.)

(Hopelessness.)

(Reckless Behavior.)

2. Too Careful.

(Paralysis of Analysis.)

(Fear Of Failure.)

(Stalling Tactics.)

(The Parable Of The Talents.The Man With One Buried His Talent.)
(Matthew 25:14-29.)

3. Carefree In the Lord.

(When Your Faith Allows You To Cast Your Cares On Jesus.)

(All Of Your Cares-Not Some.)

(He Can Carry The Load.)

(The Heaviest Load Was Carried On Calvary's Cross.)

Closing Thoughts

If you ever wonder if Jesus cares for you, then just think about the cross of Calvary. The one who cared enough to save us with His precious, sinless blood cares enough to carry all of the cares of our daily lives. We don't have to submit to circumstances, but to the Lord who controls all circumstances. "Turn it over to Jesus; He can work it out!" Give God Glory! Give God All the Glory!

Related Scriptures

Psalm 55:22

Matthew 6:25-34

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