

DON'T WORRY ABOUT TOMORROW



SCRIPTURE REFERENCE:

MATTHEW 6: 25-34

25 "Therefore, I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life[a]?

28 "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? 31 So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

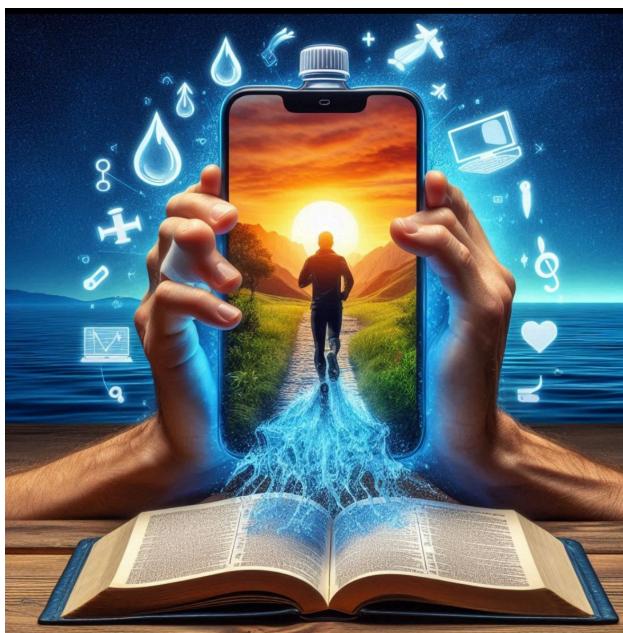
DEFINITION OF WORRY:

According to the Bible, worry is an uneasy feeling of uncertainty, agitation, dread, or fear¹. It is ultimately grounded in a lack of trust in God and his purposes². At the heart of worry is an intense struggle to rest upon God's care and power in the midst of a broken and unstable world³. We are to live with godly concern which is dependent upon God and rooted in prayer³. Instead of worrying, we are to trust Him

1.WHY, DO WE WORRY????



2. Are we staying connected?



3. Imposter Syndrome-

*The persistent **inability** to believe that one's success is **deserved** or has been **legitimately** achieved as a result of one's own efforts or skills.*

Conclusion

4. How do we overcome Worry?

We must place those thoughts and imaginations under Holy Ghost arrest by the word of God!!

2 Corinthians 10:5

5) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;
